



# Istead Rise Primary Celebration Newsletter

Friday 13th December 2024



Headteacher Mr S Payne

Telephone: 01474 833177

Twitter: @IsteadRisePS

Acting Head of School: Mrs M Clark

Email: [irpoffice@swale.at](mailto:irpoffice@swale.at)

Facebook: Facebook

Website: [www.isteadrise.org.uk](http://www.isteadrise.org.uk)



Wednesday 18th December  
Christmas Dinner  
& Jumper Day

Friday 20th December  
End of Term 2



Monday 6th January 2025  
INSET Day - School Closed

Tuesday 7th January  
Term 3 Begins

Dear Istead Rise families,

We hope you enjoy our final newsletter of Term 2. As usual, it showcases the huge range of learning and fun activities which pupils experience at our school. We appreciate all the support you have given staff and pupils in preparing for and attending the various carol concerts and nativities which have taken place this week. I am sure you will agree the performances have been fantastic, which demonstrates how hard children (and staff) have worked in preparing for them. On behalf of all the staff at Istead Rise, we would like to wish you a Happy Christmas, and a peaceful and healthy New Year.

Best wishes,  
Mrs M Clark



Christmas Dinner &  
Jumper Day  
Wednesday 18th  
December.  
Please book your  
child's  
dinner via Parent  
Pay in the usual  
way.



Friends  
of Istead Rise  
Primary School

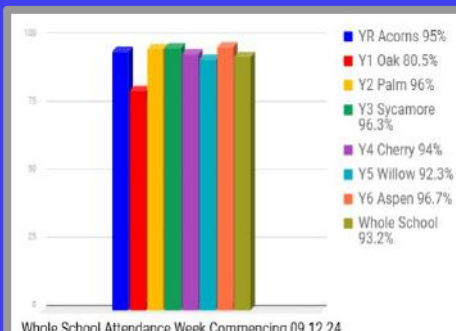
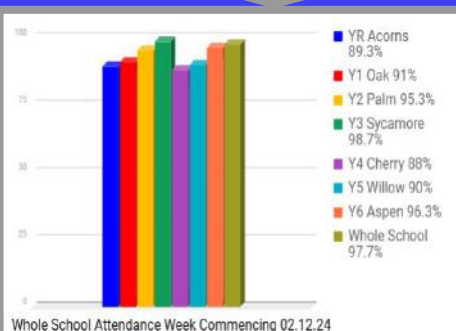
Thank you so much to our wonderful FIRPS Team for organising such a fun, festive treat for the children. They really enjoyed visiting Mrs Claus' Kitchen, and the Panto. Thank you again for all your hard work.

**W/C 02.12.24**  
**KS1 - Palm**  
**KS2 - Sycamore**

**Attendance Class Awards**



**W/C 09.12.24**  
**KS1 - Palm**  
**KS2 - Aspen**  
**& Sycamore**



**NOURISH**

**Christmas Menu**

Roast Turkey with Festive Trimmings 1.8  
Vegan Wellington Parcel 1.0

Peas, Carrots, Brussel Sprouts  
Rustic Roast Potatoes

Santa's Cookie 1.0  
Iced Chocolate Cake 1.0  
Jelly 0.5  
Fruit 0.5

Key: 1/2 Veggie, 1/2 Vegan  
\*Allergies under 1 Year Old: 10 Gluten, 9 Cereals/Wheat, 9 Soy, 4 Nuts, 5 Sesame, 6 Dairy, 6 Eggs, 6 Shellfish, 6 Fish, 6 Peanuts, 10 Mustard, 10 Celery, 10 Fruit, 10 Dairy, 10 Citrus, 10 Nuts, 10 Shellfish, 10 Eggs



BBC

# Children in Need



Well done to Sophia of Palm, Sophie of Sycamore, Issac of Acorns & Arabella of Willow who were the winners of our 'best dressed' competition for Children in Need Day!

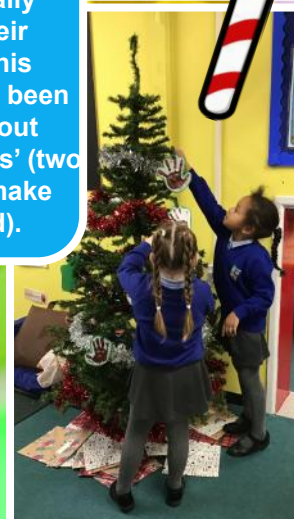
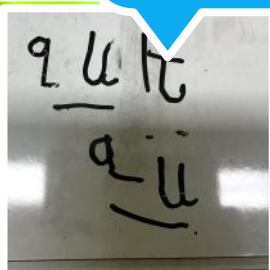
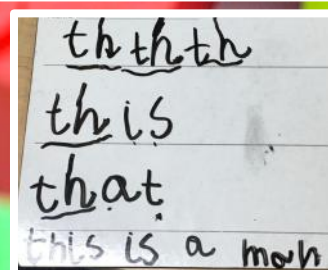
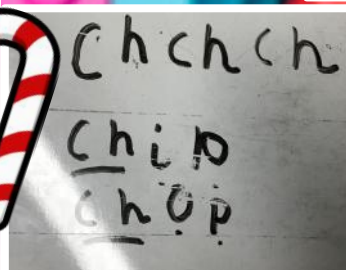
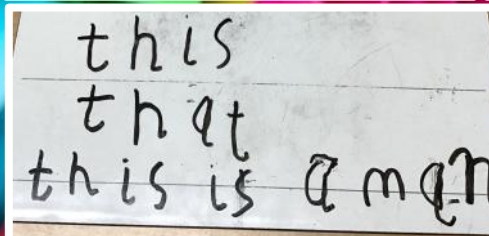


# Acorns

The children have had a busy couple of weeks; practising for their Christmas Song Performance, making decorations for the Christmas tree, making stained glass windows during art and watching a wonderful Pantomime. They have also enjoyed time with their friends playing games to support social skills.



Acorns Class have been working really hard on their phonics. This week we have been learning about 'Special friends' (two letters that make one sound).



# Oak



This term, Oak class has been learning about Guy Fawkes and the Gunpowder Plot. The children have found the topic fascinating and have been impressive in remembering key dates and people. To bring history to life, they participated in an interactive workshop where they witnessed the events unfold and even got involved. They were excellent listeners and loved getting involved in the acting!





# Forest School School Oak Class

During the past two weeks at Forest School, Year 1 have been using tools. They made flags using the Hapa-Zome printing technique. This was done by placing a leaf under a piece of calico and then hitting it with a hammer. Some of the class thought it was magic and of course it was. Last week, the class were extremely sensible when they used the Bow Saw to make a wood cookie from a branch that fell down during the last storm. At Forest School we like to reuse and recycle materials to support our Sustainability Projects. Today (13.12.24) is Year 1's last session in the Forest. Pictures from today can be found in the next newsletter which will be in the new year. Happy Christmas from Mrs T Clark.



# Palm



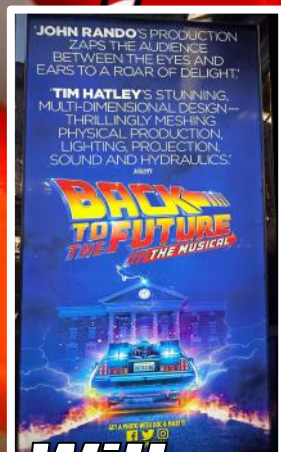
Christmas activities are in full swing in Palm class! As well as continuing with normal lessons, the children have also taken part in a Christmas workshop (provided by FIRPS) and have made decorations for the Christmas tree in the KS1 hall. They've also been working hard on writing a newspaper report about Plop the Owl in English lessons and learning about shapes and symmetry in maths.

# Sycamore



The children have been very busy over the last couple of weeks and tremendously excited about performing their Christmas production. Didn't they do well! In maths we continue to focus on multiplication and division, the children are gaining confidence with the 3, 4 and 8 times tables. In English we are writing a biography about Jacques Cousteau. In history we have just researched the Iron Age and will be going on to learn about Stonehenge. The children enjoyed looking at and exploring Stone Age artefacts borrowed from Maidstone Museum. The focus in our most recent science investigation has been on how magnets attract and repel. The children loved our DT topic - seasonal vegetables and thoroughly enjoyed the final lesson making, cooking and evaluating a vegetable tart. The children enjoyed their mini disco Superclass last week and had a fabulous time watching the school Panto this week.

# Cherry



It's been a busy time in Cherry! In English we have been working on a short narrative based on the ending of Back to the Future, focusing on paragraphing to separate the movement back and forth between scenes. In Maths we have now completed our unit on multiplication and division, and will now focus on the four operations we have looked at this year. In Science we have completed our work on electricity, ending with working LEDs and ensuring that circuits are complete, which has also included ensuring that our switch works. In RE we have looked at the significance of Canterbury Cathedral, which links with the work we have been doing in History on the Anglo-Saxons, which we will complete by looking at the end of Saxon rule in England with the Battle of Hastings and its outcome. The children have continued to work hard on their structures in DT, which are really starting to take shape. And of course we've had the Christmas carol concert and a trip to the theatre! Phew!



# Willow



Year 5 have had a busy couple of weeks in school, carrying out lots of exciting learning and taking part in Christmas activities. The children had a fantastic time visiting Mrs Claus' kitchen to create their own Christmas plates. They also enjoyed watching 'Jack and the beanstalk' Panto. Thank you FIRPS for arranging these.

# Willow



We also had our Christmas service at the church on Wednesday and all the children did an amazing job reading their lines and singing, despite our technical difficulties.



This week we were set the challenge by Mr Payne to create some artwork for his room, that we believed represented the school. The children came up with some super pieces of artwork.



In maths we have continued our focus on fractions and have worked incredibly hard when tackling some challenging questions. In English we have come to the end of our learning sequence, writing a biography on Henry VIII and are going to finish the term creating a set of instructions based on the Grinch on how to steal Christmas. As our history topic 'Tudors' comes to an end, the children had the opportunity to explore some artefacts in the loan box from Maidstone Museum.

# Aspen



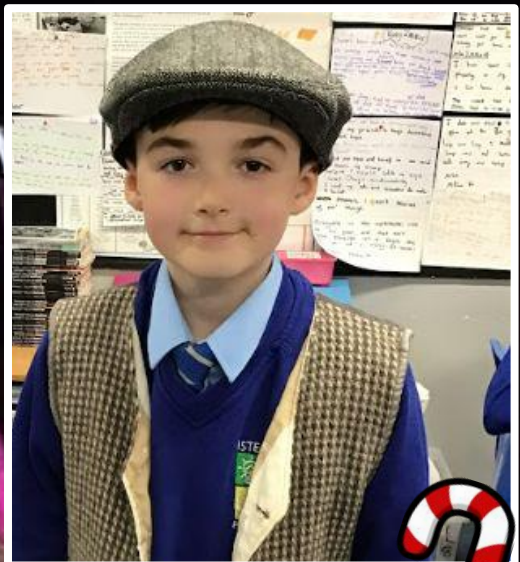
Year 6 had fun looking through our Victorian loan box from Maidstone Museum!



Year 6 had a great time in Science recently. They carried out an investigation to test whether different items would dissolve in water.



**Aspen**





Well done to all the children who have attended STEM club these past two terms. They have engineered many projects. Recently the club has made light up boxes, decorated gingerbread men and made a Christmas tree using knots and lashings. I am incredibly proud of all the projects they have completed. I hope you all have a Happy Christmas  
Mrs T Clark.



# STEM - Craft



# Core Values Congratulations To All Our Winners



## Week Ending 06.12

### Acorns Class

Albert for Perseverance, Billy & Jessica for Independence

### Oak Class

Eden for Perseverance, James for Self Reflection & Cara for Respect

### Palm Class

Adriana for Independence, Charlie for Self Reflection & Neda for Perseverance

### Sycamore Class

Annabelle for Self Reflection, Leo H for Respect & Aria for Independence

### Cherry Class

Evelyn, Darcey & Amaia for Self Reflection

### Willow Class

Shae for Independence, Kai & Ted for Self Reflection

### Aspen Class

Carter, Brody & Theo for Perseverance

## Week Ending 13.12

### Acorns Class

Clark for Perseverance, Chantelle & Tyrell for Respect

### Oak Class

Nellie & Rosie for Respect, Joshua for Perseverance

### Palm Class

Ellie, Olivia & Elena for Independence

### Sycamore Class

Ashiya for Perseverance, Khenyang for Independence & Raelie for Respect

### Cherry Class

Lyla & Henry for Respect, Harry for Independence

### Willow Class

Louie for Independence, Rajan for Respect & Cooper for Perseverance

### Aspen Class

Tess & Charlotte for Perseverance, Freddie for Independence



# MARVELLOUS Bronze Peg Up Points

W/E 06.12

Teddy, Harry & Dolly of Cherry

W/E 13.12

Rajah, Felix & Chase of Sycamore,  
Rosie of Cherry

# Silver Peg Up Points

W/E 13.12

Bobby, Leo H & Aria of Sycamore



W/E 06.12

Most Valuable Player  
1st Rajan of Willow  
2nd Samuel Yanis of Willow  
3rd Charlie S of Cherry

W/E 06.12

Winning Class  
1st Willow  
2nd Cherry  
3rd Sycamore

W/E 13.12

Most Valuable Player  
1st Charlie S of Cherry  
2nd Khenyang of Sycamore  
3rd Tyler G of Sycamore

W/E 13.12

Winning Class  
1st Cherry  
2nd Sycamore  
3rd Aspen



Mathletics

# Gold Mathletics

Mathletics

W/E 06.12

Leo H, Ronnie, Felix, Devan, Leo D,  
Khenyang & Tyler of Sycamore, Esme,  
Samuel L, Otis, Samuel-Yanis, Edward,  
Arabella, Nihaal & Matilda of Willow, Charlie,  
Harry, Henry, Jack L, Darcey & Nevaeh of  
Cherry, Ellie, Seren, Neda &

Oscar of Palm

W/E 13.12

Otis, Samuel-Yanis, Edward, Arabella,  
Nihaal, Matilda, Delphine & Louie of  
Willow, Sophie, Annabelle, Bobby, Leo  
H, Felix, Devan, Leo D, Khenyang &  
Tyler of Sycamore, Henry, Jack L, Harry,  
Nevaeh, George & Darcey of Cherry,  
Ellie, Seren, Oscar & Neda of Palm

# Platinum Mathletics

W/E 06.12

Nathan of Palm

W/E 13.12

Nathan of Palm

**FREE CHRISTMAS HOLIDAY FUN CAMPS**

**About**

This is our Winter HAF Programme, if you are in receipt of Free School Meals please use your voucher code to book on the EVOUCHER System - for all other enquiries please use the email below

Join us for action-packed days of sport, dance, creative arts and crafts, fun games, inflatable days and of course a party. There will also be some surprises along the way.

**BOOKING INFO**

Email: [programmamanager@sports4change.co.uk](mailto:programmamanager@sports4change.co.uk)

**Event Highlights**

**Hot Food and Snacks daily**  
Every Child will also be offered breakfast as well as a hot lunch each day!

**Lots of Fun Activities**  
Learn new skills, make and take home arts and crafts, meet new friends

**Christmas Party**  
Enjoy a fun party with music games and surprises.

**Venues in Dartford, Gravesend and Isle of Sheppey**

**Please see Reverse for Dates, & Times**

# CHRISTMAS COMMUNITY DAY AT THE KUFLINK STADIUM

**EBBSFLEET UNITED WOMEN VS DARTFORD WOMEN**

**SUNDAY 15TH DECEMBER**

**DOORS OPEN 12:30PM**

**KICK OFF: 2:00PM**

**PAY ON THE GATE REFRESHMENTS & TICKETS FOR £1 FOOD AVAILABLE**

# Santa's Grotto

Bring your little ones to our magical Santa's Grotto this festive season!

**Saturday 21 and Sunday 22 December**

VARIOUS TIME SLOTS AVAILABLE

**BOOK NOW!**

[ellenor.org/grotto](http://ellenor.org/grotto)

Price: £10 per child to include a gift from Santa!  
Goldharbour Road - Northfleet - Gravesend - Kent - DA11 7HQ

PROUDLY SPONSORED BY **sicame**

## Our Winter Venues

**Venue 1**

Wombwell Park, Mitchell Road, Northfleet, DA11 8AU

22nd, 23rd, December & 2nd, 3rd January  
10am to 2pm

**Venue 2**

Kent Utd FC, EFES Stadium, 154 Lowfield Street, Dartford, DA1 1JB

23rd, 24th, 30th & 31st December  
10am to 2pm (9am-1pm on 31st)

**Venue 3**

Sheerness East Social Club, 47 Queenborough Rd, Minster on Sea, ME12 3BZ

24th, December & 2nd, 3rd January  
10am to 2pm (9am-1pm on 24th)

## Admission to Primary school in Kent 2025

Apply online at [kent.gov.uk/primaryadmissions](http://kent.gov.uk/primaryadmissions)

Opens Tuesday 5 November 2024 and closes at midnight on Wednesday 15 January 2025

For children born between 1 September 2020 and 31 August 2021. Transferring to Primary school in September 2025

**What to do**

Choose a school	Apply for a school place	Receiving your offer
It's important to find out more about the schools you are interested in before you decide to name them on the application form. Read the guide to Primary admissions at <a href="http://www.kent.gov.uk/">www.kent.gov.uk/</a> You can name up to three Primary schools, inside or outside of Kent, but you must name them all on the same application. Moving house during the application window will likely complicate your application and we therefore advise you to pay special attention to key dates in the admissions process. HCC has no discretionary authority to vary the process for parents who cannot complete address moves in time to make use of them for admissions purposes. If you have queries relating to this, please email the team on one of the email addresses below.	A simple, fast, convenient process which opens Tuesday 5 November 2024 and closes at midnight on Wednesday 15 January 2025. You will first need to set up an online account. The applicant is you, the parent/carer; you will then need to add your child's details before starting an application. You will receive a confirmation email that your application has been correctly submitted. You can log back in at any time to view the information submitted.	On offer day (Wednesday 16 April 2025) an email will be sent after 4pm informing you of your offer. You must accept or decline the school place you have been offered by Wednesday 30 April 2025. A link to a guide with information you will need to provide the school with will be in your offer email. If it has not been possible to offer your child a place in your preferred school you have the right to appeal. You can also add their name to the school's waiting list.

**Key dates**

<b>Tuesday 5 November 2024</b>	Online application process opens. Go to <a href="http://www.kent.gov.uk/primaryadmissions">www.kent.gov.uk/primaryadmissions</a> to register and apply.
<b>Wednesday 15 January 2025</b>	Online application process closes for the main round. Any amendments after this date must be emailed to <a href="mailto:headteachersadmissions@kent.gov.uk">headteachersadmissions@kent.gov.uk</a>
<b>Wednesday 16 April 2025</b>	Offers of school places sent to parents via email after 4pm.
<b>Wednesday 30 April 2025</b>	Parents should contact the school to accept/refuse the place that has been offered and can use the link in the offer email to ask for their child to be added to the waiting list of schools named on the online application.
<b>Tuesday 20 May 2025</b>	Appeals need to be lodged by this date to be heard before September - appeals information can be found at <a href="http://www.kent.gov.uk/schoolappeals">www.kent.gov.uk/schoolappeals</a> . You can only appeal for schools that were named on the application form.

**Need help?**

Email [primaryadmissions@kent.gov.uk](mailto:primaryadmissions@kent.gov.uk)  
Full information/updates can also be viewed online at [kent.gov.uk/primaryadmissions](http://kent.gov.uk/primaryadmissions)  
Only one application per pupil will be accepted. If you apply online, do not complete any other form of application. Keep your login details safe and use your registered email address for all communication with the team.  
The confirmation email may go to your junk/spam folder of your email - please check here before contacting our team for confirmation.  
Please note applications can only be made via Kent County Council if the child resides at a Kent address. If your child does not reside at a Kent address you must make an application via your Local Authority.

Kent County Council logo

# MEGA CAMPS

WE ACCEPT CHILD CARE VOUCHERS & OFFER FREE CHILD CARE!

CHILD CARE FROM 8am - 6pm

AGES 4-14

## CHRISTMAS CAMP 2024

CHECK OUR WEBSITE FOR DISCOUNTS AND OFFERS

**INFLATABLE FOOT DARTS**

**AXE THROWING**

**KIDS FAVOURITE**

**NERF GAMES**

**INFLATABLE FUN**

DIFFERENT MEGA ACTIVITIES, ARTS & CRAFTS AND SPORTS AVAILABLE EACH DAY

CHECK OUR WEBSITE FOR CHRISTMAS DATES & VENUES

**BOOK ONLINE NOW!**

[WWW.MEGACAMPS.NET](http://WWW.MEGACAMPS.NET)

OR CALL 0333 012 4378

ALL OUR STAFF ARE REGISTERED

Ofsted logo

DBS logo

# WEEKLY MENU

LOOK OUT FOR  
OUR THEMED DAYS!

**WEEK ONE**

- 4TH NOVEMBER
- 2ND DECEMBER
- 6TH JANUARY
- 3RD FEBRUARY
- 10TH MARCH

**WEEK TWO**

- 11TH NOVEMBER
- 9TH DECEMBER
- 13TH JANUARY
- 10TH FEBRUARY
- 17TH MARCH

**WEEK THREE**

- 18TH NOVEMBER
- 16TH DECEMBER
- 20TH JANUARY
- 24TH FEBRUARY
- 24TH MARCH

**WEEK FOUR**

- 25TH NOVEMBER
- 6TH JANUARY
- 27TH JANUARY
- 3RD MARCH
- 31ST MARCH

**MONDAY**

Cheese & Bean Lasagne 1,3,4,7,9 V  
Sweet Potato & Chick Pea Curry VG  
Jackets with a Choice of Toppings 7,8,9  
Rice, Sweetcorn, Peppers  
Rice Pudding & Syrup 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

**TUESDAY**

Beef Stew & Dumpling 1  
Pesto Pasta Bake 1,7 V  
Jackets with a Choice of Toppings 7,8,9  
Herby Bread 1,3,7,9, Green Beans, Carrots  
Apple Crumble 1 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

**WEDNESDAY**

Roast Turkey & Gravy  
Falafel Burger 1,5 VG  
Jackets with a Choice of Toppings 7,8,9  
Rustic Roast Potatoes or Jollof Rice  
Cauliflower, Broccoli  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**THURSDAY**

Chicken Arrabiatta Pasta 1  
Biryani Balls in a Curry Sauce 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Seasonal Vegetables  
Chocolate & Vanilla Cake 1,7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**FRIDAY**

Fish Fingers 1,8  
Cheese & Tomato Puff 1,7 V  
Jackets with a Choice of Toppings 7,8,9  
Chips, Peas, Baked Beans, Coleslaw 9  
Ginger Biscuit 1,15 VG  
Yoghurt 3,7  
Fruit Pots VG

Chicken & Sweetcorn Pie 1  
Herby Tomato Pasta Twists 1 VG  
Jackets with a Choice of Toppings 7,8,9  
New Potatoes, Carrots, Peas  
Ice Cream 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

Mild Chilli 4  
Pesto & Pea Penne 1,7 V  
Jackets with a Choice of Toppings 7,8,9  
Rice, Seasonal Vegetables  
Toffee Apple Pudding 1 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

Roast Chicken & Gravy  
Vegan Sausage Roll 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Rustic Roast Potatoes or Jollof Rice  
Cabbage, Sweetcorn  
Chocolate Crispy Cake 1,3,7,16  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Macaroni Cheese 1,7 V  
Rice & Bean Burrito 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Baked Wedges, Green Beans, Cauliflower  
Fruit Loaf 1,3,7,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Salmon Fish Cake 1,7,8  
Margherita Pizza 1,3,7,9 V  
Jackets with a Choice of Toppings 7,8,9  
Chips, Peas, Baked Beans, Carrot Sticks  
Jaffa Biscuit 1 VG  
Yoghurt 3,7  
Fruit Pots VG

**MONDAY**

Katsu Chicken Nugget 1  
Cheesy Pasta Bake 1,7 V  
Jackets with a Choice of Toppings 7,8,9  
Rice, Sweetcorn, Peppers  
Chocolate Whip 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

**TUESDAY**

Cheese & Onion Pinwheel 1,7 V  
Spaghetti Vegetable Bolognese 1 VG  
Jackets with a Choice of Toppings 7,8,9  
New Potatoes, Green Beans, Carrots  
Syrup Sponge 1 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

**WEDNESDAY**

Savoury Mince & Yorkshire Puddings 1,7,9  
Samosa Puff 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Rustic Roast Potatoes, Cabbage, Peas  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**THURSDAY**

Bolognaise Penne Pasta 1  
Cheesy Cajun Wedges 4,7 V  
Jackets with a Choice of Toppings 7,8,9  
Cauliflower, Broccoli  
Jam & Vanilla Cake 1 VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**FRIDAY**

Fish Fingers 1,8  
Bruschetta 1,7 V  
Jackets with a Choice of Toppings 7,8,9  
Chips, Peas, Baked Beans, Coleslaw 9  
Coconut Cookie 1,7  
Yoghurt 3,7  
Fruit Pots VG

Chicken Curry  
Tomato Spaghetti 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Rice, Seasonal Vegetables  
Banana Loaf 1 VG & Chocolate Custard 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

**MONDAY**

Roast Chicken & Gravy  
Chinese Tofu wrap 1,3,16 VG  
Jackets with a Choice of Toppings 7,8,9  
Rustic Roast Potatoes or Jollof Rice  
Green Beans, Carrots  
Ice Cream 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**TUESDAY**

Roast Chicken & Gravy  
Yorkshire Puddings 1,7,9  
Samosa Puff 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Rustic Roast Potatoes, Cabbage, Peas  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**WEDNESDAY**

Sweet Chilli Chicken Noodles 1,3,16  
Potato & Vegetable Cake  
with Tomato Sauce VG  
Jackets with a Choice of Toppings 7,8,9  
Garlic Bread 1,3,7,9, Seasonal Vegetables  
Cinnamon Roll 1,3,7,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**THURSDAY**

Bolognaise Penne Pasta 1  
Cheesy Cajun Wedges 4,7 V  
Jackets with a Choice of Toppings 7,8,9  
Cauliflower, Broccoli  
Jam & Vanilla Cake 1 VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**FRIDAY**

Fish Fingers 1,8  
Bruschetta 1,7 V  
Jackets with a Choice of Toppings 7,8,9  
Chips, Peas, Baked Beans, Coleslaw 9  
Coconut Cookie 1,7  
Yoghurt 3,7  
Fruit Pots VG

Chicken Curry  
Tomato Spaghetti 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Rice, Seasonal Vegetables  
Banana Loaf 1 VG & Chocolate Custard 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

**MONDAY**

Roast Chicken & Gravy  
Chinese Tofu wrap 1,3,16 VG  
Jackets with a Choice of Toppings 7,8,9  
Rustic Roast Potatoes or Jollof Rice  
Green Beans, Carrots  
Ice Cream 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**TUESDAY**

Roast Chicken & Gravy  
Yorkshire Puddings 1,7,9  
Samosa Puff 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Rustic Roast Potatoes, Cabbage, Peas  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**WEDNESDAY**

Sweet Chilli Chicken Noodles 1,3,16  
Potato & Vegetable Cake  
with Tomato Sauce VG  
Jackets with a Choice of Toppings 7,8,9  
Garlic Bread 1,3,7,9, Seasonal Vegetables  
Cinnamon Roll 1,3,7,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**THURSDAY**

Bolognaise Penne Pasta 1  
Cheesy Cajun Wedges 4,7 V  
Jackets with a Choice of Toppings 7,8,9  
Cauliflower, Broccoli  
Jam & Vanilla Cake 1 VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**FRIDAY**

Fish Fingers 1,8  
Bruschetta 1,7 V  
Jackets with a Choice of Toppings 7,8,9  
Chips, Peas, Baked Beans, Coleslaw 9  
Coconut Cookie 1,7  
Yoghurt 3,7  
Fruit Pots VG

Chicken Curry  
Tomato Spaghetti 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Rice, Seasonal Vegetables  
Banana Loaf 1 VG & Chocolate Custard 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

**MONDAY**

Roast Chicken & Gravy  
Chinese Tofu wrap 1,3,16 VG  
Jackets with a Choice of Toppings 7,8,9  
Rustic Roast Potatoes or Jollof Rice  
Green Beans, Carrots  
Ice Cream 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**TUESDAY**

Roast Chicken & Gravy  
Yorkshire Puddings 1,7,9  
Samosa Puff 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Rustic Roast Potatoes, Cabbage, Peas  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**WEDNESDAY**

Sweet Chilli Chicken Noodles 1,3,16  
Potato & Vegetable Cake  
with Tomato Sauce VG  
Jackets with a Choice of Toppings 7,8,9  
Garlic Bread 1,3,7,9, Seasonal Vegetables  
Cinnamon Roll 1,3,7,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**THURSDAY**

Bolognaise Penne Pasta 1  
Cheesy Cajun Wedges 4,7 V  
Jackets with a Choice of Toppings 7,8,9  
Cauliflower, Broccoli  
Jam & Vanilla Cake 1 VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

**FRIDAY**

Fish Fingers 1,8  
Bruschetta 1,7 V  
Jackets with a Choice of Toppings 7,8,9  
Chips, Peas, Baked Beans, Coleslaw 9  
Coconut Cookie 1,7  
Yoghurt 3,7  
Fruit Pots VG

Chicken Curry  
Tomato Spaghetti 1 VG  
Jackets with a Choice of Toppings 7,8,9  
Rice, Seasonal Vegetables  
Banana Loaf 1 VG & Chocolate Custard 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

**AVAILABLE DAILY:** Selection of 1-9, Homemade Bread 1,3,7,9. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

VG Vegan V Vegetarian  
1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk  
8 Fish 9 Egg 10 Peanuts 11 Nuts 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Out Gluten 16 Barley Gluten



**EAT YOUR VEGGIE!**