



# Istead Rise Primary Celebration Newsletter



18th March 2022

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Dear Istead Rise Families,

This week at Istead Rise we have been enjoying a tour through history! It was fantastic to see so many of our pupils from across the school thoroughly captivated by our visit from 'Brunel'. All classes clearly enjoyed the experience, and Islambard himself shared with staff how impressed he was with our pupils' willingness to engage and learn, as well as their existing knowledge of history and engineering. Year 3 have also been enjoying stepping through the 'Portal to The Past', their special experience day on the ancient Greeks. Well done to children and parents on some brilliant costumes!

Science Technology Engineering & Maths (STEM) week has been progressing very well and children have been enjoying learning new skills. We have been very impressed with our pupils' edible architecture - although we're not certain that the wholesale use of marshmallow as a construction material is likely to catch on!

Regarding those Year 6 pupils whose transition day at Meopham Secondary clashed with the residential trip - I am pleased to confirm that a new day has been arranged for the transition activities to take place, meaning no children need to miss out on either experience. Further details will be sent to those relevant families in due course. Thank you to the parents who brought this matter to our attention.

Lastly, thank you to all families who have made donations to our collection for Comic Relief today - your generosity is much appreciated.

Wishing you all a great weekend,

Steve Payne



Elvie-Rose of Palm performed in Cirquesque at the Central Theatre last Saturday night with her aerial academy.

She was the youngest performer and the show was absolutely amazing! What a fantastic achievement Elvie-Rose, we are all very proud of you!

**RED NOSE DAY**  
There is still time to donate via your child's Parent Pay account!



# ellenor.x

for families facing  
terminal illness

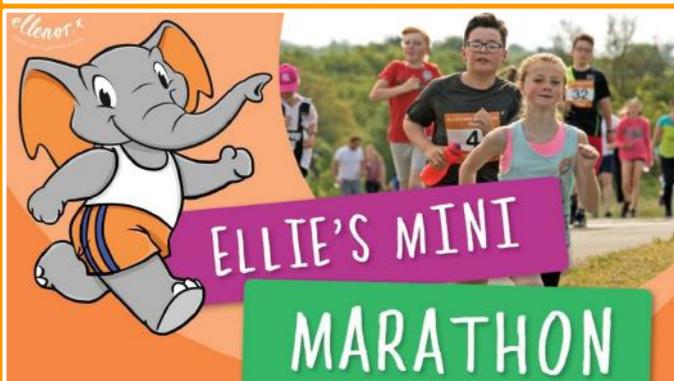
Dylan in Year 6 ran the mini marathon last Sunday and raised over £11,500 for the Ellenor Hospice who have been providing support to Dylan's family since his little brother Zac was diagnosed with a brain tumour. Dylan's classmate Denis also ran to support him and came second overall. We are all very proud of Dylan for raising this incredible amount of money (smashing his £500 target) for such a worthy cause, and congratulations to Denis for doing so well in the race and for supporting his friend.

If you would also like to donate to the charity you can do so via this

Just Giving link

<https://www.justgiving.com/fundraising/karen-staples2>

Click [here](#) for the full article on the Ellenor website





The children have had a great day supporting Comic Relief. Well done to all of you who entered our 'Design a Red Nose' competition. We have so many fantastic entries, it made it so difficult for us to choose. Our worthy winners were Summer of Palm, Poppy of Sycamore & Luella of Aspen. A very big well done from all of us at Istead Rise!



**RED NOSE DAY**



# Acorns

## Time for a story

The children have thoroughly enjoyed listening to stories read to them by Mr Loe and Mr Tyler. Mr Loe read 'We're Going on a Bear Hunt' and Mr Tyler read the story "Superworm."



## Understanding the World

Acorns Class have been learning all about 'The Life Cycle of a Butterfly.' With their very own Butterfly Garden Growing Kit, the children have been enthralled with watching their caterpillars grow. They also created their own Butterfly Life Cycle. The class cannot wait to see what happens next!



## The Police

Acorns Class have continued to learn about 'People Who Help Us.' They have been keen to find out who stole some equipment from the home corner and then had a sleep after the event. They spotted a bowl of cereal when they came into school in the morning. The children have been looking for clues whilst being detectives.



# Acorns



**DT with Mr Eastwood**  
The children have had lots of fun with Mr Eastwood, learning techniques for weaving and making their own dream catchers.



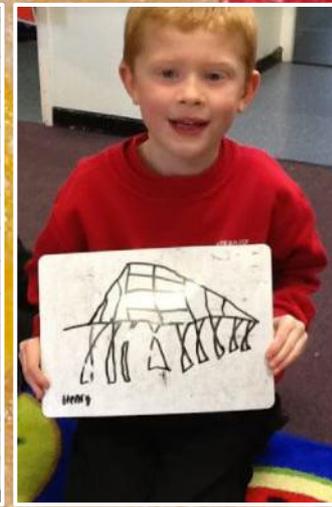
## Celebrating Science Week

What an exciting week! The children have immersed themselves in non stop engineering challenges and activities. They have gained skills through interacting with each other, compromising and negotiating, expressing and articulating their ideas, and of course looking at ways in which to solve problems. This week, the children were presented with the task to design and build a bridge, one strong enough to hold a toy car without it crashing down and another to hold a human. The children's designs, coupled with their determination and perseverance, was incredible to see.

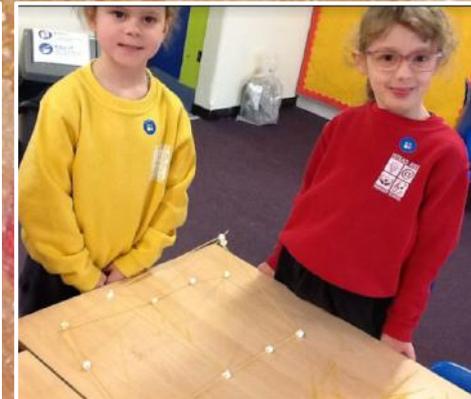


# Oak

During our STEM activity day, we designed and made a bridge from straws and marshmallows. It had to be strong enough to carry a car across it.



Who could make the tallest tower using spaghetti and marshmallows?



This week, Year 2 had a fantastic day learning all about the famous engineer, Brunel. We learnt how he often had to problem solve and persevere to achieve his final projects. Using these skills, we tried to make the tallest tower out of spaghetti and marshmallows and the strongest bridge using paper straws.

We had lots of fun in both activities and continued to keep trying even when it was tricky or our structures kept breaking!

In English, we have continued our learning on the pilot, Amy Johnson, by writing a diary entry from her perspective on the day she flew to Australia. We have thought about how she might be feeling at different times of the day and have used a thesaurus to uplevel our original words.



## Sycamore

Sycamore has been working hard on their DT work this week. They designed and made a flying rocket after doing some market research into similar children's toys. They were really proud of their creations and are looking forward to testing them out to see which one goes the furthest.

We also had a fantastic time on Monday when we learnt all about Isambard Kingdom Brunel and built our own bridges based on his designs.



# Sycamore

The children also took part in an Ancient Greek workshop on Wednesday.

This was a really enjoyable experience for the children!



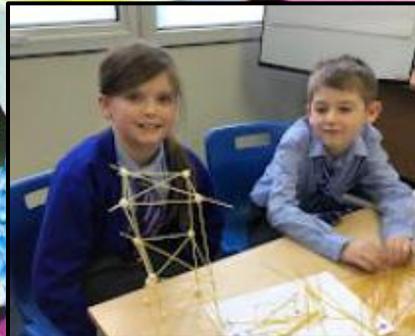
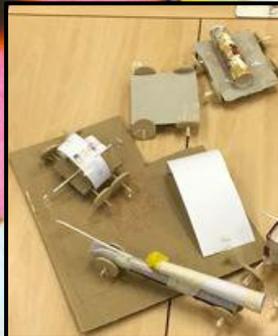
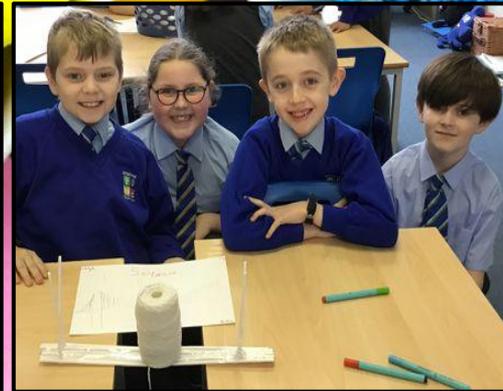
# Cherry

This week Cherry Class have been excited about their STEM day and having a famous person, Isambard Kingdom Brunel, visit the school and share his interactive show.

In history we have been finding out about Alfred the Great and in science we continue to enjoy observing our plant experiments.

In Maths we have been learning fractions and going on to make links with the relationship between fractions and decimals. The children were excited to power their balloon cars and evaluated their final product.

In our STEM afternoons we have made bridges and towers, a few designs were able to withstand a weight and most of the towers stood up, even if they were a little like the leaning tower of Pisa.



# Willow & Holly

Year 5 are really enjoying our current Spanish topic of 'In the Classroom'. We are learning how to say different items that you might find in the classroom, in Spanish and also learning how to tell someone what we do and don't have in our pencil cases.



In Computing, we have been learning about how to use different search engines and how to be specific about what we are searching for.

We have also looked at copyright law and learnt about crediting a creator if their work or content is used.

In PHSE, we are continuing on our 'Healthy Me' topic.

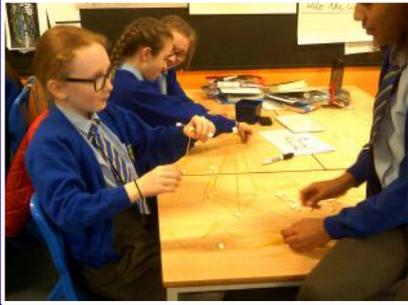


Last week, we learnt about basic first aid procedures; how to put a person in the recovery position and how to keep calm in emergency situations. Well done Year 5!



# Aspen

It's been a busy and practical time in Aspen. We're now working on a 'day in the life of Molly Brown' in English, focusing on the fateful voyage of the Titanic, which resulted in some great discussion and dramatic and emotional writing.



In maths we have been continuing to focus on arithmetic, while also looking at ratio, calculating missing angles and how to use a protractor.



In Science we completed our shadow puppets and tried them out - with great success! They have now been donated to Reception class (Acorns) for the children to use when telling stories.

During our work in science week, we have built towers and a ball run - looking in particular at the shapes needed to strengthen a design during building.

This week the children produced a special piece of art for Istead Rise by recreating a Scottish highland scene, well done!

We are immensely proud of the fundraising that Dylan has undertaken on behalf of The Ellenor Hospice, with the amount raised being a staggering £11,500. This shows that Dylan's thoughtfulness is something that he shows everywhere and not just at home or at school. The money raised will be of great benefit to them, and enable them to help and support many others. Well done Dylan (and Denis for doing the run with him) - you can be very proud of this achievement!

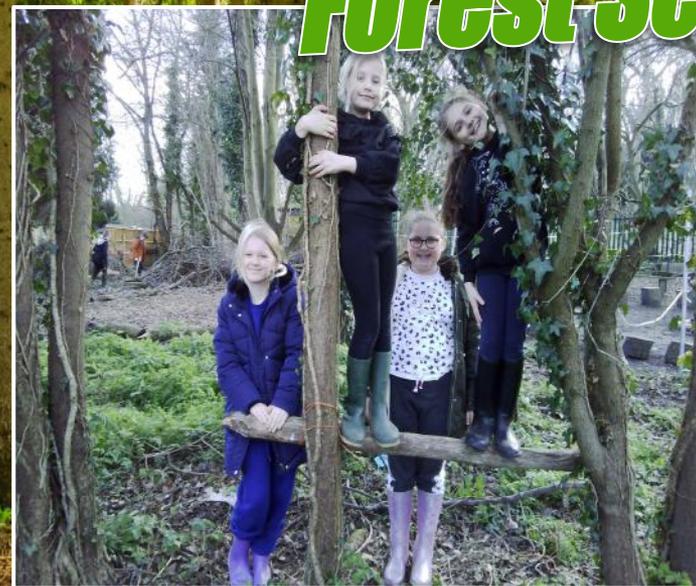


## Art Club





# Forest-School



This week children in Cherry Class learnt how to tie 3 knots and lashings, a clove hitch, a square lashing and a reef knot to make a stickman and then a bridge. There was some fantastic team work going on from the whole class.



Cherry Class have really loved their Child Led time in the Forest. They have made muddy pies, which were delicious! Chilled in the trees, made muddy faces and hand prints as well as running shops to sell all sorts of things from. The class were very good at haggling when buying and selling.



# Times Table Rock Stars



W/E 11.03

W/E 11.03

W/E 18.03

W/E 18.03

## Winning Class

1st Willow  
2nd Holly  
3rd Cherry

## Most Valuable Player

1st Tyler C of Holly  
2nd Isher of Willow  
3rd Kamahni of Willow

## Winning Class

1st Willow  
2nd Holly  
3rd Aspen

## Most Valuable Player

1st Tyler C of Holly  
2nd Isher of Willow  
3rd Harry of Willow

Mathletics

# Gold Mathletes

W/E 11.03

Issac of Cherry, Kian & Amaryah  
of Holly & Calan of Aspen

W/E 18.03

Scarlett of Sycamore &  
Brooke of Willow

***Congratulations for all your hard work!***

Readiwriter

W/E 11.03  
Gold Readiwriter  
Dylan  
of Aspen



W/E 11.03

**Bronze**

Harry, Ezekiel & James O of  
Holly, Lilly & Rylan of Willow

**Silver**

Seth of Cherry, Oliver M of  
Palm, Ella & Alfie of Oak,  
Aman & Dylan of Willow &  
Hayden of Aspen

**Gold**

Lacie, Lily & Holly of Cherry,  
Emilia of Palm

**Platinum**

Elsie, Isabella, Taiga & Oliver  
of Cherry

W/E 18.03

**Bronze**

Martin of Palm

**Silver**

Emily of Willow, Bradley, Charlotte,  
Amaia & Alfie of Oak, Jana & Leo of  
Aspen, Alice & Niamh of Holly

**Gold**

Jude & Abigail of Cherry, Nihaal of  
Palm

**Platinum**

Isaac of Cherry

**Diamond**

Mia of Cherry

**WOW!**

# Core Values



Week Ending 11.03

Acorns Class

Sophie for Independence & Bobby & Samantha for Respect

Oak Class

Dolly for Independence & Charlotte for Self Reflection

Palm Class

Nihaal for Self Reflection &  
Cooper M for Independence

Sycamore Class

Carter & Scarlett for Independence

Cherry Class

Jack & Charlie W for Independence

Willow Class

Emily & John for Perseverance

Holly Class

Isabella T & Ezekiel Perseverance

Aspen Class

Lucy for Perseverance & Jake for Independence

Week Ending 18.03

Acorns Class

Chace for Independence

Oak Class

Saskia & Henry for Self Reflection

Palm Class

Katelyn for Respect & Shae for Independence

Sycamore Class

Kasey for Perseverance & Thomas for Respect

Cherry Class

Holly & Taiga for Self Reflection

Willow Class

Brandon & Fraser for Independence

Holly Class

Alice & Isabella B for Independence

Aspen Class

Harvey for Self Reflection & Brooke for Perseverance

***Congratulations to all of our  
winners!***

# Let's see what's for lunch..

**Week 3  
W/C 21st  
March**

## Meat Free Monday (MF)

Meat Free Monday is a great way to improve health and well-being by naturally increasing your vitamin and mineral intake. One day a week can make a real difference - [www.schoolfoodplan.com](http://www.schoolfoodplan.com)

**MF Monday**

**Main Meals**  
Margarita Pizza with Potato Salad V  
Sweet Potato & Vegetable Dhal with Rice Ve  
Jacket Potato with Baked Beans Ve or Cheese V

**Vegetables**  
Sweetcorn & Green Beans Ve

**Dessert**  
Cinnamon & Sultana Bread & Butter Pudding with Custard Ve

**Tuesday**

**Main Meals**  
Beef Burger in a Bun with Oven Baked Wedges  
Vegetarian Burger in a Bun with Oven Baked Wedges Ve  
Pasta with Tomato & Basil Sauce Ve

**Vegetables**  
Peas Ve & Coleslaw V

**Dessert**  
Marble Sponge with Custard V

**Wednesday**

**Main Meals**  
Roast Chicken Fillets in Tomato Sauce with Roast Potatoes  
Chick Pea & Cauliflower Bake with Roast Potatoes Ve  
Wholemeal Pasta with Cheese Sauce V

**Vegetables**  
Carrots & Cabbage Ve

**Dessert**  
Waffles with Berry Compote V

**Thursday**

**Main Meals**  
Chicken & Beef Sausage with Mashed Potato & Gravy  
Vegan Mince & Vegetable Pie topped with Mashed Potato Ve  
Jacket Potato with Tuna Mayonnaise or Cheese V

**Vegetables**  
Broccoli & Sweetcorn Ve

**Dessert**  
Carrot Cake V

**Friday**

**Main Meals**  
Oven Baked Fish Fingers with Oven Baked Chips  
Vegetable Fingers with Oven Baked Chips Ve  
Pasta with Tomato & Basil Sauce Ve

**Vegetables**  
Baked Beans & Peas Ve

**Dessert**  
Pear & Berry Crumble Ve with Custard V

### Freshly Baked Bread:

Pumpkin & Carrot V Wholemeal V

### Week 1:

1<sup>st</sup> Nov, 22<sup>nd</sup> Nov, 13<sup>th</sup> Dec, 3<sup>rd</sup> Jan, 24<sup>th</sup> Jan, 14<sup>th</sup> Feb, 7<sup>th</sup> Mar, 28<sup>th</sup> Mar

**MF Monday**

**Main Meals**  
Mac n Cheese with Garlic Bread V  
Vegetable & Bean Stew Ve with Garlic Bread V  
Jacket Potato with Tuna Mayonnaise or Cheese V

**Vegetables**  
Broccoli Florets & Carrots Ve

**Dessert**  
Homemade Fruit Yoghurt V and Fresh Fruit Platter Ve

**Tuesday**

**Main Meals**  
Chicken Fajita with Rice  
Vegetable Fajita with Rice Ve  
Wholemeal Pasta with Cheese Sauce V

**Vegetables**  
Green Beans & Sweetcorn Ve

**Dessert**  
Sticky Toffee Pudding with Toffee Sauce V

**Wednesday**

**Main Meals**  
Lemon & Thyme Roast Chicken Fillets with Roast Potatoes & Gravy  
Sweet Chilli & Vegetable Stirfry Noodles V  
Jacket Potatoes with Baked Beans Ve or Cheese V

**Vegetables**  
Cauliflower & Peas Ve

**Dessert**  
Orange & Lemon Drizzle Cake Ve

**Thursday**

**Main Meals**  
Sweet Potato Topped Cottage Pie  
Spinach, Courgette & Feta Filo Tart with Mashed Potato V  
Pasta with Tomato Sauce Ve

**Vegetables**  
Carrots & Cabbage Ve

**Dessert**  
Cherry Cookie Ve

**Friday**

**Main Meals**  
Battered Fish Fillets with Oven Baked Chips  
Vegan Bean Burrito with Oven Baked Chips Ve  
Jacket Potato with Baked Beans Ve or Cheese V

**Vegetables**  
Baked Beans & Peas Ve

**Dessert**  
Chocolate & Courgette Sponge with Chocolate Sauce V

### Freshly Baked Bread:

Courgette, Oat & Thyme V Wholemeal V

### Week 2:

8<sup>th</sup> Nov, 29<sup>th</sup> Nov, 20<sup>th</sup> Dec, 10<sup>th</sup> Jan, 31<sup>st</sup> Jan, 21<sup>st</sup> Feb, 14<sup>th</sup> Mar, 4<sup>th</sup> Apr

**MF Monday**

**Main Meals**  
Quorn Sausages with Potato Wedges V  
Squash & Butterbean Curry Ve with Naan Bread V  
Pasta with Tomato & Basil Sauce Ve

**Vegetables**  
Peas & Cauliflower Ve

**Dessert**  
Homemade Fruit Yoghurt V and Fresh Fruit Platter Ve

**Tuesday**

**Main Meals**  
Beef Chilli Con Carne with Rice  
Vegan Chilli Con Carne with Rice Ve  
Jacket Potato with Tuna Mayonnaise or Cheese V

**Vegetables**  
Sweetcorn & Carrots Ve

**Dessert**  
Banana Flapjack Ve

**Wednesday**

**Main Meals**  
Herby Roast Chicken Fillets with Roast Potatoes & Gravy  
Vegan Sausage Loaf with Roast Potatoes & Gravy Ve  
Wholemeal Pasta with Creamy Salmon or Cheese Sauce V

**Vegetables**  
Green Cabbage & Roasted Root Vegetables Ve

**Dessert**  
Maryland Sultana Cookie V

**Thursday**

**Main Meals**  
Turkey Vegetable Casserole with Pasta  
Roasted Ratatouille Pasta Bake V  
Jacket Potatoes with Baked Beans Ve or Cheese V

**Vegetables**  
Green Beans & Carrots Ve

**Dessert**  
Vanilla Shortbread Ve with Homemade Lemon Curd V

**Friday**

**Main Meals**  
Oven Baked Fish Fingers with Oven Baked Chips  
Spinach & Tomato Pastry Pocket with Oven Baked Chips V  
Pasta with Cheese Sauce V

**Vegetables**  
Baked Beans & Peas Ve

**Dessert**  
Chocolate & Beetroot Brownie V

### Freshly Baked Bread:

Sunflower, Rosemary & Tomato V Wholemeal V

### Week 3:

15<sup>th</sup> Nov, 6<sup>th</sup> Dec, 27<sup>th</sup> Dec, 17<sup>th</sup> Jan, 7<sup>th</sup> Feb, 28<sup>th</sup> Feb, 21<sup>st</sup> Mar

V - Suitable for vegetarians  
Ve - Suitable for vegans & vegetarians

Available Every Day  
Fresh Fruit Platter Ve  
Homemade Fruit Yoghurt V

All products are subject to availability.

### Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM2

November 2021