



Istead Rise Primary Celebration Newsletter



Executive Headteacher: Mrs J Olivier **Telephone:** 01474 833177
Head of School: Mr S Payne **Deputy Email:** irpoffice@swale.at
Deputy Headteacher: Mrs M Clark

Twitter: @IsteadRisePS
Facebook: Facebook
Website: www.isteadrise.org.uk



22nd July 2022

Dear Istead Rise Families,

We have reached the end of the academic year and there is much excitement across the school, as children look forward to summer holiday fun and spending time with their families! We are very proud of all of our pupils for their many achievements this year - they have certainly earned a rest!

As you may be aware, we have some staff members leaving us. We are all very grateful to Mr Eastwood, Miss Hammond, Mrs Arnold and Mrs Prestige-Jones for all they have done for the children at Istead Rise over the years, and we wish them all the very best for the future.

We hope you enjoy reading our final newsletter of the year and wish you all a wonderful summer break.

Mr Payne & Mrs Olivier

Online Safety Newsletter July 2022

TikTok

You must be over 13 years of age to use TikTok. Some of the videos on TikTok may contain explicit language and small images, which may not be suitable for your child to view and there is also the risk of strangers contacting your child. If your child is using TikTok then make sure the appropriate security/privacy settings are on.

We recommend setting the account as private (this is the default setting for users under 16 since Jan 2022). Even with a private account, your child's profile information such as their photo are still visible so ensure your child understands the importance of not adding personal information (e.g. location, age and phone numbers) to this area. This area explains how you can strengthen your privacy settings and what features are turned off by default for accounts for children aged 13-15: <https://www.tiktok.com/@tiktok/en/about/privacy>

Blocking and Reporting

Explain your child how to use these features.

Bullying on TikTok

Let your child know that help is always available. This video makes questions on appropriate settings as well as how to deal with bullying: <https://www.tiktok.com/@tiktok/en/about/privacy>

A guide to Parental Controls

Produced by Knowsley CLOs

www.knowsleyclos.org.uk

Introduction and contents

Introduction

This guide will help you set up parental controls to provide your child with a safer online environment. Parental controls can help to protect your child from seeing something that they shouldn't, although it is important to emphasise that no system is effective all of the time so it is important to engage with your child and talk to them about their online life regularly.

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The following links will take you to a copy of July's online safety newsletter and a guide to online parental controls

[Online Safety Newsletter](#)

[Parental Controls Guide](#)

The Anna Freud Centre

The summer holidays offer an opportunity to recharge but for some young people or adults this may be a challenge. The Anna Freud Centre has created a self-care toolkit that can help young people find strategies to support their mental health and wellbeing over the holidays. We hope you find this [website](#) useful.

Friday 22nd July
End of term 6

1st & 2nd September 2022
INSET Days
School Closed

Monday 5th September
Term 1 Begins



Sports Day 2022



KS1

1st St Andrews - 26 points
2nd St Davids - 24 points
=3rd St Georges - 19 points
=3rd St Patricks - 19 points

KS2

1st St Andrews - 41 points
2nd St Georges - 30 points
3rd St Patricks - 27 points
4th St Davids - 23 points

Acorns

Maths

This week, we have been learning all about odd and even numbers. The children looked at objects on a plate and decided whether there was an odd amount or an even amount.



Map making

We have been learning all about Spatial Awareness. This required us to think about making a map of where we lived and our journey to school. We talked about all the different features we would see whilst on our journeys and then added them to our map.

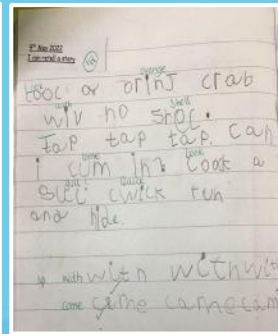
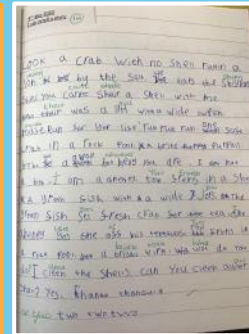
Writing

The children have really enjoyed listening to the story of 'Sharing a Shell' by Julia Donaldson. They enjoyed it so much that they were able to retell the story through role play. Once they had retold the story orally, the children wrote it in their books!

Congratulations to Annabelle, Ronnie and Leo for their achievements dancing for 'Magic.' The children along with Amber and Emily showed off their dance.

Expressive Arts

The children have enjoyed making their own sea scenery using creatures and objects found in the ocean.



Lunchtime

As the weather has been warm, we were able to sit outside and have our dinner! Miss Underdown said we could do this more often as everyone agreed how nice it was.



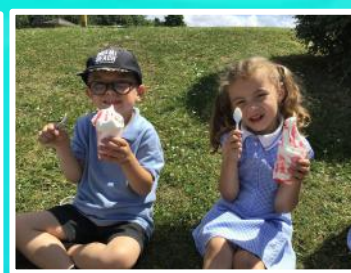
Art with Mr Eastwood

The children thoroughly enjoyed making friendship bracelets in Art and DT this week. They are super proud of their achievements.



Time for a Treat

We have been extra lucky this term. Thank you to FIRPS for letting us all enjoy a delicious ice-cream on a hot sunny day!



Cooling down on a hot summer's day

This week was extremely hot! Miss Underdown said that we could all go outside to cool down and what a surprise we had. Mr Payne decided that the way to cool us down was to squirt us with water from a hose. We all laughed, screamed with excitement, laughed and screamed some more. Mr Payne even tricked Mrs Neal to come outside to see her. Once in his view, he squirted the water at her. Can you see her running away? We had so much fun.





Learning about different animals

This week, Mrs Clarke brought to school some pets that live with her. We were amazed at all the different animals that she keeps and learnt about tortoises, lizards, snakes, giant land snails and giant millipedes. Mrs German was very scared of the snake but we all helped her to persevere by watching us. You can see we all had a wonderful time. Thank you Mrs V Clarke for bringing to school your pets for us to learn about.



In Geography, the children have been learning about map work and using a compass. They had to follow instructions to move their characters around the board.

The children recently enjoyed a visit from a selection of reptiles. They really enjoyed this visit and asked A LOT of questions about the animals!



We measured the children alongside the snake. Miss Kite and Mrs Flatman were very brave... Mrs Piner, not so much!!

Palm

In Science, we have been watching our seeds grow all term. Some of them now have leaves and a stem!



In R.E, we have learnt about the Hindu festival, Holi. We found out the different ways that Holi is celebrated and how coloured powder paint is often thrown in the streets. We were then inspired to create our own Holi art using both pens and paint.



We enjoyed our visit from the Reptile Workshop and felt really brave when holding the snake! We think Miss Young had a great time making animal friends too!

Palm

We enjoyed spending some time outside sketching things we found on the field.



As a reward for winning the 'Loose change' competition, Palm class had a reward morning out on the field. We played lots of different games such as dominoes, snakes and ladders, frisbee and playing with the parachute. We all had a great time and cooled off afterwards with a well earned ice lolly!



Sycamore

Sycamore has been really enjoying the last few weeks of this academic year. They've been really busy tidying up the outdoor classroom area, where they have planted bee friendly flowers. We are trying hard to look after these and keep them watered. We are also developing a 'Wild Area' in there, you may have noticed that we have left some of the grass to grow. This is a great habitat for bees, butterflies and other insects so we will be keeping it this way.

In class we have been revisiting all of the things that we have learnt this year so that the children are prepared for Year 4 in September. They have been really sensible about choosing which topics to go over again and have been having a lot of fun using Quizizz, which is an online learning game.

We had our Superclass afternoon on Thursday and the children had a wonderful time, it was a lovely way to celebrate the achievements of this year.



Two of our Year 6 girls had a great night recently at the Cobham Colts Girls Under 11s presentation evening. Bettie was awarded 'Manager's Player' of the Year & Neve was awarded 'Player's Player' of the Year

What a fantastic achievement girls and well done from all us at Istead Rise Primary for flying the flag for girls football!

Year 5 had a great time at Chessington this week! The water rides proved to be very popular and many groups had more than one go on them! The children had a great time exploring the park and trying out rides they had never been on before! Well done to Year 5 for being so well behaved at the park and managing through the heat. An enjoyable trip for all! Have a wonderful summer and we look forward to welcoming back our new Year 6's in Elm and Aspen class.



Ronnie & Millie recently performed in The Zest Dance School "Don't stop believing show". Millie performed Street Dance and Ballet routines and Ronnie performed a Street Dance routine.

Millie won the students' choice award for Street Dance. The children also both received their 1 & 10 year anniversary awards. A big well done to Millie & Ronnie from all us at Istead Rise.

Cherry

Cherry class have had an exciting couple of weeks. They finished their Alice in Wonderland themed cushions which they all worked really hard on. They cooperated helping each other and persevered when things didn't go right. Well done Cherry, they look fantastic!



We finished our science topic: Animals including humans and researched animals that eat different diets. The children then explored food chains and food webs.



Cherry

Finally we had a fantastic 'Superclass' enjoying all things Harry Potter. We had a potions lesson with Professor Baker and Professor Hammond, also we had Quidditch with Professor Tyler. We used a sorting hat to determine which team we were going to be in for quidditch. Later in the afternoon we made howlers and monster books. Year 4 have worked hard this year and should be proud of all their achievements. They are much more resilient and ready for Year 5. I wish them all the best!







The Hub - Year 6



Year 6 had so much fun in The Hub when their peers were on PGL. Archie was so proud of himself for climbing a tree and Sevak made a great goal when playing football. Mrs T Clark is extremely proud of them all for persevering when building a Theme Park, using the hammer to print leaves and making jewellery with Elder Beads. The group also enjoyed the class Just Dance session, especially Phoenix.





Forest School

After working incredibly well in their teams, Year 6 built shelters and tested them to see if they were waterproof or not. Some did get a bit wet including Mrs T Clark. However, I think Jake planned his attack really well. I wish all of year 6 the best of luck for Year 7.



Core Values



Week Ending 08.07

Acorns Class

Florence for Perseverance & Theo for Respect

Oak Class

Jack L for Independence, Alicia & Elliott for Self Reflection

Palm Class

Louie for Perseverance & Summer for Self Reflection

Sycamore Class

Mila for Respect & Molly for Self Reflection

Cherry Class

Jude for Perseverance & Charlie W for Self Reflection

Willow Class

Rui for Independence & Dylan for Respect

Holly Class

Sahib & Ethan for Independence

Aspen Class

Neve for Independence & Blake for Self Reflection

Week Ending 22.07

Acorns Class

Sophie & Devan for Independence

Oak Class

Ella for Respect & Teddy for Self Reflection

Palm Class

Elvie & Ava for Respect

Sycamore Class

Finn for Respect & Jacob for Independence

Willow Class

Tabitha & Corben for Independence

Holly Class

Ellenor for Respect & Darcie for Perseverance

Week Ending 15.07

Acorns Class

Felix for Respect, Amber & Emily for Self Reflection

Oak Class

Taylor for Perseverance & Charlie for Respect

Palm Class

Abril for Perseverance & Otis for Independence

Sycamore Class

Lille & Brody for Respect

Cherry Class

Cerys for Perseverance & Isabella for Self Reflection

Willow Class

Mia for Perseverance & Parker for Respect

Holly Class

Isabella B for Respect & Tany for Independence

Aspen Class

Calan for Self Reflection & Leo for Independence

Readiwriter

Gold Readiwriter

W/E 08.07

**Millie H of Sycamore,
Brooke & Tabitha of
Willow**

W/E 15.07

**Lillie, Ronak & Thomas
of Sycamore**

W/E 22.07

Destiny of Willow

Artist of the Week

W/E 08.07

**Tyler of Acorns for great
plaiting of his pipe cleaner
bangle.**

**Poppy of Sycamore for
great splatter work on her
T-shirt**



Congratulations to all of our winners!



Times Table Rock Stars



W/E 08.07

Winning Class
1st Willow
2nd Sycamore
3rd Aspen

W/E 08.07

Most Valuable Player
1st Isher of Willow
2nd Ronak of Sycamore
3rd Harry P of Willow

W/E 15.07

Most Valuable Player
1st Ronak of Sycamore
& Isher of Willow
2nd Harry of Willow
3rd Amaryah of Holly

W/E 15.07

Winning Class
1st Willow
2nd Holly
3rd Sycamore

W/E 22.07

Winning Class
1st Willow
2nd Holly
3rd Sycamore

Mathletics

Gold Mathletics

W/E 08.07
Samuel-Yanis of Palm,
Fraser & Emily
of Willow

W/E 15.07
Matilda of Palm

W/E 22.07
Kamahni of Willow

**Congratulations
for
all your
hard work!**

T W TUTORS LTD PRESENTS

kids Summer club

For Age 5 - 11

£122 per 4 days or FREE for children on Free School Meals

Activities:

- Summer crafts
- Rugby
- Glass art
- Rounders
- Bouncy castle
- Football
- Team games
- Dodgeball
- Dance workshops
- Disco
- Cooking
- Animal encounters
- Forest activities

July 25th - August 18th

Site 1 - Old Gravesendians Rugby Club
Site 2 - Whitehill Primary School

Mon - Thur
10:00am - 02:00pm
Healthy lunch every day!

Book Online Today

Use your wonde/voucher to book!

office@twttutorsltd.com
01634 907 088

House Points

W/E 08.07
Platinum

Saskia of Oak, Ruby H
of Palm, Abigail &
Lily of Cherry
Diamond
Thomas & Lillie
of Sycamore



W/E 15.07

Bronze

Utre of Willow

Silver

Charlotte of Holly,
Margaret of Oak & Rui of
Willow

Gold

Dilan & Dylan of Willow,
Katelyn & Louie of Palm
Platinum

Tabitha of Willow, Esme &
Delphine of Palm, Bradley
& Taylor of Oak

Diamond

Cerys of Cherry, Evelyn,
George & Constance of
Oak

W/E 22.07
Silver

Molly of Sycamore
Gold

Robbie & Lillie of
Sycamore
Platinum

Stanley of Oak, Jacob of
Sycamore
Diamond

Nihaal of Palm, Theo of
Sycamore

Let's see what's for lunch...



Week 2
Week Commencing 5th September

Just to let you know the cost of a school lunch will be increasing to £2.45 from September 2022

Monday	Main Meals Chicken & Gravy Tuna & Potato	Vegetables Sweetcorn & Peas Ve Butter & Vanilla Sponge V
Tuesday	Main Meals Mild Curry Sweet Potato & Vegetable Curry Rice Ve Jacket Potato with Baked Beans Ve	Vegetables Cauliflower & Green Beans Ve Dessert Orange Shortbread Ve
Wednesday	Main Meals Roast Chicken with Roast Potatoes & Gravy BBQ Roast Sweet Potato & Bean Loaf with Roast Potatoes & Gravy Ve Wholegrain Pasta with Tomato Sauce Ve	Vegetables Seasonal Greens & Carrots Ve Dessert Apple & Oaty Topped Crumble Ve with Custard V
Thursday	Main Meals Beef Burger in a Bun Homemade Vegan Burger in a Bun Ve Jacket Potato with Cheese V	Vegetables Broccoli & Sweetcorn Ve Dessert Chocolate & Beetroot Brownie V
Friday	Main Meals Fish Fingers with Oven Baked Chips Vegetable Burrito Wrap Ve Pasta with Tomato Sauce Ve	Vegetables Peas & Baked Beans Ve Dessert Maryland Cookie V
Freshly Baked Bread: Garlic & Herb Bread V Wholemeal Bread V		
<p>Week 1: 19th April, 9th May, 6th June, 27th June, 18th July, 30th August, 19th September, 10th October, 31st October</p>		

Monday	Main Meals BBQ Chicken Pizza Margherita Pizza V Jacket Potato with Tuna Mayonnaise	Vegetables Sweetcorn Ve & Coleslaw V Dessert Chocolate & Courgette Sponge with Chocolate Sauce V
Tuesday	Main Meals Sweet & Sour Chicken with Steamed Rice Sweet & Sour Vegetables with Steamed Rice Ve Wholegrain Pasta with Tomato Sauce Ve	Vegetables Cauliflower & Peas Ve Dessert Oat & Cherry Cookie Ve
Wednesday	Main Meals Roast Chicken with Roast Potatoes & Gravy Cauliflower & Cheese Bake with Roast Potatoes & Gravy V Pasta with Cheese Sauce V	Vegetables Seasonal Greens & Carrots Ve Dessert Banana Flapjack Ve
Thursday	Main Meals Beef & Bean Chilli with Rice Vegan Chilli Con Carne with Rice Ve Jacket Potato with Baked Beans Ve	Vegetables Broccoli & Sweetcorn Ve Dessert Apple & Parsnip Sponge V
Friday	Main Meals Battered Fish with Oven Baked Chips Vegetable Goujon with Oven Baked Chips Ve Pasta with Roasted Tomato Sauce Ve	Vegetables Baked Beans & Peas Ve Dessert Cherry Cookie Ve
Freshly Baked Bread: Carrot & Thyme Bread V Wholemeal Bread V		
<p>Week 2: 25th April, 16th May, 13th June, 4th July, 5th September, 26th September, 17th October</p>		

Monday	Main Meals Cottage Pie topped with Sliced Sweet Potato Macaroni & Cheese V Jacket Potato with Baked Beans Ve	Vegetables Peas & Carrots Ve Dessert Sticky Banana Bread V
Tuesday	Main Meals Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta Vegetable Jambalaya Ve Jacket Potato with Salmon Mayonnaise	Vegetables Cauliflower & Broccoli Ve Dessert Chocolate Shortbread Ve
Wednesday	Main Meals Thyme Roast Chicken Breast with Roast Potatoes & Gravy Roasted Ratatouille with Crumble Ve Wholegrain Pasta with Cheese Sauce V	Vegetables Seasonal Greens & Mashed Swede Ve Dessert Waffles with Berry Compote V
Thursday	Main Meals Beef Burger in a Bun Vegan Bolognese with Spaghetti Ve Jacket Potato with Baked Beans Ve	Vegetables Sweetcorn Ve & Coleslaw V Dessert Jammy Bread & Butter Pudding with Custard V
Friday	Main Meals Fish Fingers with Oven Baked Chips BBQ Vegetable Quesadilla V Pasta with Tomato Sauce Ve	Vegetables Baked Beans & Peas Ve Dessert Chocolate Sponge V
Freshly Baked Bread: Tomato & Herb Bread V Wholemeal Bread V		
<p>Week 3: 3rd May, 23rd May, 20th June, 11th July, 12th September, 3rd October, 24th October</p>		

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

All products are subject to availability.

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM2 Istead Rise
Available Every Day
Fresh Fruit Platter Ve
Homemade Fruit Yoghurt V

April 2022

pabulum
HONESTLY GOOD FOOD