



Istead Rise Primary Celebration Newsletter



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11th February 2022

Dear Istead Rise Families,

We have now reached the end of Term Three and therefore the halfway point of the school year - it seems amazing how quickly the weeks have passed. Pupils in all year groups have made fantastic progress in their learning since September and when reading back through these newsletters I am reminded of how many different exciting activities and lessons they have taken part in. We are very much looking forward to welcoming families into school for our parent drop-in sessions next term, where your children will be able to share their fantastic work and achievements with you.

Our pupils will continue to gain many new experiences next term: look out for a separate letter from Mrs M Clark about some of the special activities and guest speakers who will be visiting the school over the coming weeks and sharing information about their different careers! We hope that all children will enjoy these special sessions and maybe have their aspirations heightened and horizons broadened!

I would like to thank all Istead Rise staff for their dedication in ensuring the best possible provision for our pupils every day, and also to thank all parents and carers for their ongoing support. On behalf of all at Istead Rise, we wish all families an enjoyable half-term break and look forward to seeing you in Term Four!

Steve Payne

**Term 4
information
re PE, Forest**



School and After-School Clubs

[Term 4 Information](#)

**Just book your child's lunch in
the usual way via Parent Pay.**

JOIN US FOR
PANCAKE DAY
1st March

Did you know
pancakes are
made from
flour, milk
and eggs?



EGGS



FLOUR



MILK



**Pancakes with a selection of toppings
Today's treat for dessert!**

pabulumm
PERFECTLY GOOD FOOD

NSPCC Number Day - 4th February 2022

Each class took part in a workshop delivered by the Happy Puzzle Company, which challenged them to tackle some tricky puzzles through teamwork, trial and error, as well as perseverance. Thank you for all your donations, we raised £186 for the NSPCC.



I enjoyed working in a team with my friends. We had to do puzzles, one of them was the same coloured piece, they couldn't touch each other, it was hard. Penguin on the iceberg was hard but fun. Thomas Year 3



It was fun because we completed lots of puzzles. We also played put the penguin on the iceberg, without falling off. We had to put an equal amount on each side to make it balance. Elliot Year 1



We had a great time working out puzzles. It was tricky because there was a picture on both sides. We also had to make a tower copying a picture. Ruby Year 2



We had puzzles and challenges that we had a time limit to complete. We had to use teamwork to solve the challenges. We all enjoyed the non-colour touch puzzle because it was really tricky, it got our brains thinking. Brandon, Alfie & Kamahni Year 5



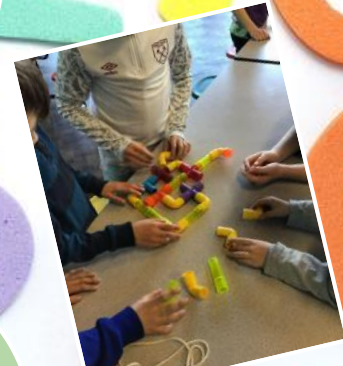
I enjoyed figuring out all the different puzzles, games and working as a team with each other, even when the puzzles were hard to work out. Neve and Bettie Year 6



I really enjoyed the activities in the workshop because it was really fun, we all worked as a team and persevered a lot. They were kind of challenging and fun to do. I would definitely love to do it again. They were really entertaining and fun. Eden Year 5



It was really fun, we played the penguin game which was fun. We did a puzzle that was a town and it was really tricky, but eventually we succeeded. I loved the penguin game so much I bought it in the shop afterwards. Isaac Year 4





The children in KS2 took part in the TTRS NSPCC Rocks battle competing against other schools across the United Kingdom.

We are exceptionally proud of all their hard work, coming **113th** out of **2326** schools that participated, and **1st** out of the Swale Academy Trust primary schools that entered.

Class results
(out of **60,242** classes):
Willow - 23rd
Aspen - 883
Holly 1197
Cherry - 4373
Sycamore - 44538

***MVPs = Most Valuable Players**

MVPs Aspen
1st - Sahib
2nd - Dylan
3rd - Sevak

MVPs Holly
1st - Maya
2nd - Sienna
3rd - Jiya

MVPs Willow
1st - Isher
2nd - Dylan S
3rd - Kamahni

MVPs Cherry
1st - Mia
2nd - Isaac
3rd - Elsie

MVPs Sycamore
1st - Thomas
2nd - Molly
3rd - Alfie

School average / user

School score

Filters

Nearby

Swale Academies Trust

Primary

Results for Swale Academies Trust schools

Position (Out of 6 Swale Academies Trust schools taking part)

School average / user

1

Istead Rise Primary School

751

2

Parkland Junior School, Eastbourne

590

3

Westlands Primary School, Sittingbourne

433

4

Regis Manor Primary School

310

5

James Dixon Primary School

173

6

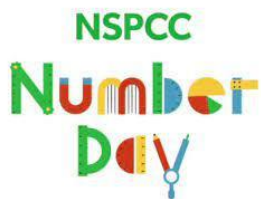
Langney Primary Academy

158

Battle Of The Bands		Rock Slams		Top Of The Rocks		NSPCC Rocks			
Info		Resources		School Results		Class Results		Pupil Results	
Class average / user		Class total		<input type="radio"/> Only my school					
24	Willow - Istead Rise Primary School						1,896		
23	Panthers 2021-2022 - St Michael With St John CE Primary School, Blackburn						1,896		
25	Class 6 - South Milford Primary School						1,891		
26	6.2 - St Michael's CE Primary School, Stoke Gifford						1,888		
27	6S - Worlds End Junior School						1,864		
28	Year 6 - The Beacon Church Of England Primary School						1,847		
29	6S - Ark Victoria Academy						1,839		
30	6SL - Redlands Community Primary School, Sileby						1,837		



Acorns

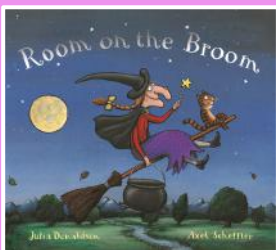


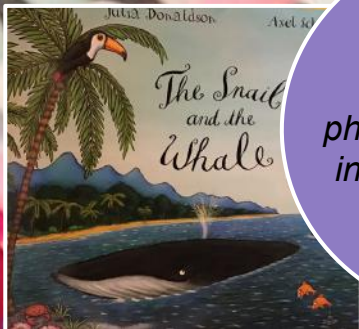
On Friday, Acorn class supported the NSPCC by taking part in Number Day. The children took part in challenging, maths related games and activities and attended a workshop provided by The Happy Puzzle Co. They certainly had fun!

In maths, the children have been exploring different ways to make 5. They talked about the patterns they could see and were able to explain the sequence that would come next. The children then wrote addition number sentences to 5 in their books.

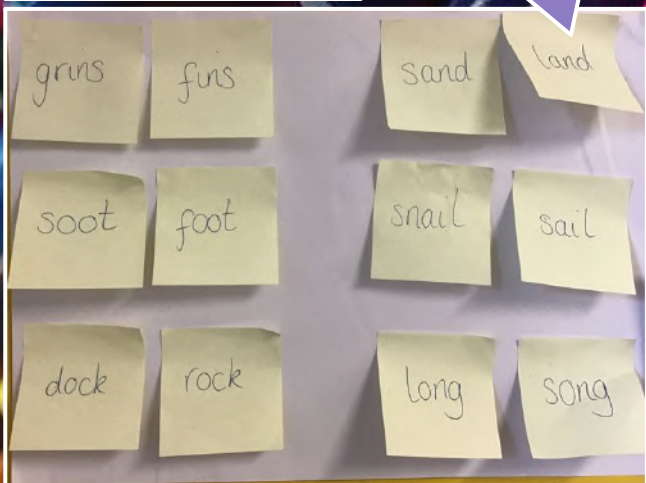


Acorn class have continued to enjoy reading Julia Donaldson stories. In English, they challenged themselves to rewrite the story of Room on the Broom and used the tuff tray to retell the story. The children also made a witch's potion to help the witch fight off the dragon and designed a witch's face using art and craft materials.

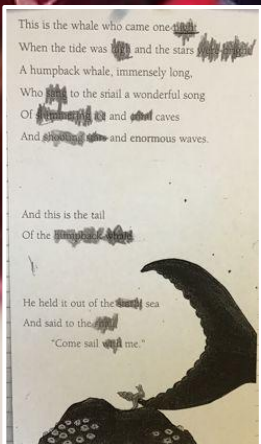




Year 1 have had a very busy week using their phonics to find words in the rhyming story of *The Snail and the Whale*.



I found the igh sound in the word high
 I found the er sound in the word swimming
 I found the ai sound in the word snail
 I found the ck sound in the word humpback
 I found the oo sound in the word phoenix
 I found the st sound in the word stars
 I found the or sound in the word coral
 I found the a-e sound in the word whale
 I found the ar sound in the word starlit
 I found the th sound in the word with
 I found the ng sound in the word sang
 I found the i-e sound in the word ice



Year 2 have had a lot of fun this term! In Science, we have been learning about the benefits of a healthy diet and exercise. The children really enjoyed using the heart rate monitors to measure both their resting heart rate and seeing the difference after exercise. We spoke about which exercises affect our heart rate the most and why.

We have continued to work hard on our writing this term and have spent the week finishing off our diary entries from the perspective of a desert island survivor. We have thought carefully about how we might be feeling and why, to make our final pieces of writing both realistic and enjoyable to read.

We also had a great time during Maths day last Friday. The children enjoyed solving the puzzles and showed fantastic perseverance, working in a team, to keep going and get them solved!



Sycamore

Sycamore has had a busy few weeks! They really enjoyed the activity day provided by the Happy Puzzle Company, which helped them learn how to cooperate with each other to problem solve.

The children have also been learning about the Stone Age and made their own presentation about Stonehenge. We also took time to look at skulls of ancient humans on the Natural History Museum's website- they found this really interesting!



Throughout this term, all of the children have worked hard to demonstrate the school's core values. As a result, they have earned their second Superclass afternoon of this academic year. They are very much looking forward to a pyjama party on Friday!

Cherry

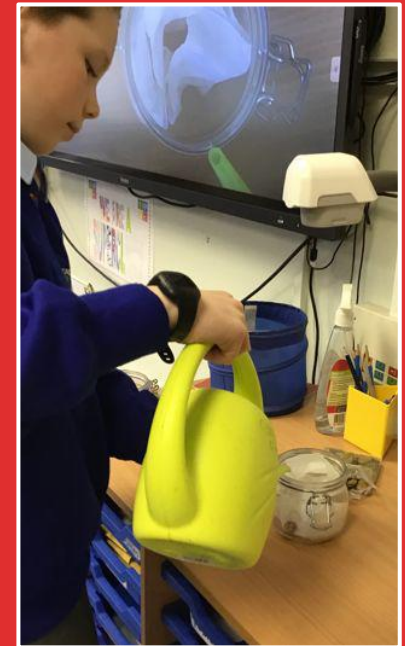
Year 4 have had another couple of busy weeks. We have just finished our journalistic articles about the 'sword in the stone'.

In maths, times tables continue to be a focus. In recent lessons we have been learning about fractions of shape and quantities.

The plants in class are continuing to do well. We planted broad beans in two different environments (on the window sill and in the dark cupboard). Ask your child what they discovered?

We have also set up a new experiment feeding the plants with different Soil - uncontaminated soil (control plant)

Soil - with salty water, Soil - with liquid fertiliser, Soil - with orange juice. We predicted what we think will happen to each plant and Why.



In history we explored what might be different in our lives if the Vikings had never arrived. In D.T. the children were excited to make an initial prototype vehicle as the research element of their project comes to an end and the making part begins

Willow & Holly

Aspen

Year 5 have had a busy end to Term 3. We had our final session of 'Bible Explorers' on Tuesday. These sessions have been really fun, interactive and enjoyable for the children and they will certainly be missed!

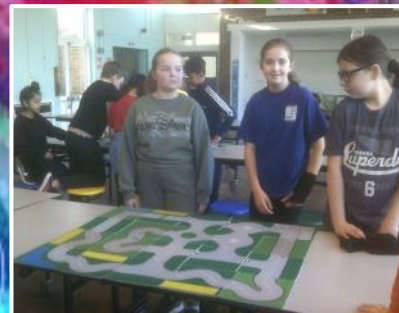
In English, we have started writing instructions about how to mummify a body! This leads nicely into our 'Ancient Egyptians' History topic that we will start in Term 4.

We also had our Ancient Egyptian workshop today which was a great success. We will share our day with you in the next Newsletter.

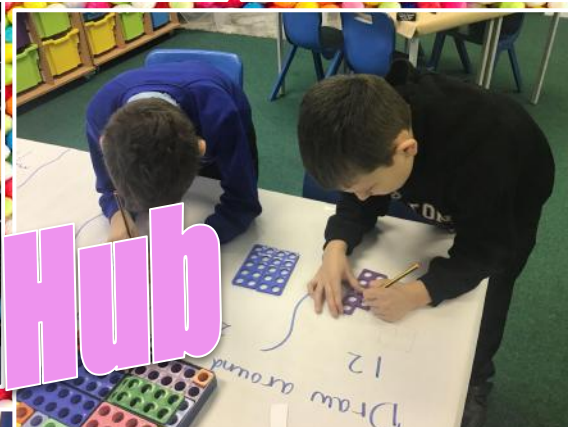


In Maths, the children have been working hard learning how to work out the area and perimeter of shapes. We hope you have a great half term!

It's been a busy end to the term (isn't it always?). Year 6 have completed their newspaper reports in English, reporting on the events they created for their gothic ghost story. In Maths, the children have been revising the four operations, looking for consistency and speed for their calculations. In art this week, they returned to their sketches from the beginning of the term to create a sculpture of the creature they initially designed when first looking at the creatures created by HP Lovecraft. There was some fantastic detail on show in these, and the children can be very proud of their efforts. We completed our learning of 'You've got a friend' by Carole King in music, a song that they performed beautifully and it has become a bit of an earworm in the classroom!



The children in the Hub really enjoyed making a set of domino shortbread as part of numbers day. They placed dinosaur sprinkles on each piece for the dots. The best part was in the eating I think! - Mrs T Clark



The Hub

Core Values

Week Ending 04.02

Acorns Class

Ronnie for Self Reflection & Luna for Independence

Oak Class

Margaret & Bradley for Perseverance

Palm Class

Jeremiah for Self Reflection & Louie for Independence

Sycamore Class

Anais for Respect & Harry for Self Reflection

Cherry Class

Cerys & Mia for Independence

Willow Class

Harry for Independence & Lilly for Perseverance

Holly Class

Henry for Independence & Amaryah for Perseverance

Aspen Class

Luella for Self Reflection & Jake for Perseverance

Week Ending 11.02

Acorns Class

Samantha for Perseverance & Florence for Independence

Oak Class

Alicia for Self Reflection & Saskia for Independence

Palm Class

Abril for Respect & Leah Marie for Self Reflection

Sycamore Class

Millie H for Independence & Grace for Respect

Cherry Class

Lily for Independence & Jack for Respect

Willow Class

Parker for Independence & Bea for Respect

Holly Class

Eden for Self Reflection & James Sin for Respect

Aspen Class

Neve for Perseverance & Layla for Self Reflection

**Congratulations
to all of our winners!**

House Points

W/E 04.02

Bronze

Maddy, Ryah, Malakhai, Isabella B,
James Sil, Ellenor, Henry &
Kian of Holly & Fraser of Willow

Silver

Jeremiah, Cooper M, Freddie,
Delphine & Esme of Palm &
Jim of Cherry

Gold

Isaac, Cerys, Maisey
& Taiga of Cherry

Platinum

Mia of Cherry

W/E 11.02

Bronze

Nevaeh of Oak, Madison, Fraser, Rui
& Alfie of Willow, John, Charlotte,
Tyler C of Holly, Katelyn of Palm &
Violet of Aspen

Silver

Evelyn, George & Saskia of Oak,
Emilia, Annabelle, Freya, Leo D &
Leo H of Acorns, Parker & Tabitha of
Willow, Maya & Summer of Palm,
Margaret, Charlie C & Jessica D of
Cherry & Calan of Aspen

Gold

Mila of Sycamore



**Times Table
Rock Stars**



W/E 04.02

Winning Class

1st Willow

2nd Holly

3rd Aspen

W/E 04.02

Most Valuable Player

1st Isher of Willow

2nd James Sil of Holly

3rd Fraser of Willow

Rock Hero Status

Kamahni of Willow

W/E 11.02

Winning Class

1st Willow

2nd Holly

3rd Aspen

W/E 11.02

Most Valuable Player

1st Brooke of Willow

2nd Isher of Willow

3rd Fraser of Willow

Rock Hero Status

Dylan of Aspen

Mathletics

Gold Mathletics

W/E 04.02

Tyler W of Holly &
Jana of Aspen

W/E 11.02

Mia of Cherry, Delphine
of Palm, Jana of Aspen
& Berta of Sycamore

**Congratulations
for all your
hard work!**

Let's see what's for lunch..

**Week 2
W/C 21st
February**

Meat Free Monday (MF)

Meat Free Monday is a great way to improve health and well-being by naturally increasing your vitamin and mineral intake. One day a week can make a real difference - www.schoolfoodplan.com

M/F Monday	Main Meals Margarita Pizza with Potato Salad V Sweet Potato & Vegetable Dhal with Rice Ve Jacket Potato with Baked Beans Ve or Cheese V	Vegetables Sweetcorn & Green Beans Ve Dessert Cinnamon & Sultana Bread & Butter Pudding with Custard Ve
	Main Meals Beef Burger in a Bun with Oven Baked Wedges Vegetarian Burger in a Bun with Oven Baked Wedges Ve Pasta with Tomato & Basil Sauce Ve	Vegetables Peas Ve & Coleslaw V Dessert Marble Sponge with Custard V
	Main Meals Roast Chicken Fillets in Tomato Sauce with Roast Potatoes Chick Pea & Cauliflower Bake with Roast Potatoes Ve Wholemeal Pasta with Cheese Sauce V	Vegetables Carrots & Cabbage Ve Dessert Waffles with Berry Compote V
	Main Meals Chicken & Beef Sausage with Mashed Potato & Gravy Vegan Mince & Vegetable Pie topped with Mashed Potato Ve Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Broccoli & Sweetcorn Ve Dessert Carrot Cake V
Tuesday	Main Meals Beef Burger in a Bun with Oven Baked Wedges Vegetarian Burger in a Bun with Oven Baked Wedges Ve Pasta with Tomato & Basil Sauce Ve	Vegetables Peas Ve & Coleslaw V Dessert Marble Sponge with Custard V
	Main Meals Roast Chicken Fillets in Tomato Sauce with Roast Potatoes Chick Pea & Cauliflower Bake with Roast Potatoes Ve Wholemeal Pasta with Cheese Sauce V	Vegetables Carrots & Cabbage Ve Dessert Waffles with Berry Compote V
Wednesday	Main Meals Chicken & Beef Sausage with Mashed Potato & Gravy Vegan Mince & Vegetable Pie topped with Mashed Potato Ve Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Broccoli & Sweetcorn Ve Dessert Carrot Cake V
	Main Meals Roast Chicken Fillets in Tomato Sauce with Roast Potatoes Chick Pea & Cauliflower Bake with Roast Potatoes Ve Wholemeal Pasta with Cheese Sauce V	Vegetables Carrots & Cabbage Ve Dessert Waffles with Berry Compote V
Thursday	Main Meals Chicken & Beef Sausage with Mashed Potato & Gravy Vegan Mince & Vegetable Pie topped with Mashed Potato Ve Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Broccoli & Sweetcorn Ve Dessert Carrot Cake V
	Main Meals Roast Chicken Fillets in Tomato Sauce with Roast Potatoes Chick Pea & Cauliflower Bake with Roast Potatoes Ve Wholemeal Pasta with Cheese Sauce V	Vegetables Carrots & Cabbage Ve Dessert Waffles with Berry Compote V
Friday	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Vegetable Fingers with Oven Baked Chips Ve Pasta with Tomato & Basil Sauce Ve	Vegetables Baked Beans & Peas Ve Dessert Pear & Berry Crumble Ve with Custard V
	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Vegetable Fingers with Oven Baked Chips Ve Pasta with Tomato & Basil Sauce Ve	Vegetables Baked Beans & Peas Ve Dessert Pear & Berry Crumble Ve with Custard V
Freshly Baked Bread: Pumpkin & Carrot V Wholemeal V		

Week 1:

1st Nov, 22nd Nov, 13th Dec, 3rd Jan, 24th Jan, 14th Feb, 7th Mar, 28th Mar

M/F Monday	Main Meals Mac n Cheese with Garlic Bread V Vegetable & Bean Stew Ve with Garlic Bread V Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Broccoli Florets & Carrots Ve Dessert Homemade Fruit Yoghurt V and Fresh Fruit Platter Ve
	Main Meals Chicken Fajita with Rice Vegetable Fajita with Rice Ve Wholemeal Pasta with Cheese Sauce V	Vegetables Green Beans & Sweetcorn Ve Dessert Sticky Toffee Pudding with Toffee Sauce V
	Main Meals Lemon & Thyme Roast Chicken Fillets with Roast Potatoes & Gravy Sweet Chilli & Vegetable Stirfry Noodles V Jacket Potatoes with Baked Beans Ve or Cheese V	Vegetables Cauliflower & Peas Ve Dessert Orange & Lemon Drizzle Cake Ve
	Main Meals Sweet Potato Topped Cottage Pie Spinach, Courgette & Feta Filo Tart with Mashed Potato V Pasta with Tomato Sauce Ve	Vegetables Carrots & Cabbage Ve Dessert Cherry Cookie Ve
Tuesday	Main Meals Chicken Fajita with Rice Vegetable Fajita with Rice Ve Wholemeal Pasta with Cheese Sauce V	Vegetables Green Beans & Sweetcorn Ve Dessert Sticky Toffee Pudding with Toffee Sauce V
	Main Meals Lemon & Thyme Roast Chicken Fillets with Roast Potatoes & Gravy Sweet Chilli & Vegetable Stirfry Noodles V Jacket Potatoes with Baked Beans Ve or Cheese V	Vegetables Cauliflower & Peas Ve Dessert Orange & Lemon Drizzle Cake Ve
Wednesday	Main Meals Sweet Potato Topped Cottage Pie Spinach, Courgette & Feta Filo Tart with Mashed Potato V Pasta with Tomato Sauce Ve	Vegetables Carrots & Cabbage Ve Dessert Cherry Cookie Ve
	Main Meals Lemon & Thyme Roast Chicken Fillets with Roast Potatoes & Gravy Sweet Chilli & Vegetable Stirfry Noodles V Jacket Potatoes with Baked Beans Ve or Cheese V	Vegetables Cauliflower & Peas Ve Dessert Orange & Lemon Drizzle Cake Ve
Thursday	Main Meals Sweet Potato Topped Cottage Pie Spinach, Courgette & Feta Filo Tart with Mashed Potato V Pasta with Tomato Sauce Ve	Vegetables Carrots & Cabbage Ve Dessert Cherry Cookie Ve
	Main Meals Lemon & Thyme Roast Chicken Fillets with Roast Potatoes & Gravy Sweet Chilli & Vegetable Stirfry Noodles V Jacket Potatoes with Baked Beans Ve or Cheese V	Vegetables Cauliflower & Peas Ve Dessert Orange & Lemon Drizzle Cake Ve
Friday	Main Meals Battered Fish Fillets with Oven Baked Chips Vegan Bean Burrito with Oven Baked Chips Ve Jacket Potato with Baked Beans Ve or Cheese V	Vegetables Baked Beans & Peas Ve Dessert Chocolate & Courgette Sponge with Chocolate Sauce V
	Main Meals Battered Fish Fillets with Oven Baked Chips Vegan Bean Burrito with Oven Baked Chips Ve Jacket Potato with Baked Beans Ve or Cheese V	Vegetables Baked Beans & Peas Ve Dessert Chocolate & Courgette Sponge with Chocolate Sauce V
Freshly Baked Bread: Courgette, Oat & Thyme V Wholemeal V		

Week 2:

8th Nov, 29th Nov, 20th Dec, 10th Jan, 31st Jan, 21st Feb, 14th Mar, 4th Apr

M/F Monday	Main Meals Quorn Sausages with Potato Wedges V Squash & Butterbean Curry Ve with Naan Bread V Pasta with Tomato & Basil Sauce Ve	Vegetables Peas & Cauliflower Ve Dessert Homemade Fruit Yoghurt V and Fresh Fruit Platter Ve
	Main Meals Beef Chilli Con Carne with Rice Vegan Chilli Con Carne with Rice Ve Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Sweetcorn & Carrots Ve Dessert Banana Flapjack Ve
	Main Meals Herby Roast Chicken Fillets with Roast Potatoes & Gravy Vegan Sausage Loaf with Roast Potatoes & Gravy Ve Wholemeal Pasta with Creamy Salmon or Cheese Sauce V	Vegetables Green Cabbage & Roasted Root Vegetables Ve Dessert Maryland Sultana Cookie V
	Main Meals Turkey Vegetable Casserole with Pasta Roasted Ratatouille Pasta Bake V Jacket Potatoes with Baked Beans Ve or Cheese V	Vegetables Green Beans & Carrots Ve Dessert Vanilla Shortbread Ve with Homemade Lemon Curd V
Tuesday	Main Meals Quorn Sausages with Potato Wedges V Squash & Butterbean Curry Ve with Naan Bread V Pasta with Tomato & Basil Sauce Ve	Vegetables Peas & Cauliflower Ve Dessert Homemade Fruit Yoghurt V and Fresh Fruit Platter Ve
	Main Meals Beef Chilli Con Carne with Rice Vegan Chilli Con Carne with Rice Ve Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Sweetcorn & Carrots Ve Dessert Banana Flapjack Ve
Wednesday	Main Meals Herby Roast Chicken Fillets with Roast Potatoes & Gravy Vegan Sausage Loaf with Roast Potatoes & Gravy Ve Wholemeal Pasta with Creamy Salmon or Cheese Sauce V	Vegetables Green Cabbage & Roasted Root Vegetables Ve Dessert Maryland Sultana Cookie V
	Main Meals Turkey Vegetable Casserole with Pasta Roasted Ratatouille Pasta Bake V Jacket Potatoes with Baked Beans Ve or Cheese V	Vegetables Green Beans & Carrots Ve Dessert Vanilla Shortbread Ve with Homemade Lemon Curd V
Thursday	Main Meals Quorn Sausages with Potato Wedges V Squash & Butterbean Curry Ve with Naan Bread V Pasta with Tomato & Basil Sauce Ve	Vegetables Peas & Cauliflower Ve Dessert Homemade Fruit Yoghurt V and Fresh Fruit Platter Ve
	Main Meals Beef Chilli Con Carne with Rice Vegan Chilli Con Carne with Rice Ve Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Sweetcorn & Carrots Ve Dessert Banana Flapjack Ve
Friday	Main Meals Herby Roast Chicken Fillets with Roast Potatoes & Gravy Vegan Sausage Loaf with Roast Potatoes & Gravy Ve Wholemeal Pasta with Creamy Salmon or Cheese Sauce V	Vegetables Green Cabbage & Roasted Root Vegetables Ve Dessert Maryland Sultana Cookie V
	Main Meals Turkey Vegetable Casserole with Pasta Roasted Ratatouille Pasta Bake V Jacket Potatoes with Baked Beans Ve or Cheese V	Vegetables Green Beans & Carrots Ve Dessert Vanilla Shortbread Ve with Homemade Lemon Curd V
Freshly Baked Bread: Sunflower, Rosemary & Tomato V Wholemeal V		

Week 3:

15th Nov, 6th Dec, 27th Dec, 17th Jan, 7th Feb, 28th Feb, 21st Mar

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

Available Every Day
Fresh Fruit Platter Ve
Homemade Fruit Yoghurt V

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM2

November 2021

pabulum
NUTRITIOUS. FRESH. FUN.

All products are subject to availability.