



# **Primary PE and Sport Premium Action Plan 2022-2023**

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>● Provision of high quality PE lessons across the school.</li> <li>● Introduction of new sports to the school including badminton, table tennis and basketball.</li> <li>● Provision of support/ CPD for teachers to develop confidence to teach sport and PE lessons and carry out extracurricular activities.</li> <li>● Provision of high quality after school sporting activities/ clubs.</li> <li>● Participation of inter-Trust and local borough sporting events and competitions.</li> <li>● Introduction of Sports Ambassadors to support sporting activities at break and lunchtimes.</li> <li>● New playground markings and basketball posts installed.</li> <li>● The school has achieved the School Games Silver Award.</li> </ul>	<ul style="list-style-type: none"> <li>● Update school equipment to support PE lessons, events and clubs.</li> <li>● Further enhance the quality of PE teaching by providing additional PE CPD for non-specialist staff and sports coach.</li> <li>● Improve children's understanding of how to live healthy lifestyles.</li> <li>● Introduce house sports competitions and increase attendance at inter school competitions.</li> <li>● Refine and implement whole school sporting events.</li> <li>● Leadership training of Sports Ambassadors to raise their profile and role within the school.</li> <li>● Further raise the profile of sport and physical education.</li> <li>● Improve the roof on the swimming pool to ensure swimming lessons can take place for the majority of the year.</li> </ul>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p> <p><i>N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.</i></p>	76%
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p>	83%

What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	93%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes - All children at Istead Rise from Years 3-6 will have additional swimming lessons, in our own school swimming pool, taught by our own qualified swimming instructor.

Academic year: 2022-2023	Total fund allocated: £18,580	Date Updated: July 2022		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation:
				32%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
a) To increase pupils’ participation in physical activities, including ensuring at least 50% of pupils partake in extra-curricular sports every week.	<ul style="list-style-type: none"><li>● Update school equipment to support PE lessons, events and clubs.</li><li>● Employment of Sports Coach to run extra-curricular activities.</li><li>● Improve provisions for lunch time sports.</li></ul>	£4,000	New sports equipment has been purchased throughout the year. This has been used for lessons, lunchtimes and clubs.	Continue to update equipment as and when required.

b) Improve children's understanding of how to live healthy lifestyles.	<ul style="list-style-type: none"> <li>• Ensure all children have 2 PE lessons each week.</li> <li>• Implementation of healthy living initiatives such as Walk to School week, and ensuring children eat healthy snacks.</li> <li>• Partial funding of Jigsaw scheme of work to develop children's understanding of keeping healthy.</li> </ul>	£2,000	<p>Two hours of PE timetabled in throughout KS1 and KS2.</p> <p>Walk to School week took place the week beginning 15th May.</p> <p>Jigsaw is used in PSHE lessons.</p>	<p>Children will continue to have two hours of PE.</p> <p>Jigsaw will also continue to be used going forward.</p>
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Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				31%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>c) To develop sports leadership capabilities of pupils.</p> <p>Raise the profile of sport with whole school events.</p>	<ul style="list-style-type: none"> <li>• Purchase of equipment for Sports Ambassadors to use at break and lunch times, to support them in their roles.</li> <li>• Put on a school colour run.</li> </ul>	£2700	Vast amounts of lunchtime equipment has been bought.	Midday meal supervisors will be given a timetable of when certain games are to be played. Sports ambassadors to be used at lunch playtime.

d) To inspire children to lead an active life.	<ul style="list-style-type: none"> <li>● Balance Bikes and Bikeability course for children in reception and year 5</li> </ul>	£2,500	Year R had their balance bike course in April. Year 5 course ran in June, with more scheduled in October.	Will book in more courses for next year (Year R already booked in the school calendar). Cost for bikeability rising from £12 to £15 per child.
e) To raise the profile of Sport at Istead Rise within the community.	<ul style="list-style-type: none"> <li>● Make progress to achieve the School Games Gold Award.</li> <li>● Newsletters to report sporting successes to members of the community.</li> <li>● Create links with local sports clubs</li> </ul>	£630	<p>Will achieved silver again this year, but closer to gold with two hours of PE for every child.</p> <p>Successes reported in newsletters.</p> <p>Links with Gravesham FA and Meopham Table Tennis Club.</p>	Aim for gold. We will need to attend more inter-schools competitions to achieve gold.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				5%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

f) Further enhance the quality of PE teaching by providing additional PE CPD.	<ul style="list-style-type: none"> <li>• Training for Sports Coach and attendance at local PE conferences.</li> <li>• PE CPD available for any other members of staff too.</li> </ul>	£1,000	CPD always available. Sports coach attended the Gravesham PE co-ordinator meetings this year.	Network with PE coordinators in the area at regular points during the academic year by continuing to attend the PE coordinator meetings.
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Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				19%
School focus with clarity on intended <b>impact on pupils:</b>	<b>Actions to achieve:</b>	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

g) To provide pupils with a greater range of sports opportunities.	<ul style="list-style-type: none"> <li>● A range of sports equipment to be made available to support clubs and PE lessons</li> <li>● After school clubs offered to pupils, including disadvantaged pupils and those who are less active.</li> </ul>	£1,500	A range of after school sports clubs have been available for children in KS1 and KS2.	Continue to offer a range of clubs for next academic year.
h) To ensure that all children can swim 25 metres by the end of Year 6.	<ul style="list-style-type: none"> <li>● Introduce swimming opportunities for children in KS1 over and above curriculum requirements.</li> </ul>	£1000	Damage to the swimming pool roof meant that the swimming lesson timetable had to be altered. However, children in year 4, 5 and 6 still had numerous lessons at points during the year.	Swimming lessons planned for year 2, 3, 4, 5 and 6.
i) To improve the range of activities available at lunchtime and break time.	<ul style="list-style-type: none"> <li>● Regularly update lunchtime equipment.</li> </ul>	£1000	New lunchtime equipment and games have been purchased.	New playground markings are planned for the KS1 playground to facilitate engaging lunch playtimes.

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				12%
School focus with clarity on intended <b>impact on pupils</b> :	<b>Actions to achieve:</b>	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

j) To provide increased opportunities for pupils to take part in intra school sports competitions.	<ul style="list-style-type: none"> <li>● Introduce scheduled house to house competitions. Funding of equipment and prizes.</li> <li>● Sports Day to offer competitive athletic activities. Offer opportunities to try a range of activities.</li> </ul>	£500	House competitions have taken place in our two hour PE lessons. Also, house competitions have taken place at after school clubs.	Provide more competitions at after school sports clubs.
k) To provide increased opportunities for pupils to take part in inter school sports competitions.	<ul style="list-style-type: none"> <li>● Participation in school competitions. Attend a wider range of competitions.</li> <li>● Transport costs to and from local competitions.</li> </ul>	£1500	Attended sportshall athletics, tri golf and balance bike festival.	Attend more fixtures and competitions next year.
l) To provide opportunities for pupils to take part in personal best challenges.	<ul style="list-style-type: none"> <li>● Funding of resources for the children to take part in challenges.</li> <li>● Purchase medals and prizes.</li> </ul>	£250	Medals purchased.  Sportshall athletics equipment and resources purchased.	Buy medals for after school club competitions, as well as sports day medals.