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Istead Rise Colour Run

7th July 2023

Dear Istead Rise Families,

On **Friday 14th July** your child will have the opportunity to participate in the school's Colour Run! All children across Foundation Stage, Key Stage 1 and Key Stage 2 are welcome to take part.

The Colour Run is a fantastic, fun event that promotes happiness and healthiness as participants walk, jog or run with their friends whilst getting covered in specially-formulated, coloured powder paint.

Please read through the 'Questions and Answers' page below for more details.

In order to maintain health and safety for all, this will be a closed event and parents/carers will not be able to attend. The event promises to be fun and we are sure that there will be some great photos once the day is over that we can share with you in our newsletter.

Please visit the powder paint website for more information
(<https://www.holicolourpowder.co.uk/>).

Yours sincerely,

Mr Tyler
PE Coach



Colour Run - Questions and Answers

Q: What is it?

A: A colour run is an event where the children move around a designated area whilst specially-formulated powder paint is thrown onto them, creating colourful patterns and is lots of fun.

Q: When is it?

A: Friday 14th July 2023, in the afternoon between 14:15pm and 15:00pm. Children will get to participate with their class and then watch other year groups do the same.

Q: How will it work?

A: There will be a short circuit marked on the top field which children will walk/jog/run around. Staff members at 'paint stations' will throw powder paint as they pass. Each class will take their turn to do their walk/jog/run.

Q: What should my child wear?

A: All children should wear an old white t-shirt, shorts/jogging bottoms and trainers into school in the morning for the Colour Run in the afternoon. There is no need for school uniform on this day.

Q: Can I come / join in?

A: Unfortunately, this is a closed event. This means parents/carers will not be able to attend, participate or spectate in the interests of health and safety and the safeguarding of our children.

Q: Is it safe?

A: The powder paint we will use is specially-formulated and purchased from Holi Colour Powders - please visit <https://www.holicolourpowder.co.uk/> for more information. It is essentially made from corn starch and will not cause any harm.

Q: Will it wash out of clothes or my car seat?

A: Although the powder paint is designed to be washable, there are no guarantees. We would advise any parents/carers who are driving their children home to protect their car seats and home furniture with covers or old towels.

Q: My child will not like the paint - can we opt out?

A: There will be two courses set up on the top field on the day - one with powder paint stations and one without any paint. Children can jog/walk around the course without paint if they choose to.