





# Number Day 2023



Thank you to all of you who have donated to the NSPCC. We have raised an amazing £380 so far. There is still time to donate if you would like to via Parent Pay. Thank you again.





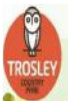



 **Friends**  
of Istead Rise Primary School

We would like to say a big thank you to our wonderful FIRPS team for organising 'Crazy Hair Day' today. As you can see from the photos the children have had a great time and all look brilliant!






## Build a Bird Box

Tuesday 14th February  
Multiple slots available

Build your own bird box out of recyclable materials to decorate and to take home to put up in your garden! Then collect a bird spotter sheet and head out into the park, to see how many different birds you can find!

Child tickets: £12

Book at: [www.kent.gov.uk/countryparksevents](http://www.kent.gov.uk/countryparksevents)






## Autism Youth Club

Retro gaming, pool & board games

Come and join our new youth club for autistic 10-16 year olds in Gravesend. Activities will include retro gaming, pool and board games.

10am-12pm  
11<sup>th</sup> Feb,  
4<sup>th</sup> March &  
1<sup>st</sup> April



£11 or with two games of laser tag £16.95

Parents/carers required to stay throughout. Refreshments can be purchased on site.

Pre-booking required at...  
[AUTISMSEUK/YOUTHCLUB](http://AUTISMSEUK/YOUTHCLUB)

Future Survival  
51-53 New Road  
Gravesend  
DA12 0AD

Limited parking available (or use West Street car park)

## February Half Term Trails

Explore the woods following our self-led trail and see what you can discover about the park. All completed trails will receive a small prize.

12TH FEBRUARY - 20TH FEBRUARY 2022  
Drop into the Visitor Centre between 10am - 2pm  
£3 Per Child

Book tickets at: [www.kent.gov.uk/countryparksevents](http://www.kent.gov.uk/countryparksevents)





## HALF TERM ARTS & CRAFTS

Join us at the St Andrew's Arts Centre this February half term for family arts and craft workshops

Workshops: £3.00pp or book two spaces for £5.00

Children aged 12 and under must be accompanied by a parent or guardian throughout the session. (Parents or guardians do not need to book a space if assisting the child).

THURSDAY

**16**

Feb, 2023

10.30am & 12.30pm



### WORKSHOP THEME: RANDOM ACTS OF KINDNESS

For information and bookings:  
[www.visitgravesend.co.uk](http://www.visitgravesend.co.uk)

Royal Pier Road, Gravesend, DA12 2BD






## FEBRUARY HALF-TERM PROGRAMME

To Book a Session Visit:  
[www.cyclopark.com](http://www.cyclopark.com)  
Or Email:  
[Reception@cyclopark.com](mailto:Reception@cyclopark.com)

### MON 13TH FEB

#### Kids First Aid (Age 6-10)

Give your kids the vital knowledge they need to be prepared for any emergency situation.

Age: 6-10  
Price: £5  
Time: 9:00AM-10:00AM

#### Kids First Aid (Age 11-15)

Give your kids the vital knowledge they need to be prepared for any emergency situation.

Age: 11-15  
Price: £5  
Time: 10:00AM-11:00AM

#### First Aid - Save A Babies Life

Perfect for new parents or those who work with babies and toddlers.

Price: £20  
Time: 12:00PM-3:00PM

#### BMX Novice Level 1\*

\*You Must Have Completed a BMX Induction to Attend the Novice BMX Sessions

Price: £7  
Equipment can be hired for £10.00  
Time: 5:20PM-6:10PM

#### BMX Novice Level 1\*

\*You Must Have Completed a BMX Induction to Attend the Novice BMX Sessions

Price: £7  
Equipment can be hired for £10.00  
Time: 6:20PM-7:10PM

#### Adult BMX\*

\*You Must Have Completed a BMX Induction to Attend the Novice BMX Sessions

Price: £7  
Equipment can be hired for £10.00  
Time: 7:20PM-8:10PM

### TUE 14TH FEB

#### BMX Induction Under 8's

Equipment included  
Induction at Cycloparks National Standard BMX Track!

Age: 5-8  
Price: £12  
Time: 9:30AM-11:00AM

#### BMX Induction Over 8's

Equipment included  
Induction at Cycloparks National Standard BMX Track!

Age: Over 8's  
Price: £12  
Time: 11:30AM-1:00PM

#### Group Learn To Ride

Learning to ride a bike without stabilisers.

Age: 5-12  
Price: £70  
Time: 10:00AM-10:45AM

#### Group Learn To Ride

Learning to ride a bike without stabilisers.

Age: 5-12  
Price: FREE  
Time: 11:00AM-11:45AM

#### 1-to-1 Learn To Ride

Learning to ride a bike without stabilisers 1-to-1 with one of our amazing cycling coaches!

Age: 5-12  
Price: £30  
Time: 12:00PM-12:50PM

#### MTB/Trial Skills

Age:  
Price:  
Time: 2:00PM-3:30PM

### THUR 16TH FEB

#### Group Learn To Ride

Learning to ride a bike without stabilisers.

Age: 5-12  
Price: £10  
Time: 10:00AM-10:45AM

#### Group Learn To Ride

Learning to ride a bike without stabilisers.

Age: 5-12  
Price: FREE  
Time: 11:00AM-11:45AM

#### 1-to-1 Learn To Ride

Learning to ride a bike without stabilisers 1-to-1 with one of our amazing cycling coaches!

Age: 5-12  
Price: £30  
Time: 12:00PM-12:50PM

### FRI 17TH FEB

#### Cycle Confidence

For those who can ride a bike, but are looking to gain confidence in a traffic-free environment.

Age: 7-12  
Price: £5  
Time: 10:00AM-11:30AM

#### Cycle Skills

Learn how to corner, use gears and ride on a traffic free road.

Age: 5-7  
Price: £10  
Time: 1:00PM-2:30PM

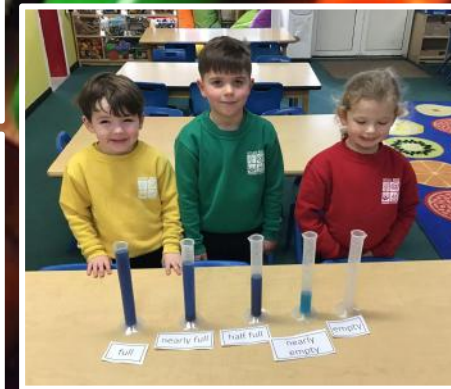
### SAT 18TH FEB

#### 1-to-1 Learn To Ride

Learning to ride a bike without stabilisers 1-to-1 with one of our amazing cycling coaches!

Age: 5-12  
Price: £30  
Times: 10:00AM, 11:00AM and 12:00PM





## MATHS

We have been learning about capacity in maths. The children looked at ordering capacity and matched labels that suggested full, half full etc.

We also had fun on Number Day. We hope you like some of the pictures.



People are usually afraid around me, but my smooth skin is so soft in to church to thank God.

The ladies are wearing colorful, beautiful dresses.

In the church there are some hymns and lovely colorful windows.

Gr has a bright yellow jumper with orange and green stripes with some bright blue jeans and white trainers.

Nanna is holding a orange umbrella and wearing brown shoes and a bag.

F.m/9.

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F.m/9.



**Wow! What a super busy 2 weeks the children in Year 1 have had! In Science, they sorted lots of materials into groups and described the properties of those materials. They have been**

looking at which materials are absorbent or not. This term they have enjoyed Forest School and especially enjoyed the fire and toasting their marshmallows to make smores... which were very yummy!

All of the school enjoyed a super Maths Day. We started off the morning with a very practical addition game using our carpet tiles and the children were extremely proud of themselves completing the challenges from the Happy Puzzle Company.

In English, the children have written a description using the book 'Last Stop on Market Street'. They have tried their hardest to include adjectives, conjunctions and adverbs.

Tere are people who are wearing a CJ  
"M. M. M. because they looked short.  
CJ said "M. M. M. were saying "M. M. M."  
for people that needed to be the man. It  
wasn't a great thing and he was a  
short red head. The girl is walking  
challenging with a orange bag  
and a blue hat with grey shoes  
black basket blue trousers and white  
hairs.

lead

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and a blue hat with grey shoes  
black basket blue trousers and white  
hairs.

lead



**Year 2 have continued to work hard right up to the end of this term! We have had fun doing a variety of activities during Spanish and maths days which the children have really enjoyed experiencing together.**

In maths we have started our learning on multiplication and division, looking at equal groups. We used cubes to make and add equal groups together before making the connection between repeated addition and multiplying. In the next few weeks we will be moving onto drawing arrays to help us multiply unfamiliar numbers.

In Science, we looked at the word hygiene and what it means to us. We used glitter 'germs' to demonstrate how bacteria can travel between surfaces. We then experimented with different methods of removing 'germs' to see which was the most effective. We tried just water, soap and water, a paper towel and hand sanitiser.



The children have been working really hard during the last two weeks of term 3. They have been writing a newspaper report about King Midas and the Golden Touch and have done a fabulous job!

In maths they have been learning how to multiply 2 digit numbers by 1 digit number. Even though they have found this quite challenging at times, they have all persevered well and made excellent progress.

We have really enjoyed our art lessons this term and have started to learn about Ancient Egyptian art. They made a textured background using paint and then used coloured pastels to create Ancient Egyptian patterns and shapes.





# Cherry



It has been a busy couple of weeks for Cherry Class and everyone has been demonstrating the core value of perseverance.

In English we have just finished writing a newspaper article about King Arthur.

Our learning sequence about the Vikings in history ended this week.

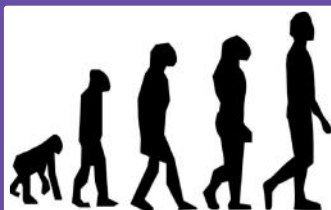
In maths we have just finished learning how to calculate the perimeter of different shapes, including missing sides. Next term we'll move onto learning about fractions.

In science we have been learning about how animals survive and we have completed food chains.

The children enjoyed exploring still-life and comparing compositions in art. The children considered proportion and composition when planning a still-life painting. They then applied knowledge of colour mixing and painting techniques to create a finished piece.

# Willow

Willow have continued to apply themselves well in their learning, having come to the end of our current writing sequence, where we have been writing a detailed description based on the stand of the Spartans at Thermopylae, and our maths sequence on multiplying fractions and finding a fraction of an amount. We have also come to the end of our Science sequence on inheritance and evolution, with some excellent work being produced on the evolution that would be needed for an animal to survive in a different environment.

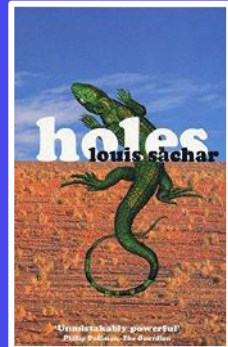


# Elm & Aspen

Another busy week for Year 6. The children are enjoying reading the story of 'Holes' in Reading and are continually practicing how to answer inference, retrieval and choice questions.

In Science, we are looking at evolution and last week looked at how different animals have adapted to their environment. We then thought even harder about this and came up with different ways animals could adapt to brand new 'made up' environments.

In English, we have just finished writing our powerful descriptions of a Dystopian society. We have been really impressed with the children's use of language, as well as their eagerness to write really high level, mature pieces of writing.





# *Forest School Oak Class*



Oak class enjoyed the Forest this week as they had the chance to toast marshmallows over the fire. Everyone stayed safe and followed the Forest School rules. Once they had toasted their marshmallows, the children counted to 20 and then sandwiched them between two chocolate biscuits. Oak class have been a pleasure to have in the Forest this term.



Cherry class have had a busy term in the Forest however, we took some time to think about our wellbeing this week. After a toasty fire where the children made smores the class took part in some mindfulness activities. At the sound of the drum the class were invited to hug a tree, stand and stare at a single point or close their eyes whilst thinking positive thoughts. Everyone embraced the activities and this can be seen in the photos. It has been a delight to have Cherry class in the Forest.

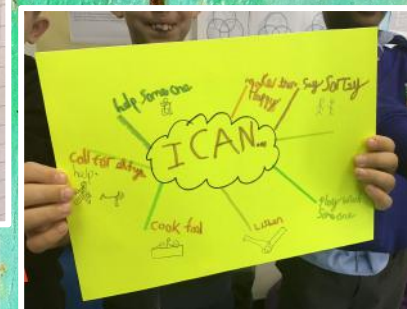
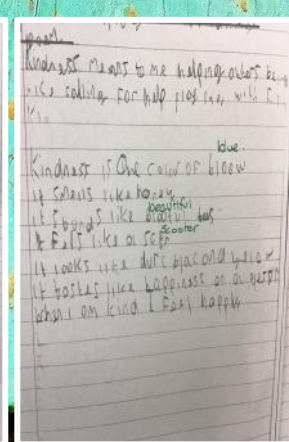
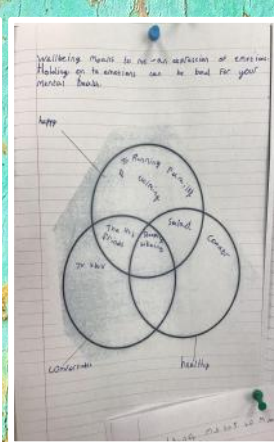
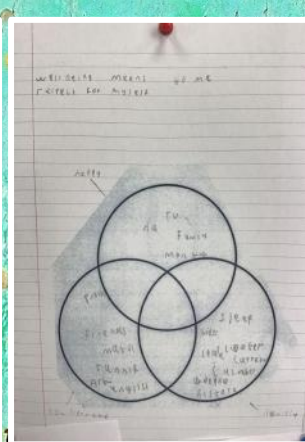
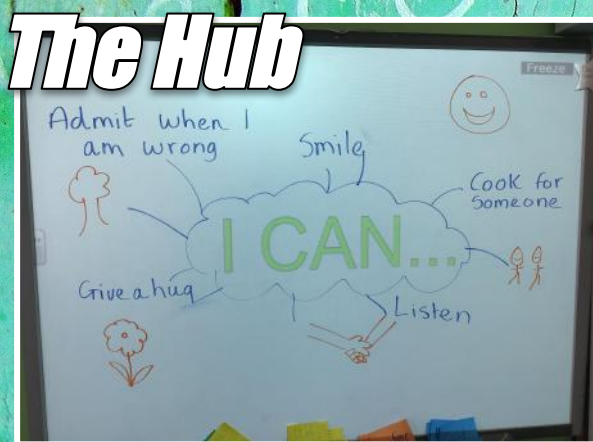


## Forest-School-Cherry-Class

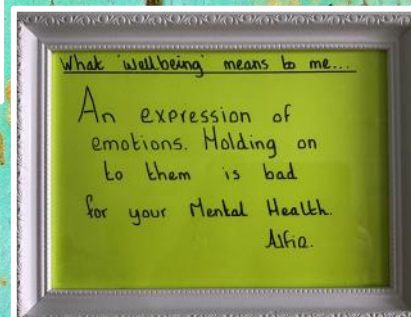




# The Hub



In the Hub this week we have been looking after our Wellbeing. Children have taken part in mindfulness activities which included breathing in and out to floating bubbles, making yoga poses and taking time out to think about how they can be kind to others and themselves.





**Gold Mathletics**

W/E 03.02

Tyler of Oak

W/E 10.02

Millie H, Molly, Tess &amp; Thomas of Cherry

***Congratulations for all your hard work!*****Bronze Peg Up Points**

W/E 10.02

Ava, Cooper G, Cooper M, Delphine, Freddie, Esme, Emilia, Elvie Rose, Lucas, Katelyn, Maya, Matilda, Shae, Ruby H, Otis & Summer of Sycamore, George, Maisey, Rohan, Lily & Olivia of Willow, Alfie, Brandon, Rui, Max, Urte, Harry, Ann Louise, Abishai, Dilan C, Kamahni, Bea & Aman of Elm

**Silver Peg Up Points**

W/E 03.02

Anais, Ronak, Harvey, Finn, David, Brody &amp; Blake of Cherry

W/E 10.02

Emilia, Leo H & Bobby of Oak, Saskia & Evelyn of Palm, Millie C, Lyra & Charlie of Cherry

**Times Tables Rock Stars**

W/E 03.02

Winning Class

1st Willow

2nd Elm

3rd Sycamore

W/E 10.02

Winning Class

1st Willow

2nd Cherry

3rd Elm

W/E 03.02

Most Valuable Player

1st Cerys of Willow

2nd Isher of Elm

3rd Ronak of Cherry

W/E 10.02

Most Valuable Player

1st Edward of Sycamore

2nd Nihaal of Sycamore

3rd Ronak of Cherry

***Rock Hero Status w/e 10.02 Nihaal of Sycamore*****Core Values Congratulations  
To All Our Winners****Week Ending 03.02****Acorns Class**

Elena for Self Reflection, Adriana &amp; Charlie for Independence

**Oak Class**

Sophie for Self Reflection, Felix for Independence &amp; Annabelle for Respect

**Palm Class**

Ella for Self Reflection, Henry for Independence

&amp; Lyla for Respect

**Sycamore Class**

Maya &amp; Ava for Perseverance, Cooper M for Self Reflection

**Cherry Class**

Millie H for Perseverance, Lyra for Independence &amp; Millie C for Respect

**Willow Class**

Lacie for Perseverance, Isabelle &amp; Jude for Independence

**Elm Class**

Mia for Perseverance, Corben for Self Reflection &amp; John for Independence

**Aspen Class**

Ellenor for Independence, Poppy for Perseverance

&amp; Amaryah for Self Reflection

**Week Ending 10.02****Acorns Class**

Daisy &amp; Ava for Self Reflection &amp; Charlie for Perseverance

**Oak Class**

Leo D &amp; Iyla for Self Reflection &amp; Freya for Perseverance

**Palm Class**

Charlie for Respect, Constance for Self Reflection

&amp; Jack L for Perseverance

**Sycamore Class**

Kai for Perseverance, Freddie for Self Reflection &amp; Otis for Independence

**Cherry Class**

Jace &amp; Alfie for Perseverance &amp; Theo for Respect

**Willow Class**

Maisey &amp; Ollie for Self Reflection, Tommy for Perseverance

**Elm Class**

Brooke &amp; Isher for Self Reflection, Aman for Respect

**Aspen Class**

Isabella B, Niamh &amp; James S for Self Reflection





# Let's see what's for lunch...

Week 1

**Monday**

<b>Main Meals</b>	<b>Vegetables</b>
BBQ Chicken Pizza	Sweetcorn <b>Ve</b>
Margherita Pizza <b>V</b>	<b>Dessert</b>
Jacket Potato with Baked Beans <b>Ve</b>	Chocolate Rice Krispie Cake <b>V</b>

**Tuesday**

<b>Main Meals</b>	<b>Vegetables</b>
Beef Bolognese with Spaghetti	Peas <b>Ve</b>
Vegan Bolognese with Spaghetti <b>Ve</b>	<b>Dessert</b>
Jacket Potato with Cheese <b>V</b>	Carrot Cake <b>V</b>

**Wednesday**

<b>Main Meals</b>	<b>Vegetables</b>
Roast Chicken with Roast Potatoes & Gravy	Seasonal Greens <b>Ve</b>
Macaroni & Cheese <b>V</b>	<b>Dessert</b>
Jacket Potato with Salmon Mayonnaise	Vanilla Ice Cream <b>V</b>

**Thursday**

<b>Main Meals</b>	<b>Vegetables</b>
Chicken Fajita Wrap	Steamed Carrots <b>Ve</b>
Vegetable & Bean Burrito <b>Ve</b>	<b>Dessert</b>
Pasta with Roasted Tomato & Basil Sauce <b>Ve</b>	Maryland Cookie <b>V</b>

**Friday**

<b>Main Meals</b>	<b>Vegetables</b>
Breaded Fish Fingers	Chips & Baked Beans <b>Ve</b>
Vegetable & Bean Chimichangas <b>V</b>	<b>Dessert</b>
Pasta with Cheese Sauce <b>V</b>	Chocolate & Courgette Sponge <b>V</b>

## Freshly Baked Bread:

Pesto Bread **V** Wholemeal Bread **V**

Week 1:

20<sup>th</sup> February, 15<sup>th</sup> March, 5<sup>th</sup> April, 24<sup>th</sup> April, 15<sup>th</sup> May, 5<sup>th</sup> June, 26<sup>th</sup> June, 17<sup>th</sup> July, 28<sup>th</sup> August, 18<sup>th</sup> September, 9<sup>th</sup> October

Available Every Day:

Fresh Fruit **Ve**  
Yoghurt **V** or Jelly **Ve**

## Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Week 1  
Week Commencing 20th February

Week 2

**Monday**

<b>Main Meals</b>	<b>Vegetables</b>
Beef Burger in a Bun	Carrot Sticks <b>Ve</b>
Vegetable Burger in a Bun <b>Ve</b>	<b>Dessert</b>
Wholewheat Pasta with Arrabiatta Sauce <b>Ve</b>	Lemon Drizzle Sponge <b>V</b>

**Tuesday**

<b>Main Meals</b>	<b>Vegetables</b>
Beef Lasagne	Sweetcorn <b>Ve</b>
Vegetable Fajita Wrap <b>Ve</b>	<b>Dessert</b>
Jacket Potato with Cheese <b>V</b>	Flapjack <b>Ve</b>

**Wednesday**

<b>Main Meals</b>	<b>Vegetables</b>
Lemon & Thyme Roast Chicken with Roast Potatoes & Gravy	Green Beans <b>Ve</b>
Ratatouille Pasta Bake <b>Ve</b>	<b>Dessert</b>
Jacket Potato with Baked Beans <b>Ve</b>	Orange Shortbread Biscuit <b>Ve</b>

**Thursday**

<b>Main Meals</b>	<b>Vegetables</b>
Chicken Paella	Broccoli <b>Ve</b>
Vegetable Pasanda with Rice <b>Ve</b>	<b>Dessert</b>
Pasta with Tomato & Vegetable Sauce <b>Ve</b>	Apple Crumble <b>Ve</b> with Custard <b>V</b>

**Friday**

<b>Main Meals</b>	<b>Vegetables</b>
Breaded Fish Fingers	Chips & Baked Beans <b>Ve</b>
Spiced Squash & Spinach Samosa <b>Ve</b>	<b>Dessert</b>
Pasta with Cheese Sauce <b>V</b>	Apple & Parsnip Cake <b>V</b>

## Freshly Baked Bread:

Tomato & Herb Bread **V** Wholemeal Bread **V**

Week 2:

27<sup>th</sup> February, 20<sup>th</sup> March, 10<sup>th</sup> April, 1<sup>st</sup> May, 22<sup>nd</sup> May, 12<sup>th</sup> June, 3<sup>rd</sup> July, 4<sup>th</sup> September, 25<sup>th</sup> September, 16<sup>th</sup> October

Week 3

**V** - Suitable for vegetarians  
**Ve** - Suitable for vegans & vegetarians

**Monday**

<b>Main Meals</b>	<b>Vegetables</b>
Chicken and Beef Sausages with Mashed Potato & Gravy	Peas <b>Ve</b>
Vegan Sausages with Mashed Potato & Gravy <b>Ve</b>	<b>Dessert</b>
Pasta with Cheese Sauce <b>V</b>	Apple & Carrot Flapjack <b>Ve</b>

**Tuesday**

<b>Main Meals</b>	<b>Vegetables</b>
Beef Chilli with Steamed Rice	Steamed Carrots <b>Ve</b>
Vegetable Chilli with Steamed Rice <b>Ve</b>	<b>Dessert</b>
Jacket Potato with Cheese <b>V</b>	Chocolate & Beetroot Brownie <b>V</b>

**Wednesday**

<b>Main Meals</b>	<b>Vegetables</b>
Sticky Glazed Chicken	Spicy Potato Wedges <b>Ve</b> & Coleslaw <b>V</b>
Margherita Pizza <b>V</b>	<b>Dessert</b>
Pasta with Tomato & Basil Sauce <b>Ve</b>	Cherry Cornflake Cake <b>V</b>

**Thursday**

<b>Main Meals</b>	<b>Vegetables</b>
Creamy Pesto Chicken with Fusilli Pasta	Green Beans <b>Ve</b>
Vegetable Pasta Bake <b>V</b>	<b>Dessert</b>
Jacket Potato with Baked Beans <b>Ve</b>	Vanilla Ice Cream <b>V</b>

**Friday**

<b>Main Meals</b>	<b>Vegetables</b>
Breaded Fish Fingers	Chips & Baked Beans <b>Ve</b>
Vegetable & Bean Stuffed Pitta Pocket <b>Ve</b>	<b>Dessert</b>
Pasta with Tomato & Lentil Sauce <b>Ve</b>	Chocolate Shortbread Biscuit <b>Ve</b>

## Freshly Baked Bread:

Garlic & Rosemary Bread **V** Wholemeal Bread **V**

Week 3:

6<sup>th</sup> March, 27<sup>th</sup> March, 17<sup>th</sup> April, 8<sup>th</sup> May, 29<sup>th</sup> May, 19<sup>th</sup> June, 10<sup>th</sup> July, 11<sup>th</sup> September, 2<sup>nd</sup> October

BM2 Istead Rise

February 2023

All products are subject to availability

**pabulummm**  
HONESTLY GOOD FOOD

