



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	<p><b><u>Rolling Throwing and Catching</u></b></p> <p><b>Skill</b> – To learn a number of activities that will develop hand-eye coordination.</p> <p><b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p>	<p><b><u>Gymnastics</u></b></p> <p><b>Skill</b> – To begin to perform basic gymnastics movements, such as rolling, jumping and balancing.</p> <p><b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p>	<p><b><u>Ball Skills</u></b></p> <p><b>Skill</b> - To improve coordination, control and awareness using ball based games and activities.</p> <p><b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p>	<p><b><u>Dance</u></b></p> <p><b>Skill</b> – To be able to move to music by copying demonstrations given.</p> <p><b>National Curriculum Criteria</b> - perform dances using simple movement patterns.</p>	<p><b><u>Kicking &amp; Handling</u></b></p> <p><b>Skill</b> - To learn a number of ways of controlling different types of equipment.</p> <p><b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p>	<p><b><u>Bat and Ball Skills</u></b></p> <p><b>Skill</b> - Improve hand-eye coordination using bat and ball activities.</p> <p><b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p>
Year 1	<p><b><u>Rolling, Throwing and Catching</u></b></p> <p><b>Skill</b> – To learn a number of activities that will</p>	<p><b><u>Gymnastics</u></b></p> <p><b>Skill</b> – To perform basic gymnastics movements, and understand that</p>	<p><b><u>Dribbling and Dodging</u></b></p> <p><b>Skill</b> - To move around an area in a controlled manner</p>	<p><b><u>Dance</u></b></p> <p><b>Skill</b> – To be able to move to music by copying demonstrations given.</p>	<p><b><u>Where's the Goal?</u></b></p> <p><b>Skill</b> - To play simple, competitive, invasion type games.</p>	<p><b><u>Bat and ball skills</u></b></p> <p><b>Skill</b> - Improve hand-eye coordination using bat and ball activities.</p>

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	<p>develop hand-eye coordination.</p> <p><b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p>	<p>movements can be linked together.</p> <p><b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p>	<p>whilst being aware of the surroundings</p> <p><b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p> <p>participate in team games, developing simple tactics for attacking and defending</p>	<p><b>National Curriculum Criteria</b> - perform dances using simple movement patterns.</p>	<p><b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p> <p>participate in team games, developing simple tactics for attacking and defending</p>	<p><b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p>
<b>Year 2</b>	<p><b><u>Rolling, Throwing and Catching</u></b></p> <p><b>Skill</b> – To develop throwing and catching in activities that will improve hand-eye coordination.</p>	<p><b><u>Gymnastics</u></b></p> <p><b>Skill</b> – To begin to perform basic gymnastics movements, and be able to link these movements together to create short sequences.</p>	<p><b><u>Dribbling and Dodging</u></b></p> <p><b>Skill</b> - To move around an area in a controlled manner whilst being increasingly aware of the surroundings</p>	<p><b><u>Dance</u></b></p> <p><b>Skill</b> – To be able to move to music by copying demonstrations given and begin to use their own creativity to create</p>	<p><b><u>Where's the Goal?</u></b></p> <p><b>Skill</b> - To play simple, competitive, invasion type games and begin to implement simple tactics.</p>	<p><b><u>Bat and ball skills</u></b></p> <p><b>Skill</b> - Improve hand-eye coordination using bat and ball activities.</p> <p><b>National Curriculum Criteria</b></p>



	<b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities	<b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities	and keeping control of a ball.  <b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities  participate in team games, developing simple tactics for attacking and defending	their own movements.  <b>National Curriculum Criteria</b> - perform dances using simple movement patterns.	<b>National Curriculum Criteria</b> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities  participate in team games, developing simple tactics for attacking and defending	- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities
Year 3	<b>Netball</b>  <b>Skill</b> - to improve teamwork, movement, passing and shooting, and to implement tactics in a game situation.	<b>Gymnastics</b>  <b>Skill</b> – To develop basic gymnastics movements and link moves together smoothly.  <b>National Curriculum Criteria</b> - develop	<b>Football</b>  <b>Skill</b> - To be able to dribble and pass a football, and to implement these skills in game situations.	<b>Dance</b>  <b>Skill</b> - Learn to dance to music that has different rhythms and speeds.  <b>National Curriculum Criteria</b> - perform	<b>Tennis</b>  <b>Skill</b> – To improve hand-eye coordination through tennis based activities.	<b>Athletics</b>  <b>Skill</b> - To improve personal best performance in running, jumping and throwing events.

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	<p><b>National Curriculum Criteria</b> - use running, jumping, throwing and catching in isolation and in combination</p> <p>play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]	<p><b>National Curriculum Criteria</b> - use running, jumping, throwing and catching in isolation and in combination</p> <p>play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	dances using a range of movement patterns	<p><b>National Curriculum Criteria</b> - play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	<p><b>National Curriculum Criteria</b> - use running, jumping, throwing and catching in isolation and in combination</p> <p>develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</p> <p>compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>
<b>Year 4</b>	<p><b><u>Basketball</u></b></p> <p><b>Skill</b> – To develop dribbling and passing skills, and begin to work well as part of a team.</p> <p><b>National Curriculum</b></p>	<p><b><u>Gymnastics</u></b></p> <p><b>Skill</b> – To develop basic gymnastics movements and link moves together smoothly.</p> <p><b>National Curriculum Criteria</b></p>	<p><b><u>Hockey</u></b></p> <p><b>Skill</b> – To develop dribbling and passing skills, and begin to work well as part of a team.</p> <p><b>National Curriculum Criteria</b> - use</p>	<p><b><u>Tag Rugby</u></b></p> <p><b>Skill</b> - To improve running with the ball and passing and to implement tactics in a game situation.</p>	<p><b><u>Cricket</u></b></p> <p><b>Skill</b> – To improve all aspects of cricket - bowling, batting and fielding.</p> <p><b>National Curriculum Criteria</b></p>	<p><b><u>Athletics</u></b></p> <p><b>Skill</b> - To improve personal best performance in running, jumping and throwing events.</p>

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	<p><b>Criteria</b> - use running, jumping, throwing and catching in isolation and in combination</p> <p>play competitive games, modified where appropriate for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	<p>- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</p>	<p>running, jumping, throwing and catching in isolation and in combination</p> <p>play competitive games, modified where appropriate for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	<p><b>National Curriculum Criteria</b> - use running, jumping, throwing and catching in isolation and in combination</p> <p>play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	<p>- use running, jumping, throwing and catching in isolation and in combination.</p> <p>play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.</p>	<p><b>National Curriculum Criteria</b></p> <p>- use running, jumping, throwing and catching in isolation and in combination</p> <p>develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</p> <p>compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>
<b>Year 5</b>	<p><b><u>Football</u></b></p> <p><b>Skill</b> - To improve dribbling and passing and to implement tactics in a game situation.</p>	<p><b><u>Netball</u></b></p> <p><b>Skill</b> - to improve teamwork, movement, passing and shooting, and to implement tactics in a game situation.</p>	<p><b><u>Gymnastics</u></b></p> <p><b>Skill</b> – To develop some more technical gymnastics movements and link moves together smoothly.</p>	<p><b><u>OAA &amp; Team Building</u></b></p> <p><b>Skill</b> - To be able to work as part of a team to solve problems.</p>	<p><b><u>Tennis</u></b></p> <p><b>Skill</b> – To improve hand-eye coordination through tennis based activities.</p> <p><b>National Curriculum Criteria</b></p>	<p><b><u>Athletics</u></b></p> <p><b>Skill</b> - To improve personal best performance in running, jumping and throwing events.</p>

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<b>Year 6</b>	<p><b><u>Basketball</u></b></p> <p><b>Skill</b> – To develop dribbling and passing skills, and begin to work well as part of a team.</p> <p><b>National Curriculum</b></p>	<p><b><u>Tag Rugby</u></b></p> <p><b>Skill</b> - To improve running with the ball and passing and to implement tactics in a game situation.</p>	<p><b><u>Gymnastics</u></b></p> <p><b>Skill</b> – To develop some more technical gymnastics movements and link moves together smoothly.</p>	<p><b><u>Hockey</u></b></p> <p><b>Skill</b> – To develop dribbling and passing skills, and begin to work well as part of a team.</p> <p><b>National Curriculum Criteria</b> - use</p>	<p><b><u>Cricket</u></b></p> <p><b>Skill</b> – To improve all aspects of cricket - bowling, batting and fielding.</p> <p><b>National Curriculum Criteria</b></p>	<p><b><u>Athletics</u></b></p> <p><b>Skill</b> – To improve personal best performance in running, jumping and throwing events.</p>

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	<p><b>Criteria</b> - use running, jumping, throwing and catching in isolation and in combination</p> <p>play competitive games, modified where appropriate for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	<p><b>National Curriculum Criteria</b></p> <p>- use running, jumping, throwing and catching in isolation and in combination</p> <p>play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	<p><b>National Curriculum Criteria</b> - develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</p>	<p>running, jumping, throwing and catching in isolation and in combination</p> <p>play competitive games, modified where appropriate for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	<p>- use running, jumping, throwing and catching in isolation and in combination.</p> <p>play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.</p>	<p><b>National Curriculum Criteria</b></p> <p>- use running, jumping, throwing and catching in isolation and in combination</p> <p>develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</p> <p>compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>
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\* Children will also be taught swimming at certain points in the year, yet to be finalised.