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## Year 3 Relationships and Sex Education (RSE)

Dear Parents/Carers,

During Term 6, we will be teaching children about health and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*.

The following table shows what your child will be learning about next term as part of their PSHE lessons.

	Content Covered
Lesson 1	<b>How Babies Grow:</b> I understand that in animals and humans lots of changes happen between conception and growing up and that usually it is the female who has the baby.
Lesson 2	<b>Outside Body Changes:</b> I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. I can identify how boys' and girls' bodies change on the outside during this growing up process.
Lesson 3	<b>Inside Body Changes:</b> I can identify how boys and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.
Lesson 4	<b>Keeping Ourselves Clean:</b> I understand that as boys' and girls' bodies change at puberty, they need to think more about keeping clean and healthy. I know some simple ways of keeping clean which can keep me healthy and protect me from some infections
Lesson 5	<b>Family Stereotypes:</b> I can start to recognise stereotypical ideas I might have about parenting and family roles.
Lesson 6	<b>Looking Ahead:</b> I can identify what I am looking forward to when I move to my next class.

### Sex Education: Right to Withdraw

Parents have the right to withdraw their child/ren from lessons highlighted in yellow. All other lessons are compulsory. All teaching materials are appropriate to the pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

**If you decide to take your child out of the highlighted lesson/s, please arrange a time with the School Office to meet with Mrs Baker regarding opting out of RSE lesson/s.**

Yours sincerely, Miss Kite - PSHE Lead