



Istead Rise Primary Celebration Newsletter

Friday 13th September 2024



Headteacher Mr S Payne

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Thursday 26th September
9:00am Parent E-Safety
Workshop
KS2 Hall

Wednesday 2nd October
3:15pm Parent Drop In's
Years 1 - 6

Thursday 10th October
9:00am FIRPS AGM KS2 Hall

Friday 18th October
Show Racism the Red Card Wear
Red Day
Details To Follow

Wednesday 23rd October
Flu Vaccinations
Whole School

Thursday 24th October
School Photographer
Individual & Sibling Photographs

Friday 25th October
End of Term 1

Monday 30th October
Term 2 Begins

Friday 15th November
Children In Need
Details To Follow



Date: Thursday 26th
September 2024

Time: 9:00am - 10:00am
Venue: KS2 Hall

Please enter via the school
office.Refreshments will be
provided

For further information
please use the link below:

[E-Safety Workshop](#)

NHS Flu Vaccinations

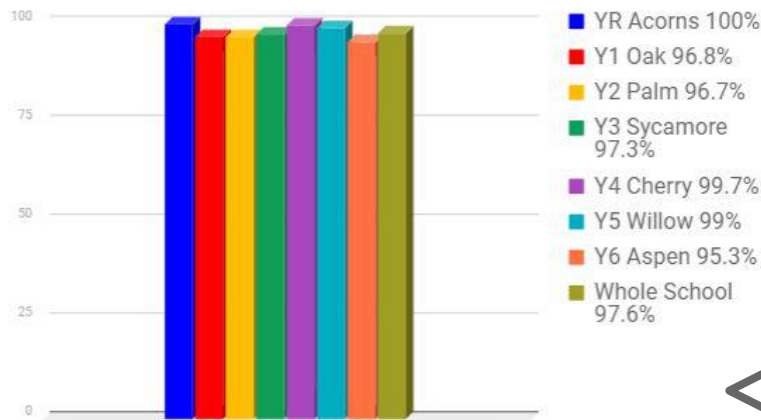


Letters to
Parents

You will find all our up
to date letters and lots
of other information
on our website.

This link will take you to
the September letters
home section.

[Letters Home September 24](#)



Whole School Attendance Week Commencing 09.09.24



Nourish
contract catering



[School Lunch Menu](#)

Attendance Class Awards



W/C 09.09.24
KS1 - Oak
KS2 - Sycamore



If you would like your child to have guitar lessons in school on a Friday, please contact Chris on 07940 046124 Years 3 - 6 only



STEARNS Online Safety Newsletter Sept 2024

Need app ideas?
Internet Matters have created a list of age-appropriate apps designed to help your child to spend their online time wisely.

Skill Building apps:
If you would like to help your child develop a new skill, then you might find some useful apps here:
<https://www.internetmatters.org/parents/parents-need-to-know-about-the-top-10-educational-apps-for-2024/>

Apps to keep your child entertained:
These apps are designed to help your child spend their time wisely and are suitable for your child.
<https://www.internetmatters.org/parents/parents-need-to-know-about-the-top-10-entertainment-apps-for-2024/>

Apps to help get your child active:
These apps are designed to help your child spend their time wisely and are suitable for your child.
<https://www.internetmatters.org/parents/parents-need-to-know-about-the-top-10-active-apps-for-2024/>

Wellbeing apps:
These apps are designed to help your child spend their time wisely and are suitable for your child.
<https://www.internetmatters.org/parents/parents-need-to-know-about-the-top-10-wellbeing-apps-for-2024/>

Social Media Algorithms
What is an Algorithm?
Algorithms influence what we see on social media platforms and predict what type of content we are most likely to interact with, thereby keeping us online for longer. The algorithm uses information such as who you follow, what you have searched for and what you have watched, liked or shared to determine what it thinks most interests you, so then show you this content more. For example, on the explore tab on Instagram.

What do I need to know?
Whilst there are benefits to algorithms, for example it means we tend to see content that does interest us, unfortunately there are negatives as well. They can lead to increased screen time as we continue to see things that interest us. Secondly, it can lead to users being shown large amounts of inappropriate content which can exacerbate negative body image or higher access to inappropriate content. It can also lead to 'echo chambers' where you are only seeing content that relates to your opinion rather than seeing a balanced viewpoint.

WhatsApp: chat lock/secret code
You must be at least 13 years old to use WhatsApp. Did you know that you can lock chats as well as apply a secret code setting? If you lock a chat, then the chat will appear at the top under 'locked' (if you are a friend). Furthermore though, a user can apply an additional setting to make the locked chat (if it does not appear in their chat list) and can only be accessed via the search bar. Whilst this feature adds privacy, it can make it difficult to monitor what your child is doing on WhatsApp, which is why it is important to have regular chats with your child.

Some of the links are of their own discretion. No liability is accepted. Content as of the date released 01.09.24.

Core Values Congratulations To All Our Winners

Week Ending 13.09

Oak Class

Jaynie-May for Perseverance, Louie for Respect & Lily for Independence

Palm Class

Rei for Respect, Benjamin for Self Reflection & Elena for Perseverance

Sycamore Class

Emilia & Bobby for Respect, Annabelle for Perseverance

Cherry Class

Margaret & Samuel for Respect, Rosie for Perseverance

Willow Class

Samuel & Esme for Independence, Cooper G for Self Reflection

Aspen Class

David & Kasey for Perseverance, Lillie for Independence

Online Safety Newsletter September 24

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hospice care in your home or ours

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A NIGHT TO REMEMBER

GRAVESEND
20 September 2024
at 7pm

NEW LOCATION

Starts & Finishes at St George's C of E School
Meadow Road, Gravesend, DA11 7LS

We are proud to be working in partnership with:



Saint George's Church of England School

ellenor.org
ellenorcharity

SEND & Inclusion



Welcome to new parents of children with SEND.

As we start another academic year, children with SEND, and their inclusion in all aspects of school life, continue to be at the forefront of all we do.

Weekly SEND surgeries on Wednesday afternoons are held with Mrs Andreou, our Inclusion Lead. If you have anything you would like to discuss that is SEND and Inclusion related, please book a 10 minute appointment via the school office.

If your child is included on our internal SEND register, you will have received a letter informing you of their inclusion and their primary area of need. Inclusion on the SEND register is a recognition that your child is receiving additional support at a level that is "over and above" what is normally available at a mainstream school, and usually takes the form of additional interventions. There will be children who have a diagnosis and/or additional needs who are not included on the SEND register. This is because, although your child receives additional support and perhaps reasonable adjustments, their provision falls under what is readily available in mainstream schools, as detailed in Kent's [Mainstream Core Standards](#).



autism south east

Here's what we have coming up over the next month in

September 2024...



KCC term-time resumes

- Youth Club** with optional laser tag **7** Future Survival GRAVESEND 10am-12pm
- Autism Café Greenhithe** with Greenhithe Community Café **11** St. Mary's Church GREENHITHE 10:30am-12pm
- Girls Group** "A group for girls" **12** Dartford YMCA Café DARTFORD 6pm-8pm
- Autism Café New Ash Green** with Little Legs Community Hub **17** New Ash Green Village Hall NEW ASH GREEN 10:30am-12pm
- Lego Club Dartford** by Autism South East **19** The Meeting Place DARTFORD 6pm-7:30pm
- Autism Coffee Morning Gravesend** by Autism South East **20** Emmanuel Baptist Church GRAVESEND 10am-12pm
- Autistic Adults Social Group Gravesend** by autistic people, for autistic people **24** Marie's Tea Room GRAVESEND 7pm-9pm
- Lego Club Northfleet** by Autism South East **27** St Botolphs Church Hall NORTHFLEET 5:30pm-7pm

+ Discounted twice-weekly Air-soft at Future Survival

For tickets & more information visit www.autismse.uk

Don't miss out, join our mailing list now!
join.autismse.uk



Mental Health support for children and young people is available in a variety of ways. Please follow [this link](#) to find out more.



SEND & Inclusion

Emotionally Based School Avoidance (EBSA) is a pattern of absence whereby reluctance, or refusal, to attend or stay in an educational setting has its base in anxiety or fear.



The Kent Educational Psychology service worked with Kent Parents and Carers Together (Kent PACT) to record a [webinar for parents](#) which discusses 'what is anxiety' and emotion based school avoidance. Parents also shared their lived experience of how their children experienced these difficulties. A [parent resource pack](#) is also available for download.

Kent County Council's [Local Offer](#) for SEND details what help is available to you and your child.



SEND information hub

(Kent's local offer)

www.kent.gov.uk/send



Gravesham Family Hubs

Timetable

2nd September - 25th October 2024

Our Family Hubs:

Riverside
03000 422342
Dickens Road,
Gravesend,
DA12 2JY
riversidefh@kent.gov.uk

Chantry
03000 420007
Ordnance Road,
Gravesend,
DA12 2RL
chantryfh@kent.gov.uk

Kings Farm
03000 413838
Cedar Avenue,
Gravesend,
DA11 5JT
kingsfarmfh@kent.gov.uk

Northfleet
01474 351451
Hall Road,
Northfleet,
DA11 8AJ
northfleetfh@kent.gov.uk

Shears Green
03000 420895
Packham Road,
Northfleet,
DA11 7JF
shearsgreenfh@kent.gov.uk

Lawn
03000 421125
Lawn Road,
Northfleet,
DA11 9HB
lawnfh@kent.gov.uk

All of our groups and services are free to attend.

Day	Riverside	Kings Farm	Chantry	Northfleet	Shears Green	Lawn
Monday	Riverside Pathway Play (SEND) 9.30 - 11am	Kings Farm Baby Group 9.30 - 10.30am	Chantry Talking Walk in (KCHFT) 9.30 - 11am	Northfleet YIAG 4.30 - 6.30pm	Chantry Stay & Play inc Bookstart 1 - 2.30pm	Northfleet Adolescent Parenting 5 - 7pm
Tuesday	Riverside Triple P Baby 12.30 - 2.30pm	Kings Farm Child Health Clinic (KCHFT) 9.30 - 11am	Chantry Breastfeeding Support (KCHFT) 9.30 - 11am	Northfleet Compass 12-15 years 4 - 5.30pm	Northfleet BeYou (LGBT+) 4.15 - 6.15pm	Lawn Stay & Play inc Bookstart 9.30 - 11am
Wednesday	Riverside Baby Group 9.30 - 10.30am	Chantry Community Led Stay & Play 9.30 - 11am	Northfleet Expectant Dads Group 5 - 7pm	Shears Green Stay & Play inc Bookstart 1 - 2.30pm		
Thursday	Riverside Child health clinic (KCHFT) 9.30am - 12pm	Riverside Childminders Session 9.30am - 11am	Riverside Breastfeeding Support (KCHFT) 9.30 - 11.30am	Riverside Stay & Play inc Bookstart 1 - 2.30pm	Chantry Baby Massage 9.30 - 10.30am	Kings Farm Antenatal Natter 9.30 - 11am
Friday	Kings Farm Stay & Play inc Bookstart 9.30-11am	Shears Green Baby Massage 9.30 - 10.30am	Shears Green Baby Group 1.30 - 2.30pm			Northfleet Compass 8-11 / 16-18 years 4 - 5.30pm

www.kent.gov.uk/familyhub Family Hub Sites are run by Kent County Council

Information

Stay & Play inc Bookstart

A group for parents and carers with children aged 0-5 years. This group provides children with a chance to play, learn and explore. There is also a dedicated baby area. Bookstart aims to encourage a love of books, sharing stories and rhymes in a fun way using various activities and recognising text in the environment preparing children for school readiness.

Baby Massage

4-week course to learn basic baby massage strokes and techniques, to support your baby's physical development whilst building a bond together. It can also help with colic discomfort. For babies from 8 weeks to 6 months old. Contact Chantry Family Hub on 03000 420007 or email chantryfh@kent.gov.uk.

Triple P Baby

Are you a parent-to-be or a new parent with a baby up to 12 months of age? This programme, delivered in a group setting, gives you practical strategies to create the best environment for your baby's development and feel more confident as you begin your parenting journey. Contact Lawn Family Hub on 03000 421125.

Adolescent Parenting

An open session for all parents with teenagers who feel they could benefit from some advice and guidance over things like dealing with conflict, understanding emotional wellbeing, respecting boundaries and more.

Baby Group

For parents and carers with babies who are not yet walking. This includes a variety of activities to support your baby's learning and development as they reach key milestones.

Community Led Group

Join other parents in an interactive session and learn skills to aid your child's development through active play. These sessions are designed to encourage peer support and reduce isolation.

Little Talkers

For ages 2 years and over. Course to learn new techniques and useful hints and tips for developing a child's speech. Contact graveshamfh@kent.gov.uk for further details

The Communication Tree

The course will look at different ways children communicate and will teach techniques to encourage communication. It will look at activities and strategies that you can do at home. Contact graveshamfh@kent.gov.uk for further details

YIAG

Youth Information, Advice and Guidance drop in for young people 11-19 years (25 SEND) to access support from 11-19 Practitioners.

Pathway Play (SEND)

Stay & Play for children on the Pathway for diagnosis of SEND needs.

Compass

A wellbeing programme for young people, based on Dialectical Behaviour therapy (DBT) skills for young people aged 8 - 19yrs (25 with SEND).

BeYou (LGBT+)

A weekly meet-up for LGBT+ young people. These are places that are safe, welcoming, and non-judgemental where they can socialise, have fun and help each other. For joining information please email beyou@porchlight.org.uk

Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door.



Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

For more information and how to apply.



Useful Contact Numbers:

Health Visitor 0300 123 2076

Midwife 01322 428753

Please Note:

For Health and Safety reasons there are room capacity limits in place.

For more information about opening times give your local centre a call

@Graveshamfamilyhubs

@Graveshamfamilyhubs

@Graveshamfamilyhubs11-19

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Acorns



Welcome Acorns -
What a brilliant start!
You have been incredible
adjusting to new routines and
school life.
We are starting to make new
friends and have been having
a great time exploring our
inside and outside areas.
We look forward to continuing
our topic: All About Me to
learn more about each other.



Acorns

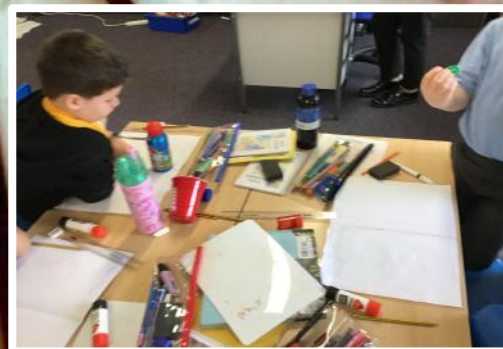




Oak class have had a brilliant week! They're respectful and hard working. There's so much they've already learnt! In maths, they're learning place value, confidently matching numbers to words and sorting objects. In science, they've been exploring different animal families and in art, they've been looking at different types of lines and created beautiful wave patterns together. They've also had their first computing lesson! They're getting the hang of logging in, soon they'll be tech-savvy learners!



Palm class has had a brilliant start to year 2. They've been extremely well behaved and are learning new things every day. So far, we have been working on place value in maths and are working towards writing a description in English. On Tuesday the children took part in a science lesson and had to sort items based on the material they are made from. They also had their first Spanish lesson!



Sycamore

It has been an amazing start to a new academic year. The children have settled quickly into Year 3 routine and expectations. They have enjoyed their first two weeks of being in the juniors.

In maths we will be learning how to partition numbers into hundreds, tens and ones as well as estimating and ordering numbers to 1000.

English we are researching and writing an information text about tigers. We have just started learning about the UK in geography and in science we will be exploring the topic animals including humans and learning about the human skeleton.



Cherry

Well done to our new Year 4 for an excellent start to their new year.

We've started well, learning the new classroom routines and stepping up to show the new Year 3's what is expected on the playground, and have already dived headfirst into our learning!

In reading we have been looking at a slightly different version of Hansel and Gretel this week, which links to the narrative we are writing in English. We have looked at different aspects of the story and have so far looked in depth at the vocabulary and description necessary



for the settings of the forest, the house and the old lady. In Maths we have been looking at place value, and the importance of place holders, as well as partitioning numbers up to 10,000 and different ways of representing them.

In Science we have started our study of sound, which has involved investigating the loudest and quietest rooms in the school.

This term in Music we will be learning to sing and play along with the ABBA song Mamma Mia - which the children have really enjoyed so far.

While in Geography we have learnt about the position of the Equator, the Northern Hemisphere and Southern Hemisphere and the countries which sit along the Equator.



Willow

Willow have made a fantastic start to their time in Year 5. The children have been working extremely hard during lessons.

In English, we are learning to write a Gothic story. We have been recapping on the features and figurative language used in narratives as well as coming up with some spooky language to help set the scene.

In Maths we started the year looking at Roman numerals, something we all found quite tricky but after a couple of lessons we have all become experts. We have now moved on to place value, reading and writing numbers as well as working in powers of ten and finding 10/100/1000 etc more or less than a number.

During our DT lessons we have started to look at how to create a Doodler using an electrical circuit and can't wait to share our finished products with you all. Properties and changes of materials is our focus in science. In our first investigation we looked at which materials had the most flexibility.



Year 6 - what a fantastic start you have made to Term 1!

You are all so positive and hard-working, I can tell we are going to have a fantastic year this year.

In English, we have started a descriptive narrative sequence. So far, we have recapped figurative language and practised using this; as well as using different sentence starters and a wide range of vocabulary to keep our writing interesting. I am looking forward to reading your final pieces.

In Maths, we have been recapping the four operations, ensuring we understand the different methods that we use for multiplication and addition, for example.

In Geography, we have started this term's topic - 'The Americas'. So far we have looked at the human and physical geography of South America; using the atlases to find physical features and more.

Our topic this term for Spanish is 'en el colegio' (at school). We have learnt how to say different subjects in Spanish as well as using these subjects in an extended sentence.

