Istead Rise Primary School

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10th November 2026

Outdoor Learning from January 2027

Dear parents,

We are excited to share our Outdoor Learning plans for the remainder of this academic year, starting from Term 3.
Through structured outdoor sessions embedded directly into our curriculum, pupils will explore hands-on activities that foster curiosity, problem-solving and teamwork across all age groups. Regular outdoor learning is proven to significantly boost children's physical and mental well-being, enhance engagement and focus and build self-confidence and resilience. By connecting classroom topics with nature, we aim to provide a rich, dynamic educational experience that inspires a lifelong love for learning and respect for the natural environment.

Please see the information below about how and when the sessions will run.

Year Group	Term	Dates
Year R	3	6th, 13th & 20th January
Year 1	3	27th January, 3rd & 10th February
Year 2	4	24th February, 3rd & 10th March
Year 3	4	17th, 24th March & 14th April
Year 4	5	21st, 28th April & 5th May
Year 5	5	12th, 19th & 26th May
Year 6	6	9th, 16th, 23rd June

All classes will have at least three outdoor learning sessions across the rest of the year. These will be held within a specified term, on a Wednesday afternoon.
The sessions will be led by Miss F. Frost and supported by class adults.
Lessons have been carefully planned to ensure activities are age-appropriate, engaging and will enable pupils to develop a variety of skills and knowledge associated with the outdoor environment. During the last session, pupils will enjoy hot chocolate and biscuits together.



What will pupils need to wear?

- Wellington boots or old trainers that are able to get muddy/wet
- Warm clothes - hat, scarf, gloves, warm coat
- Waterproof layer, dependent on the weather

Please ensure boots etc. are brought into school in a named bag and that all items are labelled.

Pupils may come into school wearing their clothes for the session, not school uniform.
We are really excited to start these sessions and see our pupils benefit from our vast outdoor area.

Yours sincerely,
Miss A Waters & Miss F Frost

