



Istead Rise Primary Celebration Newsletter

Friday 10th October 2025



Headteacher Mr S Payne

Telephone: 01474 833177

Twitter: @IsteadRisePS

Acting Head of School: Mrs M Clark

Email: irpoffice@swale.at

Facebook: Facebook

Website: www.isteadrise.org.uk



Friday 17th October
End of Term 1

Monday 27th October
Term 2 Begins

Thursday 6th November
Parent Consultations

Wednesday 12th
November School
Photographer
Individual Photos

Friday 19th December
End of Term 2

Monday 5th January 2026
INSET Day
School Closed

Tuesday 6th January
Term 3 Begins

Friday 13th February
End of Term 3

Monday 23rd February
Term 4 Begins

Thursday 2nd April
End of Term 4

Monday 20th April
Term 5 Begins

It is with great pleasure we welcome Mr Hickson to the Istead Rise staff team. We are extremely excited to have him join us at Istead Rise as our Year 2 teacher. He is looking forward to working here and to teaching our pupils.



Attendance Class Awards



W/C 29.09.25 W/C 06.10.25
KS1 - Year 1 KS1 - Year R
KS2 - Year 4 KS2 - Year 5

The link below will take you to a copy of October's Online Safety Newsletter
[Online Safety Newsletter](#)

Usborne Book Fair

You're invited to our

Usborne Book Fair

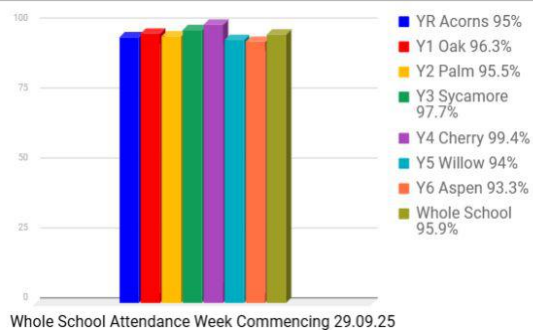
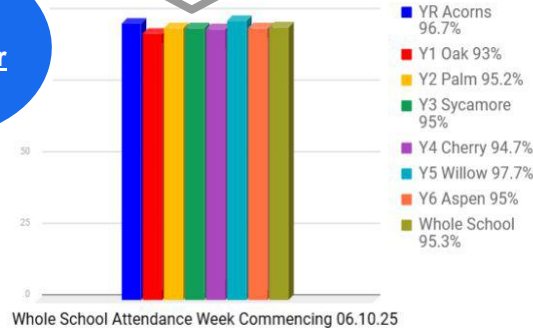
on Mon 13th & Tue 14th at 3.30pm

You'll find us in
KS2 Library

Our Independent Usborne Partner is
Laura Nicholls

You can contact them on
Laura: 07783954371

In partnership with



Online Safety Newsletter Oct 2025

Risks of using AI for mental health

AI chatbots and wellness apps are becoming increasingly popular, which may lead to your child accessing them to support their mental health.

What should I be concerned about?

- The information/advice given may not always be accurate.
- Privacy concerns of how data is collected and used.
- Children may use these apps rather than seeking help from an adult.

What can I do?

- Chat to your child regularly about what apps and websites they are using and why.
- Remind them AI is a tool and not a substitute for qualified professionals who provide tailored advice/support.
- Talk to them about how they should fact check information.
- Check age ratings.

Further information: <https://www.informationforparents.com/ai-chatbots-what-you-should-know/>

YouTube

YouTube is one of the most popular platforms, available across many different devices - phones, tablets and Smart TVs etc. YouTube is intended for users over the age of 13, however, your child can still access YouTube with consent from a parent/guardian. There are different options available to access YouTube, depending on your child's age.

- YouTube Kids** - a separate app that includes a smaller selection of videos based on the age category you select: Preschool (ages 4 and under), Younger (ages 5-8) or Older (ages 9-12).
- Supervised accounts** - a parent-managed version of YouTube that allows you to control the content your child can access. You can select one of the following options:
 - Explore** - Generally for viewers aged 9+.
 - Explore more** - Generally for viewers aged 13+.
 - Most of YouTube** - This setting includes almost everything except for videos marked as 18+.

Find out more: <https://support.google.com/youtube/answer/9103112>

What do I need to be aware of?

Whilst YouTube can be educational and fun, it is important to be aware of the potential risks, such as:

- Inappropriate content.
- Excessive ScreenTime - particularly due to the autoplay feature.
- Unwanted contact / cyberbullying - particularly via comments if your child is sharing videos.
- Algorithms - algorithms influence what we see to keep us engaged. This can lead to a user being exposed to large amounts of content about one topic/theme, which may not be helpful if it is negative.
- Adverts that may not be aimed at or suitable for your child's age.

What can I do?

- Set up appropriate parental controls.
- Show your child the reporting and blocking tool available.
- Watch YouTube together or supervise use.

Further information: <http://www.informationforparents.com/parental-controls/parents-parent-search-engine/youtube-app/>




Thank you to all of our Parents/Carers who attended our recent MacMillan Coffee Morning. It was lovely to see so many of you enjoying a piece of cake with your child/children. We raised an amazing **£953.64** for the charity, who do such fantastic work supporting people living with cancer and their loved ones.



*ellenor.**

Thank you to the Ellenor for sending us our very own baby bear cub, we are looking forward to receiving a bigger version to decorate which will go on show around the Dartford and Gravesham area.
More details to follow.



To Ms T Clark
and all of the Staff & Pupils at Istead
Rise Primary School.

We wanted to send you a note to
let you know how excited we are that
you have joined the

#Dartfordbearhunt

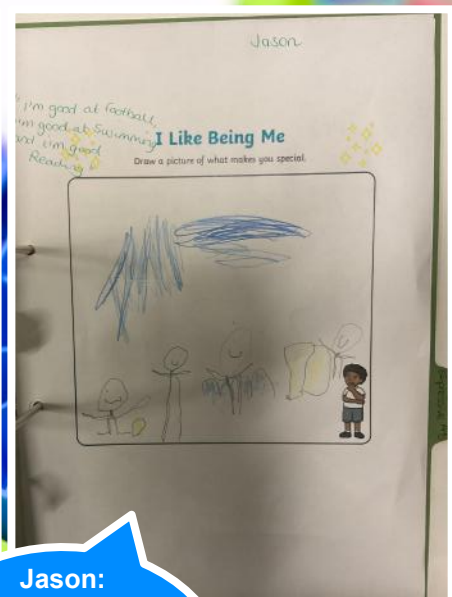
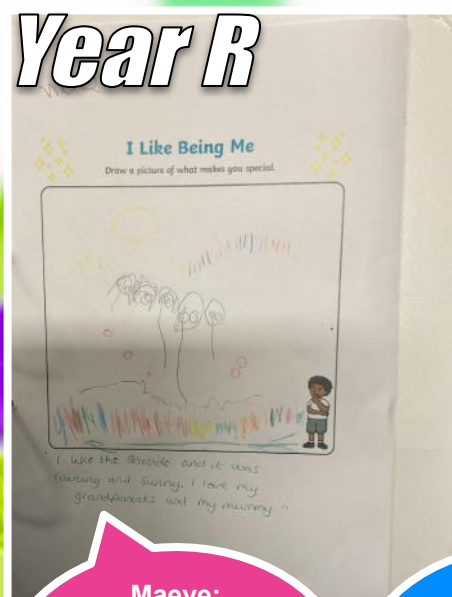
To say thank you for your support
and aid in your bear related activities
we wanted to send you your
Very own Plush Bear!

We are really looking forward to
working with you on the Art Trail

Best wishes

The ellenor Team

Year R

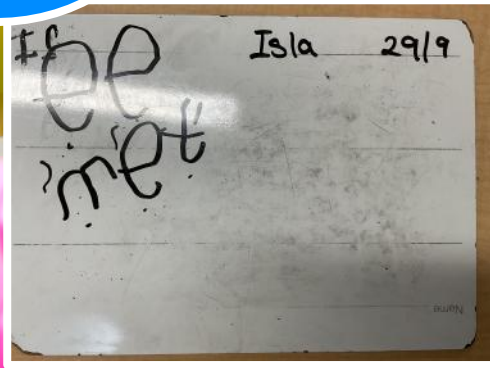
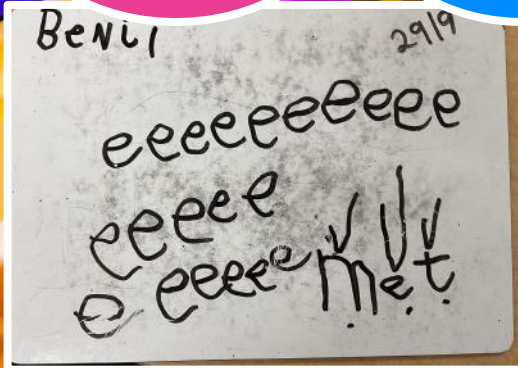


Maeve:
 "I like the seaside and it was raining"
 "I love my Grandparents and my Mummy"

Jason:
 "I'm good at football"
 "I'm good at swimming" "I'm good at reading"

We have continued our topic 'All about me' discussing and drawing things that make us special. The children shared some lovely things that they like about themselves.

Reception class has made an enthusiastic start to reading and writing CVC words. They have been working hard with Mrs Ridley, using magnetic letters to support them.
 Reception class have continued to be incredibly busy this term, keeping up the great attitude to learning. Well done!

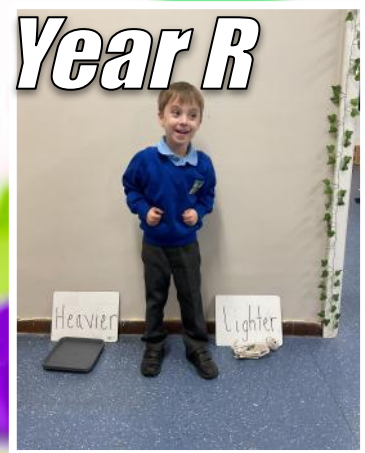


Reception class have made a fantastic start to phonics. We have learnt 20 phonemes and have started to blend our sounds to read and write words.

Bug hunting.
 Reception class have been really excited to find ladybirds this week. They used their exploration skills to see what other minibeasts they could find.



Year R



Maths

We have been exploring and comparing mass. We have made predictions using our hands and we have used the balance scales. This was to determine if objects weigh more, less or the same as each other.

Expressive Arts

After learning all about our skeletons, we created our own. We paid attention to details and used what we had learned to talk about the different parts of our skeletal structures.



Understanding of the World
We have been looking at our skeletons. We have learnt what its role is and the names of some bones. Reception now know the largest and strongest bone is the femur and the smallest bone is in the ear and it is called the stapes. They have also learnt what foods keep their bones healthy.



Year R



"It's slimy"

Understanding of the world: Our story of the week is Oliver's Fruit salad. From this, we made our own fruit salad and focused on our senses, using our sense of touch and smell before we tasted. The children used some great describing words to express how the fruit felt, smelt and tasted



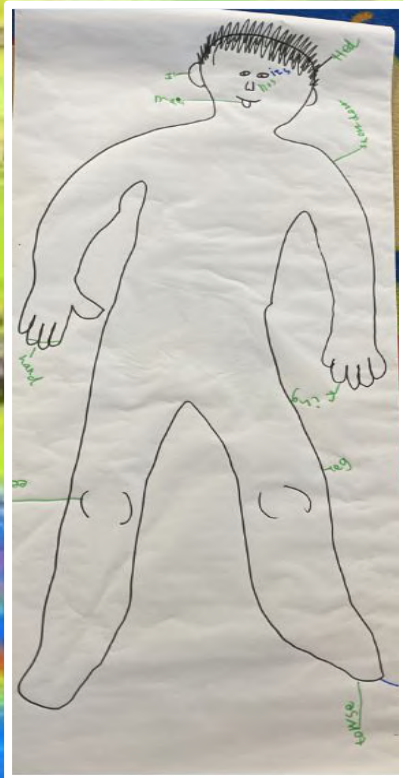
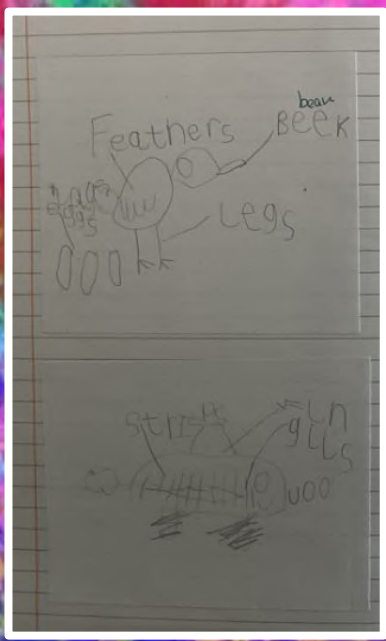
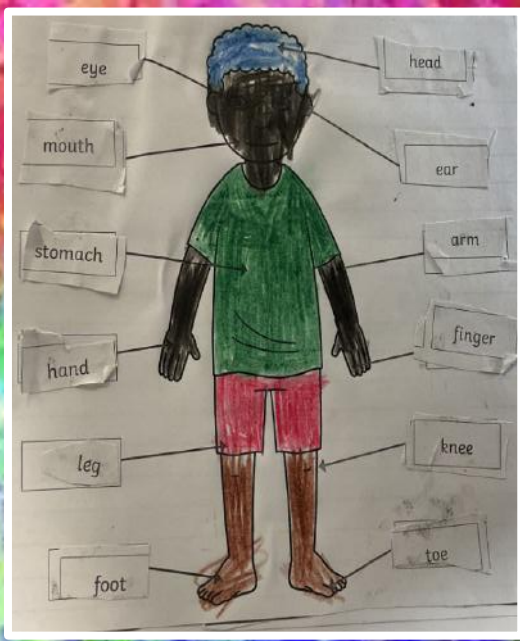
"It's sticky"



Understanding of the world: The children became scientists! They wore their IR science coats, for the first time, to carry out an investigation into how fruit changes over time. First they made a prediction about what would happen, then they cut up the fruit independently, and placed it onto trays to watch over the week. They have been eager each day to see what has been happening. The children have displayed some great observational skills - and discussed how their senses support them to see, smell and touch the changes. Many of them said they would like to be scientists when they grow up!



Year 1



Bird

- wings
- Beak
- eyes
- feathers
- eggs
- carnivore

Mammal

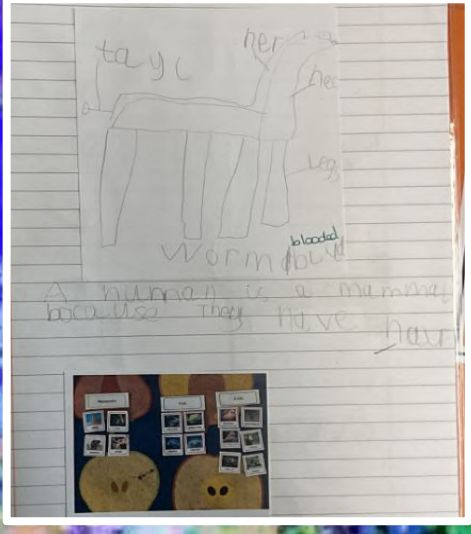
- warm blooded
- 4 leg

Eleph

Amphibian

- land + water
- smooth skin
- cold blooded
- carnivore

Reptiles	amphibians	Insects
LIZARD	FROG	Beetle
SNAKE	NEWT	WASP
	TOAD	BUTTERFLY



Year 1 have been exploring animals including humans during their science lessons. They have looked at mammals, insects, amphibians, birds and fish. The children have discovered what makes them part of this category. The children have been looking at what animals are carnivores, herbivores or omnivores and where do humans fit into these categories. We had good fun labelling and finding the parts of our body and are looking forward to using our senses for taste, smell, touch sight and hearing.

Year 2



In English, Year 2 have been using high level vocabulary to describe a monster. Mr Payne has been really impressed with their writing. The class designed their own monster to write a character description of.

In Maths, we have been continuing with Place Value using flexible partitioning. As we come to the end of our RE topic for this term, Sikhism, the class enjoyed a sweet and savoury indian treat. Thank you to Mrs Sandhu for organising this for us. In RE this week we made diyas, small oil lamps. The class will be decorating them next week ready to take home.

In Music, the class were so sensible when using the glockenspiels to perform a song. Mr Hickson and myself Mrs T Clark were impressed with the performance.

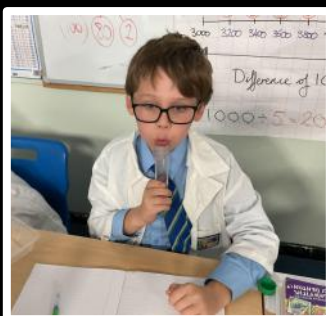


Year 3



Year 3 have had another successful couple of weeks. They thoroughly enjoyed cooking their vegetable tarts as part of our design and technology unit and of course eating them! In science we explored muscle groups and joints. The children enjoyed labelling each other with names of the joints and the muscles. We made a muscle model demonstrating muscles can't push, they can only pull. In geography we located geographical regions and their human and physical features. Maths we have moved onto learning addition and subtraction. In English we have just finished writing a powerful description of the sea.





It's been another busy time in Year 4!

In English we are working on writing a non-chronological report based on a pet from another planet, looking at transitional phrases and using a more formal writing style.

In Maths we have started our unit on addition and subtraction, looking this week at column addition with exchanging.

In Geography we have finished our final lesson on our current unit, looking at the different time zones around the world.

In music we have completed our unit on learning Mamma Mia (and our appraisals of a range of songs by ABBA), and the children have really enjoyed learning the song and the glockenspiel parts.

In Art last week we looked at the Willow Pattern, and worked to replicate this on our own plates.

In Computing this week we learnt how to create a form using the Google Suite, and created questionnaires that others in the class could then answer. It would be fair to say that everyone found this very exciting!

In Science we looked at pitch last week, investigating how we could change the pitch of a range of instruments, as well as learning about the Doppler effect and how the change in the frequency of sound waves affects the pitch that we hear.

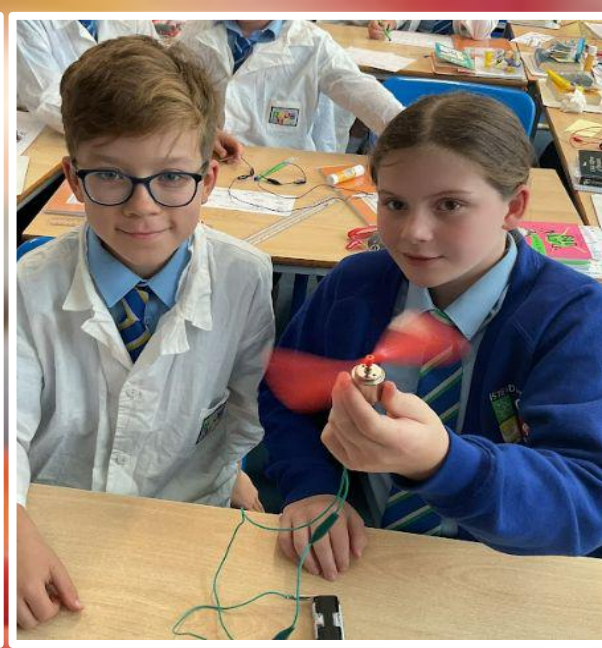
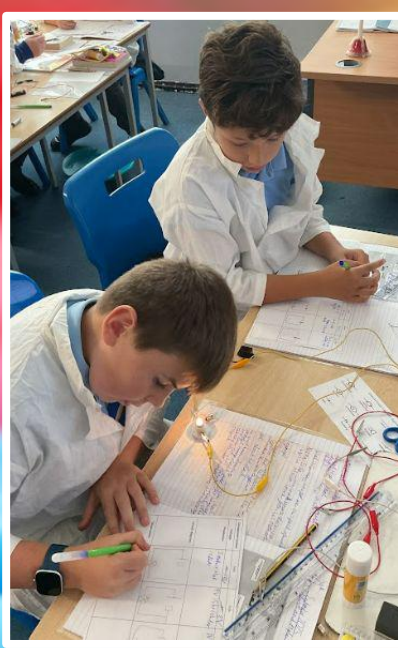
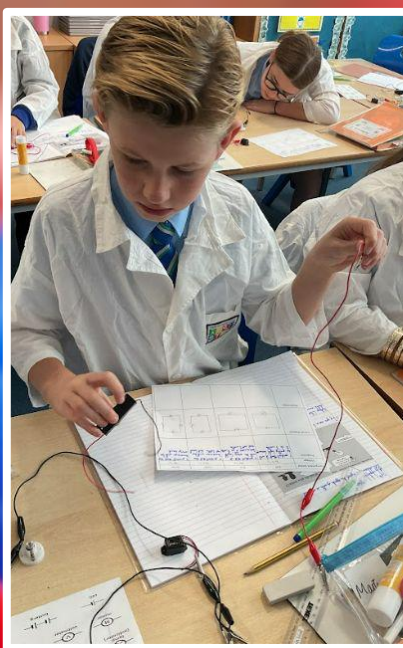
While in PE we have continued learning the skills needed to play flag football (a tag version of American Football) and netball.

Year 5

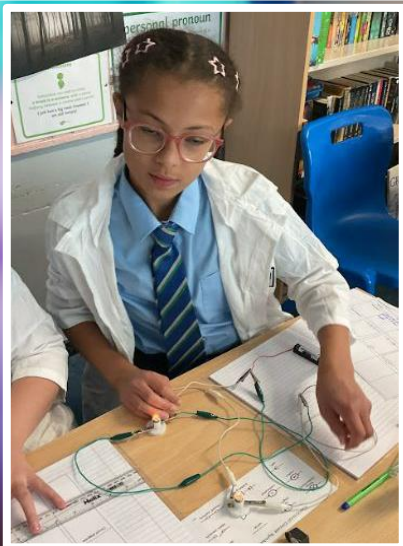
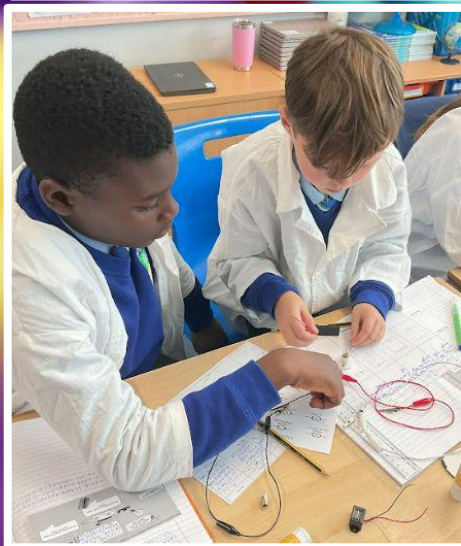


Year 5 have continued to work hard in English, finishing writing a description about Shrek and his swamp and have now begun to write a set of instructions on how to become Shrek's friend. In maths we have been working on addition and subtraction, using the rounding to estimate answers, the inverse operation to check our working, as well as solving multi step word problems. During our PE lessons we have continued to build on our skills in Jagtag and Netball ready to put those skills to the test in games in the final week of term. Lots of fun was had during our PSHE lesson, where the children were challenged to build the tallest tower in groups using only paper and masking tape. The children had to think carefully about their roles in the team and how they could best contribute to making their team a success.

Year 6



Year 6 have been working hard in English. We are currently in our biography learning sequence and are learning about Mary Seacole. We have carried out research about her work and life and have written an introduction to our biographies so far. In Science we have been learning about electricity. We have been building circuits and testing voltage so far!



Well done to Martin and Freddie who were voted in as Year 6's Eco Warriors!





W/E 03.10
Winning Class
1st Year 5
2nd Year 4
3rd Year 6

W/E 12.09
Most Valuable Player
1st Amaia - Year 5
2nd Tyler G - Year 4
3rd Otis - Year 6

W/E 10.10
Winning Class
1st Year 4
2nd Year 4
3rd Year 6

W/E 12.09
Most Valuable Player
1st Tyler G - Year 4
2nd Ronnie - Year 4
3rd Khenyang - Year 4



Core Values Congratulations To All Our Winners

Week Ending 03.10

Year R

Maeve for Self Reflection, Jack for Independence & Austin for Respect

Year 1

Isabelle for Self Reflection, Lyla for Respect & Billy for Perseverance

Year 2

Florence for Respect, Evie for Perseverance & Oliver for Independence

Year 3

Daisy & Arlo for Self Reflection, Louise for Perseverance

Year 4

Ava for Self Reflection, Freya for Independence & Ollie for Perseverance

Year 5

**William for Self Reflection, Nevaeh for Perseverance
& Dolly for Independence**

Year 6

Leah Marie, Oliver F & Emilia for Self Reflection

Week Ending 10.10

Year R

Kevin for Perseverance, Chloe & Jonas for Independence

Year 1

Noah for Self Reflection, Adrik for Independence & Max for Perseverance

Year 2

Ava, Harper & Willow H for Independence

Year 3

Milan for Respect, Aubany for Independence & Neda for Perseverance

Year 4

Leo H & Aria for Independence, Sophie for Respect

Year 5

Amaia for Respect, Saskia for Independence & Charlotte for Perseverance

Year 6

Louie & Leah Marie for Perseverance, Ruby WN for Independence

Admission to Primary school in Kent 2026

Apply online at
[kent.gov.uk/primaryadmissions](https://www.kent.gov.uk/primaryadmissions)
Opens Friday 7 November 2025 and closes at
midnight on Thursday 15 January 2026

For children born between
1 September 2021
and 31 August 2022,
Transferring to Primary school
in September 2026

What to do

- Choose a school
- Apply for a school place
- Receiving your offer

It's important to find out more about the schools you are interested in before you decide to name them on the application form.

Read the guide to Secondary Admissions at www.kent.gov.uk/primaryadmissions.

You can name up to three Primary schools, inside or outside of Kent, but you must name them all on the same application.

A simple, fast, convenient process which opens Friday 7 November 2025 and closes at midnight on Thursday 15 January 2026.

You will first need to set up an online account. The applicant is you, the parent/carer; you will then need to add your child's details before using an application. You will receive a confirmation email that your application has been correctly submitted.

You can log back in at any time to view the information submitted.

On offer day (Thursday 15 April 2026) an email will be sent after 4pm informing you of your offer. You must accept or decline the school place you have been offered by Thursday 30 April 2026.

A link to a guide with information you will need to provide the school will be in your offer email. If it has not been possible to offer your child a place in your preferred school, you have the right to appeal. You can also add their name to the school's waiting list.

Moving houses during the application window will likely complicate your application and we therefore advise you to pay special attention to key dates in the admissions process. KCC has no discretionary authority to vary the process for parents who cannot complete address moves in time to make use of them for admissions purposes. If you have queries relating to this, please email the team on one of the email addresses below.

Key dates

- Friday 7 November 2025** Online application process opens. Go to www.kent.gov.uk/primaryadmissions to register and apply.
- Thursday 15 January 2026** Online application process closes for the main round. Any amendments after this date must be emailed to primaryadmissions@kent.gov.uk.
- Thursday 16 April 2026** Offers of school places sent to parents via email after 4pm.
- Thursday 30 April 2026** Parents should contact the school to accept/refuse the place that has been offered and can use the link in the offer email to add for their child to be added to the waiting list of schools named on the original application.
- Wednesday 13 May 2026** Appeals need to be lodged by this date to be heard before September – appeals information can be found at www.kent.gov.uk/whatiscanappeal. You can only appeal for schools that were named on the application form.

Need help?

Email primaryadmissions@kent.gov.uk

Full information booklet can also be viewed online at [kent.gov.uk/primaryadmissions](https://www.kent.gov.uk/primaryadmissions)

Only one application per pupil will be accepted. If you apply online, do not complete any other form of application. Keep your login details safe and use your registered email address for all communication with the team.

The confirmation email may go to your junk/spam folder if your email – please check here before contacting our team for confirmation.

Please note applications can only be made via Kent County Council if the child resides at a Kent address. If your child does not reside at a Kent address, you must make an application via your Local Authority.



Admission to Secondary school in Kent 2026

Apply online at
[kent.gov.uk/secondaryadmissions](https://www.kent.gov.uk/secondaryadmissions)
Opens Monday 1 September 2025 and closes at
midnight on Friday 31 October 2025

For children born between
1 September 2014
and 31 August 2015,
Transferring to Secondary
school in September 2026

What to do

- Choose a school
- Apply for a school place
- Receiving your offer

It's important to find out more about the schools you are interested in before you decide to name them on the application form.

Read the Guide to Secondary Admissions at www.kent.gov.uk/secondaryadmissions.

You can name up to four Secondary schools, inside or outside of Kent, but you must name them all on the same application.

A simple, fast, convenient process which opens Monday 1 September 2025 and closes at midnight on Friday 31 October 2025.

If you already have an account set up from the Main Site process, please use these login details. You will receive an email confirmation that your application has been submitted correctly and that the LA has received it. You can log back in at any time to view the information submitted.

On offer day (Monday 2 March 2026) an email will be sent after 4pm informing you of your offer. You must accept or decline the school place you have been offered by Monday 15 March 2026.

If you have not offered your child a place in your preferred school, you have the right to appeal. You can also add their name to the school's waiting list if your child is eligible for admission.

Moving houses during the application window will likely complicate your application and we therefore advise you to pay special attention to key dates in the admissions process. KCC has no discretionary authority to vary the process for parents who cannot complete address moves in time to make use of them for admissions purposes. If you have queries relating to this, please email the team on one of the email addresses below.

Key dates

- Monday 1 September 2025** Online application process opens. Go to www.kent.gov.uk/secondaryadmissions to register and apply.
- Friday 31 October 2025** Online application process closes for the main round. Any amendments after this date must be emailed to secondaryadmissions@kent.gov.uk.
- Monday 2nd March 2026** Offers of school places sent to parents via email after 4pm.
- Monday 16th March 2026** Parents should contact the school to accept/refuse the place that has been offered and can use the link in the offer email to add for their child to be added to the waiting list of eligible schools named on the original application.
- Monday 30th March 2026** Appeals need to be lodged by this date to be heard before September – appeals information can be found at www.kent.gov.uk/whatiscanappeal. You can only appeal for schools that were named on the application form.

Need help?

Email secondaryadmissions@kent.gov.uk

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Please note applications can only be made via Kent County Council if the child resides at a Kent address. If your child does not reside at a Kent address, you must make an application via your Local Authority.



MAYFIELD GRAMMAR SCHOOL GRAVESEND

Mayfield Grammar School, Gravesend is a highly successful selective school admitting girls from Gravesend and the surrounding areas. In June 2024 Ofsted declared us to be an outstanding school where "pupils thrive within the school's highly ambitious culture" where the "expertly designed curriculum inspires pupils to develop a deep understanding across a broad range of subjects."

We would like to invite prospective students for September 2026 entry at age eleven, with their parents/carers to see the school during a normal working day at our open mornings which can be booked via links on our website from mid-September or to visit our open evening when you can speak to current students and staff.

OPEN MORNINGS
Tuesday 14th October 2025
Wednesday 15th October 2025

Our Open Mornings take place from 9.00am to 11.00am and include a guided tour of the school with the last tour departing at 10.00am.



Prospective students and their parents are also invited to look around the school and speak to current students and staff at our

Open Evening
Thursday 16th October 2025

Our Open Evening will take place from 6.00pm to 8.30pm. Guided tours are available.

The Headteacher, Mrs Wilson will speak to parents/carers at 6.30pm and 7.15pm in the Hall on our Main Site. Tours during this evening cover the main site only and there is no need to make appointments in advance. Please note that there is no parking on our Main Site so please leave sufficient time to park in the surrounding roads.

"High expectations underpin every aspect of school life." Ofsted, June 2024

Pelham Road, Gravesend, Kent, DA11 0JE
Telephone : 01474 352896, Fax : 01474 331195
E-mail : enquiries@mgg.kentsch.uk
Headteacher : Mrs E. Wilson, B.A.(Hons)



Join us at our Year 6 Open Events

Join us at our Open Events to see us in action, speak to students and staff, tour our academy and visit lessons.

Open Evenings

Tuesday 30th September
Thursday 9th October
6.00pm - 8.00pm
No booking required

Open Mornings

Monday 6th October
Thursday 9th October
Friday 10th October
Various times available
Booking required via our website

Main Road, Longfield, Kent, DA3 7PH
leighacademylongfield.org.uk/admissions

THIS IS KING'SPIRATION

YEAR 7 OPEN MORNING TUESDAY 18 NOVEMBER

Year 7 marks the beginning of an exciting journey – discover how King's can ignite your child's ambition and inspire them to excel at our Open Morning

SCAN ME TO REGISTER

THIS IS KING'SPIRATION

SCHOLARSHIP INFORMATION EVENING WEDNESDAY 8 OCTOBER | 6PM

Meet our Heads of Departments and be inspired by our scholars to discover more about King's Scholarship programmes

SCAN ME TO REGISTER

REFORMOLOGY

REFORMER PILATES STUDIO
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OVER 50
CLASSES
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INTRO OFFER
2 CLASSES FOR £30

ALL CLASSES ARE MIXED ABILITY
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We have a team of highly qualified instructors, so each class will be instructed with adaptations for all levels including beginners.



REFORMOLOGY
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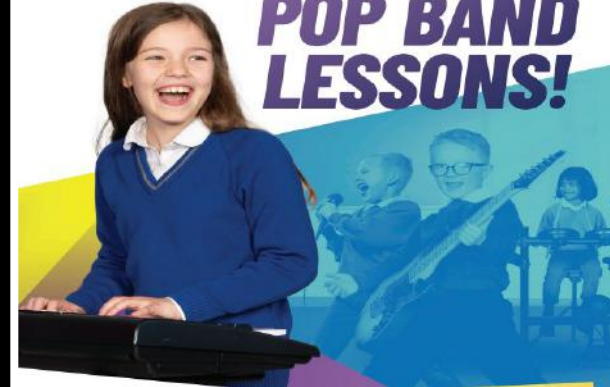
At The heart of the New Story Theatre Company is storytelling through theatre, which provides space for creativity and collaboration.

Children are involved in the writing and performing of an original production, including prop making, costume design and set design. They are also involved in making decisions on staging, lighting, visual effects and soundtracks. The project culminates in a performance for parents later in the school year.

New Story Theatre Company meets every Tuesday in the school from 3.15pm until 4.45pm. If your child would like a taster session, please contact Martin Smyth directly. For further information, please email: martin@newstorytheatrecompany.co.uk

ROCK
STEADY

ROCK AND POP BAND LESSONS!



IGNITE THEIR SELF-BELIEF

- Children learn to play an instrument in their very own band.
- Fun and inclusive in-school band lessons. No music theory involved.
- Follow their musical journey in your Backstage account.
- Exam-free. Ofqual-regulated Trinity music qualification.
- Instruments provided and no experience necessary.

BOOK YOUR CHILD'S PLACE ONLINE



0330 113 0330 (Mon-Thurs 9am-5pm, Fri 9am-5pm, local rate)

rocksteadymusicschool.com

HOLIDAY COURSE

OCTOBER HALF TERM



Fun, engaging, inclusive, safe football activity for Boys & Girls of all abilities, during the school holidays. Book now by scanning the QR code or using the below website and course code.

Course Code	Venue	Date
SS-LA-K-2	Leigh Academy TN9 2PH	21st-22nd October
Timings	Age	Cost
10.00-15.00	School Year 1-8	£72.00

chelseasoccerschools.co.uk



FEMALE PLAYERS WANTED SEASON 25/26

Girls Wanted for U8, U9, and U10 Teams
No prior experience required!
Join the only all-female football club in Gravesham and be part of something special.



07557885322

Graveshamgwf@gmail.com

WE ACCEPT CHILDCARE VOUCHERS & OFFER TAX-FREE CHILDCARE!

MEGA CAMPS

KIDS DAY ACTIVITY CAMPS

CHILDCARE FROM 8am - 6pm

AGES 4-14

OCTOBER CAMP 2025
AT ALL LOCATIONS - CHECK WEBSITE FOR DATES

WALL CLIMBING



KIDS FAVOURITE



ANIMAL WORKSHOP



FANCY DRESS



INFLATABLE FOOT DARTS

DIFFERENT MEGA ACTIVITIES, ARTS & CRAFTS AND SPORTS AVAILABLE EACH DAY

MULTIPLE LOCATIONS THROUGHOUT ESSEX, KENT & SURREY THIS OCTOBER
CHECK WEBSITE FOR LOCATIONS & DATES



BOOK ONLINE NOW!
WWW.MEGACAMPS.NET
OR CALL 0333 012 4378





Book your **FREE** workshops now

PARENT SEND INFORMATION DAY

- Get help and advice
- Learn ways to support your child
- Talk to people from schools, health, and charities

Book here



forms.office.com/e/veetxmv5Sq

16th October 2025 10am - 4pm

Kent Showground, Detling, Maidstone, Kent ME14 3JF



Family First Aid

Would you like to know:

- How to make an emergency phone call?
- How to use the primary survey?
- How to practise cardiopulmonary resuscitation (CPR)?
- How to place a casualty into the recovery position?
- How to recognise and treat choking?
- How to treat and monitor bleeding, minor bleeds and burns?

This course is for you!

Where: Riverside Family Hub, Dickens Road, Gravesend, DA12 2JY

Date: Monday 15th, 22nd, 29th September 2025 (3 week course)

Time: 09:30-11:30

To book a place please contact: Lawn Family Hub 03000 421125 or email lawnfh@kent.gov.uk

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

FREE, fun & informal courses



Kent Adult Education is part of Community Learning and Skills



Supporting your Child's Anxiety

Would you like to:

- Increase your understanding of anxiety in children?
- Meet up with other parents and carers?
- Discuss your experiences of anxiety?
- Learn new ways to help your child manage their anxiety?

This course is for you!

Where: Online Course

Date: Friday 26th September 2025

Time: 12:30-14:30

To book a place please contact: lawnfh@kent.gov.uk or call 03000 421125

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

FREE, fun & informal courses



Kent Adult Education is part of Community Learning and Skills



Supporting Families with ADHD Teens

Would you like to:

Explore Autism and ADHD alongside the demands of adolescence.

Share Strategies and resources for managing and supporting behaviour.

Celebrate the positives of Autism and ADHD.

This course is for you!

Where: Online Course

Date: Wednesday 15th, 22nd, 29th September and 5th October (4 week course)

Time: 18:30 – 20:30

To book a place please contact: Lawn Family Hub 03000 421125 or email lawnfh@kent.gov.uk

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

FREE, fun & informal courses



Kent Adult Education is part of Community Learning and Skills

Guitar Tuition
Available in school on a 1-1 basis

£10 a lesson
For children in Years 3,4,5 & 6

Contact Chris
07940 046124 or downschris6@aol.com

KEEPING YOUR CHILD SAFE AS THEY RETURN TO SCHOOL



We know that as a parent, nothing matters more than your child's safety and wellbeing. As the school term begins, we understand this can bring worries about safety both inside and outside school.

Watch: Sophie's story, a parent's experience

Kent and Medway Violence Reduction Unit works with partners and communities to keep children safe by reducing and preventing violence. We support parents in having the right conversations and helping them spot if their child may be involved in violence or bullying.

Our back-to-school guide outlines year-round tools to help your child stay safe, take action and make the right choices.

Tools to help you

Not sure how to support your child or young person? Our range of guides can help:

- **Explainer: understanding emojis.**
- **A guide to knife harm: feel more confident in conversations.**

Having the right conversations

Talking with young people or young adults about knives and weapons can be difficult, whether you are a parent, guardian or carer. Our toolkit can help you prepare for a conversation with your child about carrying knives.

[View the toolkit on our website](#)

Free sports activities

We work with Sports Connect to provide free local out-of-school activities that support physical and mental health while keeping children and young people out of trouble through creative and interactive sessions.

[Visit the Sports Connect website.](#)

CLOCK IT CHECK IT CHANGE IT

Be an active bystander: Clock It, Check It, Change It

Many young people witness unacceptable behaviour in and outside school, and you can empower them to safely step in and make a change.

Free resources from our Clock It, Check It, Change It campaign support conversations with young people about responding when they see or anticipate violent incidents.

[Access the resources on our website](#)



Our team can provide advice and guidance all year round.

vru.programme.delivery@kent.police.uk
kentandmedwayvru.co.uk




HOLIDAY CLUB FOR CHILDREN IN YEARS 1-7

MEOPHAM LEISURE CENTRE HOLIDAY CLUB WEEK 2 HALLOWEEN EDITION!

MONDAY 27TH OCTOBER	TUESDAY 28TH OCTOBER	WEDNESDAY 29TH OCTOBER	THURSDAY 30TH OCTOBER	FRIDAY 31ST OCTOBER
NERF GAMES	SPARKLY SPIDER WEB CRAFTS	PUMPKIN PAINTING	GIANT INFLATABLES	JEWELLERY MAKING
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
MASK MAKING	CREEPY CLAWS ANIMAL DISPLAY	TRAMPOLINING	SPOOKY SWEET TREATS	GLOW STICK DISCO

BOOK NOW! ☎ 01474 819199
✉ INFO@MEOPHAMLEISURE.ORG




EARLY BIRD OFFER
£85
OFFER ENDS 31ST OCTOBER

FOOTBALL CAMP

Holy Trinity Church Of England Primary School,
Trinity Road, Gravesend, DA12 1LU

OCTOBER 2025 | 4 DAY CAMP | **£95** FULL WEEK
20th - 23rd | 10AM - 3PM | **£128** OR £32 PER DAY

Learn New Skills - Challenge Yourself - Raise Your Game

- Football development, tournaments and more
- Children aged between 5 - 12 years
- Trophies / Rewards & Prizes to be won
- FA qualified coaches & DBS checked
- Please bring a packed lunch, football boots & shin pads
- Parents are invited to watch the presentation at 2:30pm on Thursday.



SCAN ME 

WE ALSO OFFER • Football Development • Birthday Parties
• 1 - 2 - 1 Coaching • Toddler Football

BOOK ONLINE **0739 358 3874**
WWW.LCRSPORTS.CO.UK CHARLIE@LCRSPORTS.CO.UK



FOOTBALL DEVELOPMENT SESSIONS

Learn New Skills - Challenge Yourself - Raise Your Game

GRAVESSEND MONDAY	BEXLEY PARK WEDNESDAY
UNDER 6s - UNDER 8s 5:00PM - 6:50PM	UNDER 6s - UNDER 8s 5:00PM - 6:50PM
UNDER 9s - UNDER 11s 5:50PM - 6:40PM	UNDER 9s - UNDER 11s 5:50PM - 6:40PM
UNDER 12s - UNDER 14s 6:40PM - 7:30PM	UNDER 12s - UNDER 14s 6:40PM - 7:30PM

SAINT GEORGE'S SECONDARY SCHOOL
MEADOW RD, NORTHFLEET GRAVESSEND DA11 7LS

BEXLEY PARK SPORTS & SOCIAL CLUB
CALVERT DRIVE, DARTFORD DA2 7QA

TODDLER FOOTBALL

Sessions are from 18 months to 4 years at the following locations

NORTHFLEET MONDAY	CRAYFORD WEDNESDAY	GRAVESSEND SATURDAY
Shears Green Community Centre DA11 7HP	Crayford Library DA1 4FN	Holy Trinity Primary School DA12 1LU

FREE TRIAL!

SCAN ME 

WE ALSO OFFER • Football Camps
• 1 - 2 - 1 Coaching
• Birthday Parties

BOOK ONLINE **0739 358 3874**
WWW.LCRSPORTS.CO.UK CHARLIE@LCRSPORTS.CO.UK

HOLIDAY CLUB FOR CHILDREN IN YEARS 1-7

MEOPHAM LEISURE CENTRE HOLIDAY CLUB WEEK 1 HALLOWEEN EDITION!

MONDAY 20TH OCTOBER	TUESDAY 21ST OCTOBER	WEDNESDAY 22ND OCTOBER	THURSDAY 23RD OCTOBER	FRIDAY 24TH OCTOBER
LEAF ARTS & CRAFTS	GIANT INFLATABLES	KARATE	SUNCATCHER CRAFTS	HAUNTED HOUSE MAKING
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
OBSTACLE COURSES	PAINTING	AUTUMN WREATH CRAFTS	MULTI SPORTS	PARTY GAMES

BOOK NOW! ☎ 01474 819199
✉ INFO@MEOPHAMLEISURE.ORG




halloween disco

DJ CLIVE'S CRAZY MUSIC DISCO

FACEDPAINTER & STALLS
AMALFI PIZZA VAN

£3 PER CHILD ENTRY
£1 PER NON MEMBER ADULT ENTRY
£FREE UNDER 2S AND ADULT MEMBERS

ISTEAD RISE COMMUNITY CENTRE
SATURDAY 18TH OCTOBER 2025
5PM - 8PM

GAMES FOR KIDS
PRIZES FOR BEST COSTUMES

MUST BOOK TICKETS IN ADVANCED

SCAN ME 

PLEASE SUPPORT YOUR LOCAL SMALL BUSINESSES THIS CHRISTMAS

CHRISTMAS MARKET

Join us for an exciting Christmas Market where you'll find unique gifts, a magical atmosphere and festive spirit!

KIDS CRAFT ACTIVITY * CRAFT @ STALLS
ELF VISIT AND KIDS GAMES * FACE PAINTER

SUNDAY 30TH NOVEMBER
2PM TILL 5PM

FREE ENTRY

Istead Rise Community Centre
Worcester Close, Istead Rise DA13 9LB



APRIL TO
OCTOBER 2025



WEEKLY MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

21ST APRIL
12TH MAY
9TH JUNE
30TH JUNE
21ST JULY
1ST SEPTEMBER
22ND SEPTEMBER
13TH OCTOBER

Mild Chili Beef
Tomato & Herb Penne Pasta **1 VG**
Jacket with a Choice Of Toppings **7,8,9**

Rice, Mixed Peppers, Peas

Jammy Finger **1,6 VG**
& Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Pesto Pasta Shells **1,7**
Rice & Bean Burrito & Wedges **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Chicken Sausage Roll & Gravy **1,6**
Vegetable Sausage & Gravy **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes, Green Beans,
Carrots

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Margherita Pizza **1,3,7 V**
Loaded Cajun Bean Wedges **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Pasta **1**, Sweetcorn, Coleslaw **9**

Sultana Cake **1VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Fish Fingers **1,8** or
Salmon Fish Cake **1,7,8**
Cheese & Tomato Pinwheel **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Baked Beans,
Cucumber

Caramel Cookie **1,7**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK TWO

28TH APRIL
19TH MAY
16TH JUNE
7TH JULY
8TH SEPTEMBER
29TH SEPTEMBER
20TH OCTOBER

Vegetable Nuggets with Katsu Sauce
1VG
Onion Bhajis with Katsu Sauce **VG**
Jackets with a Choice of Toppings **7,8,9**

Rainbow Rice, Carrots, Peas

Vanilla Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Beef & Onion Pie **1**
Cheesy Pasta Twists **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Crushed Potatoes
Seasonal Vegetables

Chocolate & Mandarin Mousse **7,3**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Roasted Vegetable Hot Pot **VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice
Broccoli, Carrots

Cornflake Cookie **1,3,7,16**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

BBQ Pulled Chicken Loaded Wedges
Tomato Spaghetti **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Coleslaw **9**

Spiced Apple Focaccia **1,3 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Tuna Penne Pasta **1,7,8**
Margherita Pizza **1,3,7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Grated Carrot

Oaty Biscuit **1,15 VG**
Yoghurt **3,7**
Fruit Pots **VG**

WEEK THREE

5TH MAY
2ND JUNE
23RD JUNE
14TH JULY
15TH SEPTEMBER
6TH OCTOBER

Beef Bolognaise Pasta Shells **1**
Cheese & Pesto Swirl **1,7 V**
Jackets with a Choice of Toppings **7,8,9**

Baked Wedges
Seasonal Vegetables

Ice Cream **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Caribbean Chicken Curry
Herby Tomato Penne Pasta **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rice, Green Beans, Carrots

Peach Sponge **1VG** & Custard **7**
Mr Nourish Biscuit **1 VG**
Fruit Pots **VG**

Roast Chicken & Gravy
Samosa Puff **1 VG**
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes or Jollof Rice,
Cabbage, Swede

Fruit Jelly **VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Macaroni Cheese **1,7 V**
Coconut & Spinach Biryani **6 VG**
Jackets with a Choice of Toppings **7,8,9**

Cauliflower, Mixed Peppers

Chocolate Cake **1 VG**
Mr Nourish Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

Chicken Bites **1**
Cheese & Cauliflower Nuggets **7 V**
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Sweetcorn, Coleslaw **9**

Ginger Biscuit **1 VG**
Yoghurt **3,7**, Fruit Pots **VG**

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

***Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

WE ♥ VEGGIES

