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Year 5 Relationships and Sex Education (RSE)

Dear Parents/Carers,

During Term 6, we will be teaching children about health and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*.

The following table shows what your child will be learning about next term as part of their PSHE lessons.

	Content Covered
Lesson 1	Self and Body image: I am aware of my own self-image and how my body image fits into that.
Lesson 2	Puberty for girls: I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally.
Lesson 3	Puberty for boys: I can describe how boys' and girls' bodies change during puberty.
Lesson 4	Conception: I understand that sexual intercourse can lead to conception and that is how babies are usually made. I also understand that sometimes people need IVF to help them have a baby.
Lesson 5	Looking Ahead 1: I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibility (age of consent).
Lesson 6	Looking Ahead 2: I can identify what I am looking forward to when I move to a new class.

Sex Education: Right to Withdraw

Parents have the right to withdraw their child/ren from lesson highlighted in yellow. All other lessons are compulsory. All teaching materials are appropriate to the pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

If you decide to take your child out of the highlighted lesson/s, please arrange a time with the School Office to meet with Mrs Brown regarding opting out of RSE lesson/s.

Yours sincerely,
 Miss Kite - PSHE Lead