

Road Safety Poster Competition Winners

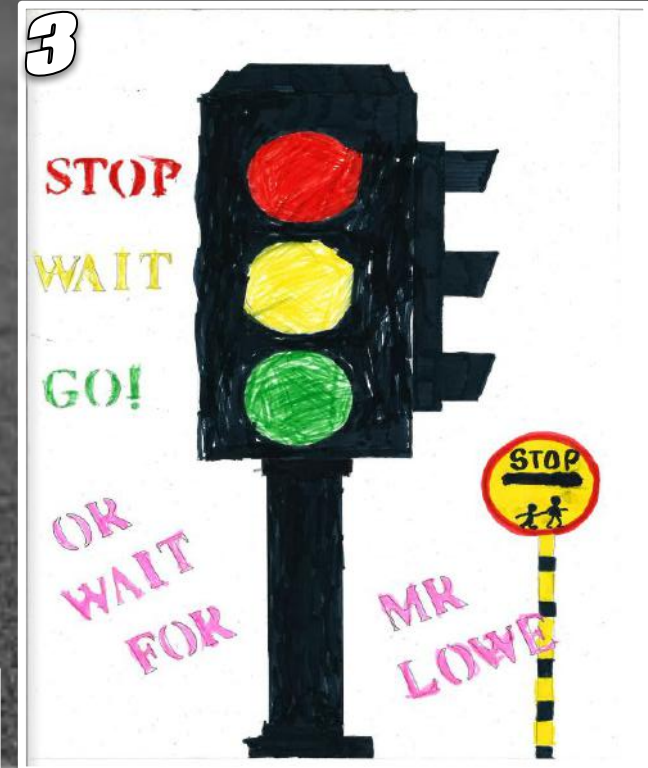
Congratulations to the following children for their fantastic road safety poster entries. Thank you to everyone who entered, the winners are as follows-

KS1 Raelie of Oak (1), Alicia of Palm (2)

& Milan of Acorns (3)

KS2 Molly of Cherry (4), Nihaal of Sycamore (5)

& Delphine of Sycamore (6)



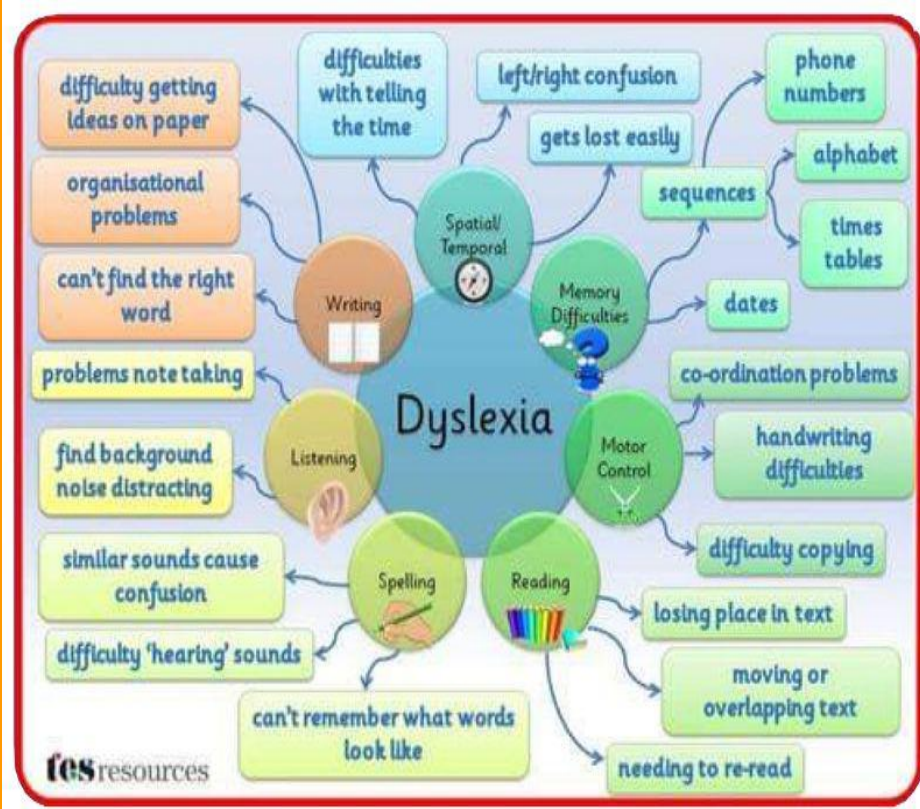
SEND & Inclusion

Welcome to the SEND and Inclusion newsletter. Children have now been told who their class teacher is next year, and some children will have received an additional transition document that forms part of their enhanced transition. Many children with SEND, and those who need extra emotional support, will have additional individual/small group time with their new teacher in their new class.



This week's focus is on dyslexia. Roughly 10% of the general population are thought to have dyslexia. There is a misconception that dyslexia just affects the ability to read and write. In fact dyslexia can have an affect on areas such as coordination, organisation and memory. There are many signs of dyslexia in primary school-age children. The British Dyslexia Association has a good [overview of signs](#).

At Istead Rise Primary School, we use Rapid and CoPS from GL Assessment to screen for dyslexia. This is usually done at the end of year 2 if the teacher feels that a child shows potential signs of dyslexia. These are screening tools, not diagnoses. A formal diagnosis of dyslexia can only been done by an educational psychologist or specialist teacher. As dyslexia is not a medical diagnosis, the NHS does not test or diagnose this condition.



YOUTH CLUB

AT FUTURE SURVIVAL

FUTURE SURVIVAL GRAVESEND
51-53 NEW ROAD, GRAVESEND
(ENTRANCE AT REAR) DA12 0AD

Come and join our youth club for autistic 8-16 year olds in Gravesend. Activities will include retro gaming, pool and board games.

Parents/carers required to stay throughout, refreshments can be purchased on site.

10am-12pm
First Saturday of the month*

*booking advance stated
£11 or £16.95 with two games of laser tag

BOOK YOUR PLACES NOW!

EVERY PLANT HAS THEIR OWN REQUIREMENTS IN ORDER TO GROW...

AND SO DO PEOPLE.

SEND & Inclusion

At Istead Rise, most of our dyslexia support is provided through in-class inclusive and adaptive teaching strategies and resources. For example:

- Simple adaptations - use of standard fonts, coloured backgrounds, line spacers, classroom lighting.
- Acknowledgement of good oral contributions whenever possible.
- Allowing extra time to read and absorb information.
- Avoiding asking a child to read aloud unless they want to.
- Teaching strategies to track words on the page.
- Marking written work on content, rather than spelling.
- Providing high frequency words/common exception words/topic words lists.
- Use of working walls, word maps, task boards and good work examples.
- Visual timetables and visual reminders.
- Opportunities for repetition and overlearning.
- Additional support with Nessy online.
- Personal copies of texts on the desk to avoid copying from the board.



If you have any questions about dyslexia or any other SEND queries, please contact us via the school office.

Mrs Andreou and Mrs Clark

Phonological Awareness



Listening

cat-car

Do these words sound the same?

Alliteration

hop-happy

Do these words begin with the same sound?

Rhyming

boy-toy

Do these two words rhyme?

Blending

c/a/t cat

Can you blend this word back together?

Syllables

wagon = 2

How many syllables are in this word?

Segmentation

hat h/a/t

Can you break this word apart by sounds?



autism south east

Girls Group

"A group for girls!"



Whether you have a diagnosis, are on the pathway or identify as neurodivergent, you are very welcome to join us. A lot of autistic girls mask, however it is our belief that being amongst others who are like minded can create a comfortable and welcoming environment.

Activities include arts and crafts, anime colouring sheets, pool, Lego, board games, as well as retro gaming.

The café will be open and selling drinks and snacks.



Suitable for ages 8-18. Parents/carers required to stay throughout.

Pre-booking required at...
AUTISMSE.UK/GIRLSGROUP

6pm-8pm
4th July

£2.50
Per child

Future monthly dates TBC

YMCA Round House
Overy St
Dartford
DA1 1UP

How do I know if a book is JUST RIGHT?



- too many of the words don't make sense
- hard to stay focused
- reading really slowly
- get tired pretty quickly, (not much stamina)

- the book is interesting to you
- 2-3 fingers-new words
- you can't wait to see what happens next
- your reading is mostly smooth with a few bumps
- you feel strong...want to keep going and going



- no effort...you can coast right through
- going so fast it's hard to focus
- not using any muscles-not getting stronger

Silver Peg Up Points

W/E 07.07

Lily, Ollie, Ruby & Nathan of Willow,
Florence of Elm

Gold Peg Up Points

W/E 30.06

Pixie-Belle of Oak, Henry Alfred & Constance of Palm, Kasey & Jace of Cherry

W/E 07.07

Jack L of Palm, Mia, Elsie & Oliver of Willow, Chace of Oak

Platinum Peg Up Points

W/E 30.06

Shae, Ruby WN, Elvie Rose, Edward, Abril, Ronak & Lucas of Sycamore, Finn & Lillie of Cherry

W/E 07.07

Brody & Anaïs of Cherry, Isaac of Willow

Diamond Peg Up Points

W/E 30.06

Nihaal of Sycamore

W/E 07.07

Tess of Cherry



Core Values Congratulations To All Our Winners



Week Ending 30.06

Acorns Class

Charlie for Respect, Seren & Ava for Independence

Oak Class

Samantha for Self Reflection, Bobby & Ronnie for Perseverance

Palm Class

Alicia for Respect, Elliott for Self Reflection, Harry for Perseverance

Sycamore Class

Louie for Respect & Freddie for Perseverance

Cherry Class

Blake for Independence & Alisa for Perseverance

Willow Class

Isaac for Respect, Archie & Ruby for Self Reflection

Elm Class

Whole Class Respect

Aspen Class

Whole Class Respect

Week Ending 07.07

Acorns Class

Benjamin for Respect, Archie & Olivia for Independence

Oak Class

Sophie & Iyla for Respect, Pixie Belle for Independence

Palm Class

Alf for Respect, Elliott & Dolly for Perseverance

Sycamore Class

Leah Marie for Independence & Ruby WN for Self Reflection

Cherry Class

Alfie for Self Reflection & Kasey for Perseverance

Willow Class

Lily & Isabella for Perseverance, Ollie for Respect

Elm Class

John for Perseverance & Corben for Respect

Aspen Class

Harjot for Perseverance, Tany & Henry for Independence



Times Tables Rock Stars

W/E 30.06

Most Valuable Player

1st Edward of Sycamore
2nd Ronak of Cherry
3rd Thomas of Cherry

W/E 07.07

Most Valuable Player

1st Thomas of Cherry
2nd Ronak of Cherry
3rd Lyra of Cherry

W/E 30.06

Winning Class

1st Cherry
2nd Sycamore
3rd Willow

W/E 07.07

Winning Class

1st Cherry
2nd Sycamore
3rd Willow

Gold Mathletics

W/E 30.06

Tyler & Leo H
of Oak

W/E 07.07

Lucas of
Sycamore
& Alicia of Palm

**Congratulations
for all your
hard work!**



Mila & Carter of Cherry Class completed the 5k Race for Life with their friends and family recently.



They had a great day and want to the 10k next year. Congratulations to both of you for this achievement and for supporting such a worthy cause

JUST DANCE FIT

With Berenice

KIDS DANCE CAMP!

For school years 1-6!
A positive way for your child to learn new dance skills from specialists, gaining confidence, making friends and being active, all whilst having a great time.

Themed dance days including Disney, Matilda, Strictly Come Dancing and Street Dance working towards a final performance on the Friday.

£150
Or £120 Early Bird Offer if booked by 21st July

JULY
24-28
10am-3pm

WEST HILL PRIMARY ACADEMY
Dartford Road, DA1 3DZ

CONTACT US
07841777891
justdancefitwithberenice@gmail.com

Led by 2 fully qualified and DBS checked dance specialists

Summer Fun at Millbrook!

There's so much to see and do this Summer at Millbrook Garden Centres!

- Crazy Golf (Gravesend centre only)
- Our Amazing Animal World
- Craft workshops and themed parties
- FREE Doodles Hunt
- Plus kids eat for less!

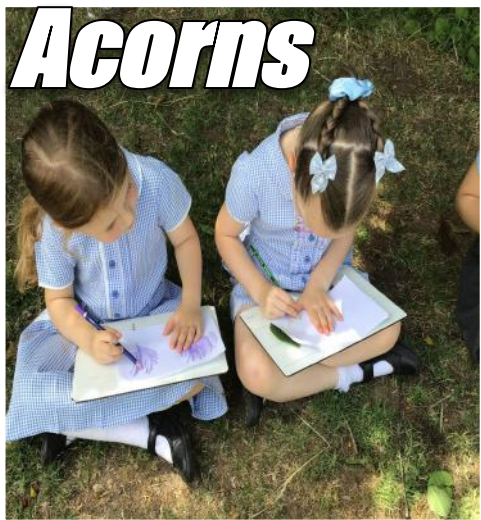
Millbrook Minis
Fun events and workshops for kids...

Visit millbrookgc.co.uk for all our events.

A big well done and thank you from the Istead Rise Scout group to Dylan and Parker of Elm Class for helping with their water station at the North Downs Run on 25th of June. It was a really hot day and all the runners were very happy to see them with the cool water and shouts of encouragement!



Acorns



Maths

In maths, we have been learning about odd and even numbers. We sang some songs and then used our knowledge to work out which numbers were odd and which numbers were even.

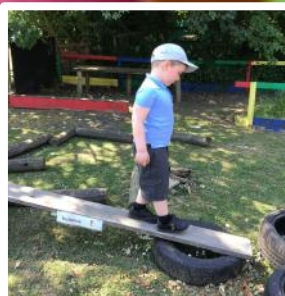


Understanding The World

We have continued our learning about seasons. It was great to walk around the school grounds and talk about the trees that grow in our environment. We used our learning to look at the shapes of leaves and the different types of trees they come from. Then we carried out leaf printing.



Continuous Provision
Look at all the things we have been doing during continuous provision.



Oak



In English we have been learning how to write a set of instructions. The children have identified imperative verbs and time connectives within the set of instructions.

Happily the children all followed a set of instructions to make their own jam sandwich. Yum, Yum !



In Science the children have planted broad beans and sunflowers, over the term they have enjoyed watching them grow, identifying the new parts of the plant that have grown and observing the changes. The children were excited to see that some of the beans had flowered and were ready to produce their vegetables.



Palm



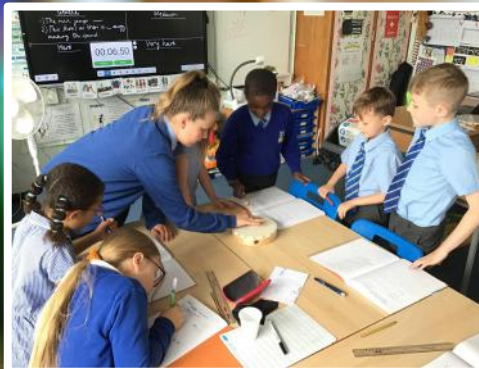
Year 2 have continued to have a fantastic term and are trying their best in all of their learning! In our maths lessons, we have continued our work on statistics by using data to create our own pictograms. We have worked hard to understand how a key can be used to cut down the number of pictures in a pictogram and make it easier to read and interpret.

In R.E. we have been learning how Jewish people celebrate Sukkot. We discovered that many Jews will build a special hut at this time to remember their ancient ancestors who escaped slavery in Egypt and spent 40 days in the desert. The hut must have 3 sides and a roof made of leaves, so we went outside and had a go at designing and building our own.

During science, we have continued learning all about plants and seeds. We cut open a variety of fruits to find where the seeds were. We were surprised at how different they were in size, colour and texture! It was also interesting to see that the seeds of a strawberry are on the outside of the fruit, where as most others had them on the inside!



We have been working hard in year 3, learning all sorts of new things. In science we have been learning about sound and have taken part in some exciting experiments. We have also been spending time in the school library, reading First News newspapers and our own reading books. The children really enjoyed this. We have also been working hard in English, learning how to write a persuasive letter to stop deforestation.



The children have been learning about food and thoroughly enjoyed making pasties as part of D.T. this term. They have been learning about weather forecasting in computing and used the programme Sketchpad to draw and annotate an automated machine. In science the children were further exploring sound using a drum and grains of rice. In maths we have just finished learning about statistics focussing on pictogram, bar chart and line graphs.



Harry Potter Day Cherry Class



The children of Cherry class became pupils of Hogwarts School of Witchcraft and Wizardry for the day.





In English we have started our next teaching sequence, which is a narrative based on a film clip where the world has been secretly taken over by aliens! Our focus is on cohesion between sentences and paragraphs. In maths we have come to the end of our unit on negative numbers, which the children seemed to particularly enjoy. In geography over the past 2 weeks we have looked at mountains and the mountain ranges of the UK and the appeal and dangers of visiting mountains. In science we have continued to look at forces, with this week's focus on friction and the force needed to move an object. In computing we have experimented with CAD software (Computer Assisted Design), looking at how to create 3D images.

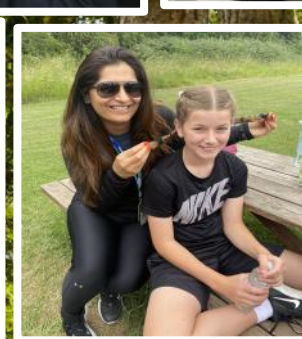
Year 6 had a great week at PGL last week! The activities were enjoyed by all with Aeroball, The Giant Swing, Canoeing, Sensory Trail and the Climbing Wall being very popular!

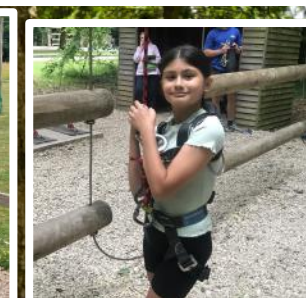
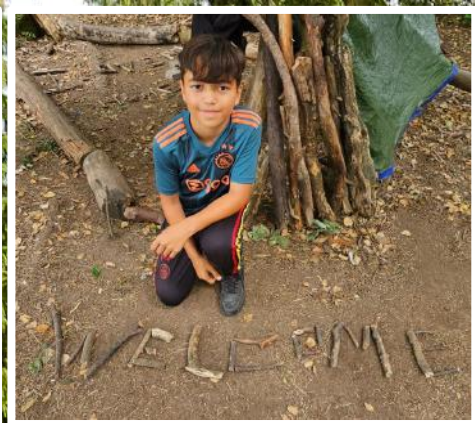
We were so proud of the children who conquered their fear of heights, challenged themselves and showed great teamwork.

In addition, all the adults were very proud of the children's behaviour whilst at PGL. They showed great manners, were polite and helpful, and really stood out (for good reasons) amongst the rest of the school children that were there.

We hope you enjoyed seeing the photos of the fun week we had!

Rehearsals continue this week, ready for the upcoming shows. Please keep an eye out for the google form and fill this in so we can check the amount of people that will be attending.





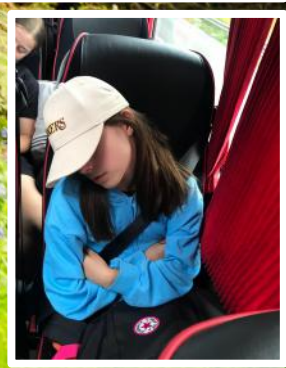
PGL 2023



PGL 2023



PGL 2023



Let's see what's for lunch...

Week 1

Monday	Main Meals	Vegetables
	BBQ Chicken Pizza with Baked Jacket Wedges	Sweetcorn Ve
	Margherita Pizza with Baked Jacket Wedges V	Dessert
	Jacket Potato with Baked Beans Ve	Chocolate Rice Krispie Cake V

Tuesday	Main Meals	Vegetables
	Beef Bolognese with Spaghetti	Peas Ve
	Vegan Bolognese with Spaghetti Ve	Dessert
	Jacket Potato with Cheese V	Carrot Cake V

Wednesday	Main Meals	Vegetables
	Roast Chicken with Roast Potatoes & Gravy	Seasonal Greens Ve
	Macaroni & Cheese V	Dessert
	Jacket Potato with Salmon Mayonnaise	Vanilla Ice Cream V

Thursday	Main Meals	Vegetables
	Chicken Fajita Wrap	Steamed Carrots Ve
	Vegetable & Bean Burrito Ve	Dessert
	Pasta with Roasted Tomato & Basil Sauce Ve	Maryland Cookie V

Friday	Main Meals	Vegetables
	Breaded Fish Fingers	Chips & Baked Beans Ve
	Vegetable & Bean Chimichangas V	Dessert
	Pasta with Cheese Sauce V	Chocolate & Courgette Sponge V

Freshly Baked Bread: Pesto Bread **V** Wholemeal Bread **V**

Week 1:

20th February, 13th March, 5th April, 24th April, 15th May, 5th June, 26th June, 17th July, 28th August, 18th September, 9th October

Available Every Day:
Fresh Fruit **Ve**
Yoghurt **V** or Jelly **Ve**

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Week 3 Week Commencing 10th July

Week 2

Monday	Main Meals	Vegetables
	Beef Burger in a Bun with Baked Jacket Wedges	Carrot Sticks Ve
	Vegetable Burger in a Bun V with Baked Jacket Wedges e	Dessert
	Wholewheat Pasta with Arrabiatta Sauce Ve	Lemon Drizzle Sponge V

Tuesday	Main Meals	Vegetables
	Beef Lasagne	Sweetcorn Ve
	Vegetable Fajita Wrap Ve	Dessert
	Jacket Potato with Cheese V	Flapjack Ve

Wednesday	Main Meals	Vegetables
	Lemon & Thyme Roast Chicken with Roast Potatoes & Gravy	Green Beans Ve
	Ratatouille Pasta Bake Ve	Dessert
	Jacket Potato with Baked Beans Ve	Orange Shortbread Biscuit Ve

Thursday	Main Meals	Vegetables
	Chicken Paella	Broccoli Ve
	Vegetable Pasanda with Rice Ve	Dessert
	Pasta with Tomato & Vegetable Sauce Ve	Apple Crumble Ve with Custard V

Friday	Main Meals	Vegetables
	Breaded Fish Fingers	Chips & Baked Beans Ve
	Spiced Squash & Spinach Samosa Ve	Dessert
	Pasta with Cheese Sauce V	Apple & Parsnip Cake V

Freshly Baked Bread: Tomato & Herb Bread **V** Wholemeal Bread **V**

Week 2:

27th February, 20th March, 10th April, 1st May, 22nd May, 12th June, 3rd July, 4th September, 25th September, 16th October

Week 3

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

Monday	Main Meals	Vegetables
	Chicken and Beef Sausages with Mashed Potato & Gravy	Peas Ve
	Vegan Sausages with Mashed Potato & Gravy Ve	Dessert
	Pasta with Cheese Sauce V	Apple & Carrot Flapjack Ve

Tuesday	Main Meals	Vegetables
	Beef Chilli with Steamed Rice	Steamed Carrots Ve
	Vegetable Chilli with Steamed Rice Ve	Dessert
	Jacket Potato with Cheese V	Chocolate & Beetroot Brownie V

Wednesday	Main Meals	Vegetables
	Sticky Glazed Chicken	Spicy Potato Wedges Ve & Coleslaw V
	Margherita Pizza V	Dessert
	Pasta with Tomato & Basil Sauce Ve	Cherry Cornflake Cake V

Thursday	Main Meals	Vegetables
	Creamy Pesto Chicken with Fusilli Pasta	Green Beans Ve
	Vegetable Pasta Bake V	Dessert
	Jacket Potato with Baked Beans Ve	Vanilla Ice Cream V

Friday	Main Meals	Vegetables
	Breaded Fish Fingers	Chips & Baked Beans Ve
	Vegetable & Bean Stuffed Pitta Pocket Ve	Dessert
	Pasta with Tomato & Lentil Sauce Ve	Chocolate Shortbread Biscuit Ve

Freshly Baked Bread: Garlic & Rosemary Bread **V** Wholemeal Bread **V**

Week 3:

6th March, 27th March, 17th April, 8th May, 29th May, 19th June, 10th July, 11th September, 2nd October



pabulummm
HONESTLY GOOD FOOD

BM2 Istead Rise
February 2023
All products are subject
to availability