



Istead Rise Primary Celebration Newsletter

Friday 4th July 2025



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Facebook: Facebook

Website: www.isteadrise.org.uk



Monday 7th July
Ellenor Fun Run

Friday 11th July
YR Kent Life
Y6 Zorbing
Experience

Friday 18th July
End of Term

Monday 1st &
Tuesday 2nd
September
INSET Days -
School Closed

Wednesday 3rd
September
Term 1 Begins

Friday 17th October
End of Term 1

Monday 27th October
Term 2 Begins

Friday 19th December
End of Term 2

Monday 5th January
2026
INSET Day
School Closed

Tuesday 6th January
Term 3 Begins

Aspen



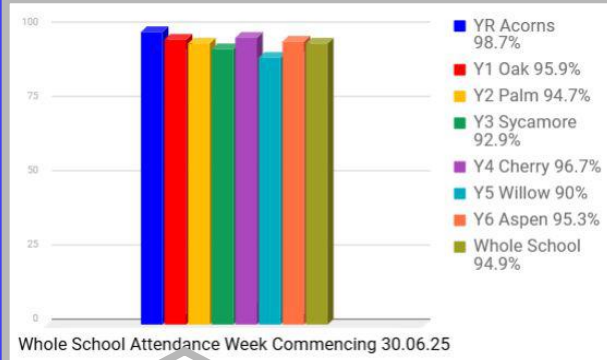
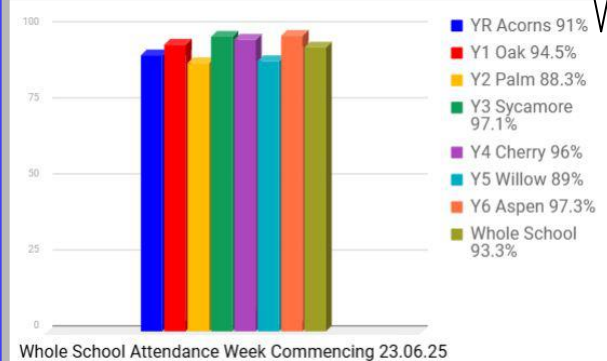
Year 6 have recovered after their very busy week at PGL last week! We have started carrying out research to write an information text in English and have been recapping key maths knowledge and methods. Swimming is still lots of fun and the children are making great progress. We have enjoyed Art recently - trying out different sketching techniques and fonts.

There are lots of fun things coming up in the next few weeks!



Please use the link below to take you to a copy of the July edition of our online newsletter. We would like to draw your attention to the following articles: information regarding the Nintendo Switch 2 and support for parents of children who will be starting secondary school in September. If you have any questions or concerns regarding safe internet use, please do not hesitate to contact us.

[Online Safety Newsletter](#)



Attendance Class Awards

W/C 23.06.25 W/C 30.06.25

KS1 - Oak

KS1 - Acorns

KS2 - Aspen

KS2 - Cherry





On Monday, children in Y4 & 5 had the opportunity to attend the Kent vs Northamptonshire cricket game. Despite the extremely hot weather the children had a great time watching the game, trying out some activities to improve their own cricket skills, as well as participating in a game of countdown bats.



Kent v Northamptonshire Cricket





Gymnastics



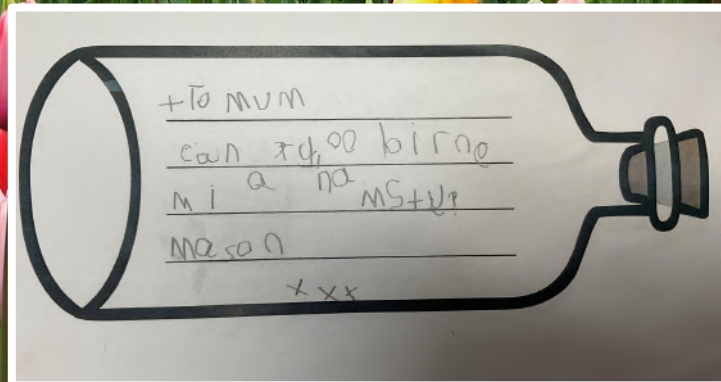
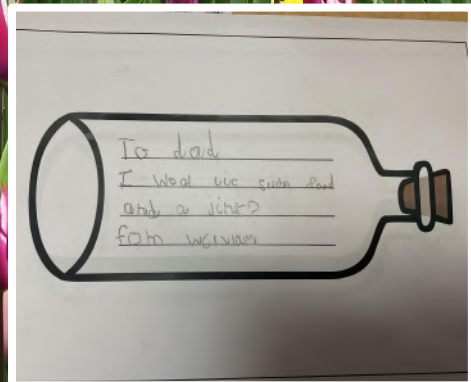
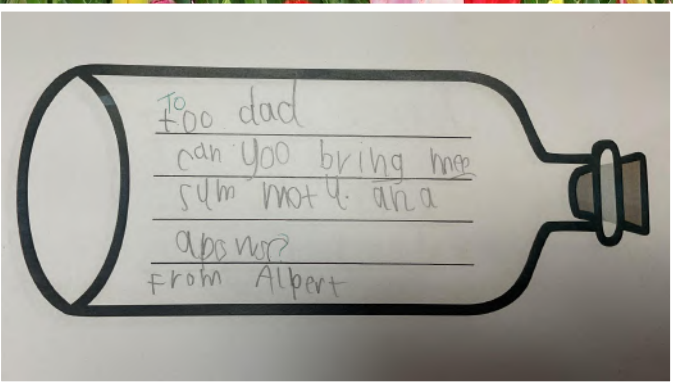
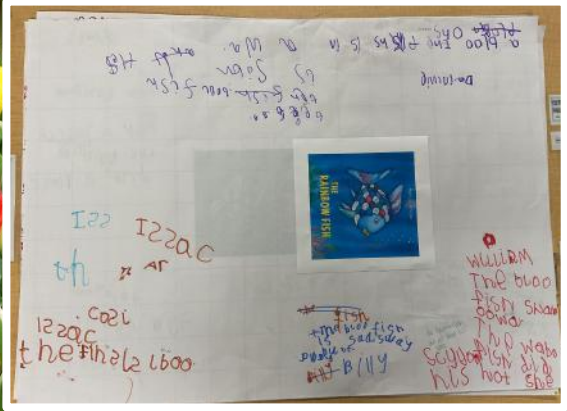
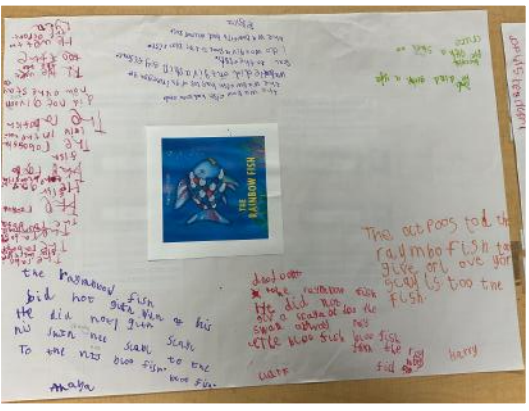
Last week some children from Y2-5 were lucky enough to take part in a gymnastics after school club taster session. The children worked on their balancing, creating a range of shapes and poses, as well as working on their handstands and rolls. We look forward to welcoming Coach Sian back in September to start a weekly gymnastics after school club.

Acorns



The children in Acorns class have been very creative recently. They designed their own Rainbow Fish and also made their own boats.

In English, we have been writing about the Rainbow Fish and how she showed kindness to her friends and how this made her feel. This week our story was about a message in a bottle so we wrote our own messages.



Acorns



During Continuous Provision, the boys used previous learning from Maths lessons to organise, sort and share objects. They have been having lots of fun exploring the environment inside and outside. We used the Beebots to help us with our understanding about maps.



It has been another fun packed week at Forest School. Acorn class enjoyed climbing trees, playing in the mud kitchen, and going on a minibeast hunt. Some of the class were extremely sensible when they used the hammer to make a leaf print. The children then turned their Leaf Prints into a flag. When exploring minibeasts, some children used the clay to recreate their favourite one. I am so proud of them all.

Well done Acorns Class - Mrs T Clark



Forest-School:Acorns

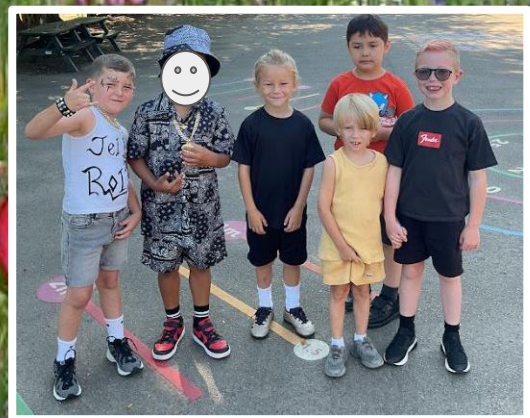




Oak Class are really enjoying art this term. They're recreating a Van Gogh beach art piece. They're learning about landscapes, focusing on how to mix colours to achieve the perfect shades for their beach scenes and also experimenting with adding textures to their work, resembling an actual beach!



In maths, they've been busy recognising and counting money. They love handling coins and notes and really enjoy getting practical!



The children looked fantastic for our recent Music Day!

Palm



We've been learning all about the coast in geography this term and this week the children learnt about Victorian coastal towns and how they used 'bathing machines' to wade out into the water!

They've learnt all about how cliffs and caves are made and really enjoyed talking about the wildlife that can be found there.

In English they have started a poem about the sea and in maths they are continuing to learn about statistics.



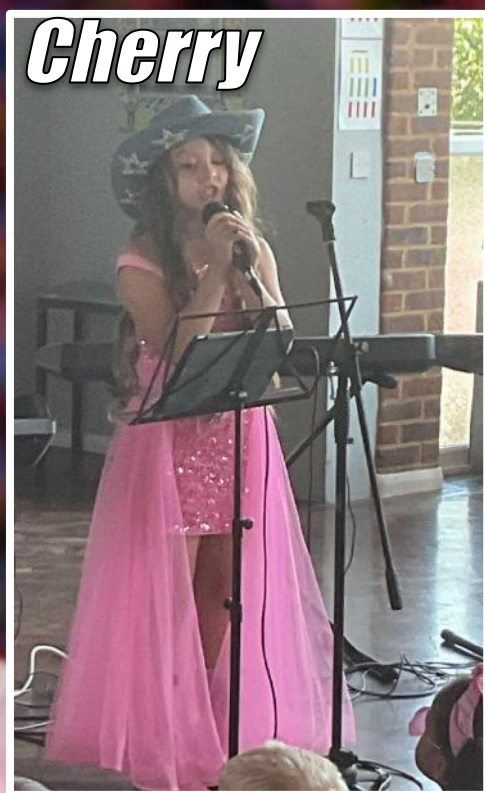
Sycamore



Year 3 have had a great couple of weeks. We have just finished our maths unit on shape and have started learning about our last unit statistics. In English the children did a fantastic job of writing about our trip to Warner Brother Studios and have just started a new sequence of work instructions for tie dye. In geography we have recently learned what a tsunami is (a giant wave caused by a huge earthquake under the ocean). During art we explored the process of weaving through weaving paper to make baskets, they all did an amazing job!. On Monday, they all looked fantastic and participated well in the school's music day. They should be proud of their class performance of the song Dance Monkey.



Cherry



It's been another busy time in Year 4!

In English we have started our sequence on Noir Fiction, which has really gripped the children, especially focusing on narrative voice to set the tone for their hard-boiled detective.

In Maths we have completed our sequence on statistics, where we learnt how to interpret and draw line graphs and will now move on to position and direction, which will cover coordinates and translation.

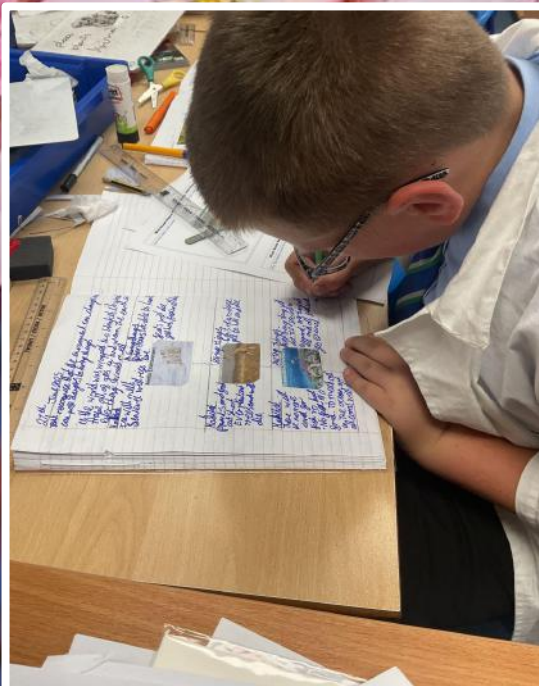
In Geography we have looked at flooding and its effects in the UK, and this has tied up with our work this term

In Computing, we are looking at weather forecasting and detecting extreme weather.

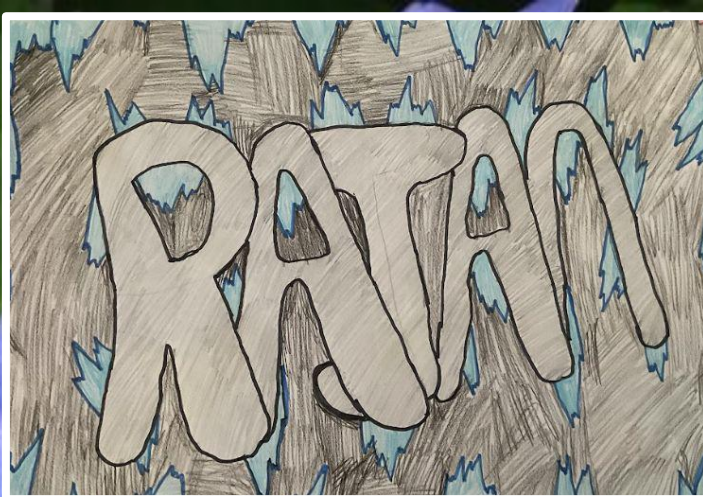
In DT, the construction of our torches is coming along well, and the designs have really been carefully thought out, so the end result should be a product that is aesthetically pleasing and fit for purpose

This week for Music Day, Year 4 joined forces with Year 5 for their school performance and did an outstanding job - they sang really well and with passion. They felt happy with their performance.

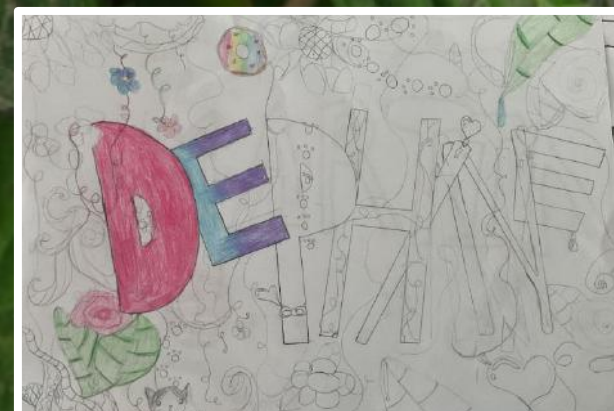
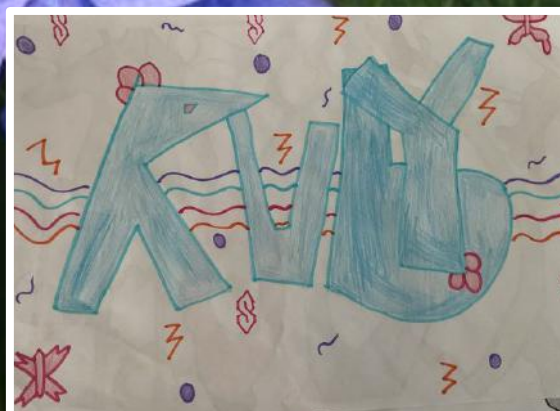
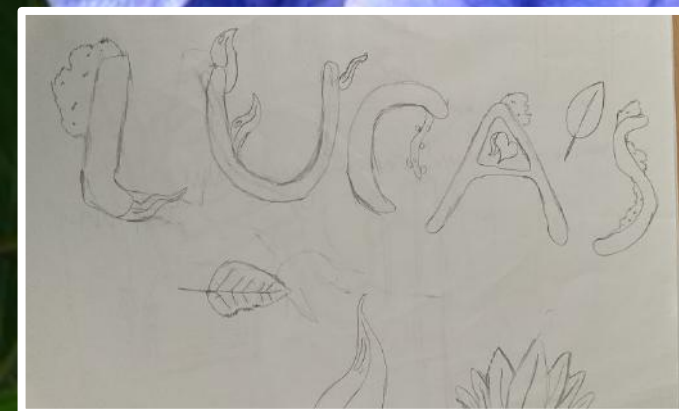
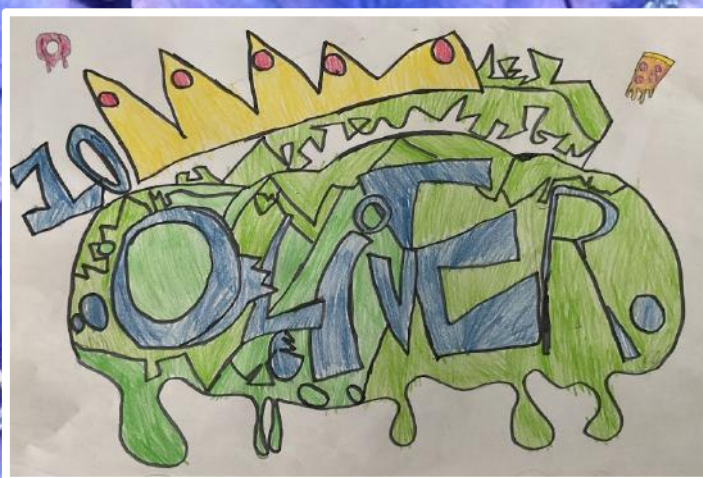
Well done! Not long to go, and I still can't believe the year has gone so quickly!



Willow



Year 5 have continued to work hard as the term approaches the end. In English we have begun to write a balanced argument to the question, 'Should all zoos be closed down?', this has created some fantastic discussions between the children, who have shown great maturity when listening to their peers' views. In maths we have started to look at angles, classifying and estimating them, next we will be learning to use a protractor to measure them. In computing we have continued working on our animations, creating volcanic eruptions or mountain scenes. In art the children have had fun learning about street art and creating some of their own, that represented them.





Gold Peg Up Points

W/E 27.06

Mary Kate & Iyla of Sycamore,
Louie of Palm

W/E 04.07

Alf & Darcey of Cherry,
Felix of Sycamore

Silver Peg Up Points

W/E 27.06

Belle of Palm

Platinum Peg Up Points

W/E 27.06

Ashiya of Sycamore

Diamond Peg Up Points

W/E 04.07

Jacob F, Carter, Arlo, Jacob T,
Nathan, Jaxon & Eliza of Palm



W/E 27.06

Most Valuable Player
1st Theo B of Sycamore
2nd Tyler G of Sycamore
3rd Leo D of Sycamore

W/E 27.06

Winning Class
1st Sycamore
2nd Cherry
3rd Willow

W/E 04.07

Most Valuable Player
1st Theo B of Sycamore
2nd Rajah of Sycamore
3rd Tyler G of Sycamore

W/E 04.07

Winning Class
1st Sycamore
2nd Cherry
3rd Aspen

Rock Hero Status

W/E 27.06

Ronnie H of Sycamore
0.94 Seconds



Core Values Congratulations To All Our Winners

Week Ending 27.06

Acorns Class

Oscar & Cruze for Self Reflection, Tyrell for Independence

Oak Class

Leo for Perseverance, Mya & Evie for Self Reflection

Palm Class

Frank for Self Reflection, Lennon for Respect
& Ava for Independence

Sycamore Class

Amber & Bobby for Self Reflection, Sophie for Independence

Cherry Class

Rosie & Jack E for Self Reflection, Darcey for Independence

Willow Class

Elvie for Respect, Kai for Perseverance
& Summer for Self Reflection

Week Ending 04.07

Acorns Class

Noah & Dennie for Respect, Billy for Self Reflection

Oak Class

Louie & Willow H for Self Reflection,
Lillie for Perseverance

Palm Class

Oscar & Annalise for Self Reflection,
Jacob F for Independence

Sycamore Class

Henry for Independence & Chace for Self Reflection

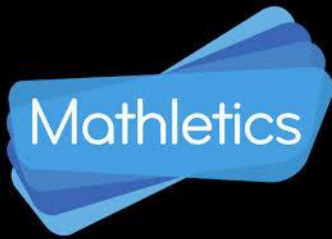
Cherry Class

Sujaan, Harry & Iyla for Self Reflection

Willow Class

Samuel L for Respect, Ruby WN for Self Reflection
& Rajan for Perseverance





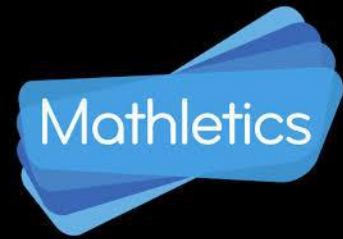
Gold Mathletics

W/E 27.06

Pixie of Sycamore, Aubany & Elena of Palm

W/E 04.07

Billy & Adrik of Acorns



Platinum Mathletics

W/E 27.06

Emilia, Raelie & Henry of Sycamore

W/E 04.07

Emilia & Zachary of Sycamore, Tris of Acorns

Emerald Mathletics

W/E 27.06

Ashiya, Aria, Freya & Theo H of Sycamore, Lennon of Palm

W/E 04.07

Ashiya & Freya of Sycamore, Harry of Acorns

Diamond Mathletics

W/E 27.06

Devan, Leo D, Annabelle & Sophie of Sycamore, Rei & Olivia of Palm, Nevaeh of Cherry

W/E 04.07

Nevaeh & Harry of Cherry, Theo H & Annabelle of Sycamore

Epic Mathletics

W/E 27.06

Samuel Yanis & Matilda of Willow, Ronnie, Felix & Leo H of Sycamore, Jaxon & Oscar of Palm, George & Henry of Cherry

W/E 04.07

Henry & George of Cherry, Sophie, Ronnie, Felix & Leo H of Sycamore, Kayla of Acorns

Legend Mathletics

W/E 27.06

Otis of Willow, Tyler of Sycamore & Neda of Palm

W/E 04.07

Tyler of Sycamore & Clark of Acorns

Cool Legend Mathletics

W/E 27.06

Khenyang of Sycamore

W/E 04.07

Khenyang of Sycamore

Galactic Legend Mathletics

W/E 27.06

Nathan of Palm



Help Your Child Discover the Joy of Reading This Summer!

This summer, give your child the chance to fall in love with reading! The **Summer Reading Challenge**, created by The Reading Agency and delivered in partnership with public libraries, is a FREE, fun-packed way to keep kids reading and learning all summer long.

This year's theme is **Story Garden**, where imagination blossoms and stories grow! Children will explore creativity, storytelling, and the magic of books through exciting activities and adventures.

Why Join?

- It's **FREE!** Available at local libraries and online
- Inspires a **lifelong love** of reading
- Boosts **confidence, creativity, and imagination**
- Earn **rewards, certificates, and prizes**
- Fun for the whole **family**. Visit your **local library** together
- **95%** of children said they **read more** after joining!
- Children **choose their own books** to read over the summer, **collect rewards** for each milestone they reach, and **receive a certificate or medal** when they complete the challenge.

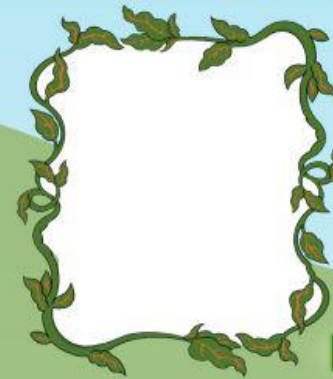


Visit your local library or go online at
summerreadingchallenge.org.uk
 to get started from 5 July 2025.

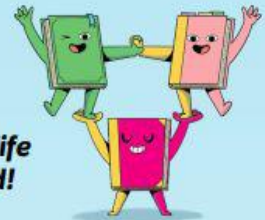
Help your child start their reading adventure today!



Join the **Summer Reading Challenge** in libraries or online. It's FREE and you'll earn rewards for reading over the holidays!



Draw your creature, from life or from legend!



NATURE SPOTTING

The outdoors is full of all sorts of creatures! Go outside and see what you can find out of the animals, bugs, and plants listed below:

Pigeon

Worm

Dandelion

Rabbit

Butterfly

Rose

Duck

Bee

Oak Tree/Acorn

Crow

Ladybird

Daisy

Fox

Woodlouse

Nettle

Head to the library to start your Challenge! My local library is

summerreadingchallenge.org.uk

Ebbsfleet Academy is a dynamic and successful 11-18 academy serving the local community. We have students of all abilities and from a wide variety of backgrounds, all of whom contribute to the richness of our school population.

Attend an upcoming event to find out more about our ambitious and exciting school community.

Meet the Principal

Wednesday 9th July
3.30pm - 4.30pm

Year 7 Open Morning

Saturday 13th September
10.00am - 12.00pm

Year 7 Open Afternoon

Wednesday 10th September
3.00pm - 6.30pm

Year 7 Open Classrooms

Tuesday 23rd September &
Friday 26th September
9.00am - 10.30am



Book your place at one of our

Future Events

Click the link above or visit
www.ebbsfleetacademy.org.uk

Southfleet Road, Ebbsfleet Garden City, Kent, DA10 0BZ

For more information: admin@ebbsfleetacademy.org.uk | 01322 242252



SUMMER SCHOOL

Is your child in Year 5?
Are they interested in fun summer activities?

Reserve them a free place at our Summer School today!

July 23rd - 25th 2025
from 9.00am until 12.00pm

Book now



Southfleet Road, Swanscombe, Kent, DA10 0BZ
admin@ebbsfleetacademy.org.uk | 01322 242252



Save money on student bus travel

If you're a student getting the bus to school, college or university make big savings on your travel in the Thameside, Dartford and Gravesend Zones and spread the cost of the ticket over affordable monthly payments when you pay by direct debit.

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Scan QR code or visit our website to get started.
arrivabus.co.uk/monthlytickets



CURIOUS GARDEN

A modern recreation of the Rosherville Pleasure Gardens, with a steampunk twist



12th July
2pm-6pm

Baronial Gardens,
Cable Wharf,
Northfleet,
DA11 9AA

FREE EVENT!
Food & drink available to purchase



CURIOUS GARDEN

FAMILY FRIENDLY ARTS WORKSHOPS
LIVE MUSIC PERFORMANCES
THEATRICAL AND DANCE PERFORMANCES
CIRCUS PERFORMANCES
IMMERSIVE HISTORICAL WALKS AND TALKS
MEET OUR BESPOKE ROSIE THE BEAR PUPPET
STEAMPUNK ATTIRE VERY WELCOMED!

A pleasure garden is a park or garden that is open to the public for recreation and entertainment, featuring a wide variety of plants, trees, buildings, amusements, rides, zoos, and manor houses. Rosherville gardens was a 19th century pleasure garden in a disused chalk pit in Northfleet, Kent, England. After being built in 1897, it stood for seventy years, and was finally closed to the public just before the First World War.

ENQUIRIES: ADMIN@BLUEPRINTARTS.CO.UK
[ARTSBLUEPRINT](https://www.facebook.com/ARTSBLUEPRINT)
[BLUEPRINTARTS](https://www.instagram.com/BLUEPRINTARTS)
[BLUEPRINTARTS.CO.UK](https://www.youtube.com/channel/UC...)



ROCK AND POP BAND LESSONS!



A band for everyone

- Children learn to play an instrument in their very own band.
- Fun and inclusive in-school band lessons. No music theory involved.
- Follow their musical journey in your Blackpeter account.
- Extra-free, Ofqual-regulated Trinity Music qualification.
- Instruments provided and no experience necessary.

BOOK ONLINE TO START LESSONS IN SEPTEMBER



0330 115 0330 Mon-Fri 9am-5pm, Fri 9am-4pm, local rate

rocksteadymusicschool.com

ROCK STEADY

LEARN TO PLAY MUSIC. AMPLIFY CONFIDENCE.

Choose from: Vocals, Keyboard, drums, guitar or bass.

Inclusive and hassle-free!

Take place in school. Instruments provided and no experience necessary!

Taught by professional musicians

Rocksteady band leaders are highly trained musicians who make learning music fun.

Progress at their own pace

Your child can achieve an exam-free, Ofqual-regulated Trinity Music qualification!

Have fun and learn by playing

Children work their way through a curriculum of up to 300 musical styles.

Much more than music

Improves wellbeing, confidence, social skills and academic achievement.

End every term on a high note

Watch your child shine as they perform in their end of term concerts.

"Aiden's confidence when performing has rocketed which I never would have thought possible!"
Sara

"The difference is incredible. She's gone from being unable to speak in front of her class to singing on stage!"
Nicky

"Rocksteady has given him a sense of belonging and having a hobby he can call his own."
Emma

For details on availability and cost, visit rocksteadymusicschool.com and follow us on Facebook, Instagram and YouTube.
Money back guarantee for the first month. Cancel at any time.

BOOK YOUR CHILD'S PLACE ONLINE



0330 115 0330
Mon-Fri 9am-5pm, Fri 9am-4pm, local rate
www.rocksteadymusicschool.com



Rocksteady Music School is a registered charity.



MEOPHAM LEISURE CENTRE HOLIDAY CLUB

HOLIDAY CLUB FOR CHILDREN AGED 5-12*

THURSDAY 24TH JULY - FRIDAY 29TH AUGUST

8AM - 5PM FULL DAY £28

8AM - 1PM OR 12PM - 5PM HALF DAY £18

OUR FUN AND INCLUSIVE KIDS CLUB COMBINES ALL THINGS ARTS & CRAFTS, GIANT INFLATABLES, FOOTBALL AND OUTSIDE PLAY!



BOOK NOW!

INFO@MEOPHAMLEISURE.ORG
01474 814199

FOR MORE
DETAILS OR TO BOOK
GET IN TOUCH!

HOLIDAY CLUB FOR CHILDREN AGED 5-12

*MUST BE AGED 5 AND IN YEAR 1



MEOPHAM LEISURE CENTRE SUMMER HOLIDAY CLUB WEEK ONE:



THURSDAY 24TH JULY	FRIDAY 25TH JULY
SPACE CRAFTS	BOX CAR MAKING
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
TRAMPOLINING	MOVIE TIME!

WEEK TWO:

MONDAY 28TH JULY	TUESDAY 29TH JULY	WEDNESDAY 30TH JULY	THURSDAY 31ST JULY	FRIDAY 1ST AUGUST
CORNFLEAKE CAKES	GIANT INFLATABLES	PAPER MACHE CRAFTS	JEWELLERY MAKING	MARACA MAKING
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
OBSTACLE COURSES	PAINTING	DODGEBALL	TRAMPOLINING	DISCO & GAMES

BOOK NOW!

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HOLIDAY CLUB FOR CHILDREN AGED 5-12

*MUST BE AGED 5 AND IN YEAR 1



MEOPHAM LEISURE CENTRE SUMMER HOLIDAY CLUB

WEEK THREE:

MONDAY 4TH AUGUST	TUESDAY 5TH AUGUST	WEDNESDAY 6TH AUGUST	THURSDAY 7TH AUGUST	FRIDAY 8TH AUGUST
DIY JET PACKS	MILC SPORTS DAY	NERF GAMES	ROUNDERS	PUPPET MAKING
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
KARATE	MILC SPORTS DAY	PANCAKE DECORATING	PLAYDOUGH MAKING	PUPPET SHOWS

WEEK FOUR:

MONDAY 11TH AUGUST	TUESDAY 12TH AUGUST	WEDNESDAY 13TH AUGUST	THURSDAY 14TH AUGUST	FRIDAY 15TH AUGUST
DODGEBALL	BISCUIT DECORATING	SUNCATCHER CRAFTS	PAINTING	COMIC BOOK CRAFTS
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
PAPER BAG KIT CRAFTS	ROUNDERS	GIANT INFLATABLES	TRAMPOLINING	FANCY DRESS DISCO

BOOK NOW!

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HOLIDAY CLUB FOR CHILDREN AGED 5-12

*MUST BE AGED 5 AND IN YEAR 1



MEOPHAM LEISURE CENTRE SUMMER HOLIDAY CLUB

WEEK FIVE:

MONDAY 18TH AUGUST	TUESDAY 19TH AUGUST	WEDNESDAY 20TH AUGUST	THURSDAY 21ST AUGUST	FRIDAY 22ND AUGUST
PLAYDOUGH MAKING	CREEPY CLAWS	JEWELLERY MAKING	BENCHBALL	ROBOT CRAFTS
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
OBSTACLE COURSES	BUG HOTEL CRAFTS	NERF GAMES	FRUIT KEBABS	GLOW STICK & ROBOT PARTY

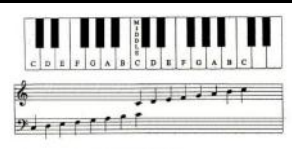
WEEK SIX:

TUESDAY 26TH AUGUST	WEDNESDAY 27TH AUGUST	THURSDAY 28TH AUGUST	FRIDAY 29TH AUGUST
GIANT INFLATABLES	KARATE	RECYCLED BIRDHOUSE CRAFTS	PARTY DECORATION CRAFTS
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
PLAYDOUGH MAKING	PAINTING	TRAMPOLINING	END OF SUMMER DISCO

BOOK NOW!

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Piano lessons
30 minute fun one
to one lessons
Open to all KS2
students
£12 per lesson
Book now for a
September start
Contact Jenn
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Jennpianolessons@gmail.com



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AMAZING LEGO DISPLAYS

NEW & RETIRED LEGO SETS

BUILD CHALLENGES

ACTIVITIES FOR ALL AGES

CHARITY TOMBOLA

MILLIONS OF LOOSE BRICKS

PLUS SO MUCH MORE!!

GILLINGHAM BRICK FESTIVAL

26TH JULY 2025
MEDWAY PARK SPORTS CENTRE
MORE LEGO THAN YOU CAN DREAM OF

GILLINGHAM BRICK FESTIVAL

Guitar Tuition

Available in school on a 1-1 basis

Contact Chris - 07940 046124 or
Downschris6@aol.com

ellenor.⁺
respite care in your home or ours

CYCLOPARK CHARITY

Cyclopark Charity AND ellenor

RIDE TOGETHER

SPONSORED FAMILY BIKE RIDE
Open ride | Family ride | Little legs ride
Sunday 13 July
Cyclopark, Gravesend

SCAN ME! TO SIGN UP NOW

SPONSORED BY
PORT OF LONDON AUTHORITY

ellenor Registered Charity No: 1121561 | Cyclopark Registered Charity Number: 1144915

ellenor.⁺
respite care in your home or ours

40

SUMMER FAIR

16 August
12noon - 4pm
Masonic Lodge
71 West Hill
Dartford DA1 2HJ

Indoor Stalls
Refreshments and cakes
Free parking on site

FIND OUT MORE SCAN ME!

ellenor.org
@ellenororg
ellenor.org.uk

ellenor Registered Charity No: 1121561

ellenor.⁺
respite care in your home or ours

CYCLOPARK CHARITY

Sunday 13 July
Cyclopark Charity AND ellenor
RIDE TOGETHER
SPONSORED BIKE RIDE

Open ride | Family ride | Little legs ride

Join us at the multi-activity venue located in 49 acres of parkland in Gravesend!

SCAN ME! TO SIGN UP NOW

Cyclopark, Gravesend
The Tollgate Watling Street, Gravesend DA11 7NP

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PORT OF LONDON AUTHORITY

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APRIL TO
OCTOBER 2025



WEEKLY MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

21ST APRIL
12TH MAY
9TH JUNE
30TH JUNE
21ST JULY
1ST SEPTEMBER
22ND SEPTEMBER
13TH OCTOBER

Mild Chili Beef
Tomato & Herb Penne Pasta **1 VG**
Jacket with a Choice Of Toppings **7,8,9**

Rice, Mixed Peppers, Peas

Jammy Finger **1,6 VG**
& Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Pesto Pasta Shells **1,7**
Rice & Bean Burrito & Wedges **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Sausage Roll & Gravy **1,6**
Vegetable Sausage & Gravy **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes, Green Beans,
Carrots

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Margherita Pizza **1,3,7 V**
Loaded Cajun Bean Wedges **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Pasta **1**, Sweetcorn, Coleslaw **9**

Sultana Cake **1VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Fish Fingers **1,8** or
Salmon Fish Cake **1,7,8**
Cheese & Tomato Pinwheel **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Baked Beans,
Cucumber

Caramel Cookie **1,7**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK TWO

28TH APRIL
19TH MAY
16TH JUNE
7TH JULY
8TH SEPTEMBER
29TH SEPTEMBER
20TH OCTOBER

Vegetable Nuggets with Katsu Sauce
1VG
Onion Bhajis with Katsu Sauce **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Rice, Carrots, Peas

Vanilla Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Beef & Onion Pie **1**
Cheesy Pasta Twists **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Crushed Potatoes
Seasonal Vegetables

Chocolate & Mandarin Mousse **7,3**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Roasted Vegetable Hot Pot **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice
Broccoli, Carrots

Cornflake Cookie **1,3,7,16**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

BBQ Pulled Chicken Loaded Wedges
Tomato Spaghetti **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Coleslaw **9**

Spiced Apple Focaccia **1,3 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Tuna Penne Pasta **1,7,8**
Margherita Pizza **1,3,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Grated Carrot

Oaty Biscuit **1,15 VG**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK THREE

5TH MAY
2ND JUNE
23RD JUNE
14TH JULY
15TH SEPTEMBER
6TH OCTOBER

Beef Bolognaise Pasta Shells **1**
Cheese & Pesto Swirl **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Baked Wedges
Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Caribbean Chicken Curry
Herby Tomato Penne Pasta **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rice, Green Beans, Carrots

Peach Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Samosa Puff **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice,
Cabbage, Swede

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Macaroni Cheese **1,7 V**
Coconut & Spinach Biryani **6 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Mixed Peppers

Chocolate Cake **1 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Chicken Bites **1**
Cheese & Cauliflower Nuggets **7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Sweetcorn, Coleslaw **9**

Ginger Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

***Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

WE ♥ VEGGIES

