Namers WEEKLY MENU

## LOOK OUT FOR OUR THEMED DAYS!

| MONDAY | TUESDAY | WEDNESDAY |
| :---: | :---: | :---: |
| Macaroni Cheese 1,v Vegetable Hot Pot $\mathrm{V}_{\mathrm{s}}$ Jackets with a Choice of Toppings 7,8, <br> Green Beans Carrots <br> Strowberry Mousse 7 Mr Nourish Biscuit 1 Fruit Pots | BBP Pulled Chicken in a Bun 1.5 Herby Tomato Penne Pasta 1 ve <br> Jackets witho Choice of Toppings ras <br> Rainbow Rice, Sweetcorn Courgettes <br> Chocolate Pudding 1, \& Chocolate Suuce, Mr Nourish Biscuit 1 Fuit Pots | Roost Turkey \& Grovy Cheesy Vegetable Buritit 1,7v Jackets with a Choice of Toppings $7,8,9$ <br> Rustic Roast Potatoes Jollof Rice, Cabbage, Carrots <br> Fruit Jelly Mr Nourish Biscuit ${ }_{1}$ Yoghurt 7 Fruit Pots |


| WEEK2 | Vegetable Pie $1 \mathrm{v}_{\mathrm{s}}$ Cheese \& Bean Wrap Pocket 1.7v |
| :---: | :---: |
| 24th April | Jackets with o Choice of Toppings 7,8, |
| 22 nd May | New Potatoes |
| 26th June | Seasonal Vegetables |
| 4th Sept | Banono in Chocolate Custard 7 |
| 2nd Oct | Mr Nourish Biscuit ${ }_{1}$ Fruit Pots |


| WEEK 3 | Margheritu Pizz0 $1,3,9 \mathrm{y}$ Loded Cajun Bean Wedges $\mathrm{v}_{9}$ |
| :---: | :---: |
| 1st May | Jackets with o Choice of Toppings 7,9, |
| 5th June | New Potatoes |
| 3rd July | Sweetcorn Peppers |
| 11th Sept | colote Mouss |
| $9 t \mathrm{Oct}$ | Mr Nourish Biscuit ${ }_{1}$ Fruit Pots |


| Sweet \& Sour Chicken | Tood in the Hole 1,6,79 |
| :---: | :---: |
| Cheesy Pasta Bows 1,7v Jackets with a | Vegetable Toad in The Hole $1,7,9 \mathrm{~V}$ Jackets with a |
| Choice of Toppings 7,9,9 | Choice of Toppings 7.8.9 |
| Rice, Couliflower | Rustic Roast Potatoes |
| Carrots | Cabbage, Peas |
|  | Fruit Jelly |
| Jam Tart 1,6 \& Custard 7 | Mr Nourish Biscuit ${ }_{1}$ |
| Mr Nourish Biscuit 1 | Yoghurt 7 |
| Fruit Pots | Fruit Pots |


| THURSDAY |
| :---: |
| Chicken Pie 1 |
| Arobiotto Pasta Twists $11_{s}$ |
|  |  |
|  |
| New Pootioes |
|  |  |
|  |
| Peach Sponge 1. |
|  |  |
|  |
| Yoghurt 7 Fruit Pots |
|  |  |

3 Sopbean
4 Mustard
5 Sesame
6 Suphites/
Sulphur Dioxide
7 Milk
8 Fish
9 Egg
10 Peanuts
11 Molluscs
12 Celericic/Celery
13 Nuts
14 lupins
15 Oat Gluten
16 Barley Gluten
Allergen
Tccreditation


8th May
12th June
10th July
18th Sept
16th Oct

Meatriee Meatballs \& Pasta 1 vs Quorn Sausage \& Bean Pie $1 \mathrm{v}_{\mathrm{g}}$ Jackets with a
Choice of Toppings 7,9
Cauliflower
Carrots
$\overline{\text { Peach Crumble }} 1$
\& Custard 7
Mr Nourish Biscuit 1
Fruit Pots

| Roast Chicken \& Grovy |
| :---: |
| Vegan Sausage Roll $1 \mathrm{vg}_{\mathrm{g}}$ |
| Jackets witho |
| Choice of Toppings 7,9, |
|  |
| Rustic Roast Potatoes Jollof Rice, Green Beans, Carra |
|  |  |
|  |
| Mr Nourish Biscuit ${ }_{1}$ |
| Yoghurt 7 |
| Fruit Pots |



Penne Bolognaise 1
Rice \& Bean Burrito 1 vg
Jackets with a
Choice of Toppings 7,8,9
Baked Wedges Seasonal Vegetables

## Beetroot Cake 1,9

 Mr Nourish Biscuit ${ }_{1}$ Yoghurt 7Fruit Pots

| FRIDAY |
| :---: |
| Fish Fingers 1,8 Cheese \& Spinach Pinwheel 1 1,v Jackets with o Choice of Toppings 7,8,9 <br> Chips, Peas Baked Beans, Coleslaw 9 $\qquad$ <br> Banana Bar 1.15 Yoghurt 7 Fruit Pots |


| Roost Chicken \& Gravy | Keema Pie | Chicken Bites 1 |
| :---: | :---: | :---: |
| Caribbean Pasty $1 \mathrm{v}_{\mathrm{g}}$ | Cheesy Pasta Twists 1,7v | Summer Frittata g |
| ackets with a | Jackets with a | Jackets with a |
| Choice of Toppings 7.8,9 | Choice of Topping 7 7,9 | Choice of Toppings 7,8,9 |
| Rustic Roast Potatoes |  |  |
| Jollof Rice, Broccoli | Green Beans | Chips, Peas |
| Sweetcorn |  | Baked Beans, Cucumber Sticks |
| - | Lemon Drizzle Coke 1, |  |
| spy Cake 3,716 | Mr Nourish Biscuit 1 | Caramel Cookie ${ }_{1,7}$ |
| Mr Nourish Biscuit 1 | Yoghurt 7 | Yoghurt 7 |
| Fruit Pots, Yoghurt 7 | Fruit Pots | Fruit Pots |

