

Headteacher: Mr S Payne
Acting Head of School: Mrs M Clark
Telephone: 01474 833177

Email: irpoffice@swale.at
Website: www.isteadrise.org.uk

Downs Road
Istead Rise
Northfleet
Kent
DA13 9HG

2nd September 2026

PE/Swimming days

Dear Istead Rise Families,

As from **Monday 7th September 2026**, PE days for Years 2 - 6 will be changing to a Tuesday and Thursday. Year 1 will be on a Tuesday only and Year R will be on a Wednesday. Children will be required to come into school dressed in their full PE kit. This is to be a house coloured T-Shirt & either house coloured or black sweatshirt. Children should wear black shorts or bottoms (shorts of an appropriate length) and black or white trainers (no brightly coloured trainers). Please refer to page 2 in your child's pupil planner for a full list of school uniform.

After school activity clubs will be running from Monday next week, places will be confirmed by Friday 4th September this week by email/text in the usual way for those people who have already requested places.

Day	PE	Swimming
Monday	None	
Tuesday	Years 1 - 6	
Wednesday	Year R	
Thursday	Years 2 - 6	*Years 5 & 6
Friday	None	

Day	After school activity Club (for those already requested a place)	Club finish time
Monday	No clubs running	
Tuesday	KS2 Rock Choir KS1 Football KS2 Theatre club	Lunchtime 4:15pm 4:45pm
Wednesday	Gymnastics (run by Sian - Flip & Stick)	4:15pm
Thursday	KS2 Judo KS2 Football	4:15pm 4:15pm
Friday	No clubs running	

*Year 5 & 6 to bring their swimming kit in a separate bag.

Please ensure you collect your child promptly from these clubs if they attend.

Thank you for your cooperation and understanding.

Yours sincerely,



Mrs M Clark
Acting Head of School