

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Rolling Throwing and Catching	<u>Gymnastics</u>	Ball Skills	<u>Dance</u>	Kicking & Handling	Bat and Ball Skills
	a	Skill – To begin to	Skill - To improve	Skill – To be able to	Skill - To learn a	Skill - Improve
	Skill – To learn a	perform basic	coordination,	move to music by	number of ways of	hand-eye
	number of	gymnastics	control and	copying	controlling	coordination using
	activities that will	movements, such	awareness using ball	demonstrations	different types of	bat and ball
	develop hand-eye coordination.	as rolling, jumping and balancing.	based games and activities.	given.	equipment.	activities.
				National Curriculum	National	
	National	National	National Curriculum	Criteria - perform	Curriculum Criteria	National
	Curriculum	Curriculum Criteria	Criteria	dances using simple	- master basic	Curriculum Criteria
	Criteria - master	- master basic	- master basic	movement patterns.	movements	- master basic
	basic movements	movements	movements		including running,	movements
	including running,	including running,	including running,		jumping, throwing	including running,
	jumping, throwing	jumping, throwing	jumping, throwing		and catching, as	jumping, throwing
	and catching, as	and catching, as	and catching, as well		well as developing	and catching, as
	well as developing	well as developing	as developing		balance, agility and	well as developing
	balance, agility and coordination, and	balance, agility and coordination, and	balance, agility and coordination, and		coordination, and begin to apply	balance, agility and coordination, and
	begin to apply	begin to apply	begin to apply these		these in a range of	begin to apply
	these in a range of	these in a range of	in a range of		activities	these in a range of
	activities	activities	activities		activities	activities
	detivities	detivities	detivities			detivities
Year 1	Rolling, Throwing	<u>Gymnastics</u>	Dribbling and	<u>Dance</u>	Where's the Goal?	Bat and ball skills
	and Catching		<u>Dodging</u>			
		Skill – To perform		Skill – To be able to	Skill - To play	Skill - Improve
	Skill – To learn a	basic gymnastics	Skill - To move	move to music by	simple,	hand-eye
	number of	movements, and	around an area in a	copying	competitive,	coordination using
	activities that will	understand that	controlled manner	demonstrations	invasion type	bat and ball
				given.	games.	activities.



	develop hand-eye	movements can be	whilst being aware			
	coordination.	linked together.	of the surroundings	National Curriculum		
				Criteria - perform	National	National
	National	National		dances using simple	Curriculum Criteria	Curriculum Criteria
	Curriculum	Curriculum Criteria	National Curriculum	movement patterns.	- master basic	- master basic
	Criteria - master	- master basic	Criteria - master		movements	movements
	basic movements	movements	basic movements		including running,	including running,
	including running,	including running,	including running,		jumping, throwing	jumping, throwing
	jumping, throwing	jumping, throwing	jumping, throwing		and catching, as	and catching, as
	and catching, as	and catching, as	and catching, as well		well as developing	well as developing
	well as developing	well as developing	as developing		balance, agility and	balance, agility and
	balance, agility and	balance, agility and	balance, agility and		coordination, and	coordination, and
	coordination, and	coordination, and	coordination, and		begin to apply	begin to apply
	begin to apply	begin to apply	begin to apply these		these in a range of	these in a range of
	these in a range of	these in a range of	in a range of		activities	activities
	activities	activities	activities			
					participate in team	
			participate in team		games, developing	
			games, developing		simple tactics for	
			simple tactics for		attacking and	
			attacking and		defending	
			defending			
Year 2	Rolling, Throwing	<u>Gymnastics</u>	Dribbling and	<u>Dance</u>	Where's the Goal?	Bat and ball skills
	and Catching		<u>Dodging</u>			
		Skill – To begin to		Skill – To be able to	Skill - To play	Skill - Improve
	Skill – To develop	perform basic	Skill - To move	move to music by	simple,	hand-eye
	throwing and	gymnastics	around an area in a	copying	competitive,	coordination using
	catching in	movements, and	controlled manner	demonstrations	invasion type	bat and ball
	activities that will	be able to link	whilst being	given and begin to	games and begin	activities.
	improve hand-eye	these movements	increasingly aware	use their own	to implement	
	coordination.	together to create	of the surroundings	creativity to create	simple tactics.	National
		short sequences.				Curriculum Criteria



	National Curriculum Criteria - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities	National Curriculum Criteria - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities	and keeping control of a ball. National Curriculum Criteria - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities participate in team games, developing simple tactics for attacking and	their own movements. National Curriculum Criteria - perform dances using simple movement patterns.	National Curriculum Criteria - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities participate in team games, developing simple tactics for attacking and defending	- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities
			defending			
Year 3	Netball Skill - to improve teamwork, movement, passing and shooting, and to implement tactics in a game situation.	Gymnastics Skill – To develop basic gymnastics movements and link moves together smoothly. National Curriculum Criteria	Skill - To be able to dribble and pass a football, and to implement these skills in game situations.	Skill - Learn to dance to music that has different rhythms and speeds. National Curriculum	Tennis Skill – To improve hand-eye coordination through tennis based activities.	Athletics Skill - To improve personal best performance in running, jumping and throwing events.
1		- develop		Criteria - perform		



		flexibility, strength,	National Curriculum	dances using a range	National	National
	National	technique, control	Criteria - use	of movement	Curriculum Criteria	Curriculum Criteria
	Curriculum	and balance [for	running, jumping,	patterns	- play competitive	- use running,
	Criteria - use	example, through	throwing and		games, modified	jumping, throwing
	running, jumping,	athletics and	catching in isolation		where appropriate	and catching in
	throwing and	gymnastics]	and in combination		[for example,	isolation and in
	catching in				badminton,	combination
	isolation and in		play competitive		basketball, cricket,	
	combination		games, modified		football, hockey,	develop flexibility,
			where appropriate		netball, rounders	strength,
	play competitive		[for example,		and tennis], and	technique, control
	games, modified		badminton,		apply basic	and balance [for
	where appropriate		basketball, cricket,		principles suitable	example, through
	[for example,		football, hockey,		for attacking and	athletics and
	badminton,		netball, rounders		defending	gymnastics]
	basketball, cricket,		and tennis], and			
	football, hockey,		apply basic			compare their
	netball, rounders		principles suitable			performances with
	and tennis], and		for attacking and			previous ones and
	apply basic		defending			demonstrate
	principles suitable					improvement to
	for attacking and					achieve their
	defending					personal best.
Year 4	<u>Basketball</u>	<u>Gymnastics</u>	<u>Hockey</u>	Tag Rugby	<u>Cricket</u>	<u>Athletics</u>
	Chill To dovolon	Clair Tandamalan	Clail To dovidor	CL:II To improve	CL:II To income	CLIII Talianaana
	Skill – To develop	Skill – To develop	Skill – To develop	Skill - To improve	Skill – To improve	Skill - To improve
	dribbling and	basic gymnastics	dribbling and	running with the ball	all aspects of	personal best
	passing skills, and	movements and link moves	passing skills, and	and passing and to	cricket - bowling,	performance in
	begin to work well		begin to work well	implement tactics in	batting and	running, jumping and throwing
	as part of a team.	together smoothly.	as part of a team.	a game situation.	fielding.	events.
	National	National	National Curriculum		National	events.
	Curriculum	Curriculum Criteria	Criteria - use		Curriculum Criteria	
	Curriculum	Curriculum Criteria	Citteria - use		Curriculum Criteria	



	Criteria - use	- develop	running, jumping,	National Curriculum	- use running,	National
	running, jumping,	flexibility, strength,	throwing and	Criteria - use	jumping, throwing	Curriculum Criteria
	throwing and	technique, control	catching in isolation	running, jumping,	and catching in	- use running,
	catching in	and balance [for	and in combination	throwing and	isolation and in	jumping, throwing
	isolation and in	example, through		catching in isolation	combination.	and catching in
	combination	athletics and	play competitive	and in combination	Combination.	isolation and in
	Combination	gymnastics]	games, modified	and in combination	play competitive	combination
	play competitive	gyiiiiasticsj	where appropriate	play competitive	games, modified	Combination
	games, modified		for example,	games, modified	where appropriate	develop flexibility,
	where appropriate		badminton,	where appropriate	[for example,	strength,
	for example,		basketball, cricket,	[for example,	badminton,	technique, control
	badminton,		football, hockey,	badminton,	basketball, cricket,	and balance [for
	basketball, cricket,		netball, rounders	basketball, cricket,	football, hockey,	example, through
	football, hockey,		and tennis], and	football, hockey,	netball, rounders	athletics and
	netball, rounders		apply basic	netball, rounders	and tennis], and	gymnastics]
	and tennis], and		principles suitable	and tennis], and	apply basic	gyiiiiasticsj
	apply basic		for attacking and	apply basic	principles suitable	compare their
	principles suitable		defending	principles suitable	for attacking and	performances with
	for attacking and		derending	for attacking and	defending.	previous ones and
	defending			defending	derending.	demonstrate
	derending			derending		improvement to
						achieve their
						personal best.
Year 5	Football	Netball	Gymnastics	OAA & Team	Tennis	Athletics
. ca. 5	10000	<u>rectoun</u>	<u>Cymnastics</u>	Building	10111115	<u>/temetics</u>
	Skill - To improve	Skill - to improve	Skill – To develop	<u> </u>	Skill – To improve	Skill - To improve
	dribbling and	teamwork,	some more technical	Skill - To be able to	hand-eye	personal best
	passing and to	movement, passing	gymnastics	work as part of a	coordination	performance in
	implement tactics	and shooting, and	movements and link	team to solve	through tennis	running, jumping
	in a game	to implement	moves together	problems.	based activities.	and throwing
	situation.	tactics in a game	smoothly.	'		events.
		situation.	,		National	
					Curriculum Criteria	



	National		National Curriculum	National Curriculum	- play competitive	National
	Curriculum	National	Criteria - develop	Criteria -	games, modified	Curriculum Criteria
	Criteria - use	Curriculum Criteria	flexibility, strength,	take part in outdoor	where appropriate	- use running,
		- use running,	technique, control	and adventurous	[for example,	jumping, throwing
	running, jumping, throwing and	jumping, throwing	and balance [for	activity challenges	badminton,	and catching in
	•		_	, ,	basketball, cricket,	isolation and in
	catching in	and catching in	example, through athletics and	both individually	, , ,	
	isolation and in	isolation and in		and within a team	football, hockey,	combination
	combination	combination	gymnastics]		netball, rounders	ala ala ang manggan
					and tennis], and	develop flexibility,
	play competitive	play competitive			apply basic	strength,
	games, modified	games, modified			principles suitable	technique, control
	where appropriate	where appropriate			for attacking and	and balance [for
	[for example,	[for example,			defending	example, through
	badminton,	badminton,				athletics and
	basketball, cricket,	basketball, cricket,				gymnastics]
	football, hockey,	football, hockey,				
	netball, rounders	netball, rounders				compare their
	and tennis], and	and tennis], and				performances with
	apply basic	apply basic				previous ones and
	principles suitable	principles suitable				demonstrate
	for attacking and	for attacking and				improvement to
	defending	defending				achieve their
						personal best.
Year 6	<u>Basketball</u>	Tag Rugby	<u>Gymnastics</u>	<u>Hockey</u>	<u>Cricket</u>	<u>Athletics</u>
	Skill – To develop	Skill - To improve	Skill – To develop	Skill – To develop	Skill – To improve	Skill – To improve
	dribbling and	running with the	some more technical	dribbling and	all aspects of	personal best
	passing skills, and	ball and passing	gymnastics	passing skills, and	cricket - bowling,	performance in
	begin to work well	and to implement	movements and link	begin to work well	batting and	running, jumping
	as part of a team.	tactics in a game	moves together	as part of a team.	fielding.	and throwing
		situation.	smoothly.			events.
	National			National Curriculum	National	
	Curriculum			Criteria - use	Curriculum Criteria	



Criteria -			running, jumping,	- use running,	National
running, j	jumping, Curriculum Crite	um Criteria Criteria - develop	throwing and	jumping, throwing	Curriculum Criteria
throwing	and - use running,	nning, flexibility, strength,	catching in isolation	and catching in	- use running,
catching i	in jumping, throwin	technique, control	and in combination	isolation and in	jumping, throwing
isolation	and in and catching in	ching in and balance [for		combination.	and catching in
combinat	tion isolation and in	and in example, through	play competitive		isolation and in
	combination	ation athletics and	games, modified	play competitive	combination
play com	petitive	gymnastics]	where appropriate	games, modified	
games, m		npetitive	for example,	where appropriate	develop flexibility,
	ppropriate games, modified	•	badminton,	[for example,	strength,
for exam	' ' "		basketball, cricket,	badminton,	technique, control
badminto	· · · · · · · · · · · · · · · · · · ·		football, hockey,	basketball, cricket,	and balance [for
	ill, cricket, badminton,	• •	netball, rounders	football, hockey,	example, through
football, I		•	and tennis], and	netball, rounders	athletics and
netball, re	• • • • • • • • • • • • • • • • • • • •		apply basic	and tennis], and	gymnastics]
and tenni	, ,	• •	principles suitable	apply basic	8,
apply bas	-· ·		for attacking and	principles suitable	compare their
	s suitable apply basic		defending	for attacking and	performances with
for attack			deteriaing	defending.	previous ones and
defending				defending.	demonstrate
deferiding	•	_			
	defending	ng			improvement to
					achieve their
					personal best.

^{*} Children will also be taught swimming at certain points in the year, yet to be finalised.