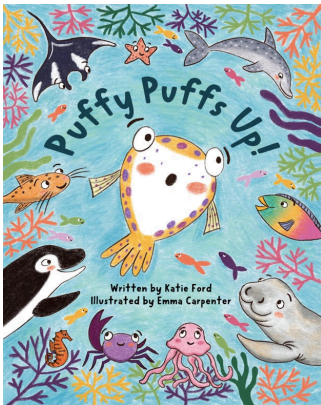


## MEET THE AUTHOR – WORLD BOOK WEEK 2026

Katie Ford will be visiting Istead Rise Primary School on Friday 6<sup>th</sup> March 2026

### *Puffy Puffs Up!*

*Puffy Puffs Up!* is a therapeutic picture book, written by Katie Ford, a Specialist Speech & Language Therapist with over 20 years of experience, and beautifully illustrated by Emma Carpenter.



*Puffy Puffs Up!* follows the journey of an endearing little Pufferfish who struggles with strong emotions.

Puffy longs to be able to make and keep friends but whenever others approach her,

she PANICS,

PUFFS UP and FLOATS away!



*Puffy Puffs Up!* carries a strong uplifting message of hope. There are ways of overcoming obstacles, whatever those may be. Puffy learns real strategies that will help real children!

*The Puffy Activity Book* takes children on a fun-packed adventure. Solve puzzles, colour and draw with Puffy and take a deeper dive into the self-regulation strategies that Puffy learns along her way.

**Signed copies are available to buy via bank transfer to:**

K L Ford

Barclays Bank

Account number: 10486701

Sort code: 20-25-40

Option 1 = Picture book = £8

Option 2 = Picture book & activity book = £14

Please provide a clear reference so that Katie knows who to give the signed books to:

School initials + Child's first name + Initial of last name + Year

For example: IRKatieFYr1

**Signed books will be given to children on the day of the author visit.**

