



Istead Rise Primary Celebration Newsletter



Executive Headteacher: Mrs J Olivier
Head of School: Mr S Payne
Deputy Headteacher: Mrs M Clark

Telephone: 01474 833177
Email: irpoffice@swale.at

Twitter: @IsteadRisePS
Facebook: Facebook
Website: www.isteadrise.org.uk

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Dear Istead Rise Families,

This edition of the newsletter, as usual, is full of the exciting learning and fantastic opportunities that the children of Istead Rise experience on a regular basis. As well as seeing the children work extremely hard in their core subjects, it has been wonderful to hear singing and the playing of musical instruments as I wander around the school.

Year 2 and Year 6 have worked particularly hard recently, as they have been completing their SATs. I am especially impressed with Year 6, who came into school at 8:00am for five mornings (after all, they were offered a delicious cooked breakfast as an incentive!). Thank you to parents for your support with this, also the Year 6 team for all their hard work in preparing the children for the tests and to the Pabulum team who came in extra early to prepare the breakfast. I am so pleased that we are able to offer certain activities again, such as school trips and swimming. Year 3 have already attended a trip to the theatre and next week, Year 6 will be attending a well deserved trip to a London musical. Look out for more trips and events planned for the coming months.

We look forward to welcoming you into school and sharing your child's successes with you on Wednesday 25th May at the parent consultations. If you haven't already completed a time slot, please do so as soon as possible. Here's to a busy, but fun, final couple of weeks of term.

Mrs M Clark
 Deputy Headteacher

This link will take you to a copy of May's online safety newsletter
[Online Safety Newsletter May 22](#)



Online Safety Newsletter May 2022

World Password Day: 5th May 2022

We need to create passwords for everything these days and it is important that our children not only understand that they should not share passwords with others, but also that they know how to create a 'strong' password to keep their information safe. As part of World Password Day, why not take the opportunity to talk to your child about this? You can learn more here: <https://www.internetmatters.org/parents/articles/my-child-ready-for-social-media/>

Social Media update

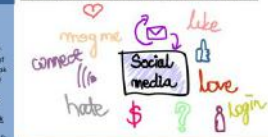
There are several different social media platforms that your child might be on or wanting to join such as Instagram and Snapchat. Social media platforms are used to share pictures and communicate with others. It is important to review each individual platform to see what age your child should be to access them and to set age appropriate privacy settings. It is also important to talk to your child about information they should keep private. This article looks at the risks that you need to consider as well as advice on how to get started. <https://www.internetmatters.org/parents/articles/my-child-ready-for-social-media/>

Further information Visit the Social Media Advice Hub from Internet Matters to learn more: <https://www.internetmatters.org/parents/articles/my-child-ready-for-social-media/>

TikTok update

The NSPCC have created a new article discussing if TikTok is safe for children and provides an overview of how to keep your child safe on TikTok using their safety settings. Read the article here: [https://www.nspcc.org.uk/keeping-children-safe/keeping-online-safe/keeping-online-safe/keeping-online-safe/keeping-online-safe/](https://www.nspcc.org.uk/keeping-children-safe/keeping-online-safe/keeping-online-safe/keeping-online-safe/keeping-online-safe/keeping-online-safe/)

TikTok have also created a Guardian's guide designed to provide an overview of TikTok and the tools and controls available. <https://www.tiktok.com/@guardian/guide>



New Cybersprinters activities (7 - 11 year olds)

The National Cyber Security Centre have released a new set of activities and interactive stories. As well as the original CyberSprinters game (<https://www.ncsc.gov.uk/collectory/cybersprinters>), you can now access stories that you can read with your child and read interactive stories together. These activities are available here: <https://www.ncsc.gov.uk/collectory/cybersprinters/home-activities>

These resources will encourage conversations about how we can keep our information secure online.

Users of this guide do so at their own discretion. No liability is accepted. Content as of the date released 13.05.22



Thomas of Sycamore was presented with his 'Chief Scout Bronze Award' at the District Beaver sleepover at the weekend. It's the highest award a Beaver can earn and he's worked really hard over the last two years to get it - Congratulations Thomas from all of us at Istead Rise. This is an amazing achievement you should be very proud.

Artists of the week

Charlotte of Oak for her vegetables printing

Charlie of Sycamore for using print layering skills.



Acorns

Spider alert!!

We have been learning all about spiders. We were super lucky to find a live spider in our indoor environment. Some of us were very brave to get close to it and others got even closer! Thank you Mrs German for helping us to hold the spider. Unfortunately, Miss Underdown and Mrs Ridley were nowhere to be seen! I wonder why?



Writing

Whilst learning all about spiders, we used adjectives to describe one. Some of the descriptions made us shiver with fear! The descriptions didn't make the spider sound very pretty at all.



Expressive Arts

During our continuous provision learning time, some of the children took to the stage to sing to other children in the class. The children decided to sing the rhyme 'Incy Wincy Spider' and encouraged everyone to join in with the actions. They had such beautiful voices!



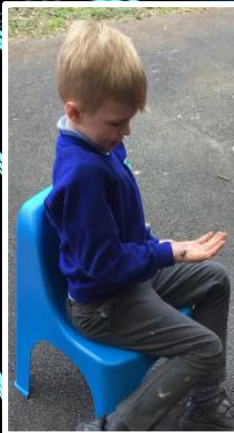
Spider making

Making spiders was lots of fun in Acorn class. Take a look at all the art and craft we did below. We also used chalk, paint, crayons and felt tips to design and colour a spiders web.



Maths

In maths, we have been building numbers beyond 10 using cubes. We talked about what was the same and what was different in the patterns we could see.



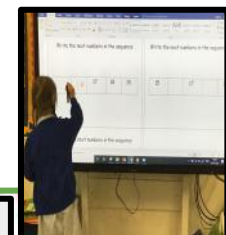
Acorns

It's all about the Bees

This week, we have been learning about Bumble Bees. There were lots and lots of questions the children wanted to know, however, the most popular ones were:

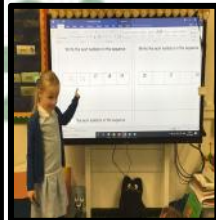
- Why do bees sting people?
- Why do they have stripes on their bodies?
- What is the difference between a bee and a wasp?
- What would happen if there were no bees in the world?

We had lots of fun finding out the answers to these questions and made posters all about these insects.



Maths

In maths, we have been finding missing numbers up to 20. Some of us used a number line and some of us were able to identify the numbers without using resources.



Storytime

Thank you Mr Tyler and Mr Payne for reading two separate stories to us. We were super excited to hear about how Lucy overcame her fear in the story Mr Bumble and pleased Bumblebear ended up being accepted by others.



Gardening with Mrs German

As we have been continuously learning about the world we live in, Mrs German kindly brought some vegetables for us to plant in our garden area! We are watering them every day and measuring them to see how much they have grown. Thank you so much Mrs German.

Understanding of the world

We have been very lucky and looked at Bumblebees in our own environment



Expressive Arts

Centred around their learning about Bumble Bees, Acorns class produced some lovely art work this week. Some children chose felt tips, some chose chalk, while others painted away. We have been super proud of the children's achievements.



Congratulations

Zachary in Acorn class was delighted to bring in a trophy that he had won whilst playing football for Istead Rise Colts. He proudly showed it to the other children and talked all what he does in football. Well done Zachary!



Oak



In science we are learning all about plants. This week the children have planted their own seeds and are going to look after them over the next few weeks and keep a diary about their plant. We can't wait to see all the beautiful colours!



In maths this week, the children have been learning about halves. They shared their objects with their partner and wrote sentences to explain: "12 shared equally between 2 is 6"



Palm



Year 2 have really enjoyed learning about Sikhism in R.E this term. We have retold the story of Rama and Sita and learnt the different ways Diwali is celebrated. Last week, we spent time outside on the playground designing our own Rangoli patterns. We thought carefully about the colours and designs before using chalk to draw them.

In Science, we have been using all of our prior learning on animals and their habitats to design and make habitat shoeboxes. We all picked our habitat and then used Chromebooks to research the animals that live there and how they are suited to that place. We have worked hard to paint our shoeboxes to look like our chosen habitat and will add in the animals next week.

Sycamore

Sycamore has had a busy few weeks! We were lucky enough to take part in an interactive performance of Alice in Wonderland last week and went to see Gangster Granny at the Orchard Theatre. Both of these performances were amazing and the children really enjoyed them.

In class, Sycamore had a lot of fun designing and making a protective 'skeleton' for a tea cake in their science lesson. They spent time dropping it from different heights and recording their results in a table.

We have also been teaching the children how to write a descriptive poem about the night sky. We have been impressed by the wonderful similes and metaphors that the children have come up with on their own.

Cherry



Year 4 have really enjoyed the learning experiences this past couple of weeks. We were really excited to see 'The Umbrella Theatre' come and share an interactive Alice in Wonderland show. We have been reading the book and thinking about the characters. The children have just finished writing amazing character descriptions of the White Rabbit. They have thought about their vocabulary and how to use exciting adjectives and figurative language to enhance their writing.

In maths we have been learning about money: how to add, subtract, give change and solve problems. Next week we will be moving onto time.

The children have been enjoying computing lessons particularly this week when we learned about the term abstraction. They were able to make models out of plasticine, recognise pattern, use past experiences to understand how to solve new problems and understand how to extract key information from the program Scratch and we used a pattern recognition game to change codes.



Willow & Holly

Aspen

Year 5 have been busy as usual in all areas of the curriculum! In English, we have started to look at play scripts; focusing on writing dialogue and stage directions. In Maths, we are continuing with fractions and this week, we have been learning how to add and subtract mixed numbers, as well as recapping previous knowledge. Well done year 5 - this is a tricky topic to learn.

Our forest school sessions have started and these have been enjoyed by both classes! We have been learning how to tie different knots and build bridges; focusing on our team work and communication skills. We have really enjoyed seeing the children play in the forest and come up with different games. There have been courtrooms, cafes, spas, houses for sale and chalk shops too!

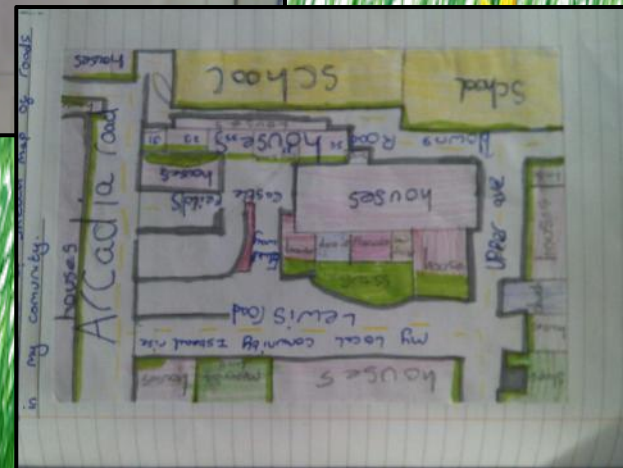


In Geography, we have started to look at field work. Over the past few lessons, we have looked at what field work is and why it is carried out and have now started researching particular field work that is going on around the world.

Our music lessons have been lots of fun so far! We are now learning how to sing and play 'Make You Feel My Love' by Adele. We start the lessons with warm up games, warming up our voices and playing basic notes on the glockenspiels. We then move on to practising the song and practising how to play different parts of the song. Year 5 are working really well to learn the glockenspiels and are starting to sound really good! I wonder how it will sound when we play the recorders and glockenspiels together!



The week finally arrived! Well done to every member of year 6 on their attitude and hard work and effort during SATs week - they have really done themselves proud. Early mornings with a hearty breakfast, and a chilled atmosphere has really helped! A massive thank you to all of the parents too - your support is amazing! As well as the preparation and actual SATs, we have also been working on our narrative in English, working with a range of sentence types and structures for the opening of our writing. In Geography we have continued with our work on mapping with learning how to use 6-figure grid references and creating sketch maps of the roads in our community. We have also been learning new songs in music that will appear in our production at the end of the year.



Forest School Willow Class

Lots of perseverance was shown by Willow class this week - one of our core values. The class used problem solving to make a wormery, construct dens and to build a hedgehog house. The class is looking forward to watching the worms tunneling in the wormery and hopefully seeing the hedgehogs move into their new home.





Forest School Holly Class



Holly class used knots and lashings to build bridges that they could stand on. Miss Waters enjoyed the Forest Spa this week where she received a mud face mask. I think she was happy with the results. The jungle cafe was open for business again, this time the group used knots and lashings to make a shelter for it. I also rescued a baby fox cub which had climbed into a tyre. I released him back to his den and family.



Times Table Rock Stars



W/E 06.05

W/E 06.05

W/E 13.05

W/E 06.05

Winning Class	Most Valuable Player	Winning Class	Most Valuable Player
1st Willow	1st Harry of Willow	1st Willow	1st Tyler of Holly
2nd Sycamore	2nd Isher of Willow	2nd Holly	2nd Isher of Willow
3rd Cherry	3rd Kamahni of Willow	3rd Cherry	3rd Harry of Willow

WOW! W/E 13.05 Rock Hero Status Dilan & Parker of Willow **WOW!**

Mathletics

Gold Mathletics

Mathletics

W/E 06.05

Nihaal of Palm

W/E 13.05

Molly & Tess of Sycamore

Congratulations for all your hard work!



W/E 06.05

House Points

W/E 13.05



Bronze

Lillie of Sycamore & Lucy of Aspen

Silver

Isabella B & Poppy of Holly, Luella & Henry of Aspen

Gold

Nyla, Dolly, Henry, Bobby, Keira, Jack L, Jack E, Teddy & Elliott of Oak, Ruby WN, Maya & Freddie of Palm, Calan of Aspen

Bronze

Florence & Ann-Louise of Willow & Isabelle of Sycamore

Silver

Harry & Dilan of Willow, Jiya, Isabella T, James S & Darcie of Holly

Gold

Tabitha of Willow, Summer & Elvie of Palm, Amaia, Ella, Charlie & Charlotte of Oak, Jack of Cherry

WOW! Platinum WOW!
Maisey of Cherry



Core Values



Week Ending 06.05

Acorns Class

Pixie-Belle & Felix for Perseverance

Oak Class

Bobby & Sujaan for Perseverance

Palm Class

Maya for Independence & Samuel-Yanis for Perseverance

Sycamore Class

Isabelle for Perseverance & Tristan for Independence

Cherry Class

George for Self Reflection & Rosie for Respect

Willow Class

Rylan for Respect & Madison for Perseverance

Holly Class

Alice for Self Reflection & Kian for Perseverance

Aspen Class

Leo & Jana for Perseverance

Week Ending 13.05

Acorns Class

Emilia for Independence & Florence for Self Reflection

Oak Class

Dolly & Elliot for Self Reflection

Palm Class

Arabella for Perseverance & Oliver M for Independence

Sycamore Class

Charlie for Respect & Poppy for Self Reflection

Cherry Class

Lily & Maisey for Respect

Willow Class

Brooke for Perseverance & Parker for Respect

Holly Class

Poppy for Independence & Tyler-James for Perseverance

Aspen Class

A special thank you and well done to the whole of Aspen for the hard work and effort this week in their sats.

This required the use of all of our values.

Congratulations to all of our winners!

Let's see what's for lunch...



Week 2
Week Commencing 16th May

Monday	Main Meals	Chicken & Beef Sausage with Mash & Onion Gravy
	Vegetables	Sweetcorn & Peas Ve
	Dessert	Coconut & Vanilla Sponge V
		Pasta with Cheese Sauce V

Tuesday	Main Meals	Mild Chicken & Vegetable Curry with Steamed Rice
	Vegetables	Cauliflower & Green Beans Ve
	Dessert	Orange Shortbread Ve
		Jacket Potato with Baked Beans Ve

Wednesday	Main Meals	Roast Chicken with Roast Potatoes & Gravy
	Vegetables	Seasonal Greens & Carrots Ve
	Dessert	Apple & Oaty Topped Crumble Ve with Custard V
		BBQ Roast Sweet Potato & Bean Loaf with Roast Potatoes & Gravy Ve
		Wholegrain Pasta with Tomato Sauce Ve

Thursday	Main Meals	Beef Burger in a Bun
	Vegetables	Broccoli & Sweetcorn Ve
	Dessert	Chocolate & Beetroot Brownie V
		Homemade Vegan Burger in a Bun Ve
		Jacket Potato with Cheese V

Friday	Main Meals	Fish Fingers with Oven Baked Chips
	Vegetables	Peas & Baked Beans Ve
	Dessert	Maryland Cookie V
		Vegetable Burrito Wrap Ve
		Pasta with Tomato Sauce Ve

Freshly Baked Bread:
Garlic & Herb Bread **V** Wholemeal Bread **V**

Week 1:
19th April, 9th May, 6th June, 27th June, 18th July, 30th August, 19th September, 10th October, 31st October

Monday	Main Meals	BBQ Chicken Pizza
	Vegetables	Sweetcorn Ve & Coleslaw V
	Dessert	Chocolate & Courgette Sponge with Chocolate Sauce V
		Margherita Pizza V
		Jacket Potato with Tuna Mayonnaise

Tuesday	Main Meals	Sweet & Sour Chicken with Steamed Rice
	Vegetables	Cauliflower & Peas Ve
	Dessert	Oat & Cherry Cookie Ve
		Sweet & Sour Vegetables with Steamed Rice Ve
		Wholegrain Pasta with Tomato Sauce Ve

Wednesday	Main Meals	Roast Chicken with Roast Potatoes & Gravy
	Vegetables	Seasonal Greens & Carrots Ve
	Dessert	Banana Flapjack Ve
		Cauliflower & Cheese Bake with Roast Potatoes & Gravy V
		Pasta with Cheese Sauce V

Thursday	Main Meals	Beef & Bean Chilli with Rice
	Vegetables	Broccoli & Sweetcorn Ve
	Dessert	Apple & Parsnip Sponge V
		Vegan Chilli Con Carne with Rice Ve
		Jacket Potato with Baked Beans Ve

Friday	Main Meals	Battered Fish with Oven Baked Chips
	Vegetables	Baked Beans & Peas Ve
	Dessert	Cherry Cookie Ve
		Vegetable Goujon with Oven Baked Chips Ve
		Pasta with Roasted Tomato Sauce Ve

Freshly Baked Bread:
Carrot & Thyme Bread **V** Wholemeal Bread **V**

Week 2:
25th April, 16th May, 13th June, 4th July, 5th September, 26th September, 17th October

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Monday	Main Meals	Cottage Pie topped with Sliced Sweet Potato
	Vegetables	Peas & Carrots Ve
	Dessert	Sticky Banana Bread V
		Macaroni & Cheese V
		Jacket Potato with Baked Beans Ve

Tuesday	Main Meals	Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta
	Vegetables	Cauliflower & Broccoli Ve
	Dessert	Chocolate Shortbread Ve
		Vegetable Jambalaya Ve
		Jacket Potato with Salmon Mayonnaise

Wednesday	Main Meals	Thyme Roast Chicken Breast with Roast Potatoes & Gravy
	Vegetables	Seasonal Greens & Mashed Swede Ve
	Dessert	Waffles with Berry Compote V
		Roasted Ratatouille with Crumble Ve
		Wholegrain Pasta with Cheese Sauce V

Thursday	Main Meals	Beef Burger in a Bun
	Vegetables	Sweetcorn Ve & Coleslaw V
	Dessert	Jammy Bread & Butter Pudding with Custard V
		Vegan Bolognese with Spaghetti Ve
		Jacket Potato with Baked Beans Ve

Friday	Main Meals	Fish Fingers with Oven Baked Chips
	Vegetables	Baked Beans & Peas Ve
	Dessert	Chocolate Sponge V
		BBQ Vegetable Quesadilla V
		Pasta with Tomato Sauce Ve

Freshly Baked Bread:
Tomato & Herb Bread **V** Wholemeal Bread **V**

Week 3:
3rd May, 23rd May, 20th June, 11th July, 12th September, 3rd October, 24th October

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

All products are subject to availability.

BM2 Istead Rise
Available Every Day
Fresh Fruit Platter **Ve**
Homemade Fruit Yoghurt **V**

April 2022

pabulummm
HONESTLY GOOD FOOD