



Istead Rise Primary Celebration Newsletter



Executive Headteacher: Mrs J Olivier

Telephone: 01474 833177

Twitter: @IsteadRisePS

Head of School: Mr S Payne

Email: irpoffice@swale.at

Facebook: Facebook

Deputy Headteacher: Mrs M Clark

Website: www.isteadrise.org.uk

1st April 2021

Dear Parents and Carers,

As we reach the end of Term Four, there is much to celebrate at Istead Rise Primary. One really notable achievement is the overall level of pupil attendance. Since fully reopening the school on March 8th, the overall level of attendance is 96.9%. Not only is this impressive within the context of the current challenging circumstances, but is actually a higher attendance rate than we have had for some time, including prior to the Covid-19 pandemic. We offer our thanks and congratulations to all families for working to ensure their children are here every day, allowing them to make good progress with their learning and have some fun along the way too. We are also very impressed with how our pupils have managed with the return to school. Levels of engagement with learning in our classrooms have been extremely high and many great achievements have been made over these last few weeks. All staff have been working tirelessly to ensure that children are receiving the support they need, and the smiling faces around the school, coupled with the fantastic work that pupils have been producing are a sure sign that their efforts are being rewarded. Within this newsletter, you will also find information on the numerous activity days that have been happening across the school - children have been enjoying new experiences and learning new skills. We hope you will enjoy seeing what everybody has been up to!

By [clicking here](#) you will also find our first video edition of I.R.P.S news, we hope you will enjoy watching it! The children who star in this film worked very hard to complete it and learned some impressive new skills along the way. We are very proud of them and also of Mrs T Clark, who supported them along the way.

All that remains is to wish you a fantastic Easter break. We hope you all enjoy the holiday and very much look forward to welcoming everybody back next term (Monday 19th April). Thank you for your ongoing support and help to make Istead Rise a wonderful community for all children to thrive in.

Steve Payne, Head of School



Our new arrivals in Acorns!



We were very excited when there was a special delivery of five white eggs. There was lots of discussion about what animal could be inside. Suggestions included - tiger, dinosaur, tarantula, unicorn but when the first hatchling emerged we found out they were ducks. We have learned that they have an egg tooth which helps the duckling crack its way out of the egg. Our confidence around the ducklings has grown over the two weeks. We love stroking them they are so soft and fuzzy. We gave them names but it is quite difficult to tell them apart. It has been amazing to watch the ducklings grow, it will be sad when they leave to go to their new homes but we know they will be very well looked after.



Acorns

Teddy Bears Picnic

In the morning we had so much fun making and decorating cakes for our picnic. We spent the afternoon in the hall where we made our own sandwiches, threaded teddy bear beads onto a pipe cleaner to make a bracelet, turned spoons into bears, dressed teddy bears and drew pictures. Then it was time for our picnic. We had so much fun as we talked, ate and watched teddy bear cartoons.



Gardening Day

We spent the day weeding the border in the garden and planting flowers. We learnt that you have to be careful when handling plants and that the hole you dig has to be bigger than the root ball you are planting. We also planted mange tout that we hope to be able to eat for snack in a few weeks. Mrs T Clark had given us a smoked garlic bulb which had started to sprout so we potted it up too, it smells lovely. We will continue to plant seeds to grow in our garden.



Special Delivery

We made Easter cards for our families using potatoes to print a chick. These were put into envelopes with address labels for our homes. We added names and stuck on stamps before walking up to the postbox. We walked so nicely and talked to some of the local people. Some of us even got to see the postman delivering letters. Hopefully all of our cards have now arrived to our houses.



Oak's Willy Wonka's Chocolate Factory Activity Day



What a day full of fun, fun, fun! The children in Oak Class, just couldn't get enough chocolate. First, they learned about where chocolate comes from. They were very surprised to learn that it doesn't grow in a supermarket. Next, they tried out some chocolate tasting (dark, milk and white chocolate) to see which one they preferred. After that, they made some delicious cornflake chocolate cakes topped with sticky marshmallows before moving on to designing their own chocolate wrapper. And if that wasn't enough, the children then followed instructions to create and fold their own chocolate and fruit filled wrap. I think their faces show what an amazing day they all had. Scrumdiddlyumptious!

Palm Class Activity Days



Palm Class have had a great time during their last two activity days! We had a fun-filled day cooking in class, following different recipes to make butterfly cakes, pizzas and our own play-dough!

It was great to see the team work and concentration involved in following instructions and measuring the different ingredients to make our delicious treats. Last week, we went to the Forest where Mrs T Clark had planned so many wonderful activities for us to do! We made dens, memory boards, went on minibeast hunts and had an Easter egg hunt! Even the afternoon rain showers could not dampen our spirits!

Thank you Mrs T Clark for a great day!



Next term, Year 2 will be making habitat shoe boxes as part of their Science learning. If possible, could each child bring in one shoe or cereal box after Easter for this activity, many thanks Miss Rance.



Sycamore Cooking Day



We had a lots of fun last week

making pizzas and chocolate rice krispie cakes during our cooking day. We chose our own toppings for the pizzas and had the best time eating them. They were really tasty. We took our cakes home because we were still full up! We also had our Forest School day this week and took part in lots of different activities. We had the most wonderful day!



Core Values Congratulations to all our winners!

Week Ending 26.03

Acorns Class

Whole class for Self Reflection

Oak Class

Maya for Perseverance & Samuel-Yanis for Self Reflection

Palm Class

Lucas for Self Reflection & Riley for Respect

Sycamore Class

Abigail & Nathan for Perseverance

Cherry Class

James O for Respect & Kian for Self Reflection

Birch Class

Ann Louise for Independence & Tabitha for Self Reflection

Willow Class

Harvey & Jana for Respect

Elm Class

Sophie for Independence & Oliver G for Respect

Aspen Class

Macy for Independence & Oniv for Self Reflection

Week Ending 01.04

Acorns Class

Rosie for Perseverance and Teddy for Independence

Oak Class

Martin for Independence and Otis for Perseverance

Palm Class

Mila for Independence & Millie C for Perseverance

Sycamore Class

Isabelle for Respect & Mia for Self Reflection

Cherry Class

Henry for Self Reflection & Isabella for Independence

Birch Class

Kamahni for Independence & Mia for Perseverance

Willow Class

Phoenix for Respect & Shraya for Perseverance

Elm Class

Logan for Perseverance & Louisa for Self Reflection

Aspen Class

Lucas for Perseverance & Imogen for Independence



Cherry Activity Days

Cherry Class enjoyed a fun filled cooking activity day. During our home learning and return to school we have been studying Brazil and South America. The children enjoyed making a three course meal from this continent. Starter - empanadas, main course - tortilla wraps and dessert - exotic fruit skewer. We learned about the food and the children embraced the day fully and had a tremendous time. We even tried three varieties of chocolate which was a highlight for many. Dark, milk and white chocolate. Mr Payne even joined in! They voted for their favourite. Milk chocolate came out on top.



They also loved their Arts and Crafts day. The children remarked it was a wonderful experience! We made bookmarks, dream catchers, keyrings, Easter baskets and cards. Much fun was had! Nestled in the baskets were some delicious, scrumptious mini eggs. The class said, "It was the best day ever!"

Birch Activity Days



Food Activity Day
South America was the inspiration for our Food Activity Day. The children created three dishes based on traditional South American food: flour tortillas, empanadas and fruit skewers. They did an amazing job of mixing, rolling, filling and crimping. It was great to see the cooked items when they got home too!



Arts & Crafts Day

Having shown us their great culinary skills, we thought we would offer the children the opportunity to get creative with some crafts. This included making: dream catchers, Easter baskets, bookmarks and key rings. The children's care and attention to detail was very impressive and they produced a colourful array of crafts. They were also treated to some chocolate mini eggs to put in their baskets. I'm not sure if any eggs made it home!



Willow Activity Days

Tudor Day - Crime and Punishment

The children had a fantastic day learning all about different types of Tudor crimes and the punishments they would have received for them. They then spent some time creating their own life size versions of the torture devices. Everyone agreed we are lucky not to have these punishments today or some of us could be in a lot of trouble!



Cooking Day

Last week Year 5 had lots of fun during their cooking day, creating their own Afternoon Tea to share with their families as a thank you for all their help during the lockdown. They made rolls, sausage rolls, cheese twists, scones, extra chocolatey rice krispie cakes and a favourite for all the children were the chocolate covered strawberries.





Elm in the Forest!



Elm had a fun day in the forest this week. We enjoyed building dens, digging, creating forts and making stick men. We enjoyed exploring new areas of the forest and can't wait to visit the forest again!

Aspen Class Italian Culture Day



For Aspen's Cultural Activity day on Italy, we learnt about the Italian Flag, famous Italian mathematicians, counting, the landmarks of Rome, Venice and Pisa, as well as looking at the ruins of Pompeii, and tasting a variety of Italian antipasti. We then spent the afternoon making pizzas from scratch based on what we had learnt about the country and its food.



Aspen & Elm Challenge Day

Aspen and Elm enjoyed a busy challenge day last week! We played lots of team building games, had class v class competitions and challenged each other to races too. In the afternoon we took part in an assault course - climbing through tunnels and cargo nets!





Fun in the Forest!



Let's see what's for lunch.

Starting
on week 2 w/c
19th April

Meat Free Monday (MF)

Meat Free Monday is a great way to improve health and well-being by naturally increasing your vitamin and mineral intake. One day a week can make a real difference - www.schoolfoodplan.com

MF Monday	Main Meals	Vegetables
	Roasted Vegetable & Bean Hotpot V	Peas V
	Sweetcorn & Courgette Fritter with Side Salad V	Dessert
	Pasta with Cheese & Chive Sauce V	Apple & Cinnamon Sponge with Custard V

Tuesday	Main Meals	Vegetables
	Beef Lasagne	Chinese Cabbage V
	Vegan Mince & Vegetable Pasta Bake V	Dessert
	Jacket Potato with Cheese V or Salmon Mayonnaise	Strawberry Cheesecake V

Wednesday	Main Meals	Vegetables
	Roast Chicken Fillets with Roast Potatoes & Gravy	Green Cabbage & Carrots V
	Vegan Cornish Pasty with Roast Potatoes V	Dessert
	Pasta with Roasted Tomato & Pepper Sauce V	Chocolate Sponge & Chocolate Sauce V

Thursday	Main Meals	Vegetables
	Turkey Lasagne	Green Beans & Cauliflower V
	Courgette & Potato Pattie with a Pitta & Garlic Mayo V	Dessert
	Jacket Potato with Baked Beans V or Cheese V	Fruit Burst Jelly V

Friday	Main Meals	Vegetables
	Fish Finger Bap with Homemade Tartare Sauce & Side Salad	Baked Beans & Sweetcorn V
	Vegetarian Finger Bap with Homemade Ketchup & Side Salad V	Dessert
	Pasta with Creamy Mushroom Sauce V	Chocolate & Orange Cookie V

Freshly Baked Bread

Pumpkin & Carrot V Wholemeal V

Week 1:

1st Apr, 3rd May, 24th May, 14th Jun, 5th Jul, 26th Jul, 30th Aug, 20th Sep, 10th Oct

MF Monday	Main Meals	Vegetables
	Cauliflower Macaroni & Cheese with Homemade Garlic Bread V	Green Beans V
	Tofu Sweet & Sour Mixed Vegetables with Steamed Rice V	Dessert
	Jacket Potato with Baked Beans V or Cheese V	Coconut & Jam Sponge with Custard V

Tuesday	Main Meals	Vegetables
	Beef & Bean Chilli Con Carne served with Baked Potato	Sweetcorn V
	Vegan Chilli Con Carne served with Baked Potato V	Dessert
	Pasta with Spinach & Onion Sauce V	Berry Crumble Slice V

Wednesday	Main Meals	Vegetables
	Roast Turkey with Roast Potatoes & Gravy	Roasted Butternut Squash & Kale V
	Potato & Leek Frittata V	Dessert
	Jacket Potato with Baked Beans V or Cheese V	Orange & Poppy Seed Sponge V

Thursday	Main Meals	Vegetables
	Chicken & Vegetable Curry with Steamed Rice	Carrots & Cauliflower V
	Lentil & Vegetable Lasagne with Garlic Bread V	Dessert
	Pasta with Tomato & Basil Sauce V	Cherry Cookie V

Friday	Main Meals	Vegetables
	Oven Baked Battered Fish with Baked Chips	Baked Beans & Garden Peas V
	Roasted Vegetable & Chick Pea Wrap V	Dessert
	Jacket Potato with Baked Beans V or Cheese V	Vanilla & Sultana Sponge with Custard V

Freshly Baked Bread

Courgette, Oat & Thyme V Wholemeal V

Week 2:

19th Apr, 10th May, 31st May, 21st Jun, 11th Jul, 6th Sep, 27th Sep, 18th Oct

MF Monday	Main Meals	Vegetables
	Chick Pea & Vegetable Curry with Rice V	Broccoli Florets V
	Homemade Vegan Burger with Baked Sweet Potato V	Dessert
	Pasta with Tomato & Vegetable Sauce V	Carrot & Apple Rajjack V

Tuesday	Main Meals	Vegetables
	Spaghetti Bolognese	Carrots & Peas V
	Carrot & Pea Risotto V	Dessert
	Jacket Potato with Baked Beans V or Bolognese V	Lemon Drizzle Cake V

Wednesday	Main Meals	Vegetables
	Roast Chicken with Roast Potatoes & Gravy	Green Cabbage & Roast Carrots V
	Lentil & Bean Vegan Loaf with Roast Potatoes & Gravy V	Dessert
	Wholewheat Pasta with Cheese & Leek Sauce V	Banana & Sultana Cake with Custard V

Thursday	Main Meals	Vegetables
	Beef Burger in a Bun with Potato Salad	Sweetcorn V
	Margherita Pizza with Potato Salad V	Dessert
	Jacket Potato with Baked Beans V or Cheese V	Chilled Rice Pudding with Berry Compote V

Friday	Main Meals	Vegetables
	Fish Fingers with Oven Baked Chips	Baked Beans & Garden Peas V
	Vegetable & Lentil Croquette with Oven Baked Chips V	Dessert
	Pasta with Lentil & Bean Sauce V	Chocolate & Raisin Shortbread V

Freshly Baked Bread

Sunflower, Rosemary & Tomato V Wholemeal V

Week 3:

26th Apr, 17th May, 7th Jun, 28th Jun, 19th Jul, 13th Sep, 4th Oct

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians
All products are subject to availability.

Available Every Day

Fresh Fruit Platter V
Fresh Natural Yogurt with Fruit Power V

Fabulous Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salad. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM2instead Rise

April 2021

pabulum FOOD
NUTRITION

Keep Mr Loe safe and do not park across or near the crossing patrol



Safe Parking Around Our school



Please park further away and walk the rest - it's good for the heart & mind

Check out the KCC link for parents
<http://www.responsibleparking.co.uk/index.php>

Please do not block residents' driveways

Please do not move or damage the cones.



Please do not park on the pavement and force adults & children into the road

Thank you for parking responsibly

To report parking problems outside our school please call your local Parking Enforcement office at Gravesham Borough Council
parking.office@gravesham.gov.uk
01474 337000



Gravesham Borough Council
(including COVID-19 advice line)
Phone: 01474 337070
Web: www.gravesham.gov.uk

Gravesham Food Bank
Riverside Community Centre, Dickens Road, Gravesend,
DA12 2JY
Phone: 01474 559555
Email: info@graveshamfoodbank.org.uk
Web: <https://gravesham.foodbank.org.uk/>

Citizens Advice
Phone: 0800 1448 444
Web: www.citizensadvice.org.uk

Kent Together
Kent County Council 24-hour Helpline
Phone: 03000 419292

Kent Resilience Hub
Supporting 10-16 year olds through COVID-19
and the pressures of everyday life.
Web: www.kentresiliencehub.org.uk
Text: 07520 618850

Kent Live Well Services
Porchlight Community Service Link

- Housing, debt and benefits, including online support
- Support with wellbeing at this difficult time
- Liaising with key agencies on your behalf
- Linking to community help and food parcels
- Can provide you with a mobile phone if you do not have access to one

Phone: 0800 567 7699
Email: info@livewellkent.org.uk
Web: <https://livewellkent.org.uk/in-your-area/dartford-gravesham-swanley>

COVID-19 Mutual Aid UK
Volunteer lead initiative where groups of people get together to support one another.
Twitter: @GravesendAid
Facebook: www.facebook.com/GravesendAid

Choices
Independent domestic abuse charity Dartford and Gravesend
Phone: 0800 917 9948
Hostel Referrals: 01474 352552
Web: www.choicesdaservice.org.uk

Kent Victim Support
Phone: 0808 168 9276
Email: kent.vart@victimsupport.org.uk
Web: www.victimsupport.org.uk

Rethink
Sahayak Asian Mental Health Helpline
Gravesend service, speak in Gujarati, Punjabi, Hindi, Urdu & English
Phone: 0808 800 2073

Young Minds
Mental health support for young people
Phone: (Parent Helpline) 0808 802 5544
Web: www.youngminds.org.uk
Young Minds **URGENT** help text YM to 85258

Kent Young Carers
Phone: 0300 111 1110
Email: info@kentyoungcarers.org.uk
Twitter: @KentYoungCarers

North Kent Mind
Mental Health Support (age 17+)
Phone: 01322 291380
Email: admin@northkentmind.co.uk
Web: www.northkentmind.co.uk

Thank you FIRPS!



We are sure you will join us in thanking our wonderful FIRPS team for providing all the children with an Easter Egg over the last couple of days. The donation very kindly came from Pest Check Ltd.
Thank you again from all of us at Istead Rise!



Where to visit in Kent during the
Easter holidays

Coronavirus Advice

This link will take you to the GOV.UK website where you will find the latest guidance with regards to what you can or cannot do during lockdown.

[GOV UK Coronavirus Advice](https://www.gov.uk/coronavirus)