



Istead Rise Primary Celebration Newsletter

Friday 18th July 2025



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Friday 18th July
End of Term

Monday 1st & Tuesday
2nd September
INSET Days -
School Closed

Wednesday 3rd
September
Term 1 Begins

Friday 17th October
End of Term 1

Monday 27th October
Term 2 Begins

Friday 19th December
End of Term 2

Monday 5th January
2026
INSET Day
School Closed

Tuesday 6th January
Term 3 Begins

Friday 13th February
End of Term 3

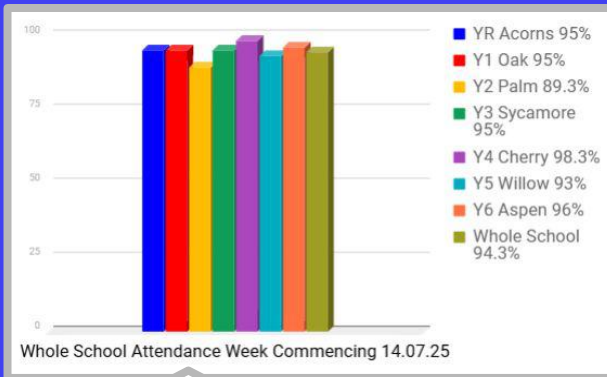
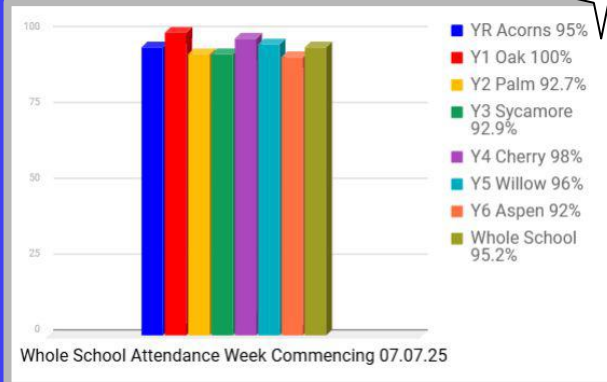
Monday 23rd February
Term 4 Begins

Dear Istead Rise families,

As we draw to the end of another successful academic year, I would like to pass on some thank yous to our school community. Firstly to you parents/ carers for all your support throughout the year. Also, thank you very much to FIRPS who have given up their time to provide additional, enjoyable experiences for our pupils. Finally, a big thank you to our wonderful pupils who are polite, caring and hard-working individuals who represent their families and our school in the most positive way.

Wishing you all a safe and enjoyable summer break.

Mrs M Clark
Acting Head of School



Please use the link below to take you to a copy of the July edition of our online newsletter. We would like to draw your attention to the following articles: information regarding the Nintendo Switch 2 and support for parents of children who will be starting secondary school in September. If you have any questions or concerns regarding safe internet use, please do not hesitate to contact us.

[Online Safety Newsletter](#)

Attendance Class Awards

	W/C 07.07.25	W/C 14.07.25	
	KS1 - Oak	KS1 - Acorns & Oak	
	KS2 - Aspen	KS2 - Cherry	

Aspirations



We're extremely grateful to everyone who came to visit us during the term to talk about their role. All children found the assemblies interesting and many were inspired to consider a different type of career for the future. Thank you again.

- Daryl England - L&Q
- Darren Senerat- King's College London
- Melanie Phillips - NHS midwife
- George Smith - Barclays
- Joe Lowry - Convera Financial
- Emily Sands - Personal Trainer
- Chelsie & Luke Piner - London Ambulance Call Handlers
- Roz Meredith - Maidstone Museum
- Mike Jones - Freelance Computer Scientist
- Nicola Curtis - Librarian
- Martin Smyth - New Story Theatre Company



ellenor.^x
hospice care in your home or ours



I would like to start by saying a massive Thank-You to all of the children who took part in the ellenor Fun Run. All of them had fun and enjoyed completing the obstacles throughout the course.

The children were very excited to meet Ellie - the mascot from the ellenor Hospice who made a surprise visit.

Thank you to all the adults who supported the children whilst they gained sponsorship to raise money for this worthwhile and important charity.

My thanks are also extended to Lisa and George from the ellenor trust for attending and supporting the Fun Run.

Angela, one of our school governors, came along to support the pupils and to donate one of the prizes. She was very impressed with the children and thought the Fun Run was a great way of raising money.

Mrs T Clark



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hospice care in your home or ours



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hospice care in your home or ours



The efforts of everyone involved has helped to raise a total of £1979.52 not including gift aid for the ellenor hospice.

A special thank you goes to Rei of Palm who raised £203 which was the most money raised in KS1 & Maya of Willow who raised £125 which was the most money raised in KS2.

Thank you from Mrs T Clark

ellenor.⁺



Acorns



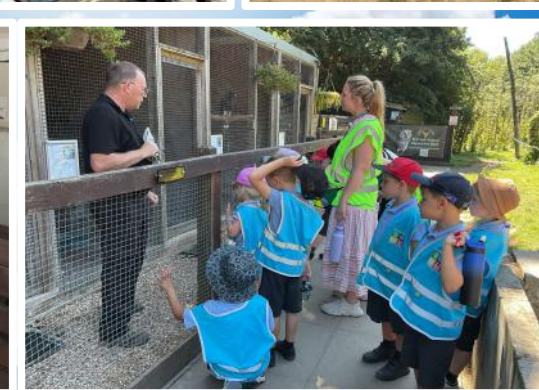
This term in PE, we have been trying our hand at cricket. The children have thoroughly enjoyed using their bat and ball skills and scoring some runs!



We enjoyed our ice-cream and pizza treat for having the highest attendance in KS1.



The children (and adults) had the most fabulous day out at Kent Life on Friday. They met and stroked lots of animals, had a very bumpy tractor ride, and enjoyed a play in the beautiful sunshine. They also learnt lots of facts about what life was like a long time ago.





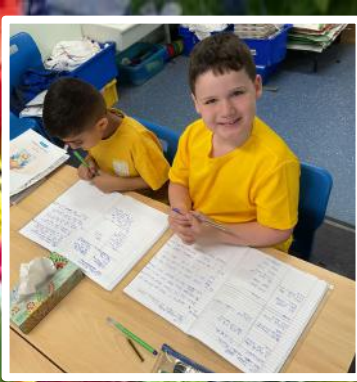
Oak Class had a fantastic final week as Year 1s! In English, they wrote diaries from the perspective of The Stick Man. They each chose a stick, took it on an adventure, and imagined its feelings!



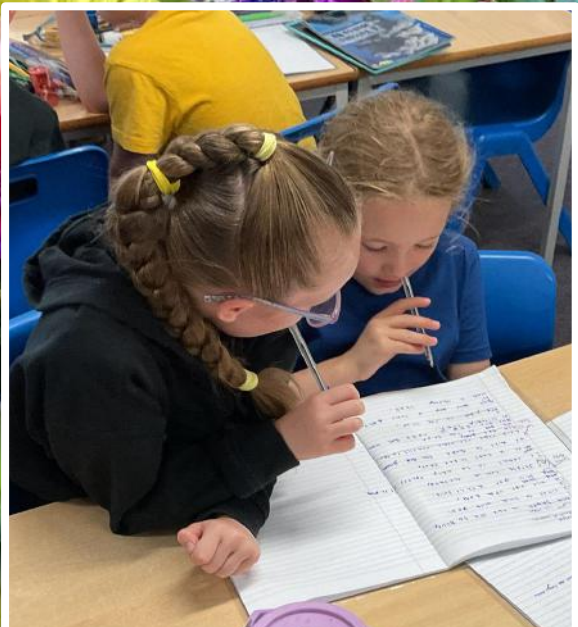
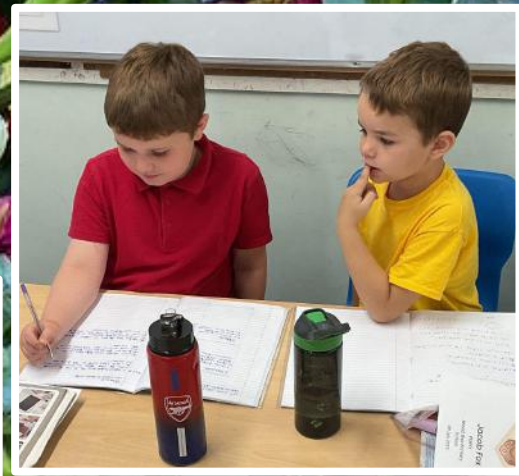
In Maths, they've been learning about time. They had so much fun using a stopwatch to time each other do different activities!



For PE they chose to play football! They worked really well, it was great to watch.



We cannot believe it's already the end of year 2! Palm class has worked extremely hard this year and have been a pleasure to teach. This week they finished their poem about the sea, worked hard learning about position and direction in maths and completed their end of term assessments in geography, science and RE. We have all had a really exciting week and the children are looking forward to a well deserved summer break.



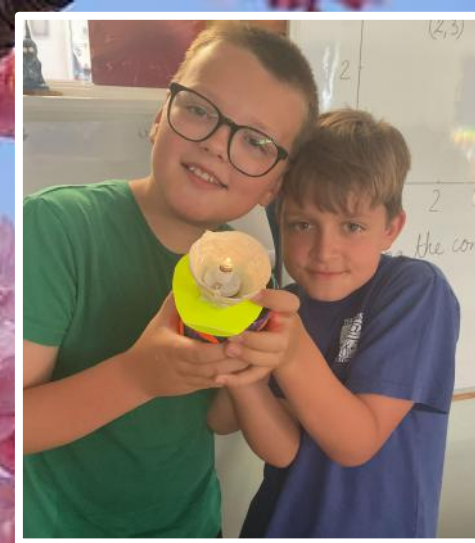
Sycamore



The children have enjoyed the last two weeks of term. We have finished all units of work and the children reflected on the successes of the year. In English the children wrote instructions for making a tie-dye T-Shirt. In maths we finished our unit on statistics, learning how to read, interpret and answer questions from bar charts and pictograms as well as two way tables. In geography we concluded our unit by learning about tornados. The children finished the science topic plants, with learning about seed dispersal and made their own sycamore seed. Congratulations to Sycamore Class for winning the attendance prize in joint first place with year 4. They thoroughly enjoyed the Domino's pizza and a visit from the ice-cream van. All of the children loved their final superclass - Harry Potter themed day. It has been a pleasure teaching Sycamore Class and I wish you and your children a fabulous summer break!

Sycamore





And just like that... it's the end of the year! It won't come as a surprise to read that it's been another busy time in Year 4 - where we've finished our final redraft of the year, in which we typed up our detective narratives and completed a short final sequence of learning as a paired exercise where the children were writing with a partner to create an atmosphere of suspense in a strangely empty art gallery. In Maths we have been completing our work on the essentials curriculum by working through any remaining CGP work for arithmetic and times tables. In Geography we completed our work on 'water' with posters to promote looking after beaches and to make people aware of 'unflushables'. In DT the children have completed their torches, and they did a brilliant job! From the initial designs to the finished product, they remained focused on its use and the aesthetic qualities, producing work to a very high standard, which is evident in the attached photos. So, with all end of term assessment quizzes complete, and all Year 4 learning done and dusted, and the pizza and ice cream eaten after jointly winning the prize for best attendance, I would just like to say (on behalf of myself, Mrs Frost and Miss Llewellyn) thank you to each and everyone of you for your support in your children's learning journey this year and for the support that you have shown to us as staff. It really has been an excellent year, full of great learning and it has been a real pleasure working with the class and seeing them grow in confidence and understanding. Have a great summer break, and once again THANK YOU! - Mr Meredith

Cherry

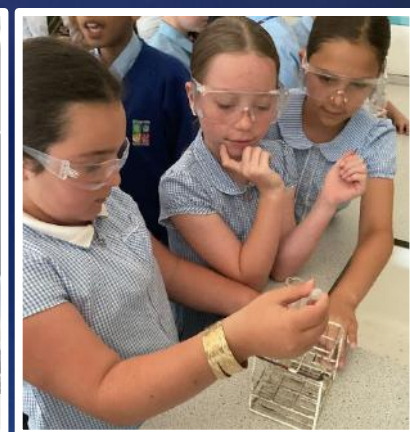


Cherry

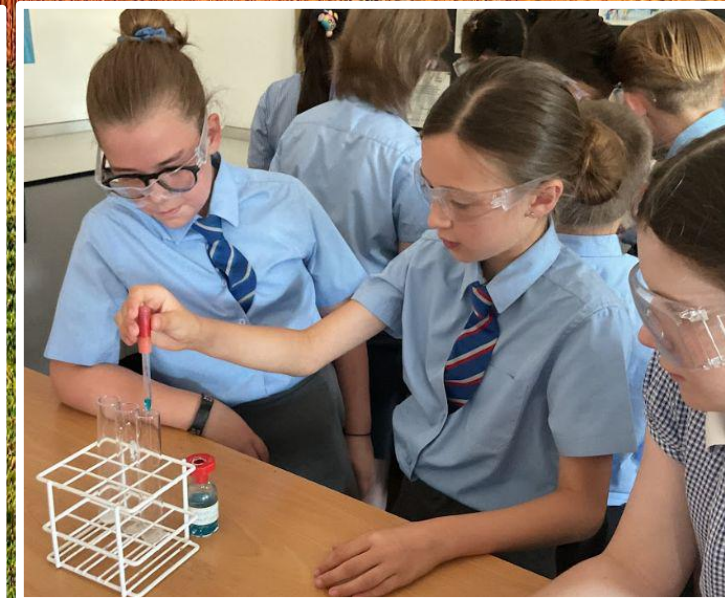


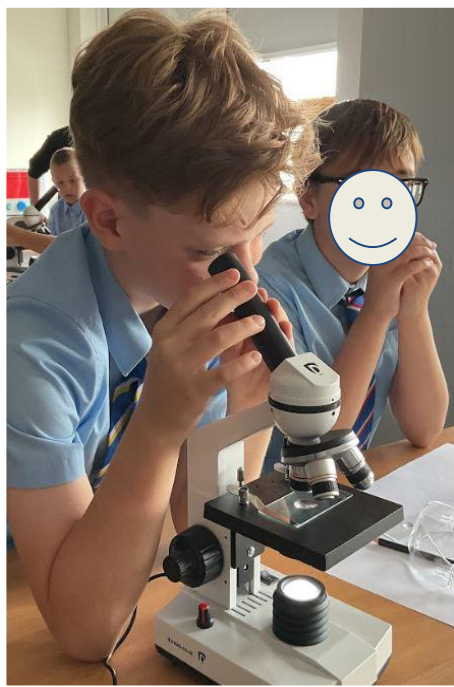
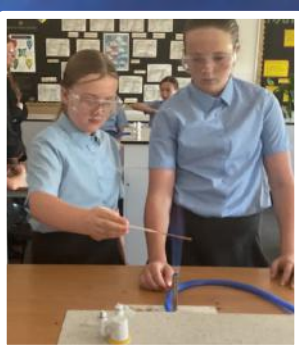
Cherry





Year 5 have finished off a busy year of hard work by attending a Science Fair at Meopham Secondary School, where they took part in a range of exciting experiments. During the day the children completed a range of experiments. They looked at forensics where they examined fingerprints and learned how to lift fingerprints from a crime scene, they used microscopes to look at various rocks and see how rocks form their crystals, as well as carrying out food tests to understand how scientists are able to determine whether proteins, fats and carbohydrates are present in foods. A highlight for the children was taking part in a flame test, where they burnt a variety of different metal chloride solutions to see what colours they produce.





Aspen



Year 6 had lots of fun 'zorbing' last week!



Wow, Year 6! What a year it has been! You have been an exceptional class and put so much effort and kindness into everything you have done.
Wishing you a lovely summer break and good luck at your new schools in September!
You will be missed.

Aspen



Year 6 enjoyed their celebration fish & chips lunch yesterday!



Thank you very much to Kasey and his family for the yummy doughnuts! We really appreciate it and enjoyed eating them!





Gold Peg Up Points

W/E 18.07
Rose of Sycamore

Silver Peg Up Points

W/E 18.07
Ronnie of Sycamore

Platinum Peg Up Points

W/E 18.07
Leo D, Sophie, Henry, Tyler & Raelie of
Sycamore, Jujhar of Palm

Diamond Peg Up Points

W/E 18.07
Aria of Sycamore & Archie of Palm

Ruby Peg Up Points

W/E 18.07
Rei, Oscar, Olivia, Neda, Milan,
Lennon, Jazon, Frank, Ellie, Eliza,
Elena, Charlie, Benji, Ava, Aubany, Arlo
& Adriana of Palm



W/E 11.07
Most Valuable Player
1st Tyler G of Sycamore
2nd Theo B of Sycamore
3rd Khenyang of Sycamore

W/E 11.07
Winning Class
1st Sycamore
2nd Willow
3rd Aspen

W/E 18.07
Most Valuable Player
1st Khenyang of Sycamore
2nd Leo D of Sycamore
3rd Tyler G of Sycamore

W/E 18.07
Winning Class
1st Sycamore
2nd Cherry
3rd Willow

Rock Hero Status

W/E 11.07
Ronnie H of Sycamore
0.94 Seconds



Core Values Congratulations To All Our Winners



Week Ending 11.07

Acorns Class

George H & Clark for Respect, Nathan for Independence
Oak Class

Melissa for Self Reflection, Eden for Respect
& Amari fo Perseverance

Palm Class

Daisy for Perseverance, Nathan for Respect
& Louie for Independence

Sycamore Class

Leo D & Samantha for Self Reflection

Cherry Class

William for Self Reflection, Constance for Independence
& Elliott for Perseverance

Willow Class

Kai for Independence, Lucas for Self Reflection
& Shae for Respect

Week Ending 18.07

Acorns Class

Albert for Self Reflection, Isabelle for Respect
& Dainchie for Independence

Oak Class

Harper & Aria for Independence, Florence for Self Reflection
Palm Class

Carter & Seren for Respect, Jujhar for Perseverance
Willow Class

Katelyn, Katelyn & Matilda for Self Reflection

Aspen Class

Poppy, Alfie & Blake for Respect

Gold Mathletics

W/E 11.07
Aubany of Palm

Platinum Mathletics

W/E 11.07
Pixie of Sycamore, Frank & Charlie of Palm

W/E 18.07
Theo B of Sycamore, Frank & Charlie of Palm

Emerald Mathletics

W/E 11.07
Aria, Ashiya & Freya of Sycamore, Daisy
& Ellie of Palm

W/E 18.07
Zach, Raelie, Bobby, Aria, Ashiya & Freya of
Sycamore, Daisy & Ellie of Palm

Diamond Mathletics

W/E 11.07
Leo D of Sycamore , Harry of Cherry,
Rei. Lennon & Olivia of Palm

W/E 18.07
Lennon of Palm



Mathletics

Ultimate Legend Mathletics

W/E 11.07
Nathan of Palm

Infinite Legend Mathletics

W/E 11.07
Nathan of Palm

W/E 18.07
Nathan of Palm



Epic Mathletics

W/E 11.07
Annabelle, Sophie, Ronnie & Felix of Sycamore,
Samuel Yanis & Matilda of Willow, George & Nevaeh of Cherry,
Jaxon of Palm

W/E 18.07
Ronnie & Leo D of Sycamore. Rei of Palm

Legend Mathletics

W/E 11.07
Leo H of Sycamore, Otis of Willow,
Henry of Cherry & Oscar of Palm

W/E 18.07
Felix & Leo H of Sycamore

Super Legend Mathletics

W/E 11.07
Tyler of Sycamore

Mythic Legend Mathletics

W/E 18.07
Khenyang of Sycamore

Diamond Legend Mathletics

W/E 11.07
Khenyang of Sycamore

W/E 18.07
Tyler of Sycamore



SOCCER SCHOOLS

HOLIDAY COURSES



KENT

Fun, engaging, inclusive, safe football activity for Boys & Girls of all abilities, during the school holidays. We have a 2 day course running across the Summer at the following venue in Kent:

Book now by scanning the QR code or by using the below website.

Venue	Date	Course Code
Hayesbrook School Tonbridge, TN9 2PH	28th Aug - 29th Aug	SS-HYB-K-41
Timings	Ages	Costs
10.00-15.00	School Year 1-8	£50.00

chelseasoccerschools.co.uk

29 and 30 July

Water Safety fun day

Book **FREE** tickets

Join us at **Tonbridge Castle**

Kent Fire & Rescue Service Together

2025/26 WOMEN'S SEASON TICKETS

OUR CLUB.
OUR JOURNEY.
OUR SEASON.

FREE SKATEBOARDING YOUTH PROJECT

in Gravesham
By FAR ACADEMY

For ages 10-17

Build, Design & Skate!

Learn how to look after your board

Get smart with skatepark safety!

Walk away with your custom deck + a certificate

Upcoming Workshops - 10am - 3pm:
30 July | 6 August | 13 August 2025

Limited spaces - Sign up before 25 July

SCAN ME!

Northfleet Family Hub,
Hall Road, Gravesend,
DA11 8AJ

Project funded by SPORTS ENGLAND and is delivered in partnership by Kent County Council's Youth and Early Help Team and Gravesham's Community Safety Partnership.

TICKETS AVAILABLE NOW!

AMAZING LEGO DISPLAYS

NEW & RETIRED LEGO SETS

BUILD CHALLENGES

ACTIVITIES FOR ALL AGES

CHARITY TOMBOLA

MILLIONS OF LOOSE BRICKS

PLUS SO MUCH MORE!!

26TH JULY 2025
MEDWAY PARK SPORTS CENTRE

GILLINGHAM BRICK FESTIVAL

MORE LEGO THAN YOU CAN DREAM OF

ellenor⁺
people care in your home at any age

40

SUMMER FAIR

16 August
12noon - 4pm
Masonic Lodge
71 West Hill
Dartford DA1 2HJ

Indoor Stalls
Refreshments and cakes
Free parking on site

FIND OUT MORE SCAN ME!

ellenor.org
f i n i n s t a b i l i t y



MEOPHAM LEISURE CENTRE HOLIDAY CLUB

HOLIDAY CLUB FOR CHILDREN AGED 5-12*

THURSDAY 24TH JULY - FRIDAY 29TH AUGUST

8AM - 5PM FULL DAY £28

8AM - 1PM OR 12PM - 5PM HALF DAY £18

OUR FUN AND INCLUSIVE KIDS CLUB COMBINES ALL THINGS ARTS & CRAFTS, GIANT INFLATABLES, FOOTBALL AND OUTSIDE PLAY!



BOOK NOW!

INFO@MEOPHAMLEISURE.ORG
01474 814199

FOR MORE
DETAILS OR TO BOOK
GET IN TOUCH!

HOLIDAY CLUB FOR CHILDREN AGED 5-12

*MUST BE AGED 5 AND IN YEAR 1



MEOPHAM LEISURE CENTRE SUMMER HOLIDAY CLUB WEEK ONE:



THURSDAY 24TH JULY	FRIDAY 25TH JULY
SPACE CRAFTS	BOX CAR MAKING
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
TRAMPOLINING	MOVIE TIME!

WEEK TWO:

MONDAY 28TH JULY	TUESDAY 29TH JULY	WEDNESDAY 30TH JULY	THURSDAY 31ST JULY	FRIDAY 1ST AUGUST
CORNFLEAKE CAKES	GIANT INFLATABLES	PAPER MACHE CRAFTS	JEWELLERY MAKING	MARACA MAKING
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
OBSTACLE COURSES	PAINTING	DODGEBALL	TRAMPOLINING	DISCO & GAMES

BOOK NOW!

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HOLIDAY CLUB FOR CHILDREN AGED 5-12

*MUST BE AGED 5 AND IN YEAR 1



MEOPHAM LEISURE CENTRE SUMMER HOLIDAY CLUB

WEEK THREE:

MONDAY 4TH AUGUST	TUESDAY 5TH AUGUST	WEDNESDAY 6TH AUGUST	THURSDAY 7TH AUGUST	FRIDAY 8TH AUGUST
DIY JET PACKS	MILC SPORTS DAY	NERF GAMES	ROUNDERS	PUPPET MAKING
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
KARATE	MILC SPORTS DAY	PANCAKE DECORATING	PLAYDOUGH MAKING	PUPPET SHOWS

WEEK FOUR:

MONDAY 11TH AUGUST	TUESDAY 12TH AUGUST	WEDNESDAY 13TH AUGUST	THURSDAY 14TH AUGUST	FRIDAY 15TH AUGUST
DODGEBALL	BISCUIT DECORATING	SUNCATCHER CRAFTS	PAINTING	COMIC BOOK CRAFTS
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
PAPER BAG KIT CRAFTS	ROUNDERS	GIANT INFLATABLES	TRAMPOLINING	FANCY DRESS DISCO

BOOK NOW!

INFO@MEOPHAMLEISURE.ORG 01474 814199

HOLIDAY CLUB FOR CHILDREN AGED 5-12

*MUST BE AGED 5 AND IN YEAR 1



MEOPHAM LEISURE CENTRE SUMMER HOLIDAY CLUB

WEEK FIVE:

MONDAY 18TH AUGUST	TUESDAY 19TH AUGUST	WEDNESDAY 20TH AUGUST	THURSDAY 21ST AUGUST	FRIDAY 22ND AUGUST
PLAYDOUGH MAKING	CREEPY CLAWS	JEWELLERY MAKING	BENCHBALL	ROBOT CRAFTS
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
OBSTACLE COURSES	BUG HOTEL CRAFTS	NERF GAMES	FRUIT KEBABS	GLOW STICK & ROBOT PARTY

WEEK SIX:

TUESDAY 26TH AUGUST	WEDNESDAY 27TH AUGUST	THURSDAY 28TH AUGUST	FRIDAY 29TH AUGUST
GIANT INFLATABLES	KARATE	RECYCLED BIRDHOUSE CRAFTS	PARTY DECORATION CRAFTS
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
PLAYDOUGH MAKING	PAINTING	TRAMPOLINING	END OF SUMMER DISCO

BOOK NOW!

INFO@MEOPHAMLEISURE.ORG 01474 814199

Help Your Child Discover the Joy of Reading This Summer!

This summer, give your child the chance to fall in love with reading! The **Summer Reading Challenge**, created by The Reading Agency and delivered in partnership with public libraries, is a FREE, fun-packed way to keep kids reading and learning all summer long.

This year's theme is **Story Garden**, where imagination blossoms and stories grow! Children will explore creativity, storytelling, and the magic of books through exciting activities and adventures.

Why Join?

- It's **FREE!** Available at local libraries and online
- Inspires a **lifelong love** of reading
- Boosts **confidence, creativity, and imagination**
- Earn **rewards, certificates, and prizes**
- Fun for the whole **family**. Visit your **local library** together
- **95%** of children said they **read more** after joining!
- Children **choose their own books** to read over the summer, **collect rewards** for each milestone they reach, and **receive a certificate or medal** when they complete the challenge.

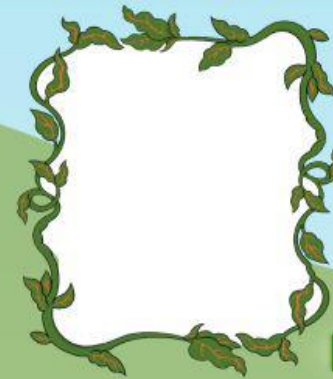


Visit your local library or go online at
summerreadingchallenge.org.uk
 to get started from 5 July 2025.

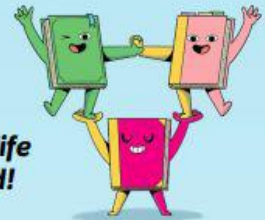
Help your child start their reading adventure today!



Join the **Summer Reading Challenge** in libraries or online.
 It's FREE and you'll earn rewards for reading over the holidays!



Draw your
 creature, from life
 or from legend!



NATURE SPOTTING

The outdoors is full of all sorts of creatures! Go outside and see what you can find out of the animals, bugs, and plants listed below:

Pigeon

Worm

Dandelion

Rabbit

Butterfly

Rose

Duck

Bee

Oak Tree/Acorn

Crow

Ladybird

Daisy

Fox

Woodlouse

Nettle

Head to the library to start your Challenge! My local library is

summerreadingchallenge.org.uk

APRIL TO
OCTOBER 2025



WEEKLY MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

21ST APRIL
12TH MAY
9TH JUNE
30TH JUNE
21ST JULY
1ST SEPTEMBER
22ND SEPTEMBER
13TH OCTOBER

Mild Chili Beef
Tomato & Herb Penne Pasta **1 VG**
Jacket with a Choice Of Toppings **7,8,9**

Rice, Mixed Peppers, Peas

Jammy Finger **1,6 VG**
& Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Pesto Pasta Shells **1,7**
Rice & Bean Burrito & Wedges **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Sausage Roll & Gravy **1,6**
Vegetable Sausage & Gravy **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes, Green Beans,
Carrots

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Margherita Pizza **1,3,7 V**
Loaded Cajun Bean Wedges **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Pasta **1**, Sweetcorn, Coleslaw **9**

Sultana Cake **1VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Fish Fingers **1,8** or
Salmon Fish Cake **1,7,8**
Cheese & Tomato Pinwheel **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Baked Beans,
Cucumber

Caramel Cookie **1,7**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK TWO

28TH APRIL
19TH MAY
16TH JUNE
7TH JULY
8TH SEPTEMBER
29TH SEPTEMBER
20TH OCTOBER

Vegetable Nuggets with Katsu Sauce
1VG
Onion Bhajis with Katsu Sauce **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Rice, Carrots, Peas

Vanilla Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Beef & Onion Pie **1**
Cheesy Pasta Twists **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Crushed Potatoes
Seasonal Vegetables

Chocolate & Mandarin Mousse **7,3**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Roasted Vegetable Hot Pot **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice
Broccoli, Carrots

Cornflake Cookie **1,3,7,16**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

BBQ Pulled Chicken Loaded Wedges
Tomato Spaghetti **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Coleslaw **9**

Spiced Apple Focaccia **1,3 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Tuna Penne Pasta **1,7,8**
Margherita Pizza **1,3,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Grated Carrot

Oaty Biscuit **1,15 VG**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK THREE

5TH MAY
2ND JUNE
23RD JUNE
14TH JULY
15TH SEPTEMBER
6TH OCTOBER

Beef Bolognaise Pasta Shells **1**
Cheese & Pesto Swirl **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Baked Wedges
Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Caribbean Chicken Curry
Herby Tomato Penne Pasta **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rice, Green Beans, Carrots

Peach Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Samosa Puff **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice,
Cabbage, Swede

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Macaroni Cheese **1,7 V**
Coconut & Spinach Biryani **6 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Mixed Peppers

Chocolate Cake **1 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Chicken Bites **1**
Cheese & Cauliflower Nuggets **7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Sweetcorn, Coleslaw **9**

Ginger Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

***Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

WE ♥ VEGGIES

