



Istead Rise Primary Celebration Newsletter

Friday 20th June 2025



Headteacher Mr S Payne

Acting Head of School: Mrs M Clark

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Website: www.isteadrise.org.uk

Twitter: [@IsteadRisePS](https://twitter.com/IsteadRisePS)

Facebook: [Facebook](https://www.facebook.com/IsteadRisePS)



Monday 30th June
School Music Day

Monday 7th July
Ellenor Fun Run

Friday 11th July
YR Kent Life
Y6 Zorbing Experience

Friday 18th July
End of Term

Monday 1st & Tuesday 2nd
September
INSET Days - School Close

Wednesday 3rd September
Term 1 Begins

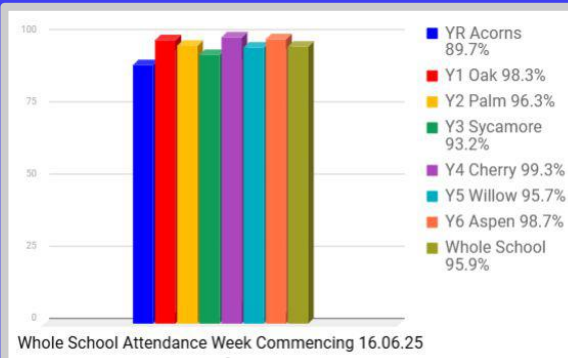
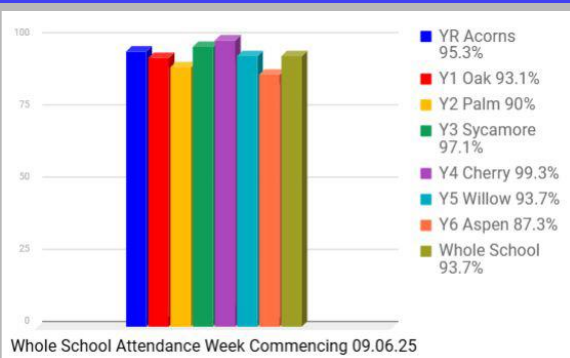
Friday 17th October
End of Term 1

Monday 27th October
Term 2 Begins

Friday 19th December
End of Term 2

Monday 5th January 2026
INSET Day School Closed

Kent Test
For Further Details
Please Use
[This Link](#)



Online Safety Newsletter June 2025

Virtual Reality (VR)
It is important to develop an understanding of how you can protect your child's privacy across the virtual world. This includes creating a digital footprint and it is vital that the content you see is safe.

Online Privacy
It is important to develop an understanding of how you can protect your child's privacy across the virtual world. This includes creating a digital footprint and it is vital that the content you see is safe.

Children's Name Changes
There are many reasons why a child's name might change. It is important to ensure that the child's name is updated in all relevant places, including school records, to avoid any confusion.



W/C 09.06.25
KS1 - Acorns
KS2 - Cherry

Attendance
Class Awards

W/C 16.06.25
KS1 - Oak
KS2 - Cherry





Congratulations to Ronnie, Leo H, Leo D & Tyler of Sycamore, Sujaan, George, Jack L & Alf of Cherry for their recent end of season football awards for Istead United Colts & Meopham Colts. A big well done from all of us at Istead Rise Primary.

[Online Safety Newsletter June 2025](#)



Sports Day 2025



It has been another successful Sports Day. All the children worked hard at their events and races, not just on the day, but during PE lessons and some even practiced in their own time. Well done to everyone who took part. I would like to extend my thanks to the students of Meopham Secondary School for joining us this year. The children really enjoyed your help, support and encouragement throughout the day. The warm-up at the start of the events was another successful addition to the day. Thank you to Coach James for leading this. Thank you to everyone who came out to support the children, they really enjoy seeing their adult cheering them on and of course getting those extra points!





We are pleased to announce that St George's house has won the trophy in both Key Stage 1 and Key Stage 2 - Well done Red team.



Sports Day 2025



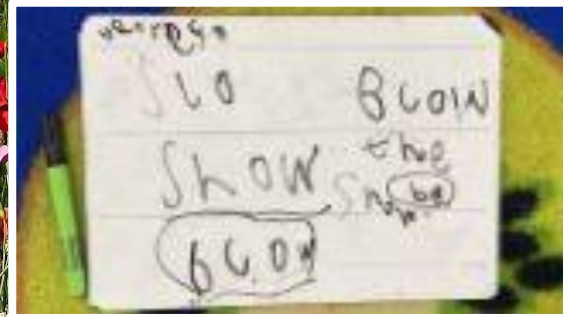
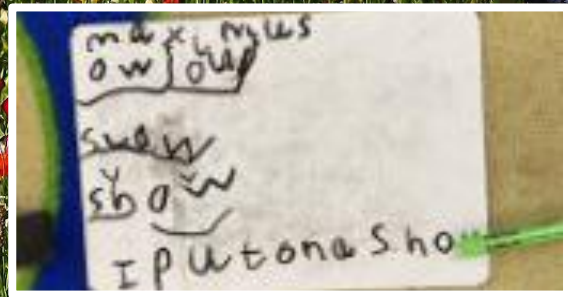
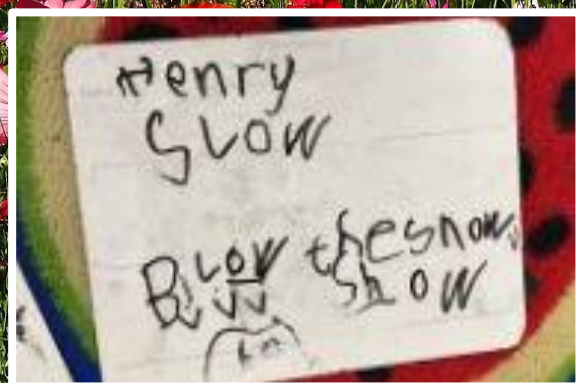
Acorns



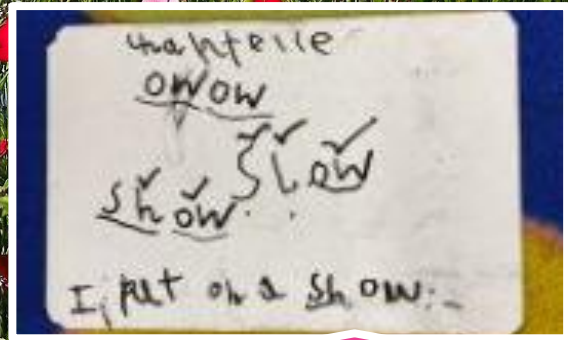
Here we have two children who have really enjoyed the home corner, dressing up as different people!



During art, the children made their own sea silhouettes by placing a sea creature on the paper and then sponge painting the sea around it. Once the sea was complete, they peeled off the sea creature to show the silhouette. They had lots of fun choosing what they wanted to do.



Maths: we have been learning to share different amounts



The children have been working really hard with their phonics this week, writing sentences that include the set 2 sounds.



Forest-School: Acorns



Reception had an adventurous time in the forest this week. We talked about what makes a forest and which animals, insects or minibeasts live in one. After going over the rules and completing a Forest Walk, the class hunted for a mask which they were able to name and then colour in. Other exciting adventures included making 'chocolate orange and mint' flavoured pies, climbing trees and searching for birds. Well done Reception, this was a fantastic start to your first session of Forest School Mrs T Clark.

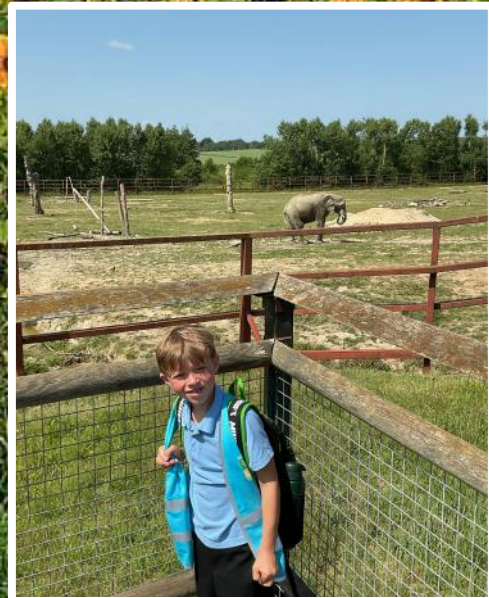


Forest-School: Acorns





Palm class really enjoyed their school trip to Howletts Wild Animal Park last week. They attended a workshop about animals and their habitats and really impressed everyone with their knowledge and understanding. Their behaviour was impeccable and they were really interested in finding out about all of the animals we saw.



Sycamore



Year 3 have had a busy couple of weeks. In maths we have just started a new unit on shape and have been learning about turns: quarter turn, half turn, three-quarter turn and full turn as well as three types of angle: right angle, acute angle and obtuse angle. In English we continue to write a recount of our trip to Warner Brother Studios, the children are making good progress with this. In geography we identified different layers of soil and discussed the three different types of volcano: extinct, dormant and active. We took a closer look at how geologists classify volcanoes and labeled pictures of the three major types: composite volcanoes, cinder cone volcanoes, and shield volcanoes.

TBAT recognise turns and angles in a practical context.

| | | |
|--|--|--------------------|
| | | Quarter turn |
| | | Half turn |
| | | Three-quarter turn |
| | | Full turn |

We worked with a partner to practise turns clockwise and anticlockwise.



Cherry



It has been busy as usual in Year 4! In English we have now completed our first writing sequence of Term 6, which has been a description of an ancient book. The children have worked really hard on their use of vocabulary during this sequence, with some great words used, such as 'tome' and 'timeworn'! In Maths we have been working on shape, looking so far at turns, comparing angles, as well as classifying triangles, quadrilaterals and polygons. In geography we have continued our unit on water by looking at how water is treated so that it is safe for us to drink. In Spanish we have started learning the vocabulary for weather and how to say what the weather is doing. In DT we are designing and making torches. We have also been doing our end of year assessments this week, and as usual all of the children have worked really hard to do their best.

Willow



In computing this term we have been learning about Stop Motion. The class has really enjoyed using the photo aspect of the chromebooks to create a short animation of the Blob. I am looking forward to their next animation where they will introduce characters and scenery.



In English we have started our second writing sequence of the term, which will be an information text about volcanoes. In Maths we have finished our learning on area and perimeter and begun our focus on statistics. In geography we have been learning about mountains, how mountains are classified, contour lines and mountain ranges across the world.

Willow



For our last set of PE sessions with Coach James this academic year we have been learning the skills needed to play golf and cricket. In golf we have learned how to putt and chip using the tik tok method. We had a great session where we got to create our own crazy golf courses to test our putting skills. So far in cricket this term we have learned how to bowl the ball, throw the ball with accuracy, and this week how to hold the bat in order to hit the ball.



Year 6 have been finishing off a piece of writing in English and I have been really impressed with the final pieces. Year 6 worked hard to use high level vocabulary and created some great sentences using figurative language. Our writing was based on an eerie forest with an abandoned mansion at the end. In art recently, we had a go at drawing a haunted mansion following a step by step guide. This was done really well and the final detail with a thin, black pen was really effective! We are so excited about our upcoming trip to PGL next week! Please get in contact if you have any final questions.



Aspen



At Forest School this term Year 6 will be working on some survival skills. This week, we looked at three knots and lashings: Clove Hitch, a Square Lashing and a Reef knot. Aspen used these knots to make a stickman and will go on to use them when making shelters in a few weeks time. Some of the class used the fire striker to light a piece of cotton wool. The children were very sensible and persevered to create that spark. They were all very proud of themselves once the cotton wool was alight. I was very proud of them too.
Well done Year 6, Mrs T Clark.





Gold Peg Up Points

W/E 13.06

Zachary, Theo B &
Florence of Sycamore

Platinum Peg Up Points

W/E 13.06

Khenyang & Freya of Sycamore

W/E 20.06

Valerie & Annalise of Palm,
Khenyang of Sycamore

Diamond Peg Up Points

W/E 20.06

Seren of Palm, Leo H of Sycamore



W/E 13.06

Most Valuable Player
1st Theo B of Sycamore
2nd Tyler G of Sycamore
3rd Khenyang of Sycamore

W/E 13.06

Winning Class
1st Sycamore
2nd Cherry
3rd Aspen

W/E 20.06

Most Valuable Player
1st Tyler G of Sycamore
2nd Rajah of Sycamore
3rd Theo B of Sycamore

W/E 20.06

Winning Class
1st Sycamore
2nd Cherry
3rd Aspen



Core Values Congratulations To All Our Winners

Week Ending 13.06

Acorns Class

George B & William for Respect, Isabelle for Independence
Oak Class

Jaxon & Belle for Perseverance, Willow E for Self Reflection
Palm Class

Charlie, Eliza & Neda for Respect
Sycamore Class

Felix & Annabelle for Independence, Khenyang for Self Reflection
Cherry Class

Charlotte, Samuel & Cruz Self Reflection
Willow Class

Esme & Ted for Self Reflection, Oliver M for Independence
Aspen Class

Tommy for Independence, Lyra for Respect
& Carter for Self Reflection

Week Ending 20.06

Acorns Class

Henry for Self Reflection, Frankie for Respect
& Harry for Perseverance
Oak Class

Vinnie, Khenrab & Ava for Self Reflection
Palm Class

Belle for Respect, Elena of Self Reflection
& Jaxon for Perseverance
Sycamore Class

Zach for Independence, Freya fo Self Reflection
& Aria for Perseverance
Cherry Class

Stanley for Perseverance, Bobby & George for Self Reflection
Willow Class

Leah Marie for Respect, Edward for Perseverance
& Emilia for Independence
Aspen Class

Molly for Independence, Poppy & Mila for Respect



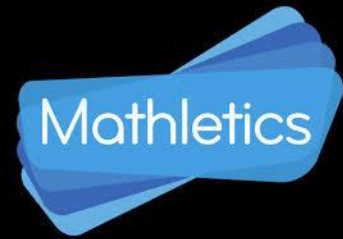
Gold Mathletics

W/E 13.06

Elena, Archie & Ava of Palm, Adrik of Acorns

W/E 20.06

Ava of Palm, Emilia of Sycamore & Adrik of Acorns



Platinum Mathletics

W/E 13.06

Freya, Zachary & Henry of Sycamore, Eliza, Ellie & Frank of Palm

W/E 20.06

Frank & Ellie of Palm, Aria of Sycamore & Tris of Acorns

Emerald Mathletics

W/E 13.06

Charlie of Cherry, Lennon of Palm, Freya of Sycamore & Harry of Acorns

W/E 20.06

Bobby, Theo H & Devan of Sycamore, Rei & Lennon of Palm, Saskia of Cherry

Diamond Mathletics

W/E 13.06

George & Nevaeh of Cherry, Ronnie, Sophie & Leo D of Sycamore, Rei, Jaxon & Olivia of Palm, Samuel Yanis of Willow

W/E 20.06

Louie of Willow, Nevaeh & George of Cherry, Rei of Palm, Annabelle & Sophie of Sycamore

Epic Mathletics

W/E 13.06

Henry of Cherry, Leo H & Felix of Sycamore, Oscar of Palm, Nihaal & Matilda of Willow, Kayla & Clark of Acorns

W/E 20.06

Matilda & Samuel Yanis of Willow, Ronnie, Felix & Leo H of Sycamore, Henry of Cherry, Jaxon & Oscar of Palm, Kayla & Clark of Acorns

Legend Mathletics

W/E 13.06

Khenyang & Tyler of Sycamore, Neda of Palm & Otis of Willow

W/E 20.06

Nihaal & Otis, Tyler & Khenyang of Sycamore

Majestic Legend Mathletics

W/E 20.06

Nathan of Palm

Legend Leader Mathletics

W/E 13.06

Nathan of Palm



Help Your Child Discover the Joy of Reading This Summer!

This summer, give your child the chance to fall in love with reading! The **Summer Reading Challenge**, created by The Reading Agency and delivered in partnership with public libraries, is a FREE, fun-packed way to keep kids reading and learning all summer long.

This year's theme is **Story Garden**, where imagination blossoms and stories grow! Children will explore creativity, storytelling, and the magic of books through exciting activities and adventures.

Why Join?

- It's **FREE!** Available at local libraries and online
- Inspires a **lifelong love of reading**
- Boosts **confidence, creativity, and imagination**
- Earn **rewards, certificates, and prizes**
- Fun for the whole **family**. Visit your **local library** together
- **95%** of children said they **read more** after joining!
- Children **choose their own books** to read over the summer, **collect rewards** for each milestone they reach, and **receive a certificate or medal** when they complete the challenge.

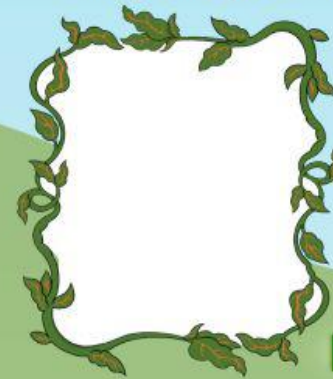


Visit your local library or go online at
summerreadingchallenge.org.uk
 to get started from 5 July 2025.

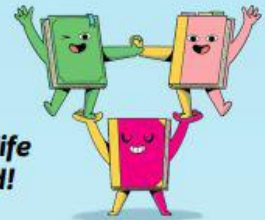
Help your child start their reading adventure today!



Join the **Summer Reading Challenge** in libraries or online. It's FREE and you'll earn rewards for reading over the holidays!



Draw your
creature, from life
or from legend!



NATURE SPOTTING

The outdoors is full of all sorts of creatures! Go outside and see what you can find out of the animals, bugs, and plants listed below:

Pigeon

Worm

Dandelion

Rabbit

Butterfly

Rose

Duck

Bee

Oak Tree/Acorn

Crow

Ladybird

Daisy

Fox

Woodlouse

Nettle

Head to the library to start your Challenge! My local library is

summerreadingchallenge.org.uk



GRAVESEND SPARTANS

JUNIOR HOOPS TASTER SESSIONS

FREE SESSIONS DELIVERED BY OUR COACHES AND ACADEMY STAFF

SATURDAY 21 JUNE

SATURDAY 28 JUNE

SATURDAY 05 JULY

SCHOOL Y3/Y4 → 8:00-9:00

SCHOOL Y5/Y6 → 9:00-10:00

EXPRESSION OF INTEREST



ellenor⁺
respite care in your home or ours

40

SUMMER FAIR

28 June
12noon - 4pm
ellenor
Coldharbour Road
Northfleet
Gravesend
DA11 7HQ

Stalls
Refreshments and cakes
Disabled parking on site

FIND OUT MORE
SCAN ME!

ellenor.org
facebook.com/ellenoruk
twitter.com/ellenoruk
linkedin.com/company/ellenoruk

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CYCLOPARK CHARITY

ellenor⁺
respite care in your home or ours

CYCLOPARK CHARITY

Sunday 13 July

Cyclopark Charity AND ellenor

RIDE TOGETHER

SPONSORED BIKE RIDE

Open ride | Family ride | Little legs ride

Join us at the multi-activity venue located in 49 acres of parkland in Gravesend!

Cyclopark, Gravesend
The Tolgate Welling
Street, Gravesend
DA11 7NP

SPONSORED BY
PORT OF LONDON AUTHORITY

FIND OUT MORE
SCAN ME!
TO SIGN UP NOW

ellenor Registered Charity No: 1122561 | Cyclopark Registered Charity Number: 1144935

Guitar Tuition

Available in school on a 1-1 basis

Contact Chris - 07940 046124 or
Downschr6@aol.com

ellenor⁺
respite care in your home or ours

40

SUMMER FAIR

16 August
12noon - 4pm
Masonic Lodge
71 West Hill
Dartford DA1 2HJ

Indoor Stalls
Refreshments and cakes
Free parking on site

FIND OUT MORE
SCAN ME!

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twitter.com/ellenoruk
linkedin.com/company/ellenoruk

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CYCLOPARK CHARITY

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CYCLOPARK CHARITY

Cyclopark Charity AND ellenor

RIDE TOGETHER

SPONSORED FAMILY BIKE RIDE

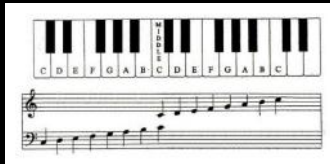
Open ride | Family ride | Little legs ride
Sunday 13 July
Cyclopark, Gravesend

SPONSORED BY
PORT OF LONDON AUTHORITY

FIND OUT MORE
SCAN ME!
TO SIGN UP NOW

ellenor Registered Charity No: 1122561 | Cyclopark Registered Charity Number: 1144935

Piano lessons
 30 minute fun one to one lessons
 Open to all KS2 students
 £12 per lesson
 Book now for a September start
 Contact Jenn
 07706831692
 jennpianolessons@gmail.com



LCR SPORTS
FOOTBALL DEVELOPMENT SESSIONS
 Learn New Skills - Challenge Yourself - Raise Your Game

| GRAVESEND MONDAY | BEXLEY PARK WEDNESDAY |
|--|--|
| UNDER 6s - UNDER 8s ⌚ 5:00PM - 5:50PM | UNDER 6s - UNDER 8s ⌚ 5:00PM - 5:50PM |
| UNDER 9s - UNDER 11s ⌚ 5:50PM - 6:40PM | UNDER 9s - UNDER 11s ⌚ 5:50PM - 6:40PM |
| UNDER 12s - UNDER 14s ⌚ 6:40PM - 7:30PM | UNDER 12s - UNDER 14s ⌚ 6:40PM - 7:30PM |

SAIN'T GEORGE'S SECONDARY SCHOOL, MEADOW RD, NORTHFLEET GRAVESEND DA11 7LS
 BEXLEY PARK SPORTS & SOCIAL CLUB, CALVERT DRIVE, DARTFORD DA2 7QA

TODDLER FOOTBALL

| GRAVESEND | CRAYFORD | GRAVESEND |
|---|---|--|
| 2 - 3 Years ⌚ 12:30pm - 1:10pm 3 - 4 Years ⌚ 1:10pm - 1:50pm Shears Green Community Centre DA11 7HP | 2 - 3 Years ⌚ 12:40am - 1:20pm 3 - 4 Years ⌚ 1:20pm - 2:00pm Crayford Library DA1 4FN | 2 - 3 Years ⌚ 9:00am - 9:40am ⌚ 10:20am - 11:00am 3 - 4 Years ⌚ 9:40am - 10:20am Holy Trinity Primary School DA12 1LU |

FREE TRIAL!

OUR AIM IS TO MAKE FOOTBALL FUN AND EXCITING FOR CHILDREN WHILST ENHANCING THEIR SKILLS AND ABILITY.

WE ALSO OFFER:

- Football Camps
- 1 - 2 - 1 Coaching
- Birthday Parties
- Toddler Football

SCAN ME **BOOK ONLINE** **0739 358 3874**
[WWW.LCRSPORTS.CO.UK](http://www.lcrsports.co.uk) [CHARLIE@LCRSPORTS.CO.UK](mailto:charlie@lcrsports.co.uk)

LCR SPORTS
SUMMER FOOTBALL CAMP
 Holy Trinity Church of England Primary School, Trinity Road, Gravesend, DA12 1LU

EARLY BIRD OFFER £85
 OFFER ENDS 7th JULY

| | |
|--------|--|
| WEEK 1 | 28 th - 31 st July |
| WEEK 2 | 4 th - 7 th Aug |
| WEEK 3 | 11 th - 14 th Aug |
| WEEK 4 | 18 th - 21 st Aug |

4-DAY CAMP
 10AM - 3PM

£95 FULL WEEK
£128
 or £32 PER DAY

- Football development, tournaments and more
- Children aged between 5-12 years
- Trophies/rewards & prizes to be won
- FA qualified coaches & DBS checked
- Please bring a packed lunch, football boots & shin pads
- Parents are welcome to watch the presentation at 2:30pm on Thursdays.

MEGA DEAL
 RELEASING WEEKS
 £280 NOW
£299
 SAVE £81
 MEGA DEAL ENDS 27th JULY 2023

Learn New Skills - Challenge Yourself - Raise Your Game
 OUR AIM IS TO MAKE FOOTBALL FUN AND EXCITING FOR CHILDREN WHILST ENHANCING THEIR SKILLS AND ABILITY.

SCAN ME **MEGA DEAL**

BOOK ONLINE **0739 358 3874**
www.lcrsports.co.uk charlie@lcrsports.co.uk

RSPCA

Leybourne
Family FUN DAY & Dog Show

SATURDAY 28th JUNE
 11AM TO 4PM

Proudly sponsored by
Wynsdale **PPL PRS**

Entry Adults £3 Children £2 Under 5's free
 RSPCA Leybourne, ME19 5HW

BINGO BINGO

B I N G O

NIGHT!
FRIDAY 20TH JUNE
 7:00 PM - 9:30 PM

ENTRY
 ADULTS £5
 U12's £2.50
 FREE GAME INCLUDED!

TUCK SHOP & RAFFLE!
 BRING YOUR OWN DRINKS AND NIBBLES!

JOIN US FOR A NIGHT OF FUN, LAUGHTER AND BINGO!
 PROCEEDS WILL GO TOWARDS FUNDING NEW SPIN BIKES FOR THE LEISURE CENTRE

MEOPHAM LEISURE CENTRE
 WROTHAM RD, MEOPHAM, GRAVESEND DA13 0AH

SCAN ME TO GET YOUR TICKETS!

MEOPHAM LEISURE CENTRE
 01747 814199
www.meophamleisure.org

IRCA Events presents...

Summer Party

WITH DJ CLIVE'S CRAZY MUSIC DISCO

Beach or Summer themed Dress code!

JULY 18
6.30 PM
FRIDAY

SCHOOL BREAK

Istead Rise Community Centre
 Book your tickets...

www.isteadrisecc.co.uk
events@isteadrisecc.co.uk

SCAN ME

APRIL TO
OCTOBER 2025



WEEKLY MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

21ST APRIL
12TH MAY
9TH JUNE
30TH JUNE
21ST JULY
1ST SEPTEMBER
22ND SEPTEMBER
13TH OCTOBER

Mild Chili Beef
Tomato & Herb Penne Pasta **1 VG**
Jacket with a Choice Of Toppings **7,8,9**

Rice, Mixed Peppers, Peas

Jammy Finger **1,6 VG**
& Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Pesto Pasta Shells **1,7**
Rice & Bean Burrito & Wedges **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Sausage Roll & Gravy **1,6**
Vegetable Sausage & Gravy **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes, Green Beans,
Carrots

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Margherita Pizza **1,3,7 V**
Loaded Cajun Bean Wedges **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Pasta **1**, Sweetcorn, Coleslaw **9**

Sultana Cake **1VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Fish Fingers **1,8** or
Salmon Fish Cake **1,7,8**
Cheese & Tomato Pinwheel **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Baked Beans,
Cucumber

Caramel Cookie **1,7**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK TWO

28TH APRIL
19TH MAY
16TH JUNE
7TH JULY
8TH SEPTEMBER
29TH SEPTEMBER
20TH OCTOBER

Vegetable Nuggets with Katsu Sauce
1VG
Onion Bhajis with Katsu Sauce **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Rice, Carrots, Peas

Vanilla Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Beef & Onion Pie **1**
Cheesy Pasta Twists **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Crushed Potatoes
Seasonal Vegetables

Chocolate & Mandarin Mousse **7,3**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Roasted Vegetable Hot Pot **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice
Broccoli, Carrots

Cornflake Cookie **1,3,7,16**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

BBQ Pulled Chicken Loaded Wedges
Tomato Spaghetti **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Coleslaw **9**

Spiced Apple Focaccia **1,3 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Tuna Penne Pasta **1,7,8**
Margherita Pizza **1,3,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Grated Carrot

Oaty Biscuit **1,15 VG**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK THREE

5TH MAY
2ND JUNE
23RD JUNE
14TH JULY
15TH SEPTEMBER
6TH OCTOBER

Beef Bolognaise Pasta Shells **1**
Cheese & Pesto Swirl **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Baked Wedges
Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Caribbean Chicken Curry
Herby Tomato Penne Pasta **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rice, Green Beans, Carrots

Peach Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Samosa Puff **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice,
Cabbage, Swede

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Macaroni Cheese **1,7 V**
Coconut & Spinach Biryani **6 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Mixed Peppers

Chocolate Cake **1 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Chicken Bites **1**
Cheese & Cauliflower Nuggets **7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Sweetcorn, Coleslaw **9**

Ginger Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

***Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

WE ♥ VEGGIES

