



Istead Rise Primary Celebration Newsletter

Friday 26th September 2025



Headteacher Mr S Payne

Telephone: 01474 833177

Twitter: @IsteadRisePS

Acting Head of School: Mrs M Clark

Email: irpoffice@swale.at

Facebook: Facebook

Website: www.isteadrise.org.uk



Friday 17th October
End of Term 1

Monday 27th October
Term 2 Begins

Thursday 6th November
Parent Consultations

Wednesday 12th
November School
Photographer
Individual Photos

Friday 19th December
End of Term 2

Monday 5th January 2026
INSET Day
School Closed

Tuesday 6th January
Term 3 Begins

Friday 13th February
End of Term 3

Monday 23rd February
Term 4 Begins

Thursday 2nd April
End of Term 4

Monday 20th April
Term 5 Begins

We are delighted to welcome Miss Fionne Frost to the Istead Rise staff team. Miss Frost will be joining our After School Club and has already spent time getting to know the children. She is greatly looking forward to working with our pupils and contributing to make our after school provision as successful as possible.



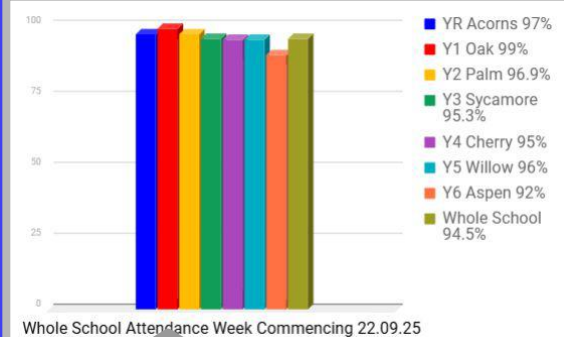
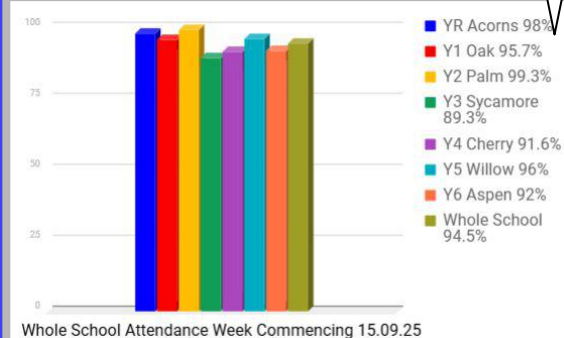
On Friday 19th September Mrs Flatman & Mrs Sandhu along with their sons (our lovely ex pupils!) joined over 1300 people to take part in the Ellenor Twilight Walk in Gravesend.



Mrs Flatman has witnessed first hand the amazing work Ellenor do supporting families through very difficult times. Between them they have raised over £400, if you would like to donate you can do so via the link below.

*ellenor.**

[Donate Here](#)



Parent Zone is a dedicated space filled with resources and engaging videos specifically created to assist parents and carers in keeping their children safe online.

[Access Parent Zone Resources Here](#)

[Online Safety Newsletter September 2025](#)



Attendance Class Awards



W/C 15.09.25 W/C 22.09.25
KS1- Year 2 KS1- Year 1
KS2- Year 5 KS2- Year 3

Summer Reading Challenge 2025



A big well done to all who took part in this year's 'Summer Reading Challenge'.

Istead Rise Primary came 10th in the Gravesham league table, which is fantastic.

We hope you all enjoyed your visit to the library and got to read some great books.

Here are Florence and Willow H of Year 2 with their medals and certificates.



THE READING AGENCY Summer Reading Challenge



Gravesham Schools – Final

Rank	School	2 Books Read	4 Books Read	6 Books Read	% of school medals
1st	Cobham Primary School	1	4	47	21.8%
2nd	Meopham Community Academy	7	7	75	18.3%
3rd	Shorne Church of England (V.C) Primary School	1	4	35	17.0%
4th	Painters Ash Primary School	6	3	58	14.9%
5th	Vigo Village School	6	1	19	14.5%
6th	St Joseph's Catholic Primary School, Northfleet	3		30	14.0%
7th	Gad's Hill School Higham	1		16	12.1%
8th	Singlewell Primary School	3	2	43	10.7%
9th	Riverview Infant School	1	1	31	9.9%
10th	Istead Rise Primary School	2	1	17	8.2%
11th	Whitehill Primary School	10		40	7.2%
12th	Riverview Junior School	4	4	31	6.3%
13th	Bronte School, Gravesend		1	7	4.9%
14th	Wrotham Road Primary School		3	20	4.8%
15th	Higham Primary School	3	1	10	4.7%
16th	Sedley's CEP School			4	4.0%
17th	Springhead Park Primary School	6		14	4.0%
18th	Shears Green Infant School	4	2	11	3.9%
19th	St Botolph's CEP School	3	1	15	3.6%
20th	Rosherville Church of England Academy	1		5	3.4%
21st	Lawn Primary School	1		7	3.4%
22nd	Saint George's C of E Primary School	2	1	9	3.2%
23rd	Cecil Road Primary and Nursery School	2		12	3.2%
24th	Tymberwood Academy	3		12	3.2%
25th	St John's Catholic Primary School, Gravesend	2	2	21	2.5%
26th	Holy Trinity CEP School, Gravesend	2		9	2.1%
27th	Kings Farm Primary School	1		8	2.0%
28th	Culverstone Green Primary School			4	2.0%
29th	Westcourt School		1	4	1.4%
30th	Shears Green Junior School	2	1	6	1.2%
31st	Copperfield Academy	1		5	1.2%
32nd	Ifield School - Gravesend			1	0.8%
33rd	Chantry Community Academy	1	1	2	0.5%



Supported using public funding by
ARTS COUNCIL ENGLAND



Kent Libraries

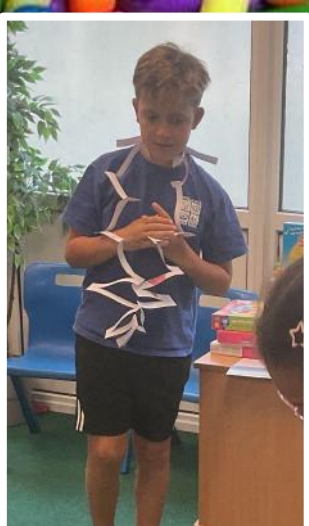


CUSTOMER EXCELLENCE



Kent County Council

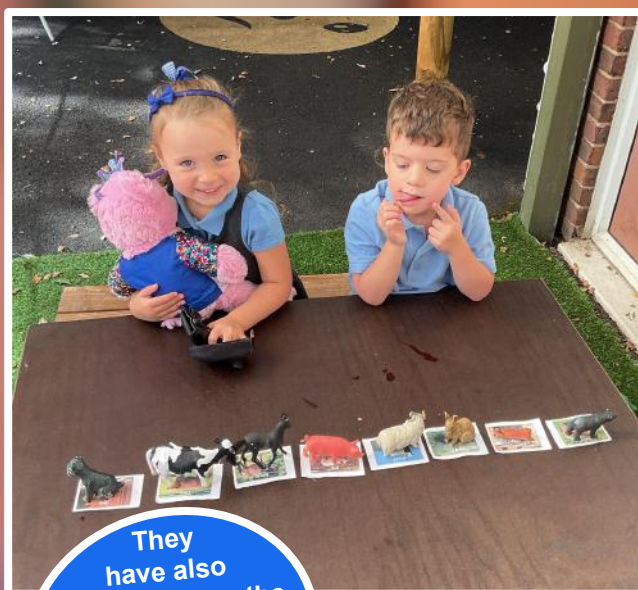
Craft STEM



We have had two really good 'crafty' weeks at STEM club. The group were tasked with, 'Could you step your whole body through a celebration card?'. The group thought it was impossible until they gave it a go. They were amazed that they could do it after making careful cuts in the right places on the card. They were even more amazed when we made the card smaller and were still able to step through it. In week two, we looked at the physical changes of melting chocolate. After we talked about how and why chocolate transforms from a solid state to a liquid state. The group used the melted chocolate to make a chocolate covered apple. They then decorated it with sprinkles before chilling it so the melted chocolate became a solid again.

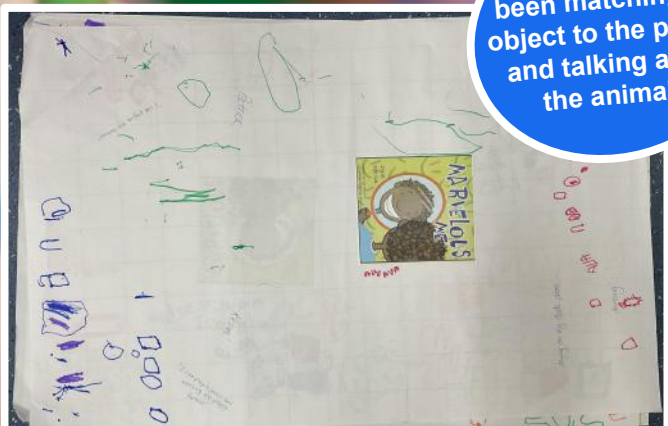
A great start to our STEM club - Mrs T Clark.

Year R



The children have enjoyed using the resources around the classroom to help with their learning. In maths, they found objects that were the same but different and told their friends why.

They have also been matching the object to the picture and talking about the animals.



Over the last two weeks in English, we have been looking at 'Who's in my Family' and 'Marvellous Me'. The children have spoken lots and drawn their families and things they are good at.



Year R



In PE, we are learning to dribble the ball around cones. The children have shown great concentration during these sessions.

We have had the privilege of having Monty come to visit us and we have read him a story (which he thoroughly enjoyed!) and had a stroke and a cuddle with him too.



Year 1



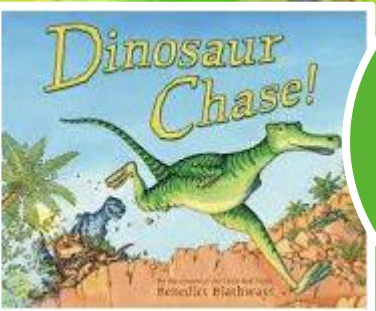
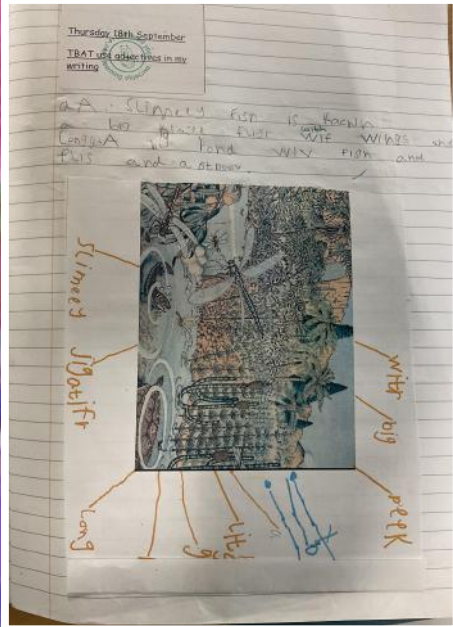
In DT Year 1 children have enjoyed finding out how the mechanics of a windmill work, exploring the different uses for a windmill, as well as the history of a windmill.



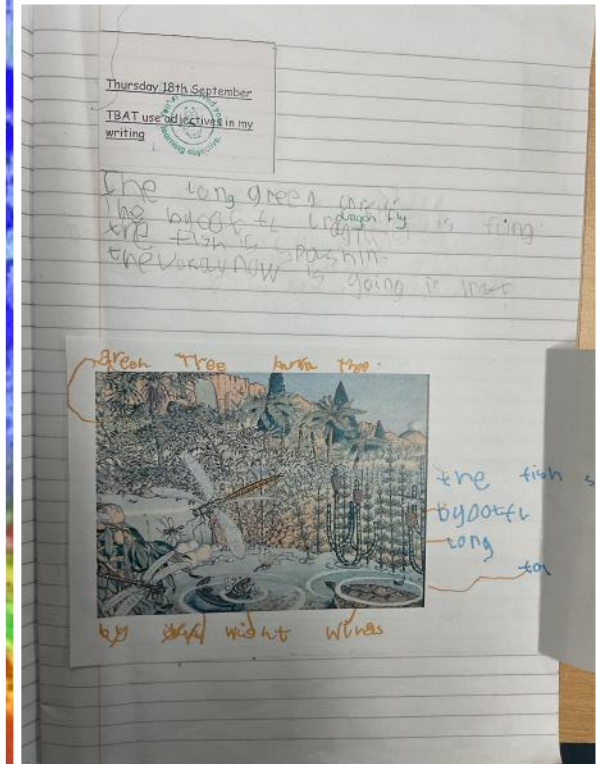
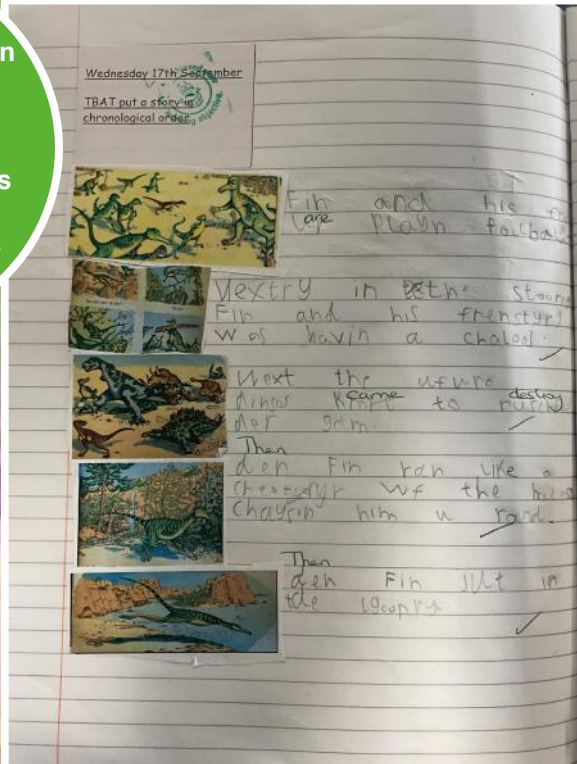
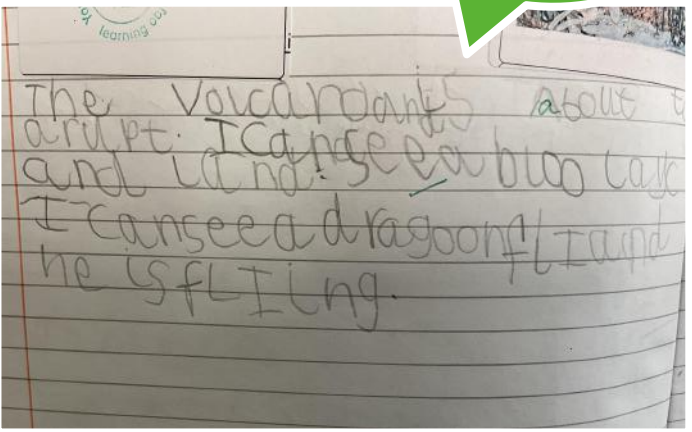
Testing out our windmills to see if they work!



Year 1



In English, Year 1 children have been enjoying the book **Dinosaur Chase**, exploring how the characters feel as well as using adjectives to describe the characters and settings.

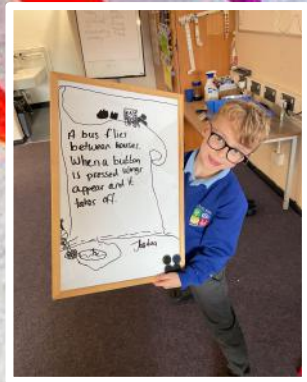




Year 2 have been investigating inventions both in Science and in Computing. In Science, the class have been looking at the properties of materials and their suitability. Pupils tested three spoons made from three different materials to see which one could move the most Rice Krispies. The spoons were made from ice, jelly and chocolate. This week the class discussed the invention of Charles Macintosh - Yes, you guessed it, the raincoat. To test to see if my raincoat was waterproof, the class had great fun throwing cups of water over me to see if the water would run off and keep me dry or absorb into the material.



In Computing, we have been looking at how a computer works and different types of technology that requires a computer. The class discussion was centered around inventions that have an input and an output. The class then enjoyed designing their own inventions. The class have continued to work hard on their Place Value skills in Maths and produced some amazing writing in their portfolios on setting descriptions. Six more pupils in the class received their pen licence from Mr Payne.



Year 3



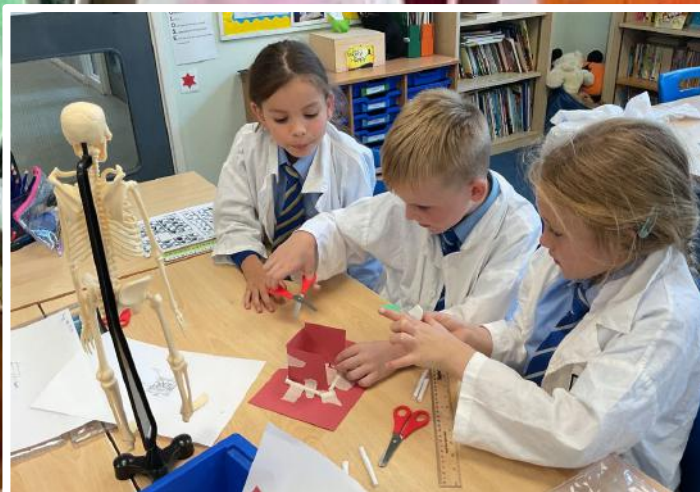
The children have had a fantastic couple of weeks. They have finished their first piece of writing - an information text about tigers.

In maths we have just finished learning place value and will be going on to learning addition and subtraction.

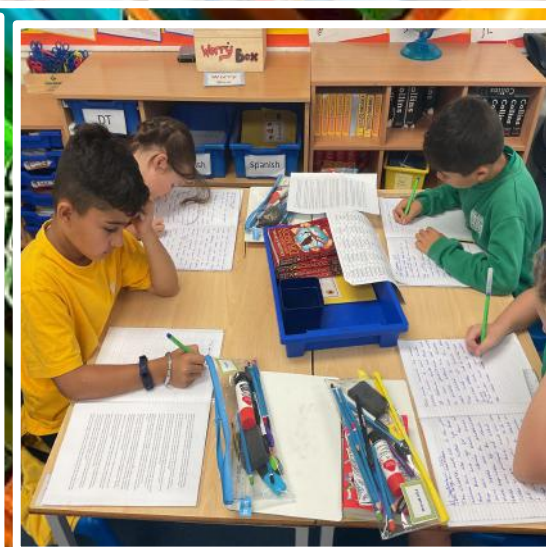
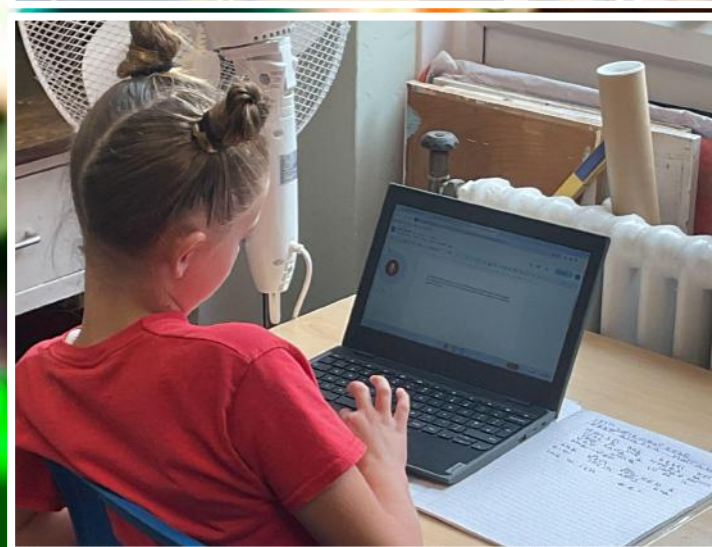
In DT the children learned cutting and peeling skills, and enjoyed sampling the produce.

In Science the children investigated how to protect a chocolate covered teacake from cracking if dropped, based on their understanding of the human skeleton and how it protects vital organs in the body.

In Music the children used the glockenspiels to accompany a piece of music.



Year 4



It's been a busy time in Year 4! We have completed our first writing sequence on Hansel and Gretel, and will be moving onto our next sequence of writing a non-chronological report.

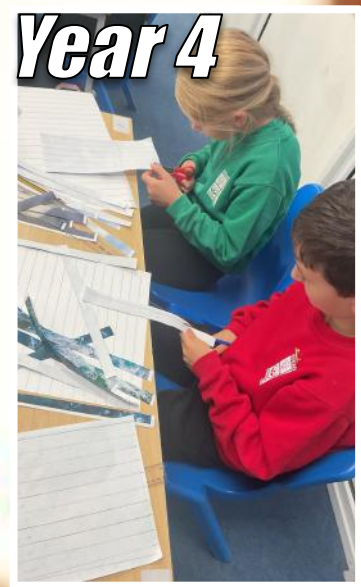
In Maths, we have continued with our work on place value, which this week has included Roman Numerals.

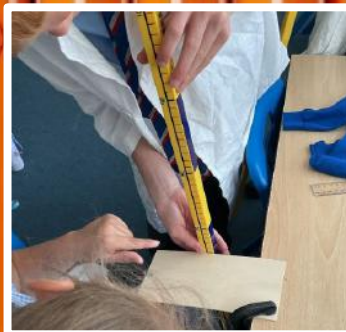
We have also taken part in the first Regional League of the MTC World Cup competition for this year, where everyone worked incredibly hard and as a result Year 4 qualified for the National Final, which will take place next week.

In Science we have continued exploring and learning about sound, which this week included learning about the different parts of the ear, how each part works and how to protect our hearing.

In Music we have started learning the glockenspiel parts to Mamma Mia, as well as improving our singing of the song.

In Geography this week, we learnt about the polar regions and how they compare with the UK on the hours of daylight they receive throughout the year.





There once was a silly baboon
Who had a red balloon
He lived in a tree
He loved to wee
His dream was to go|the moon

There was an ogre who had a friend Donkey
Who had a walk which was wonky
He tripped over a log
And landed face first on a frog
Which made him a wonkier donkey



The children have had another great couple of weeks, continuing their hard work.
In English the children finished writing their narratives, about aliens arriving at Istead Rise and have begun their next sequence, writing a description about Shrek's swamp.
The children also had a go at writing some limericks, something I know they enjoyed.
In Science the children have continued to look at the properties of materials , investigating how they react when weight is applied and testing their absorbency.
In PE the children have been working on their defensive skills in netball and put these skills to the test last lesson.

Year 5



Year 6



Fun in our online safety workshop!



Year 6 have been busy in English, getting ready to write an eerie description of a forest. So far, we have practised using figurative language such as similes, metaphors and personification. We have also practiced using different sentence starters to vary our writing and keep it interesting!

In Maths, we have been learning how to multiply up to four numbers by two numbers, using the column method. Year 6 have worked very hard on this!

PE has been lots of fun and the children are building on their skills each week. On Tuesdays, we learn different skills in Flag Football and on Thursdays, we practice and learn new netball skills. Well done to all of our Star Players recently!



W/E 19.09
Winning Class

1st Year 6
2nd Year 4
3rd Year 3

W/E 12.09
Most Valuable Player

1st Matilda - Year 6
2nd Samuel Yanis - Year 6
3rd Khenyang - Year 4

W/E 26.09
Winning Class

1st Year 6
2nd Year 4
3rd Year 5

W/E 12.09
Most Valuable Player

1st Rajan - Year 6
2nd Sienna - Year 5
3rd Samuel Yanis - Year 6



Core Values Congratulations To All Our Winners

Week Ending 19.09

Year R

Emilia for Self Reflection, Kevin for Independence & Isabella for Respect

Year 1

Finley for Independence, Albert for Perseverance & Henry for Respect

Year 2

Aria for Respect, Piper & Ikyro for Independence

Year 3

Nathan for Perseverance, Jacob T for Independence & Adriana for Respect

Year 4

Amber, Henry & Rajah for Self Reflection

Year 5

Cruz for Self Reflection, Teddy & Margaret for Respect

Year 6

Rajan, Lucas & Freddie for Perseverance

Week Ending 26.09

Year R

Emilia & Charlie for Independence, Liberty for Self Reflection

Year 1

Leyla for Independence, Dainchie for Self Reflection
& Frankie for Perseverance

Year 2

Jeremias & Belle for Independence, Willow H for Perseverance

Year 3

Ellie for Independence, Olivia for Respect & Sybil Rose for Self Reflection

Year 4

Emilia for Independence, Raelie for Self Reflection
& Ronnie for Perseverance

Year 5

Harry & Samuel for Independence, Alf for Perseverance

Year 6

Shae & Samuel L for Independence, Elvie for Perseverance

REFORMOLOGY

REFORMER PILATES STUDIO
NOW OPEN



OVER 50
CLASSES
A WEEK

INTRO OFFER
2 CLASSES FOR £30

ALL CLASSES ARE MIXED ABILITY
INCLUDING MENS ONLY CLASSES
& OVER 50s CLASSES

We have a team of highly qualified instructors, so each class will be instructed with adoptions for all levels including beginners.



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FREE PARKING: SEE WEBSITE FOR DETAILS

FEMALE PLAYERS WANTED SEASON 25/26

Girls Wanted for U8, U9, and U10 Teams

No prior experience required!

Join the only all-female football club in Gravesham and be part of something special.

07557985322
Graveshamwfc@gmail.com

MEGA CAMPS
KIDS DAY ACTIVITY CAMPS

WE ACCEPT CHILDCARE VOUCHERS & OFFER TAX-FREE CHILDCARE!

CHILD CARE FROM 8am - 6pm

AGES 4 - 14

OCTOBER CAMP 2025
AT ALL LOCATIONS - CHECK WEBSITE FOR DATES

WALL CLIMBING
KIDS FAVOURITE
ANIMAL WORKSHOP
FANCY DRESS
INFLATABLE FOOT DARTS

DIFFERENT MEGA ACTIVITIES, ARTS & CRAFTS AND SPORTS AVAILABLE EACH DAY

MULTIPLE LOCATIONS THROUGHOUT ESSEX, KENT & SURREY THIS OCTOBER
CHECK WEBSITE FOR LOCATIONS & DATES

BOOK ONLINE NOW!
www.MEGACAMPS.NET
OR CALL 0353 012 4378

ALL OUR STAFF ARE OFSTED REGISTERED

ROCK STEADY

ROCK AND POP BAND LESSONS!

IGNITE THEIR SELF-BELIEF

- Children learn to play an instrument in their very own band.
- Fun and inclusive in-school band lessons. No music theory involved.
- Follow their musical journey in your Backstage account.
- Exam-free. Ofqual-regulated Trinity music qualification.
- Instruments provided and no experience necessary.

BOOK YOUR CHILD'S PLACE ONLINE

0330 113 0330 (Mon-Thu 9am-6pm, Fri 9am-5pm, local retail)

rocksteadymusicschool.com

HOLIDAY COURSE
OCTOBER HALF TERM

Fun, engaging, inclusive, safe football activity for Boys & Girls of all abilities, during the school holidays. Book now by scanning the QR code or using the below website and course code.

Course Code	Venue	Date
SS-LA-K-2	Leigh Academy TN9 2PH	21st-22nd October

Timings	Age	Cost
10.00-15.00	School Year 1-8	£72.00

chelseasoccerschools.co.uk



At The heart of the New Story Theatre Company is storytelling through theatre, which provides space for creativity and collaboration. Children are involved in the writing and performing of an original

production, including prop making, costume design and set design. They are also involved in making decisions on staging, lighting, visuals effects and soundtracks. The project culminates in a performance for parents later in the school year.

New Story Theatre Company meets every Tuesday in the school from 3.15pm until 4.45pm. If your child would like a taster session, please contact Martin Smyth directly.

For further information, please email:

martin@newstorytheatre.com



Guitar Tuition
Available in school on a 1-1 basis

Contact Chris - 07940 046124 or
Downschris6@aol.com



Family First Aid

Would you like to know:

- How to make an emergency phone call?
- How to use the primary survey?
- How to practise cardiopulmonary resuscitation (CPR)?
- How to place a casualty into the recovery position?
- How to recognise and treat choking?
- How to treat and monitor bleeding, minor bleeds and burns?

This course is for you!

Where: Riverside Family Hub, Dickens Road, Gravesend, DA12 2JY

Date: Monday 15th, 22nd, 29th September 2025 (3 week course)

Time: 09:30-11:30

To book a place please contact: Lawn Family Hub 03000 421125 or email lawnfn@kent.gov.uk

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

FREE, fun & informal courses



Kent Adult Education is part of Community Learning and Skills



Supporting Families with ADHD Teens

Would you like to:

- Explore Autism and ADHD alongside the demands of adolescence.
- Share Strategies and resources for managing and supporting behaviour.
- Celebrate the positives of Autism and ADHD.

This course is for you!

Where: Online Course

Date: Wednesday 15th, 22nd, 29th September and 6th October (4 week course)

Time: 16:30 – 20:30

To book a place please contact: Lawn Family Hub 03000 421125 or email lawnfn@kent.gov.uk

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

FREE, fun & informal courses



Kent Adult Education is part of Community Learning and Skills



Supporting your Child's Anxiety

Would you like to:

- Increase your understanding of anxiety in children?
- Meet up with other parents and carers?
- Discuss your experiences of anxiety?
- Learn new ways to help your child manage their anxiety?

This course is for you!

Where: Online Course

Date: Friday 26th September 2025

Time: 12:30-14:30

To book a place please contact: lawnfn@kent.gov.uk or call 03000 421125

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

FREE, fun & informal courses



Kent Adult Education is part of Community Learning and Skills



Join us at our Year 6 Open Events

Join us at our Open Events to see us in action, speak to students and staff, tour our academy and visit lessons.

Open Evenings

Tuesday 30th September
Thursday 9th October
6.00pm - 8.00pm
No booking required

Open Mornings

Monday 6th October
Thursday 9th October
Friday 10th October
Various times available
Booking required via our website

Main Road, Longfield, Kent, DA3 7PH
leighacademylongfield.org.uk/admissions



MAYFIELD GRAMMAR SCHOOL GRAVESEND

Mayfield Grammar School, Gravesend is a highly successful selective school admitting girls from Gravesend and the surrounding areas. In June 2024 Ofsted declared us to be an outstanding school where "pupils thrive within the school's highly ambitious culture" where the "expertly designed curriculum inspires pupils to develop a deep understanding across a broad range of subjects."

We would like to invite prospective students for **September 2025** entry at age eleven, with their parents/carers to see the school during a normal working day at our open mornings which can be booked via links on our website from mid-September or to visit our open evening when you can speak to current students and staff.

OPEN MORNINGS
Tuesday 14th October 2025
Wednesday 15th October 2025

Our Open Mornings take place from 9.00am to 11.00am and include a guided tour of the school with the last tour departing at 10.00am.



Prospective students and their parents are also invited to look around the school and speak to current students and staff at our

Open Evening
Thursday 16th October 2025

Our Open Evening will take place from 6.00pm to 8.30pm. Guided tours are available.

The Headteacher, Mrs Wilson will speak to parents/carers at 6.30pm and 7.15pm in the Hall on our Main Site. Tours during this evening cover the main site only and there is no need to make appointments in advance. Please note that there is no parking on our Main Site so please leave sufficient time to park in the surrounding roads.

"High expectations underpin every aspect of school life." Ofsted, June 2024

Pelham Road, Gravesend, Kent, DA11 0JE.
Telephone : 01474 352696. Fax : 01474 331195
E-mail : enquiries@msg.kent.sch.uk
Headteacher : Mrs E. Wilson, B.A.(Hons)



halloween disco

DJ CLIVE'S CRAZY MUSIC DISCO

FACEPAINTER & STALLS

AMALFI PIZZA VAN

£3 PER CHILD ENTRY
£1 PER NON MEMBER ADULT ENTRY
£FREE UNDER 2S AND ADULT MEMBERS

ISTEAD RISE COMMUNITY CENTRE

SATURDAY 18TH OCTOBER 2025
5PM - 8PM

GAMES FOR KIDS
PRIZES FOR BEST COSTUMES

MUST BOOK TICKETS IN ADVANCE

SCAN ME

PLEASE SUPPORT YOUR LOCAL SMALL BUSINESSES THIS CHRISTMAS

CHRISTMAS MARKET

Join us for an exciting Christmas Market where you'll find unique gifts, a magical atmosphere and festive spirit!

KIDS CRAFT ACTIVITY * CRAFT @ STALLS
ELF VISIT AND KIDS GAMES * FACE PAINTER

SUNDAY 30TH NOVEMBER
2PM TILL 5PM

FREE ENTRY

Istead Rise Community Centre
Worcester Close, Istead Rise DA13 9LB

LCR SPORTS

FOOTBALL CAMP

Holy Trinity Church Of England Primary School,
Trinity Road, Gravesend, DA12 1LU

OCTOBER 2025
20th - 23rd

4 DAY CAMP
10AM - 3PM

£95 FULL WEEK
~~£128~~
OR £32 PER DAY

EARLY BIRD OFFER
£85
OFFER ENDS 5TH OCTOBER

Learn New Skills - Challenge Yourself - Raise Your Game

- Football development, tournaments and more
- Children aged between 5 - 12 years
- Trophies / Rewards & Prizes to be won
- FA qualified coaches & DBS checked
- Please bring a packed lunch, football boots & shin pads
- Parents are invited to watch the presentation at 2:30pm on Thursday.

SCAN ME

WE ALSO OFFER

- Football Development
- 1 - 2 - 1 Coaching
- Birthday Parties
- Toddler Football

BOOK ONLINE **0739 358 3874**

WWW.LCRSPORTS.CO.UK CHARLIE@LCRSPORTS.CO.UK

LCR SPORTS

FOOTBALL DEVELOPMENT SESSIONS

Learn New Skills - Challenge Yourself - Raise Your Game

GRAVESEND MONDAY

UNDER 6s - UNDER 8s
5:00PM - 5:50PM

UNDER 9s - UNDER 11s
5:50PM - 6:40PM

UNDER 12s - UNDER 14s
6:40PM - 7:30PM

SAINT GEORGE'S SECONDARY SCHOOL
MEADOW RD, NORTHFLEET GRAVESEND DA11 7LS

BEXLEY PARK WEDNESDAY

UNDER 6s - UNDER 8s
5:00PM - 5:50PM

UNDER 9s - UNDER 11s
5:50PM - 6:40PM

UNDER 12s - UNDER 14s
6:40PM - 7:30PM

BEXLEY PARK SPORTS & SOCIAL CLUB
CALVERT DRIVE, DARTFORD DA2 7GA

TODDLER FOOTBALL

Sessions are from 18 months to 4 years at the following locations

NORTHFLEET MONDAY
Shears Green Community Centre
DA11 7HP

CRAYFORD WEDNESDAY
Crayford Library
DA1 4FN

GRAVESEND SATURDAY
Holy Trinity Primary School
DA12 1LU

FREE TRIAL!

SCAN ME

WE ALSO OFFER

- Football Camps
- 1 - 2 - 1 Coaching
- Birthday Parties

BOOK ONLINE **0739 358 3874**

WWW.LCRSPORTS.CO.UK CHARLIE@LCRSPORTS.CO.UK

APRIL TO
OCTOBER 2025



WEEKLY MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

21ST APRIL
12TH MAY
9TH JUNE
30TH JUNE
21ST JULY
1ST SEPTEMBER
22ND SEPTEMBER
13TH OCTOBER

Mild Chili Beef
Tomato & Herb Penne Pasta **1 VG**
Jacket with a Choice Of Toppings **7,8,9**

Rice, Mixed Peppers, Peas

Jammy Finger **1,6 VG**
& Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Pesto Pasta Shells **1,7**
Rice & Bean Burrito & Wedges **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Sausage Roll & Gravy **1,6**
Vegetable Sausage & Gravy **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes, Green Beans,
Carrots

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Margherita Pizza **1,3,7 V**
Loaded Cajun Bean Wedges **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Pasta **1**, Sweetcorn, Coleslaw **9**

Sultana Cake **1VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Fish Fingers **1,8** or
Salmon Fish Cake **1,7,8**
Cheese & Tomato Pinwheel **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Baked Beans,
Cucumber

Caramel Cookie **1,7**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK TWO

28TH APRIL
19TH MAY
16TH JUNE
7TH JULY
8TH SEPTEMBER
29TH SEPTEMBER
20TH OCTOBER

Vegetable Nuggets with Katsu Sauce
1VG
Onion Bhajis with Katsu Sauce **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Rice, Carrots, Peas

Vanilla Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Beef & Onion Pie **1**
Cheesy Pasta Twists **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Crushed Potatoes
Seasonal Vegetables

Chocolate & Mandarin Mousse **7,3**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Roasted Vegetable Hot Pot **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice
Broccoli, Carrots

Cornflake Cookie **1,3,7,16**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

BBQ Pulled Chicken Loaded Wedges
Tomato Spaghetti **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Coleslaw **9**

Spiced Apple Focaccia **1,3 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Tuna Penne Pasta **1,7,8**
Margherita Pizza **1,3,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Grated Carrot

Oaty Biscuit **1,15 VG**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK THREE

5TH MAY
2ND JUNE
23RD JUNE
14TH JULY
15TH SEPTEMBER
6TH OCTOBER

Beef Bolognaise Pasta Shells **1**
Cheese & Pesto Swirl **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Baked Wedges
Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Caribbean Chicken Curry
Herby Tomato Penne Pasta **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rice, Green Beans, Carrots

Peach Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Samosa Puff **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice,
Cabbage, Swede

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Macaroni Cheese **1,7 V**
Coconut & Spinach Biryani **6 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Mixed Peppers

Chocolate Cake **1 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Chicken Bites **1**
Cheese & Cauliflower Nuggets **7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Sweetcorn, Coleslaw **9**

Ginger Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

***Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

WE ♥ VEGGIES

