Key vocabulary		
puberty	The time when your body begins	
	to develop and change as you	
	become an adult.	
sexual	The process where a living thing	
reproduction	creates another organism like	
	itself. In humans, a sperm cell	
	from a male fertilises an egg	
	from a female to produce a	
	baby.	
menstruation	When a woman has a period,	
(period)	she loses a small amount of	
	blood each month.	
sperm	Single cells produced by male	
	animals.	
egg	A cell that is produced in the	
	body of female animals.	
foetus	An animal or human being in its	
	later stages of development	
	before it is born.	
gestation	The length of time a mammal	
	carries her offspring inside her	
	body before giving birth.	
life	The length of time that an	
expectancy	animal is normally likely to live.	

Mammal	Gestation period in days
Cat	63
Chimpanzee	240
Lion	108
Human	266
Rabbit	31
Squirrel	44
African elephant	650
Whale	360
Horse	336
Polar bear	241
Giraffe	435
Mouse	21
Rhinoceros	480
Hamster	16
Dog	61
Camel	400

The gestation period of different animals. Larger animals usually have longer gestation than smaller animals.

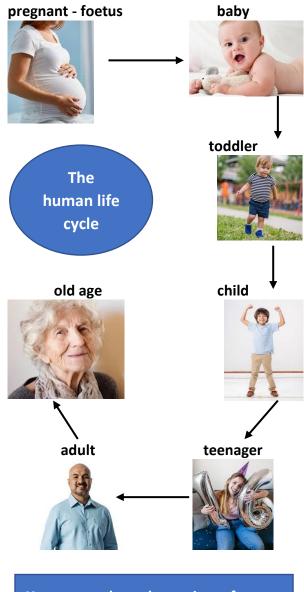
## Animals including humans – Year 5

## Sarah Fowler Sarah Fowler Sarah Fowler (OBE) is a marine biologist. She is the principal scientist of the Save Our Seas Foundation. Her research has identified the global threat to sharks and she shares strategies of how we can protect them.

## **Puberty**

- Usually begins between the ages of 8-14and the process can take up to 4 years.During puberty the bodies of boys and girls
- During puberty the bodies of boys and girls begin to change physically.
- Boys and girls can experience some mood changes during puberty.

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Changes	- hair starts to grow on their
for girls	bodies
	- breasts develop and hips widen
	- periods start
Changes	- hair starts to grow on their
for boys	bodies and faces
	- develop a deeper voice
	- testicles start to produce sperm



Humans go through a variety of changes as we grow and develop from birth through to old age.