



# Istead Rise Primary Celebration Newsletter



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17th December 2021

## ***Covid 19 Information***

*If your child has a cough, high temperature or loss of taste/smell you are required to carry out a PCR test before they can return to school.*

*Unfortunately, we cannot accept lateral flow results for children with symptoms (as per government guidance [Gov UK Guidance](#)). If your child does test positive, their siblings can still attend school, but you are advised to get a PCR as a precaution, even if they are not showing symptoms.*

[NHS Guidance](#)

Dear Istead Rise Families,

As their excitement has grown over the week, children have been enjoying much festive fun at Istead Rise. I hope you will enjoy looking at the year group pages in this newsletter and finding out what your child has been getting up to at school.

It has been another successful term at Istead Rise. Against the backdrop of the Covid-19 pandemic, our pupils have continued to excel in their learning and to make great progress. Classrooms feel busy, but also focused and purposeful - this really is an ideal recipe for our learners to continue with their great achievements.

I would like to offer thanks to everybody who has worked hard to make this an enjoyable and successful term for our pupils: to our staff, who have shown great versatility and willingness to step in and help out across the school. Also to FIRPs members who have volunteered their time and made a wonderful job of adding festive cheer to the school and ensuring that all children got to enjoy a visit to the Christmas grotto. Many thanks also to all parents and carers for your continued support and for the kind gifts that many of you have sent in for staff members.

Please remember that when children return to school on the 6th January, school gates will be closing at 8:50am, so please do ensure to arrive on time and that children are not brought in late.

I trust you have been sufficiently well-behaved this year to make it on to the good list, and on behalf of everybody at Istead Rise Primary School, wish you all a very Merry Christmas.

See you in the New Year,

Steve Payne

## ***Peer Mediators Years 4 & 6***



We would like to congratulate the children in Years 4 and 6 for completing their training in becoming a peer mediator. The children have attended a number of sessions, learning about ways in which they can help other children resolve conflict. Miss Underdown has been exceptionally pleased with the support the peer mediators have given the children across the school, helping others to come to a solution themselves. It takes a lot of listening from all parties and we are proud of the skills the children have gained.





# Xmas Jumper Day





# FIRPS Xmas Grotto

Yesterday all the children were treated to half an hour in a wonderful Christmas Grotto, created by our incredible FIRPS team. They spent the time making reindeer food with Santa's elves and getting into the festive spirit. The children all received a sleigh bell and a gift. Santa did send his apologies but due to covid restrictions he was unable to greet the children in person, but promised to get round to them by Christmas Eve. Thank you again to FIRPS for organising this wonderful experience for the children.





# Acorns

## Storytime with Mr Payne

We were super lucky to have Mr Payne come and read the story 'Mr Wolf's Pancakes' to Acorn class, this week. The children were completely engrossed in the story and enjoyed hearing Mr Payne change his voice to a Wolf voice! A lovely time was had by all.



In maths, the children have been identifying numbers. They rolled the die, looked at the number and then used the cubes to represent the number. We were really pleased to see the children using a number line to write the number too!



## Christmas Craft

Acorn class have loved their craft work. The children made and painted star decorations for a tree, made snowmen calendars ready for 2022, made and decorated Christmas trees for their Christmas cards and decorated a stocking. It was so lovely to see the children excited for Christmas.



## Christmas Jumper Day

Just look at the array of Christmas jumpers and dresses the children wore for their Christmas Dinner Day. We are sure you will agree how beautiful all of the children look.





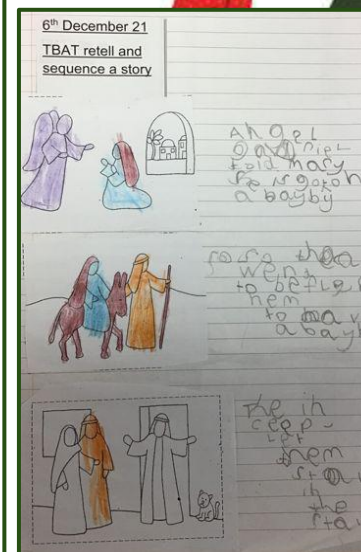
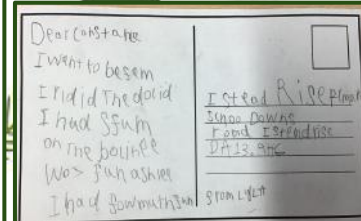
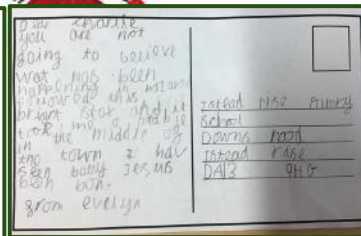
# Palm

# Oak



Year 1 worked very hard last week learning all about the Christmas Story. They used pictures to help them retell the story and then wrote a postcard to a friend, as if they were on holiday in Bethlehem at the time of Jesus' birth.

The children have also been extremely busy making Christmas decorations this week and having lots of Christmas fun!



We were all extremely proud of the children's performance at the church last week. They acted out the story and sung their hearts out. Well done for remembering all of the songs!

Year 2 have enjoyed celebrating Christmas this week! We have been getting crafty by making tree decorations and Christmas cards to take home and share with our families. We have also made snowflakes to stick on our classroom window. We had to demonstrate a lot of perseverance when making these as they were very fiddly to make and cut out!



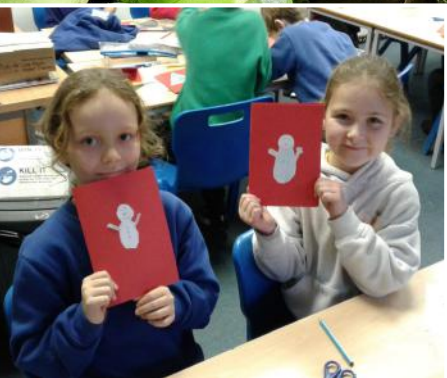
# Sycamore

Years 3 & 4 had a fantastic time learning how to make circuits in science and even made some light up Christmas cards!

# Cherry

The children have been working really hard despite the excitement that Christmas is causing!

They have written an amazing description of a mountain, using sophisticated vocabulary and some amazing language devices such as similes. We have also taught them how to format their work as a Word Document correctly this week too, this was tricky for some!

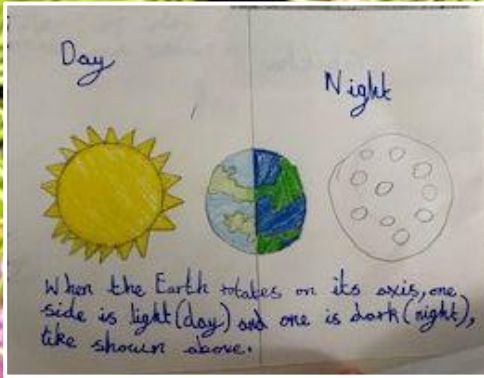


Year 4 have been working hard and having fun in the run up to Christmas. The children have produced some amazing poems about the rainforest and included figurative language, simile, metaphor and personification. We have now completed work on learning the 6, 7, 9, 11 and 12 times tables. We had great fun wearing our Christmas jumpers and having crackers with our lunch on Wednesday.





# Willow & Holly



Planet	Distance from Earth (light years)	Mass (Earth = 1)	Temperature (°C)	Atmosphere	Water	Life
Mercury	0.38	0.055	160	None	None	None
Venus	0.72	0.815	465	CO <sub>2</sub>	None	None
Earth	1.0	1.0	15	N <sub>2</sub> , O <sub>2</sub>	Yes	Yes
Mars	1.52	0.107	-55	CO <sub>2</sub>	None	None
Jupiter	5.2	318	-110	H <sub>2</sub> , He	None	None
Saturn	9.5	95	-178	H <sub>2</sub> , He	None	None
Uranus	19.2	45	-215	H <sub>2</sub> , He, CH <sub>4</sub>	None	None
Neptune	45.0	46	-210	H <sub>2</sub> , He, CH <sub>4</sub>	None	None
Pluto	59.0	0.0046	-230	N <sub>2</sub> , CH <sub>4</sub>	None	None
Other Planets						
Proxima Centauri	4.2					
Alpha Centauri	4.3					
Sirius	8.6					
Rigel	24					
Antares	56					
Arcturus	37					
Altair	16					
Procyon	11					
Sirius	8.6					
Vega	25					
Deneb	2,600					
Rigel	24					
Antares	56					
Arcturus	37					
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# Aspen



# Mr Tyler

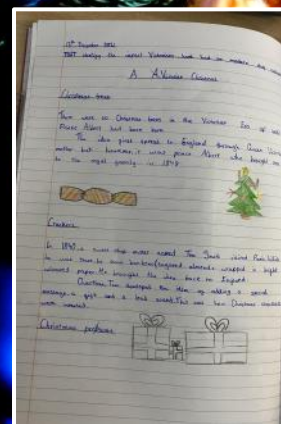
Some of our Year 5 & 6 children have been competing in a table tennis league at our after school table tennis club this term. Blake finished 3rd, Aman was runner-up, and Emily topped the table winning 10 of her 11 games. Well done to all 12 of the children who took part in the competition.

Be sure to keep an eye out for our new clubs for Term 3 and 4. Correspondence will be sent out in the first week or so back after the Christmas break.

Can we please remind Parents/Carers that children should be wearing the appropriate uniform for PE and not football shirts or other logo'd attire. Thank you, Mr Tyler



It was still a very busy time in Aspen as the term drew to a close. We completed our Guided Reading text of Dickens' A Christmas Carol, finished both our narrative writing based on Hansel & Gretel and a short vocabulary and sentence learning sequence based on the folktale character of Krampus. This brought our history learning on the Victorians to a close. Our focus was on what Victorian school was like and the Christmas traditions they introduced (many of which are ones we still use today). We also completed our Earth & Space Science unit with the movement of the earth and moon and how this gives us day & night, the seasons and the different phases of the moon. We learnt a variety of new Spanish vocabulary linked to Christmas and some of the traditions celebrated in Spain; we also took part in the traditional Year 6 Christmas Quiz. That's a lot! Aspen definitely deserve a rest before beginning the even busier Term 3!





# Core Values

**Week Ending 10.12**

**Acorns Class**

**Pixie Belle & Mary Kate for Perseverance**

**Oak Class**

**Jack L for Perseverance & Amaia for Respect**

**Palm Class**

**Cooper G for Self Reflection & Arabella for Independence**

**Sycamore Class**

**Finn for Perseverance & Harry for Independence**

**Cherry Class**

**Olivia for Perseverance & Ruby for Respect**

**Willow Class**

**Parker for Independence & Dylan for Perseverance**

**Holly Class**

**Niamh & Jiya for Respect**

**Aspen Class**

**Sevak & Blake for Independence**

**Week Ending 17.12**

**Acorns Class**

**Henry L & Leo D for Self Reflection**

**Oak Class**

**Keira for Perseverance & George for Self Reflection**

**Palm Class**

**Otis & Emilia for Respect**

**Sycamore Class**

**Ronak & Charlie for Independence**

**Cherry Class**

**George for Independence & Archie for Perseverance**

**Willow Class**

**Emily & Tabitha for Independence**

**Holly Class**

**Sienna & James Sin for Independence**

**Aspen Class**

**Bettie & Sahib for Respect**

***Congratulations  
to all of our winners!***

# House Points

**W/C 06/12**

**Bronze**

**Samuel-Yanis of Palm & Poppy of**

**Sycamore**

**Silver**

**Ruby, Jude, Olivia & Nathan of Cherry,**

**Lyra, Grace & Mila of Sycamore**

**W/C 13/12**

**Bronze**

**Mia of Willow, Samuel, George, Teddy,**

**Darcey, Saskia, Sujaan, Elliot & Alicia of**

**Oak**

**Silver**

**Abigail, Ollie, Holly, Lily, Lacie & Carlyle of**

**Cherry**

**Gold**

**Mia of Cherry**

# Art Club

Art club opened this term with a papier mache project that the children really enjoyed making.

They learned how to create layers of papier mache to give their piggy bank strength and then how to bring it alive with character-filled eyes and ears.

Well done art club!



# Mathletics

## Gold Mathletics

**W/C 06/12**

**Thomas of Sycamore**

**Oliver of Cherry &**

**Isher of Willow**

**W/C 13/12**

**Grace of Sycamore &**

**Rui of Willow**

***Congratulations  
for all your  
hard work!***



# Times Table Rock Stars



**W/C 06/12 Class**

1st Holly  
2nd Willow  
3rd Aspen

**W/C 06/12 Child**

1st Ezekiel  
2nd Isher  
3rd James Sin

**W/C 13/12 Class**

1st Aspen  
2nd Willow  
3rd Holly

**W/C 13/12 Child**

1st Isher  
2nd Sevak  
3rd Max



# Let's see what's for lunch...

**Week 1  
w/c 3rd  
January**

## Meat Free Monday (MF)

Meat Free Monday is a great way to improve health and well-being by naturally increasing your vitamin and mineral intake. One day a week can make a real difference - [www.schoolfoodplan.com](http://www.schoolfoodplan.com)

MF Monday	<b>Main Meals</b>	<b>Vegetables</b>
	Margarita Pizza with Potato Salad V	Sweetcorn & Green Beans Ve
	Sweet Potato & Vegetable Dhal with Rice Ve	<b>Dessert</b>
	Jacket Potato with Baked Beans Ve or Cheese V	Cinnamon & Sultana Bread & Butter Pudding with Custard Ve

Tuesday	<b>Main Meals</b>	<b>Vegetables</b>
	Beef Burger in a Bun with Oven Baked Wedges	Peas Ve & Coleslaw V
	Vegetarian Burger in a Bun with Oven Baked Wedges Ve	<b>Dessert</b>
	Pasta with Tomato & Basil Sauce Ve	Marble Sponge with Custard V

Wednesday	<b>Main Meals</b>	<b>Vegetables</b>
	Roast Chicken Fillets in Tomato Sauce with Roast Potatoes	Carrots & Cabbage Ve
	Chick Pea & Cauliflower Bake with Roast Potatoes Ve	<b>Dessert</b>
	Wholemeal Pasta with Cheese Sauce V	Waffles with Berry Compote V

Thursday	<b>Main Meals</b>	<b>Vegetables</b>
	Chicken & Beef Sausage with Mashed Potato & Gravy	Broccoli & Sweetcorn Ve
	Vegan Mince & Vegetable Pie topped with Mashed Potato Ve	<b>Dessert</b>
	Jacket Potato with Tuna Mayonnaise or Cheese V	Carrot Cake V

Friday	<b>Main Meals</b>	<b>Vegetables</b>
	Oven Baked Fish Fingers with Oven Baked Chips	Baked Beans & Peas Ve
	Vegetable Fingers with Oven Baked Chips Ve	<b>Dessert</b>
	Pasta with Tomato & Basil Sauce Ve	Pear & Berry Crumble Ve with Custard V

### Freshly Baked Bread:

Pumpkin & Carrot V Wholemeal V

#### Week 1:

1<sup>st</sup> Nov, 22<sup>nd</sup> Nov, 13<sup>th</sup> Dec, 3<sup>rd</sup> Jan, 24<sup>th</sup> Jan, 14<sup>th</sup> Feb, 7<sup>th</sup> Mar, 28<sup>th</sup> Mar

MF Monday	<b>Main Meals</b>	<b>Vegetables</b>
	Mac n Cheese with Garlic Bread V	Broccoli Florets & Carrots Ve
	Vegetable & Bean Stew Ve with Garlic Bread V	<b>Dessert</b>
	Jacket Potato with Tuna Mayonnaise or Cheese V	Homemade Fruit Yoghurt V and Fresh Fruit Platter Ve

Tuesday	<b>Main Meals</b>	<b>Vegetables</b>
	Chicken Fajita with Rice	Green Beans & Sweetcorn Ve
	Vegetable Fajita with Rice Ve	<b>Dessert</b>
	Wholemeal Pasta with Cheese Sauce V	Sticky Toffee Pudding with Toffee Sauce V

Wednesday	<b>Main Meals</b>	<b>Vegetables</b>
	Lemon & Thyme Roast Chicken Fillets with Roast Potatoes & Gravy	Cauliflower & Peas Ve
	Sweet Chilli & Vegetable Stirfry Noodles V	<b>Dessert</b>
	Jacket Potatoes with Baked Beans Ve or Cheese V	Orange & Lemon Drizzle Cake Ve

Thursday	<b>Main Meals</b>	<b>Vegetables</b>
	Sweet Potato Topped Cottage Pie	Carrots & Cabbage Ve
	Spinach, Courgette & Feta Filo Tart with Mashed Potato V	<b>Dessert</b>
	Pasta with Tomato Sauce Ve	Cherry Cookie Ve

Friday	<b>Main Meals</b>	<b>Vegetables</b>
	Battered Fish Fillets with Oven Baked Chips	Baked Beans & Peas Ve
	Vegan Bean Burrito with Oven Baked Chips Ve	<b>Dessert</b>
	Jacket Potato with Baked Beans Ve or Cheese V	Chocolate & Courgette Sponge with Chocolate Sauce V

### Freshly Baked Bread:

Courgette, Oat & Thyme V Wholemeal V

#### Week 2:

8<sup>th</sup> Nov, 29<sup>th</sup> Nov, 20<sup>th</sup> Dec, 10<sup>th</sup> Jan, 31<sup>st</sup> Jan, 21<sup>st</sup> Feb, 14<sup>th</sup> Mar, 4<sup>th</sup> Apr

MF Monday	<b>Main Meals</b>	<b>Vegetables</b>
	Quorn Sausages with Potato Wedges V	Peas & Cauliflower Ve
	Squash & Butterbean Curry Ve with Naan Bread V	<b>Dessert</b>
	Pasta with Tomato & Basil Sauce Ve	Homemade Fruit Yoghurt V and Fresh Fruit Platter Ve

Tuesday	<b>Main Meals</b>	<b>Vegetables</b>
	Beef Chilli Con Carne with Rice	Sweetcorn & Carrots Ve
	Vegan Chilli Con Carne with Rice Ve	<b>Dessert</b>
	Jacket Potato with Tuna Mayonnaise or Cheese V	Banana Flapjack Ve

Wednesday	<b>Main Meals</b>	<b>Vegetables</b>
	Herby Roast Chicken Fillets with Roast Potatoes & Gravy	Green Cabbage & Roasted Root Vegetables Ve
	Vegan Sausage Loaf with Roast Potatoes & Gravy Ve	<b>Dessert</b>
	Wholemeal Pasta with Creamy Salmon or Cheese Sauce V	Maryland Sultana Cookie V

Thursday	<b>Main Meals</b>	<b>Vegetables</b>
	Turkey Vegetable Casserole with Pasta	Green Beans & Carrots Ve
	Roasted Ratatouille Pasta Bake V	<b>Dessert</b>
	Jacket Potatoes with Baked Beans Ve or Cheese V	Vanilla Shortbread Ve with Homemade Lemon Curd V

Friday	<b>Main Meals</b>	<b>Vegetables</b>
	Oven Baked Fish Fingers with Oven Baked Chips	Baked Beans & Peas Ve
	Spinach & Tomato Pastry Pocket with Oven Baked Chips V	<b>Dessert</b>
	Pasta with Cheese Sauce V	Chocolate & Beetroot Brownie V

### Freshly Baked Bread:

Sunflower, Rosemary & Tomato V Wholemeal V

#### Week 3:

15<sup>th</sup> Nov, 6<sup>th</sup> Dec, 27<sup>th</sup> Dec, 17<sup>th</sup> Jan, 7<sup>th</sup> Feb, 28<sup>th</sup> Feb, 21<sup>st</sup> Mar

### Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.