



Istead Rise Primary Celebration Newsletter

Thursday 2nd April 2026



Headteacher Mr S Payne

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Facebook: Facebook

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Email: irpoffice@swale.at

Website: www.isteadrise.org.uk



Thursday 2nd April
End of Term 4



Monday 20th April
Term 5 Begins

Monday 11th May -
Thursday 14th May
KS2 SATs (Y6)

Friday 22nd May
End of Term 5

Monday 1st June
Term 6 Begins

Monday 1st June -
Friday 12th June
Y4 MTC

Monday 8th June -
Friday 12th June
Y1 Phonics
Screening

Thursday 11th June
School Photographer
Class Photos



Thank you
so much to our
FIRPS team for
organising yet another
fantastic Easter event
for the children!



Online
Safety
Newsletter
April 26

Online Safety Newsletter

BBC iPlayer for Kids

Age ratings in games

Children under the age of 13 can have their own iPlayer profile, which includes content from CBBC, CBeebies and other suitable BBC programming.

You can download the iPlayer app and then find out how to create a profile here: <https://www.bbc.com/iplayer/feature/parental-controls>

Setting up a iPlayer profile? The BBC have also compiled a list of shows and it was so well so games and quizzes to make the process go smoother: <https://www.bbc.com/iplayer/feature/parental-controls>

Would you like to read this newsletter in a different language? You can view the translate tool on our website: <https://www.bbc.com/iplayer/feature/parental-controls>

Age ratings exist to help protect your child as they show whether content is suitable for your child's age. Make sure you check the age rating of any game your child is playing.

Why should I check?
Not all games will be appropriate for your child. Some may appear child friendly due to fun or cartoonish style graphics but still include unsuitable content. Age ratings consider factors such as violence, frightening content, bad language and/or in-app purchases.

How can I check?
Most games are rated by PEGI (Pan European Game Information), who not only state the age you should be to play the game but also provide further content descriptors to give you an indication of the type of content that your child might encounter. Apps are rated by the App Store/Google Play.

How can I stop my child from accessing a game they are not old enough to play?
You can set up parental controls to restrict access to games or apps that your child is not old enough to play and can restricts so any downloaded purchases must be approved by you. For example:

- Nintendo - restrict software by age so it only restricts to 10+ games with that rating or above cannot be played by your child.
- iOS / Play Protect - set an age limit so anything that exceeds that age rating must be approved.
- Apple / Google / Family Link - restrict your child from installing apps, allowing you to review before approving app purchases.

What else do I need to do?

- Review any additional content descriptors, read reviews and check if the game includes any form of communication or in-app purchases. This will help inform your decision as to whether the game is suitable for your child.
- For any game your child plays, set up appropriate parental controls.
- If you decide a game is not appropriate, explain to your child why you know your child might find the game to be or that game, and explaining your reasoning will help them understand your decisions.

Further information:
<http://www.copec.education.co.uk/parental-controls/>

NOURISH

ST GEORGES DAY 2026

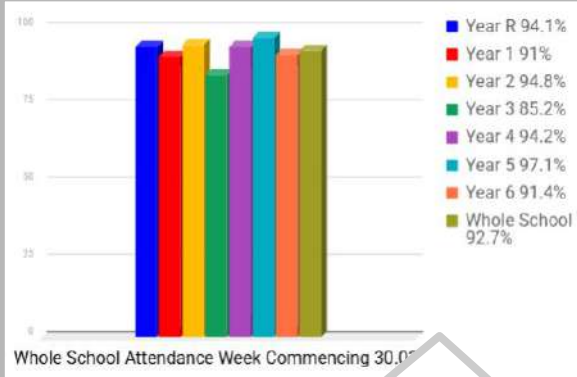
23RD APRIL

MENU

Toad in the Hole 1.3.7
Vegetable Cornish Pastie 1.6
Jacket Potato with a choice of fillings 7.8

Roast Crushed Potato
Mushy Peas
Carrots

Golden Syrup Sponge 1.6 and Custard 7
Chocolate Shuffled 1.6
Fruit Pot 1.6



Attendance Class Awards

W/C 23.03.26 W/C 30.03.26

KS1 - Year 1 KS1 - Year 2

KS2 - Year 5 KS2 - Year 5

Articles reserved with any of the following members contain the matching slogan:
1. PEGI - Pan European Game Information & Ratings System 2. Nourish - Nourish Primary School 3. Mrs M Clark 4. Mrs M Clark 5. Mrs M Clark 6. Mrs M Clark 7. Mrs M Clark 8. Mrs M Clark 9. Mrs M Clark 10. Mrs M Clark 11. Mrs M Clark 12. Mrs M Clark 13. Mrs M Clark 14. Mrs M Clark 15. Mrs M Clark 16. Mrs M Clark 17. Mrs M Clark 18. Mrs M Clark 19. Mrs M Clark 20. Mrs M Clark

Year R



Maths: The children have been consolidating their knowledge of repeated patterns, using paint sticks to create their wrapping paper designs



In the last few weeks of this term we have been finishing our topic of 'People who help us'. The children have learnt all about the role of the dentist, how to look after our teeth and how we keep our teeth healthy with the right foods. We have had fun learning through discussion, songs and role play.



Year R



The children have been great shopkeepers and customers!



We have had some very enthusiastic hairdressers and happy clients!



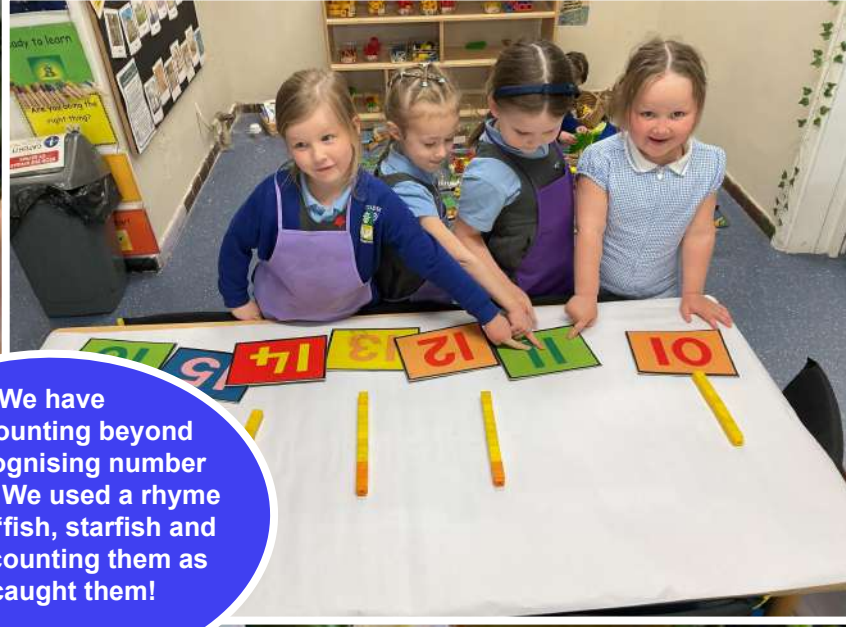
Finishing off our topic this term we have been exploring the roles of more people who help us - incorporating the role play of shopkeepers and hairdressers. The children have thoroughly enjoyed this.



Year R



We have been counting beyond 20 - recognising number patterns. We used a rhyme to catch 'fish, starfish and crabs', counting them as we caught them!



We were very lucky to have our FIRPS Easter treat! Thank you!



The children were able to recognise when an amount was taken away. They were able to use their new counting skills counting on from 10 to find the amounts

Year 1



The Great Maths Adventure!

This week, Year 1 turned into measurement explorers! We put away our books and used our hands to discover how the world works.

Our Measuring Mission:

- **Length & Width:** We measured our books, boards and other objects using paperclips, rulers and cubes.
- **The Balancing Act:** We used scales and colourful cubes to find the perfect balance. It was a fun challenge to see how many cubes it took to tip the scales!
- **Splashing into Capacity:** We filled measuring jugs with all sorts of different items. We practiced being very careful to see which items gave us the most accurate results.

We had a total blast being 'maths detectives'.



Year 1



Superstars of the Term!

Year 1, you have been absolute superstars! You worked incredibly hard on your phonics, English and handwriting this term. Because you filled all your Superclass letters, we had a great time celebrating! We loved our dance party, watching a film, and eating delicious ice cream and cookies. Well done, everyone! Have a lovely Easter break.

Year 2



Year 2 has been buzzing with excitement during our Design and Technology lessons! We've been busy building balloon-powered cars to learn all about mechanisms. The best part? We did it all by ourselves! By listening carefully and following instructions, we proved we are fantastic independent engineers. It was a thrill to see our cars zoom across the floor using "air power."

We also want to say a huge thank you to FIRPS! They visited us to lead some wonderful Easter activities, bringing plenty of smiles and seasonal cheer to our classroom. What a "cracking" way to end the term!

Year 3



A huge thank you to FIRPS for the fantastic Easter activities! The children had a thoroughly enjoyable time.



Year 3 have worked hard this term especially this week.

They have enjoyed reading Charlie and the Chocolate Factory and have just finished writing a character description of Mr Willy Wonka.

In maths we finished our unit on mass and capacity and have moved on to learning how to add and subtract fractions.

In science we investigated if a shadow can grow. We predicted if shadows always stay the same size or can they grow and shrink?

We concluded that the shadow's size decreases when you move the object further from the light source and increases when it was moved closer.

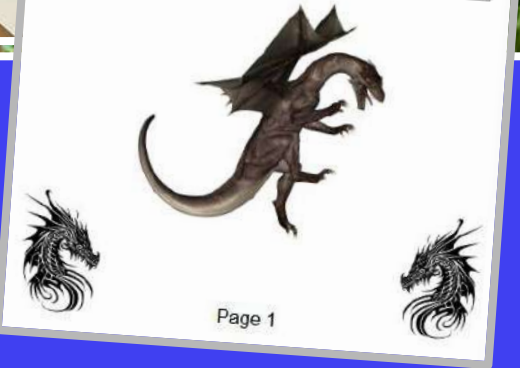
We finished our topic on light with an investigation - How to be sun safe. We used UV light on special beads to demonstrate the strength of suncream SPF (Sun Protection Factor).

We finished learning about the Romans and how they helped shape England. They built an extensive network of roads still used today, aqueducts, and defensive walls like Hadrian's Wall, which improved communication, trade, and defense.



INTRODUCTION

Are you ready to delve and learn about mythical species of dragons? This text will tell you about the extraordinary abilities, unique characteristics and fascinating facts, that will make you an expert in the field of dragons. This text tells you about exclusive water-dwellers and fire-breathers. These are all from excellent dragon spotters. So let your imagination soar and be free!



It's been a busy end to term 4. In English we have completed and edited our non-chronological reports for our Dragon Spotters Guides and are now completing the formatting. The children have really enjoyed this sequence, focusing on using a range of conjunctions and formal language. In Maths we have finished our work on fractions and have now moved onto decimals where we have started looking at tenths as fractions and decimals. Our Geography work on settlements has now come to an end, with the children creating their own town based on everything we have learned this term. We have also come to the end of our Science sequence on the digestive system, with the children having a clear understanding of the simple function each part of this system. It's hard to believe that it's already the end of term, but the children have worked incredibly hard as usual and have had a great time!

Year 4



Year 5



Year 5 have finished the term just as they started, working extremely hard and trying their best. In

English they have finished writing about their journeys to the Duat, following their tragic and unfortunate deaths. After focusing on decimals and fractions in maths, we are now looking at percentages and their equivalents. Our careers lessons have been a lot of fun this term, looking at the job of an interior designer and a forensic scientist. They had the opportunity design a bedroom following a design brief and had to solve a robbery following the clues and the evidence that was presented to them.



'Every picture tells a story' has been a topic in art. We have looked at how we use emojis to convey meaning and attempted to retell the story of Goldilocks and the three bears in picture form. They also looked at the artist Magdalene Odundo and how she plays around with shapes and different movements, before creating our own masterpieces.



Year 5



A huge thank you to FIRPS for a great morning of activities, testing our egg balancing skills and seeing who had the best egg rolling technique.



Year 6



Year 6 had a great time during our World War Two workshop last week. We learnt so much and had so much fun. We learnt about what life was like for soldiers during the war, why rationing happened and what this would look like - amongst many other things! We also learnt how hard it might have been to decommission a bomb. This was a great way to kick start our WW2 topic which we will be continuing with next term.

In English, we have now finished writing our mysterious short stories. The children worked well to create a story with mystery and suspense and really focused on moving the story on through their character's dialogue.

In Maths, we have looked at circles (diameter, radius and circumference) as well as recapping fractions and multiplication.





W/E 27.03
 Winning Class
 1st Year 4
 2nd Year 3
 3rd Year 5

W/E 27.03
 Most Valuable Player
 1st Tyler G - Y4
 2nd Devan - Y4
 3rd Frank - Y3



Mathletics

Gold Mathletics

W/E 27.03
 Amaia & Elliott of Year 5

W/E 02.04
 Rose of Year 4 & Elliott of Year 5

Platinum Mathletics

W/E 27.03
 Henry, Harry, Samuel & Evelyn of Year 5, Leo H & Freya of Year 4

W/E 02.04
 Freya & Aria of Year 4, Max of Year 1, Elodie & Jonas of Year R

Emerald Mathletics

W/E 27.03
 Charlie & Milan of Year 3, Matilda of Year 6, Saskia, Sienna, Jack L & Lyla of Year 5, Sophie & Raelie of Year 4

W/E 02.04
 Elena of Year 3, Sophie, Raelie & Leo H of Year 4, Niamh & Jonas of Year R, Jack L, Sienna, Lyla & Henry of Year 5, Albert, William, Clark, Leyla, Sophia & Tris of Year 1



Mathletics

Diamond Mathletics

W/E 27.03
 Aubany Year 3, George Year 5, Tyler & Khenyang of Year 4

W/E 02.04
 Jacob F & Lennon of Year 3, Tyler & Khenyang of Year 4, George of Year 5, Harry & Kayla of Year 1



Bronze Peg Up Points

W/E 02.04
 Mia of Year 2

Silver Peg Up Points

W/E 27.03
 Ronnie, George, Austin, Leiana, Ava, Finley, Isabella, Liberty, Niamh, Josh, Emilia, Patrick, Jack, Kevin, Inara, Isla, Ivy, Charlie, Olivia, Max & Jonas of Year R

Gold Peg Up Points

W/E 27.03
 Louie, Ava, JJ & Neda of Year 3

W/E 02.04
 Carter & Annalise of Year 3

Platinum Peg Up Points

W/E 02.04
 Jaxon & Leo of Year 2

Diamond Peg Up Points

W/E 02.04
 Jaxon & Leo of Year 2

Ruby Peg Up Points

W/E 02.04
 Cara of Year 2



Core Values Congratulations To All Our Winners



Week Ending 27.03

Year R

Ivy for Perseverance,
Rosie for Independence
& Isla for Respect

Year 1

Noah for Respect, Anaya &
George H for Self Reflection

Year 2

Nellie for Independence, Eden
for Perseverance & Khenrab
for Self Reflection

Year 3

Charlie for Perseverance,
Milan for Self Reflection &
Oscar for Independence

Year 4

Raelie, Khenyang
& Leo H for Perseverance

Year 5

Dolly for Respect,
Jack L for Perseverance
& Margaret for Self Reflection

Year 6

Nihaal & Summer for Respect,
Ruby H for Perseverance

Week Ending 02.04

Year R

George for Perseverance,
Patrick for Respect
& Olivia for Independence

Year 1

Dainchie & Issac for
Independence, Freddie for
Perseverance

Year 2

Harper for Independence,
Leo for Perseverance
& Cara for Self Reflection

Year 3

Daisy for for Independence,
Seren for Respect
& Jaxon for Perseverance

Year 4

Amber for Independence,
Henry & Mary Kate for Respect

Year 5

Cruz, Saskia & Ella for
Perseverance

Year 6

Oliver F, Matilda & Leah Marie
for Perseverance



Guitar Tuition
Available in school on a 1-1 basis

£10 a lesson
for children in Years
3,4,5 & 6

Contact Chris
07940 046124 or downschris6@aol.com



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Kent
County
Council



Gravesham Family Hubs

Timetable

Monday 20th April - Friday 22nd May

Our Family Hubs:

Riverside 03000 422342 Dickens Road, Gravesend, DA12 2JY riversidefh@kent.gov.uk	Chantry 03000 420007 Ordnance Road, Gravesend, DA12 2RL chantryfh@kent.gov.uk	Kings Farm 03000 413838 Cedar Avenue, Gravesend, DA12 5JT kingfarmfh@kent.gov.uk	Northfleet 01474 351451 Hall Road, Northfleet, DA11 8AJ northfleetfh@kent.gov.uk	Shears Green 03000 420895 Packham Road, Northfleet, DA11 7JF shearsgreenfh@kent.gov.uk	Lawn 03000 421125 Lawn Road, Northfleet, DA11 9HB lawnfh@kent.gov.uk
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All of our groups and services are free to attend.

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Morning

Afternoon

Monday

Tuesday

Wednesday

Thursday

Friday

Chantry Talking Walk in (KCHFT) 9.30am-11.30am	Lawn Baby Group 9.30am-10.30am	Lawn Child Health Clinic (KCHFT) 9.30am-11.30am	Lawn Speak out Parents 18 th May 10am-11.30am	Riverside Baby, Family & You 20 th Apr-18 th May 12.30pm-2.30pm	Chantry Stay & Play 1pm-2.30pm
Kings Farm Baby Group 9.30am-10.30am	Lawn Stay & Play 9.30am-11am	Kings Farm Child Health Clinic (KCHFT) 9.30am-11am	Kings Farm NCT Infant Feeding Group 10am-12noon	Northfleet BeYou (LGBT+) 4.30pm-6pm	Northfleet Compas 12-16 years 4.30pm-6pm
Riverside Baby Group 9.30am-10.30am	Shears Green Stay & Play 9.30am-11am			Riverside Baby Massage 22 nd Apr-20 th May 1.30pm-2.30pm	
Riverside Child Health Clinic (KCHFT) 9.30am-12noon	Riverside Childminders Session 9am-11am	Chantry Baby Group 9.30am-10.30am		Lawn Understanding your child 1 st May-23 rd July 12.30pm-2.30pm	Riverside Stay & Play (SEND) 1pm-2.30pm
Lawn Baby Massage 24 th Apr-22 nd May 9.30am-10.30am	Kings Farm Stay & Play 9.30am-11am	Lawn NCT Infant Feeding Group 9.30am-11am	Riverside Little Talkers 24 th Apr-22 nd May 10.30am-11.30am	Riverside Stay & Play (SEND) 1pm-2pm	Shears Green Baby Group 1.30pm-2.30pm
				Kings Farm Bookworms 1 st -15 th May 2pm-3pm	Northfleet Sports on Your Doonstep 4.30pm-5.30pm

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Information



Stay & Play A relaxed session for families with play, singing, stories and messy fun for children aged 0-5 years.	Stay & Play (SEND) Session aimed at children aged 0-5 years with SEND needs or social communication difficulties. It encourages socialisation, play and interaction with others.	Baby Group A welcoming space to bond with your baby and meet other parents. Includes songs and sensory play. For babies who are pre-walking.	Stepping Up A 6-week programme for 5-11 year olds to boost confidence, manage emotions and make friends.
Little Talkers A playful 6-week course for 2-5 year olds to build speech, language and attention skills. Contact graveshamfh@kent.gov.uk for further details.	Baby Massage A 5-week course to learn soothing massage techniques to help your baby relax, sleep better and ease colic. Great for bonding. For babies 0-6 months. Contact graveshamfh@kent.gov.uk for further details.	Bookworms Step into the magical world of books! 3 fun sessions with stories and activities. Free book packs included. For children aged 1-4 years. Contact graveshamfh@kent.gov.uk for further details.	Baby, Family & You A supportive course for expectant and new parents to build positive routines and confidence in baby's first year. Contact graveshamfh@kent.gov.uk for further details.
Strengthening Family Relationships A workshop to help parents reduce conflict and build positive relationships. Contact graveshamfh@kent.gov.uk for further details.	Time to Shine (SEND) Small, supportive group for children with SEND to build confidence and social skills through fun activities. Contact graveshamfh@kent.gov.uk for further details.	Healing Together A 6-week trauma-informed programme for children aged 5-16 years to support emotional wellbeing and recovery.	Parenting Support Advice Online Online/Email for friendly advice on any parenting questions (0-19 years). For further details contact ParentSupportandAdvice@kent.gov.uk
Speak Out Parents Lawn Family Hub Monday 16 th May, 10am-11.30am Join us to shape how Family Hubs celebrate and support World Breastfeeding Week and Black Breastfeeding Week this August. For further details or to book contact graveshamfh@kent.gov.uk.	The Communication Tree A 4-week course to understand how communication develops. For children aged 2 years plus, including fun activities to boost your child's communication skills. Contact graveshamfh@kent.gov.uk for further details.	Making it REAL Practical tips and activities to help parents support early reading and writing at home. For children aged 2-4 years. Contact graveshamfh@kent.gov.uk for further details.	Understanding Your child A 10-week course helping parents understand behaviour and emotions from toddler to teen years. Contact graveshamfh@kent.gov.uk for further details.
Healthy Start Vitamins Are you eligible for Healthy Start Vitamins? If so, complete this form to order Healthy Start Vitamins to your door.	Free for 2 Some 2 year olds can get up to 15 hours of free childcare per week! For more information and how to apply.	Useful Contact Numbers: Health Visitor 03000 132204 Midwife 01322 428753	Please Note: For Health and Safety reasons there are room capacity limits in place.

@Graveshamfamilyhubs

@Graveshamfamilyhubs

@Graveshamfamilyhubs 11-19

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council



MEOPHAM HOLIDAY CLUB EASTER TIMETABLE

HOLIDAY CLUB FOR CHILDREN FOR SCHOOL YEARS 1-7



TUESDAY 7TH APRIL	WEDNESDAY 8TH APRIL	THURSDAY 9TH APRIL	FRIDAY 10TH APRIL
EASTER CARD MAKING	EASTER THEMED SPORTS	EASTER NEST CAKE MAKING	FOOTBALL
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
GIANT INFLATABLES	PLAYDOUGH MAKING	TRAMPOLINING	EASTER BASKET CRAFTS

BOOK NOW!

01474 814199

INFO@MEOPHAMLEISURE.ORG



MEOPHAM HOLIDAY CLUB EASTER TIMETABLE

HOLIDAY CLUB FOR CHILDREN FOR SCHOOL YEARS 1-7

MONDAY 13TH APRIL	TUESDAY 14TH APRIL	WEDNESDAY 15TH APRIL	THURSDAY 16TH APRIL	FRIDAY 17TH APRIL
SUNGUITHER CRAFTS	OBSTACLE COURSES	PAINTING	GIANT INFLATABLES	PARTY ARTS & CRAFTS
LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY	LUNCH TIME & FREE PLAY
NERF GAMES	SPRING ARTS & CRAFTS	BADMINTON & PICKLEBALL	JEWELLERY MAKING	END OF HALF TERM DISCO

BOOK NOW!

01474 814199

INFO@MEOPHAMLEISURE.ORG

Summer Safety Community Day

Wednesday 29 July 2026, 10am until 2pm on Gravesend Promenade

Join us for a fun and informative community event!

- Meet your child centred policing team
- Learn how to stay safe online
- Discover how our officers work to keep you safe
- Get your bike security marked
- Understand the laws around e-scooter use

We're also pleased to welcome our community partners, including Kent Fire and Rescue Service, Southeastern Railway, The Grand and many more.

All ages are welcome, it's **free to attend**, and there's no need to book.



Parenting Support Advice Drop In



Sessions where parent and carer of children aged 0-19 years can attend for discussion or support with any topic, theme or issue faced by parents.

TERM TIME ONLY

DAY: Monday
TIME: 5pm - 6pm
VENUE: Northfleet Family Hub, Hall Road, Northfleet DA11 8AJ

Visit your local Family Hub today
www.kent.gov.uk/familyhub



Gravesend Netball Club New Group Launching

JUNIORS

YEAR 4, 5 & 6



TASTER SESSION
TUESDAY 5TH MAY



5PM-6PM



GRAVESEND GRAMMAR SCHOOL,
CHURCH WALK, DA12 2PR



CONTACT US

gravesendnetballclub@hotmail.com



NEW COURSE



Tuesday 21st April / 19th May

5 weeks

🕒 4.00pm / 4.30pm

30 minute lessons

£70 per child

Location: Istead rise primary
Da139hg

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FREE PARKING: SEE WEBSITE FOR DETAILS



NORTHFLEET EAGLES
FOOTBALL CLUB

GIRLS ONLY
COACHING SESSIONS



Year 1 & Year 2 girls

📍 Tuesdays • Evenings
NSFG School (indoors
during winter), Gravesend

- Uefa-qualified coaches
- Safe & supportive environment
- Fun, skill-based sessions for all ability levels

Have fun • Make friends • Build skills

Contact Duncan: duncanpomfrey@gmail.com

APRIL TO
OCTOBER 2026

NOURISH



SPRING INTO SUMMER MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

13 April
4 May
1 June
22 June
13 July
31 August
21 September
12 October

Beef Bolognese Pasta 1
Cheese & Pesto Swirl 1,7 V
Jackets with a Choice of Toppings 7,8,9

Baked Wedges
Seasonal Vegetables

Ice Cream 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Macaroni Cheese 1,7 V
Chick Pea & Spinach Biryani VG
Jackets with a Choice of Toppings 7,8,9

Carrots
Mixed Peppers

Toffee Tart 1,7 & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Roast Chicken & Gravy
Meatfree Meatballs & Gravy 6 VG
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes or Jollof Rice
Cabbage
Swede

Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Korma
Herby Tomato Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Green Beans
Carrots

Chocolate Orange Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8
Wrap Stack 1,7 V
Jackets with a Choice of Toppings 7,8,9

Chips
Sweetcorn & Peas
Coleslaw 9

Lemon Drizzle Biscuit 1,6 VG
Yoghurt 3,7
Fruit Pots VG

WEEK TWO

20 April
11 May
8 June
29 June
20 July
7 September
28 September
19 October

Cheesy Cauliflower Pasta 1,7 V
Vegetable Burger in a Bun 1,5,6 VG
Jackets with a Choice of Toppings 7,8,9

Baked wedges
Carrots
Peas

Honey Cake 1 & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Keema Curry
Pesto & Pea Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Seasonal Vegetables

Summer Trifle 1,7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Roast Chicken & Gravy
Samosa Puff 1 VG
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes or Jollof Rice
Broccoli
Carrots

Cornflake Cookie 1,7,16
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Fajita 1
Tomato Spaghetti 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Tomato Salsa
Green Beans

Carrot & Orange Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Salmon Fish Cake 1,8
Margherita Pizza 1,3,7 V
Jackets with a Choice of Toppings 7,8,9

Chips,
Peas,
Grated Carrot

Oaty Biscuit 1,15 VG
Yoghurt 3,7
Fruit Pots VG

WEEK THREE

27 April
18 May
15 June
6 July
14 September
5 October

Mild Chilli Beef
Tomato & Herb Penne Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Peas
Mixed Peppers

Jam Roly Poly 1,6 VG & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Chicken Pie 1
Vegetable Stir Fried Noodles 1 VG
Jackets with a Choice of Toppings 7,8,9

Crushed Potatoes
Seasonal Vegetables

Ice Cream 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

BRUNCH
Chicken Sausage 1,3,6
Or Vegetable Sausage 1 VG
Jackets with a Choice of Toppings 7,8,9

Brunch Hash Potatoes
Baked Beans
Mushrooms & Tomatoes

Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Margherita Pizza 1,3,7 V
Loaded Cajun Bean Wedges VG
Jackets with a Choice of Toppings 7,8,9

Rainbow Rice
Sweetcorn
Coleslaw 9

Sultana Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8
Cheese & Bean Parcel 1,7 V
Jackets with a Choice of Toppings 7,8,9

Chips,
Peas, Baked Beans
Cucumber Sticks

Caramel Cookie 1,7 V
Yoghurt 3,7,
Fruit Pots VG

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeries/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeries. Please discuss with your manager.

AVAILABLE
DAILY