



# Istead Rise Primary Home Learning Bulletin



5th March 2021

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Dear Parent and Carers,

## Welcome back!

We are very much looking forward to welcoming all pupils back to school on Monday and all staff understand that while there will be many children who are happy and excited at the prospect of returning to 'normal', there may also be some who are feeling anxious. All teachers and teaching assistants, as well as our inclusion team, are prepared to help all children settle back into their daily routines and we know that some may require more support than others to do so.

In terms of our curriculum, in the initial weeks of our reopening, we will be largely focusing on the teaching of core skills in reading, writing and maths, to help children with their transition back into full-time school life. However, we will also be arranging some fun and engaging activity days for all classes, to make certain that all children have something new and interesting to look forward to. Mrs Clark will soon be sharing further information on activity days, including which activities your child will be taking part in, and when.

## Keeping Safe

We will continue to have all appropriate measures in place to keep everyone in the school safe, and full details can be found in our parent reopening handbook, which was shared last week but can also be found here – [Return to School Parent Handbook](#)

We ask that all parents entering the site to drop-off or collect children ensure that they only use the correct gates and follow social distancing guidelines, including wearing a face-covering/mask when in or around the school.

## Remote Learning & CGP/Reading Books

The current arrangements for remote learning will cease today. I thank you all for your support in making this last term a success for the pupils of Istead Rise. I know that both parents and children had to adapt very quickly to learning in a different way, and I applaud you all on your tremendous efforts. Can we please remind you that all CGP workbooks and reading books need to come back into school with your child on Monday morning, as they will continue to be used to support learning.

## Assistance/Working Dogs

I would like to share a reminder that no pets are allowed onto the school site, with the exception of Assistance or Working Dogs. I would also ask that if you do see an assistance dog on the school site, that you keep your children from approaching it or 'making a fuss' of it. I fully understand that it can be exciting for young children to see a nice dog in school but interrupting one from their work can be distracting for both the dog and their owner.

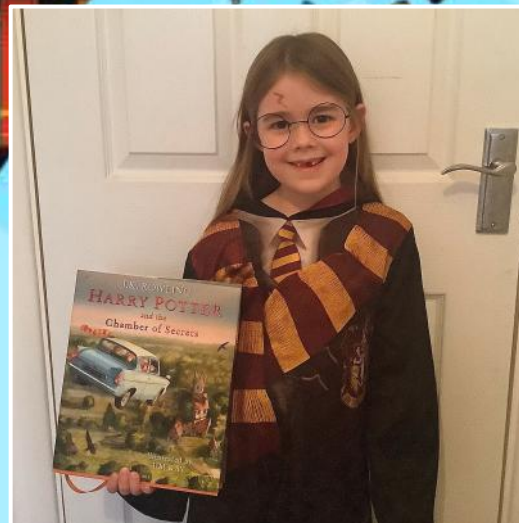
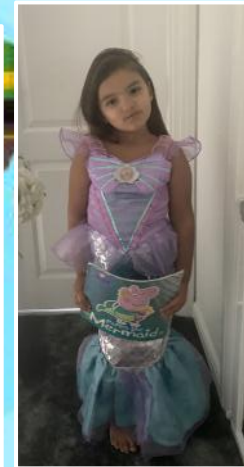
I thank you for your continued support and I wish you all a fantastic weekend,

Steve Payne, Head of School





WORLD  
**BOOK**  
**DAY**  
4 MARCH 2021





# Free school meals

Your child might be able to get free school meals if you get any of the following:

- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get)
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on paid for 4 weeks after you stop qualifying for Working Tax Credit.

Some schools in Kent manage their own Free Schools Meals application process. For more information, go to:

[Apply for Free School Meals](#)



## Home Learning Superstars!

Congratulations to the following children who were awarded a £10 amazon voucher last week and today for their outstanding efforts with their home learning

### Week Commencing 22.02.21

Acorns - Teddy  
Oak - Lucas  
Palm - Alfie  
Sycamore - Parsen  
Birch - Tabitha  
Cherry - James Sil  
Willow - Bettie  
Aspen - Aiden  
Elm - Joseph

### Week Commencing 01.03.21

Acorns - Evelyn  
Oak - Joshua  
Palm - Finn  
Sycamore - Ollie  
Birch - Beatrix  
Cherry - James O  
Willow - Luc  
Aspen - Willow  
Elm - Hannah

A very big well done from all of us at Istead Rise Primary

# Let's see what's for lunch...

## Meat Free Monday (MF)

Meat Free Monday is a great way to improve health and well-being by naturally increasing your vitamin and mineral intake. One day a week can make a real difference - [www.schoolfoodplan.com](http://www.schoolfoodplan.com)

MF Monday	<b>Main Meals</b>	<b>Vegetables</b>
	Macaroni Cheese with Crispy Ciabatta & Herb Crumb V	Carrots & Green Beans Ve
	Roasted Squash & Basil Risotto Ve	<b>Dessert</b>
	Jacket Potato with choice of toppings V	Chocolate & Beetroot Sponge with Custard V
Tuesday	<b>Main Meals</b>	<b>Vegetables</b>
	Chicken Tikka Masala with Rice	Lentil Dhal & Broccoli Ve
	Chargrilled Vegetable Quesadilla with Rice Ve	<b>Dessert</b>
	Pasta with a choice of toppings V	Courgette & Orange Cake with Custard V
Wednesday	<b>Main Meals</b>	<b>Vegetables</b>
	Gammon with Orange & Herb Glaze served with Roasted Potatoes & Gravy	Green Cabbage & Carrots Ve
	Spiced Moroccan Chickpea Curry with Lemon Couscous Ve	<b>Dessert</b>
	Jacket Potato with choice of toppings V	Vanilla Shortcake V
Thursday	<b>Main Meals</b>	<b>Vegetables</b>
	Beef Burger in a Bun with Potato Wedges	Sweetcorn & Coleslaw Ve
	Crispy Chickpea Burger in a Bun Ve	<b>Dessert</b>
	Pasta with a choice of toppings V	Apple & Oat Crumble with Custard V
Friday	<b>Main Meals</b>	<b>Vegetables</b>
	Fish Fingers with Homemade Tomato Ketchup & Chips	Baked Beans & Peas Ve
	Mexican Sweetcorn, Carrot & Courgette Fritter with Chargrilled Tortilla & Chips Ve	<b>Dessert</b>
	Jacket Potato with choice of toppings V	Chocolate & Carrot Brownie V
Freshly Baked Bread - Pumpkin & Carrot V Wholemeal V		
Jacket Potato Toppings - Baked Beans Ve or Grated Cheese V		
Pasta Toppings - Homemade Tomato & Vegetable Sauce Ve or Cheddar Cheese V		
Week 1: 2 <sup>nd</sup> Nov, 23 <sup>rd</sup> Nov, 14 <sup>th</sup> Dec, 4 <sup>th</sup> Jan, 25 <sup>th</sup> Jan, 15 <sup>th</sup> Feb, 8 <sup>th</sup> Mar, 29 <sup>th</sup> Mar		

MF Monday	<b>Main Meals</b>	<b>Vegetables</b>
	Margherita Pizza & Potato Wedges V	Coleslaw & Carrots Ve
	Mexican 5 Bean & Vegetable Tostada with Pomegranate Ve	<b>Dessert</b>
	Jacket Potato with choice of toppings V	Sticky Toffee Pudding with Custard V
Tuesday	<b>Main Meals</b>	<b>Vegetables</b>
	Classic Spaghetti Beef Bolognese	Peas & Cauliflower Ve
	Sweet Potato Topped Vegetable Pie Ve	<b>Dessert</b>
	Pasta with a choice of toppings V	Carrot & Ginger Sponge with Custard V
Wednesday	<b>Main Meals</b>	<b>Vegetables</b>
	Herby Chicken Breast with Roasted New Potatoes, Stuffing & Gravy	Carrots & Green Cabbage Ve
	Mediterranean Vegetable Tart Ve	<b>Dessert</b>
	Jacket Potato with choice of toppings V	Strawberry Cheesecake V
Thursday	<b>Main Meals</b>	<b>Vegetables</b>
	Cumberland Sausages with Mashed Potatoes & Onion Gravy	Roasted Seasonal Vegetables & Sweetcorn Ve
	Vegetarian Sausages with Steamed New Potatoes Ve	<b>Dessert</b>
	Pasta with a choice of toppings V	Peach Sponge Cake with Custard V
Friday	<b>Main Meals</b>	<b>Vegetables</b>
	Battered Fish with Homemade Tomato Ketchup or Salmon Fishcake in a Bun & Chips	Baked Beans & Peas Ve
	Falafel & Carrot Wrap with Salsa & Chips Ve	<b>Dessert</b>
	Jacket Potato with choice of toppings V	Banana Flapjack Ve
Freshly Baked Bread - Courgette, Oat & Thyme V Wholemeal V		
Jacket Potato Toppings - Baked Beans Ve or Grated Cheese V		
Pasta Toppings - Homemade Tomato & Vegetable Sauce Ve or Cheddar Cheese V		
Week 2: 9 <sup>th</sup> Nov, 30 <sup>th</sup> Nov, 21 <sup>st</sup> Dec, 11 <sup>th</sup> Jan, 1 <sup>st</sup> Feb, 22 <sup>nd</sup> Feb, 15 <sup>th</sup> Mar		

MF Monday	<b>Main Meals</b>	<b>Vegetables</b>
	Roasted Tomato & Vegetable Cheesy Pasta V	Broccoli & Mixed Salad Ve
	Jackfruit Katsu Curry with Rice Ve	<b>Dessert</b>
	Jacket Potato with choice of toppings V	Caramelised Pineapple Sponge with Custard V
Tuesday	<b>Main Meals</b>	<b>Vegetables</b>
	Mild Jerk Chicken with Rice & Peas	Sweetcorn Ve
	Vegetarian Spicy Special Fried Rice Ve	<b>Dessert</b>
	Pasta with a choice of toppings V	Apple Pie Cinnamon Roll with Custard V
Wednesday	<b>Main Meals</b>	<b>Vegetables</b>
	Roast Chicken served with Roasted Potatoes & Gravy	Cauliflower & Peas Ve
	Tofu & Vegetable Noodle Stir Fry Ve	<b>Dessert</b>
	Jacket Potato with choice of toppings V	Flapjack V
Thursday	<b>Main Meals</b>	<b>Vegetables</b>
	Chicken & Sweetcorn Meatballs in a Sweet & Sour sauce with Noodles	Green Beans Ve
	Pitta Pizza topped with Houmous & Roasted Vegetables Ve	<b>Dessert</b>
	Pasta with a choice of toppings V	Chocolate Shortbread Biscuit Ve
Friday	<b>Main Meals</b>	<b>Vegetables</b>
	Fish Fingers with Homemade Tomato Ketchup & Chips	Baked Beans & Peas Ve
	Homemade Crispy Vegetable Nuggets with Chips Ve	<b>Dessert</b>
	Jacket Potato with choice of toppings V	Lemon Drizzle Cake V
Freshly Baked Bread - Sunflower, Rosemary & Tomato V Wholemeal V		
Jacket Potato Toppings - Baked Beans Ve or Grated Cheese V		
Pasta Toppings - Homemade Tomato & Vegetable Sauce Ve or Cheddar Cheese V		
Week 3: Nov, 7 <sup>th</sup> Dec, 28 <sup>th</sup> Dec, 1 <sup>st</sup> Jan, 8 <sup>th</sup> Feb, 1 <sup>st</sup> Mar, 22 <sup>nd</sup> Mar		

V - Suitable for vegetarians  
Ve - Suitable for vegans & vegetarians  
All products are subject to availability.

Available Every Day  
Fresh Fruit Platter Ve  
Fresh Natural Yoghurt with Fruit Puree V

**Pabulum Salad Bar**  
Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM1 Swale No IC

November 2020