



Istead Rise Primary Celebration Newsletter

Friday 12th September 2025



Headteacher Mr S Payne

Acting Head of School: Mrs M Clark

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Website: www.isteadrise.org.uk

Twitter: [@IsteadRisePS](https://twitter.com/IsteadRisePS)

Facebook: [Facebook](https://www.facebook.com/IsteadRisePS)



Wednesday 17th September
Flu Vaccinations
Whole School

Tuesday 23rd September
Parent Drop- In
Years 1-6

Friday 26th September
Macmillan
Coffee Morning

Friday 17th October
End of Term 1

Monday 27th October
Term 2 Begins

Thursday 6th November
Parent Consultations

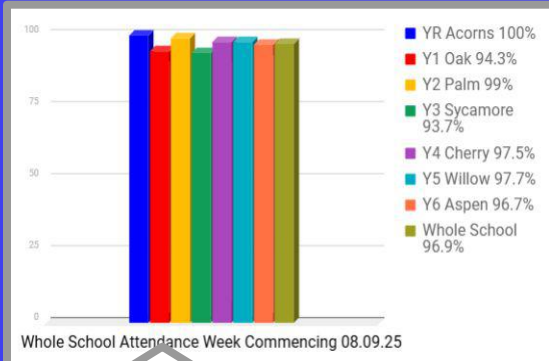
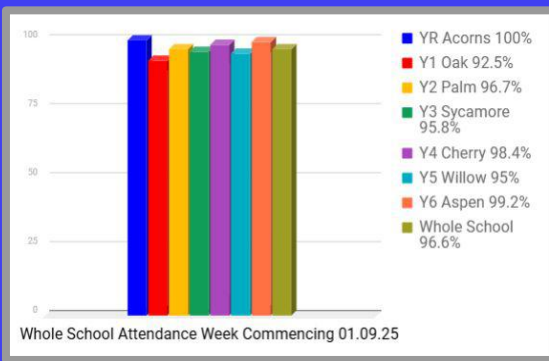
Friday 19th December
End of Term 2

Monday 5th January 2026
INSET Day
School Closed


Tuesday 6th January
Term 3 Begins

Friday 13th February
End of Term 3


Monday 23rd February
Term 4 Begins



Attendance Class Awards



W/C 01.09.25
KS1- Year R 100%
KS2- Year 6



W/C 08.09.25
KS1- Year R 100%
KS2- Year 5

WORLD'S BIGGEST COFFEE MORNING

MACMILLAN CANCER SUPPORT



Macmillan Coffee Morning
Friday 26th September

NHS

flu: 5 reasons to vaccinate your child



- 1. Protect your child**
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**
The nasal spray is painless and easy to have
- 4. It's better than having flu**
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**
If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit www.nhs.uk/child-flu

Flu Immunisation
Helping to protect children, every winter

eSafety

Parent Zone is a dedicated space filled with resources and engaging videos specifically created to assist parents and carers in keeping their children safe online

[Access Parent Zone Resources Here](#)



Online Safety Newsletter September 2025

The consent portal for the nasal flu vaccinations closes today at 4pm

<https://www.kentimmunisations.co.uk/> our school code is **KT142052**

Year R

Welcome Year R!

Year R have made an incredible start at Istead Rise Primary School. We are so proud of how they have adjusted to school life - following new routines and expectations with perseverance and respect. We are looking forward to spending Term 1, getting to know them through our topic 'All about me'.



Thank you for the return of the paper bags. The children have been excited to share the contents. Speaking confidently about them and showing their favourite items, families and creations.

We have learnt so much about the children who have talked so far.

We will continue to share them over the next few weeks.



Year R



Year R have had so much fun exploring their new learning environments - inside and outside. They have particularly enjoyed the obstacle course where they were able to move materials to create their own courses. The bikes, water, sand and role play areas were also popular. The children have shown great kindness and care towards each other and it has been lovely to watch new friendships forming.



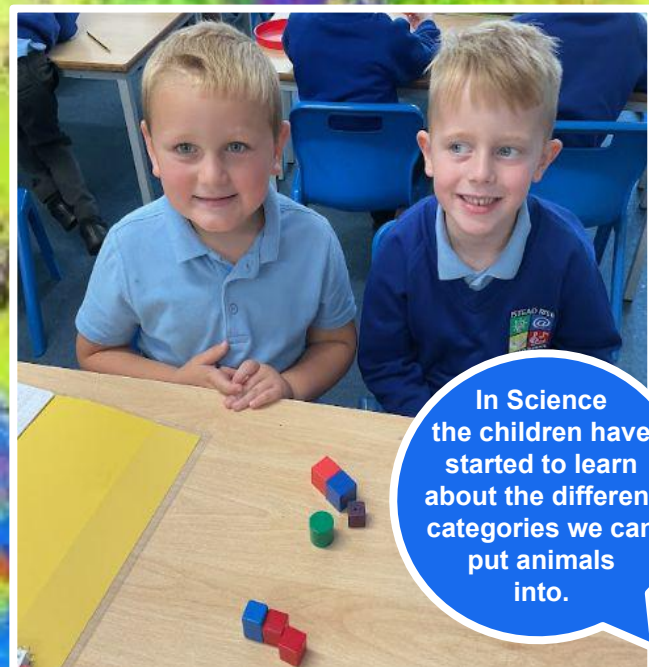
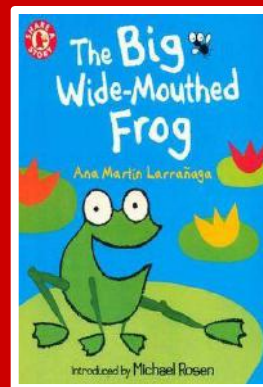
Year 1



The children have started their Year 1 journey with lots of enthusiasm and are enjoying all their new learning opportunities.

In maths we have been learning how to sort different objects, by shape, colour and size.

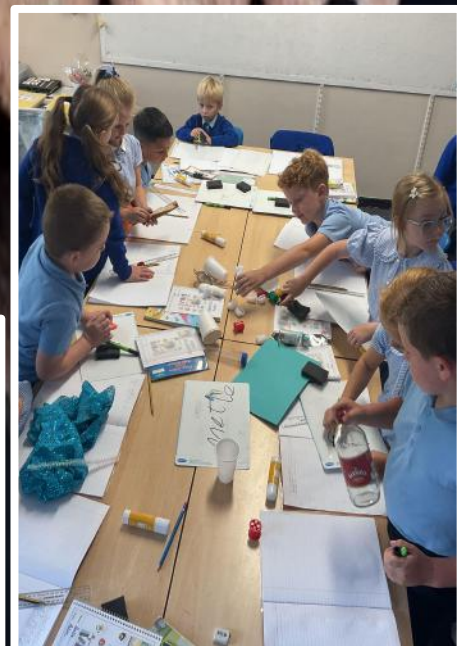
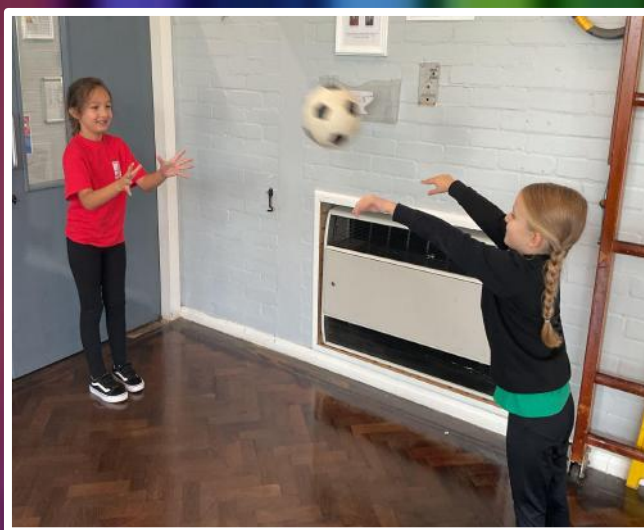
The children have enjoyed their first English learning sequence, reading 'The Big Wide-Mouthed Frog', using lots of adjectives to describe the characters.



In Science the children have started to learn about the different categories we can put animals into.



Year 2



The children have had a fantastic start to Year 2. We have been learning and implementing sophisticated adjectives to write setting descriptions. As a result of beautiful handwriting, some of the children have earned their Pen licence.

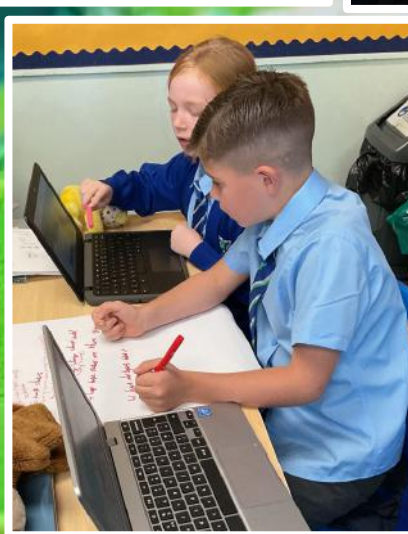
In Maths we have been using place value to add up using column addition. This is something the whole class is getting really good at.

For PE, the children have been practicing their passing skills to play Netball.

The class have enjoyed a fun Art lesson where we are looking at repeated patterns and texture.

Mr Payne and Mrs T Clark are proud of the class for their positive attitude and hard work so far this term.

Year 3



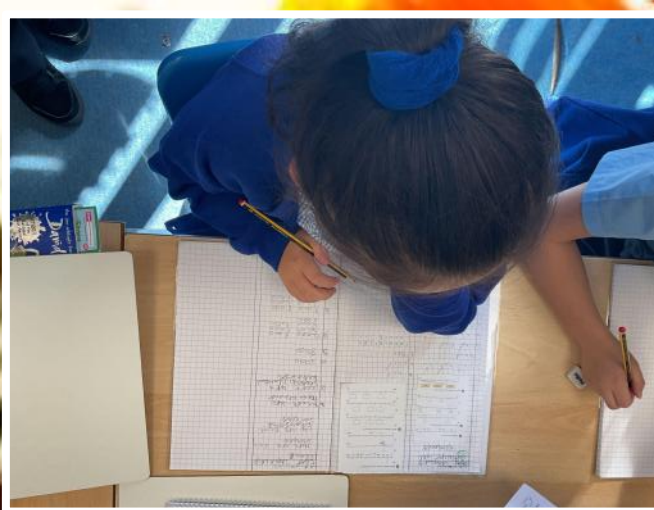
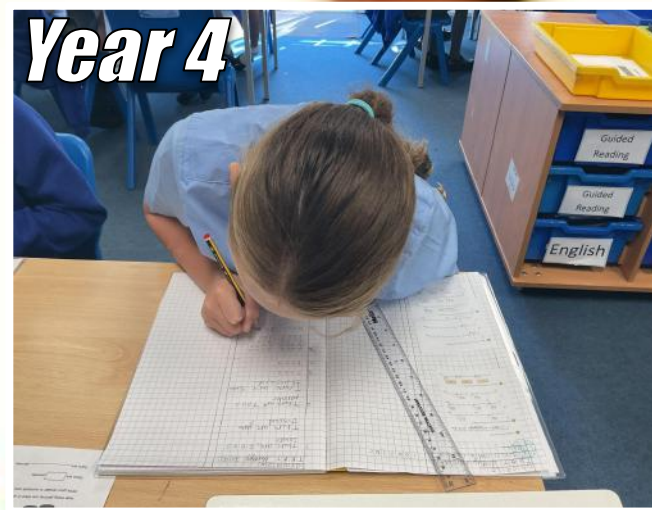
Year 3 have made a fantastic start to the term and transitioned well from Year 2 to Year 3.

In guided reading, we are reading a Dick-King Smith book, *The Sheep-Pig*. Our English sequence of work is an information text about tigers. The children have enjoyed using computers to research facts about tigers that they can include in their work. In maths we are focusing on place value (hundreds, tens and ones).

In geography we learned about the United Kingdom Countries and Capital Cities and used a computer to find different counties around the UK. During science we started our topic of animals including humans, we learned there are three types of skeleton: exoskeleton, endoskeleton and hydrostatic skeleton.

In DT we looked at food and climate using an atlas.

Year 4



It has been an excellent start to the year! In Guided Reading we have started 'How to Train your Dragon', and we will be reading the whole novel over the next few terms.

In writing we have started our first narrative unit, based on the traditional tale of Hansel and Gretel. We are focusing on sophisticated vocabulary and expanded noun phrases, while reminding ourselves of the basics of writing from last year.

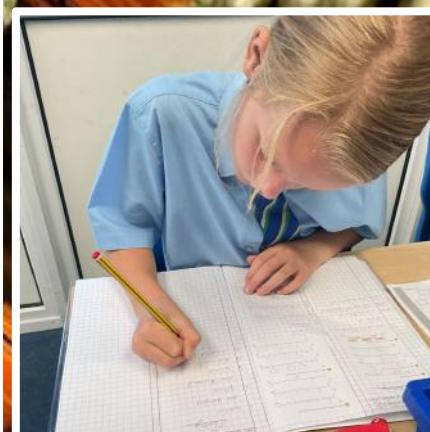
In maths we are looking at place value, and have looked up to 10,000. This has included the value of each digit in a number and partitioning.

Science this term is all about sound, and we started with a predictive investigation as to where we thought the quietest and loudest places would be within the school, which included a walk round to see if we were correct and also listening out for any sounds we could hear. The children were very surprised how much sound carries around our buildings.

In RE we will look specifically at pilgrimages in each major world religion in Year 4, and have started with Sikhism and the Golden Temple.

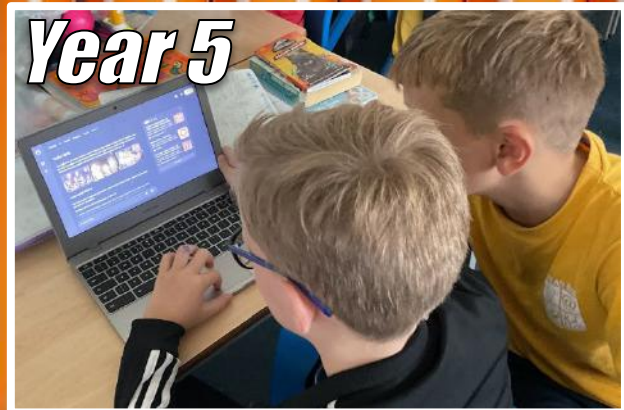
In music we have started our unit based on the music of ABBA and have started learning this term's song: Mamma Mia.

In Computing we are looking at how to work collaboratively, and it has been great to hear that some of the children have now started to do this at home.



Year 4





Year 5 have made a fantastic start to the new academic year. In guided reading we have started to read the novel 'Dragon Mountain', the children have made some well thought out prediction about what they think will happen to Billy and the dragons. In English we have begun our first writing sequence, creating a narrative based on an alien invasion at Istead Rise Primary School. The children have been working hard to develop their language choices, create awareness of the reader, as well as using a range of figurative language. In PE with Coach James we have been learning about the skills needed to play Jagtag and netball. During our computing lessons we have been creating posters on ways to stay safe online and investigating which search engines provide the most helpful websites.

Year 6



Code Breaking In Computing

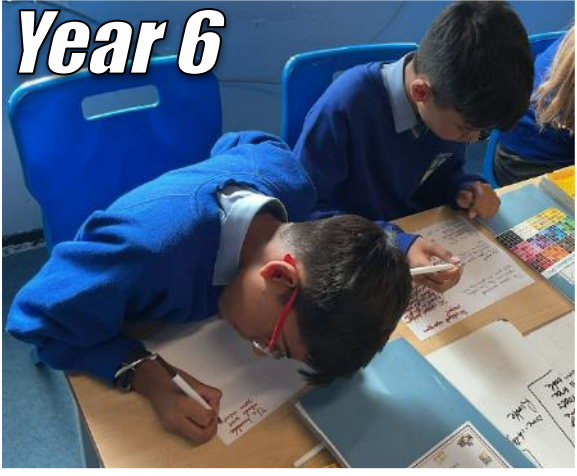


Year 6 have made a fantastic start to the new school year.

In English, we have been learning the different skills needed to write a high level description such as using sophisticated vocabulary and varying our writing with different sentence starters. In Reading, we have started our novel - 'Varjak Paw' which has been enjoyed so far.

In Maths, we have been recapping place value and practising our times tables daily in TT Rockstars.

Year 6



Busy in English!



W/E 12.09
 Winning Class
 1st Year 5
 2nd Year 4
 3rd Year 6



W/E 12.09
 Most Valuable Player
 1st Charlie S - Year 5
 2nd Theo B - Year 4
 3rd Tyler G - Year 4



Core Values Congratulations To All Our Winners



Week Ending 05.09

Year 5

Bradley & Rosie for Perseverance, Charlie for Independence

Year 6

Emilia for Respect, Maya & Kai for Perseverance

Week Ending 12.09

Year R

Olivia for Independence, Inara for Perseverance & Finley for Respect

Year 1

Jessica for Independence, Sophia for Self Reflection & Tyrell for Respect

Year 2

Melissa for Perseverance, Eden & Vinnie for Self Reflection

Year 3

Frank & Rei for Respect, Lennon for Perseverance

Year 4

**Devan for Independence, Chase for Self Reflection
 & Florence for Respect**

Year 5

Sujaan for Self Reflection, Evelyn for Respect & Henry for Independence

Year 6

**Katelyn for Perseverance, Nihaal for Independence
 & Ted for Perseverance**



At The heart of the New Story Theatre Company is storytelling through theatre and provides space for creativity and collaboration. Children are involved in the writing and performing an original production, including prop making, costume design and set design. They are also involved in making decisions on staging, lighting, visuals effects, soundtracks. The project culminates in a performance for parents later in the school year.

New Story Theatre Company meets every Tuesday in the school from 3.15pm until 4.45pm. There will be a taster session on Tuesday 16th September. For further information, please email: martin@newstorytheatrecompany.co.uk

WE ACCEPT CHILDCARE VOUCHERS & OFFER TAX-FREE CHILDCARE!

MEGA CAMPS
KIDS DAY ACTIVITY CAMPS

CHILD CARE FROM 8am - 6pm

AGES 4 - 14

OCTOBER CAMP 2025
AT ALL LOCATIONS - CHECK WEBSITE FOR DATES

WALL CLIMBING
KIDS FAVOURITE

FANCY DRESS

INFLATABLE FOOT DARTS

ANIMAL WORKSHOP

DIFFERENT MEGA ACTIVITIES, ARTS & CRAFTS AND SPORTS AVAILABLE EACH DAY

MULTIPLE LOCATIONS THROUGHOUT ESSEX, KENT & SURREY THIS OCTOBER
CHECK WEBSITE FOR LOCATIONS & DATES

BOOK ONLINE NOW!
WWW.MEGACAMPS.NET
OR CALL 0333 012 4378

ALL OUR STAFF ARE DBS CHECKED

Ofsted Registered

HOLIDAY COURSE
OCTOBER HALF TERM

Fun, engaging, inclusive, safe football activity for Boys & Girls of all abilities, during the school holidays. Book now by scanning the QR code or using the below website and course code.

Course Code	Venue	Date
SS-LA-K-2	Leigh Academy TN9 2PH	21st-22nd October
Timings	Age	Cost
10.00-15.00	School Year 1-8	£72.00

chelseasoccerschools.co.uk



Supporting your Child's Anxiety

Would you like to:

- Increase your understanding of anxiety in children?
- Meet up with other parents and carers?
- Discuss your experiences of anxiety?
- Learn new ways to help your child manage their anxiety?

This course is for you!

Where: Online Course

Date: Friday 26th September 2025

Time: 12:30 - 14:30

To book a place please contact: lawnfh@kent.gov.uk or call 03000 421125

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

FREE, fun & informal courses



Kent Adult Education is part of Community Learning and Skills



Supporting Families with ADHD Teens

Would you like to:

- Explore Autism and ADHD alongside the demands of adolescence.
- Share Strategies and resources for managing and supporting behaviour.
- Celebrate the positives of Autism and ADHD.

This course is for you!

Where: Online Course

Date: Wednesday 15th, 22nd, 29th September and 6th October (4 week course)

Time: 16:30 - 20:30

To book a place please contact: Lawn Family Hub 03000 421125 or email lawnfh@kent.gov.uk

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

FREE, fun & informal courses



Kent Adult Education is part of Community Learning and Skills



Family First Aid

Would you like to know:

- How to make an emergency phone call?
- How to use the primary survey?
- How to practise cardiopulmonary resuscitation (CPR)?
- How to place a casualty into the recovery position?
- How to recognise and treat choking?
- How to treat and monitor bleeding, minor bleeds and burns?

This course is for you!

Where: Riverside Family Hub, Dickens Road, Gravesend, DA12 2JY

Date: Monday 15th, 22nd, 29th September 2025 (3 week course)

Time: 09:30-11:30

To book a place please contact: Lawn Family Hub 03000 421125 or email lawnfh@kent.gov.uk

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

FREE, fun & informal courses



Kent Adult Education is part of Community Learning and Skills



Join us at our Year 6 Open Events

Join us at our Open Events to see us in action, speak to students and staff, tour our academy and visit lessons.

Open Evenings

Tuesday 30th September

Thursday 9th October

6.00pm - 8.00pm

No booking required

Open Mornings

Monday 6th October

Thursday 9th October

Various times available

Booking required via our website

Main Road, Longfield, Kent, DA3 7PH
leighacademylongfield.org.uk/admissions




FEMALE PLAYERS WANTED SEASON 25/26

Girls Wanted for U8, U9, and U10 Teams
No prior experience required!
Join the only all-female football club in Gravesham and be part of something special.

07557885322
Graveshamwfc@gmail.com

ROCK AND POP BAND LESSONS!



IGNITE THEIR SELF-BELIEF

- Children learn to play an instrument in their very own band.
- Fun and inclusive in-school band lessons. No music theory involved.
- Follow their musical journey in your Rockstage account.
- Exam-free, Ofqual-regulated Trinity music qualification.
- Instruments provided and no experience necessary.

BOOK YOUR CHILD'S PLACE ONLINE



0330 113 0330 (Sun-Thurs 9am-5pm, Fri 9am-5pm, local rates)

rocksteadymusicschool.com

APRIL TO
OCTOBER 2025



WEEKLY MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

21ST APRIL
12TH MAY
9TH JUNE
30TH JUNE
21ST JULY
1ST SEPTEMBER
22ND SEPTEMBER
13TH OCTOBER

Mild Chili Beef
Tomato & Herb Penne Pasta **1 VG**
Jacket with a Choice Of Toppings **7,8,9**

Rice, Mixed Peppers, Peas

Jammy Finger **1,6 VG**
& Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Pesto Pasta Shells **1,7**
Rice & Bean Burrito & Wedges **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Sausage Roll & Gravy **1,6**
Vegetable Sausage & Gravy **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes, Green Beans,
Carrots

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Margherita Pizza **1,3,7 V**
Loaded Cajun Bean Wedges **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Pasta **1**, Sweetcorn, Coleslaw **9**

Sultana Cake **1VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Fish Fingers **1,8** or
Salmon Fish Cake **1,7,8**
Cheese & Tomato Pinwheel **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Baked Beans,
Cucumber

Caramel Cookie **1,7**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK TWO

28TH APRIL
19TH MAY
16TH JUNE
7TH JULY
8TH SEPTEMBER
29TH SEPTEMBER
20TH OCTOBER

Vegetable Nuggets with Katsu Sauce
1VG
Onion Bhajis with Katsu Sauce **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Rice, Carrots, Peas

Vanilla Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Beef & Onion Pie **1**
Cheesy Pasta Twists **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Crushed Potatoes
Seasonal Vegetables

Chocolate & Mandarin Mousse **7,3**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Roasted Vegetable Hot Pot **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice
Broccoli, Carrots

Cornflake Cookie **1,3,7,16**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

BBQ Pulled Chicken Loaded Wedges
Tomato Spaghetti **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Coleslaw **9**

Spiced Apple Focaccia **1,3 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Tuna Penne Pasta **1,7,8**
Margherita Pizza **1,3,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Grated Carrot

Oaty Biscuit **1,15 VG**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK THREE

5TH MAY
2ND JUNE
23RD JUNE
14TH JULY
15TH SEPTEMBER
6TH OCTOBER

Beef Bolognaise Pasta Shells **1**
Cheese & Pesto Swirl **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Baked Wedges
Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Caribbean Chicken Curry
Herby Tomato Penne Pasta **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rice, Green Beans, Carrots

Peach Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Samosa Puff **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice,
Cabbage, Swede

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Macaroni Cheese **1,7 V**
Coconut & Spinach Biryani **6 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Mixed Peppers

Chocolate Cake **1 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Chicken Bites **1**
Cheese & Cauliflower Nuggets **7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Sweetcorn, Coleslaw **9**

Ginger Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

***Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

WE ♥ VEGGIES

