



Istead Rise Primary Celebration Newsletter



Executive Headteacher: Mrs J Olivier

Telephone: 01474 833177

Twitter: @IsteadRisePS

Head of School: Mr S Payne

Email: irpoffice@swale.at

Facebook: Facebook

Deputy Headteacher: Mrs M Clark

Website: www.isteadrise.org.uk

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Dear Istead Rise Families,

We would like to congratulate the children of Istead Rise on the fantastic progress with their learning in recent days. From the children of Reception Class, who have produced some amazing writing after reading the story of 'Stickman', through to our Year Six learners, who have been engaging with some complex themes through their reading of 'The Raven', pupils from across the school continue to impress us with their amazing attitudes and achievements.

As you will know, there have been a number of cases of Istead Rise families who have been affected by Covid-19 in recent days and we would like to send our best wishes for a speedy recovery to anyone in our community who is currently unwell.

We hope you enjoy our newsletter and finding out what your children have been getting up to at school recently and wish you all a brilliant weekend.

Steve Payne

Looking after your child's mental health and wellbeing is an important part of being a parent and carer. You may not know who to turn to or have someone close to you who could offer advice about your child's wellbeing and learning, if you needed it. Parent Consultation Line is a service that can provide guidance and advice. If you feel you would like to use this service, please

[Click Here](#)



KENT EDUCATIONAL
PSYCHOLOGY SERVICE

**PARENT
CONSULTATION
LINE**

Free 30 minute phone/video
consultation with an Educational
Psychologist for parents.



Just a reminder it is our
'NSPCC Number Day'
next Friday 4th February.

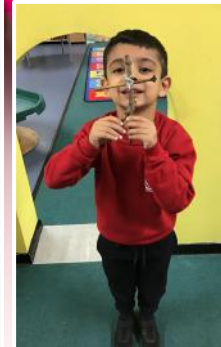
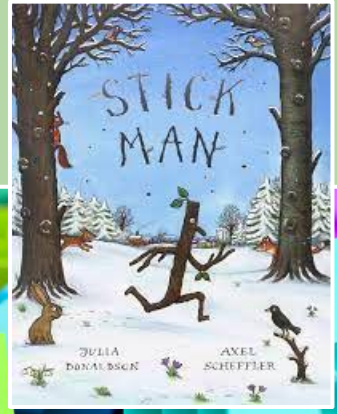
For full details and how to donate
please use the links below

[NSPCC Maths Day](#) & [Puzzle Shop Voucher](#)



Acorns

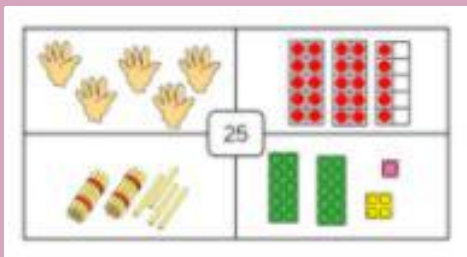
The children in Acorns class have enjoyed their learning this week. They listened to the story *Stickman* by Julia Donaldson and then drew their own. They were able to describe him and write simple sentences. After that, the children made their own stick man from natural resources from the school's grounds.



The children have had great fun this week following a set of instructions to make cupcakes. They then wrote their own instructions for someone else to follow.



During Maths, the children have been working with numbers to 50 and thinking of different ways to represent the number. For example, using tens and ones, two numbers which add to make a number and vice versa with subtraction.



Year 2 have continued to enjoy their learning on algorithms in Computing. We challenged ourselves to build a tower using Lego bricks and then write down the instructions step-by-step on a whiteboard. After swapping pairs, some of us realised our instructions were too vague or tricky to follow so we had a go at editing them to make them clearer to understand!

In English, we have finished our fantastic descriptions of a pirate ship and we are beginning work on a diary entry from the perspective of someone lost at sea! We will think about including thoughts and feelings to make our writing emotive as well as using the correct tense and perspective.

Sycamore

Sycamore has been having a lot of fun in their afternoon lessons lately. They have been dancing and singing during music lessons and looking at Stone Age artefacts in history.

In science we have been learning about plants and have been caring for our new plants in the classroom. The children have been able to carefully take apart a flower to identify the different parts of a flower/plant. We didn't dissect all of the plant- we saved them and planted them outside of our classroom!

We are looking forward to continuing the writing of our story in English lessons and carry on learning about money in maths too.



Cherry



The children continue to work hard and strive to do their best. We have been thinking about being resilient and what that means, challenging ourselves and setting achievable goals. We have finished our first piece of writing, a description of 'The Battle of Ashdown'. The children worked hard to imagine themselves at the battle and created some great descriptions.

The plants in class are thriving and being looked after very well. Lots of care and attention is being given to feeding them and making sure they have the right conditions to thrive. The monkey plant has finally revealed a new leaf - ask your child how many holes it has. We used role play and cards to describe the functions of a plant.

In history we explored Viking artefacts and had some wonderful discussions about - What could this object have been used for? How would it be used? What sort of person would use this object? After our guesses we then discussed their actual use.

In maths we continue to practise daily our times tables. Please continue to encourage your child at home to practise all of their times tables regularly. This week we are learning how to measure the area of a shape in squares.



Willow & Holly

Year 5 have had another busy couple of weeks! We really enjoyed our recent science lessons - looking at how light travels and investigating this using mirrors, laser lights and CDs. The children have also been working very hard in their music lessons. We have learnt how to pick up the rhythm and pulse of a song and have been practising singing 'Livin on a Prayer'. We are continuing to learn about the Shang Dynasty in History which is proving to be a popular topic amongst the year group. This week, Year 5 started a project all about Lady Fu Hao - a popular and influential high priestess and military leader during the Shang Dynasty. The children presented their information in a fact file and produced some really great pieces of work. In PSHE, we have been focusing on 'dreams and goals'. Last week, Year 5 researched their 'dream jobs' and found out the sort of things they would need to achieve in order to get that job, the type of salary they might have and what a normal day in that job would look like. This created some very interesting discussions!

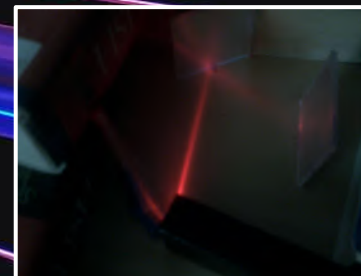
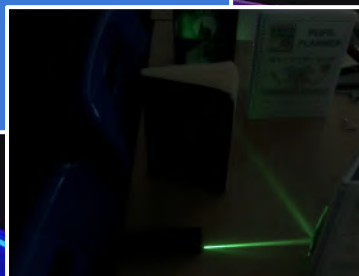


Aman has recently taken a Grade 1 Rock & Pop Drums examination and was awarded a distinction for his hard work. Well done Aman, we are all exceptionally proud of you.



Aspen

Our amazing Year 6 are working hard as usual! In Science we have been looking at how light travels in straight lines, and how reflections can be used to move a beam of light through a maze. In English we have been looking at the genre of Gothic fiction, through the stimulus of 'The Raven' by Edgar Allan Poe. This has included building further on describing settings and improving the sophistication of figurative language. In maths we have looked at algebra and converting metric and imperial measures, as well as recapping our earlier work on using the four operations with fractions. In RE we have continued with the story of the New Testament with Arabella, as well as looking at 'tolerance' in Hinduism and Buddhism through the acts of Gandhi and the Dalai Lama. Our design work has continued in DT, looking at 3D CAD design and have also moved onto learning the next part of our song in music, which this term is 'You've got a friend' by Carole King.



Forest School

Acorns were preparing for the Big Garden Bird Watch by making tasty bird feeders at Forest school. They pushed pumpkin & sunflower seeds into carrots or apples - yum yum! I think the birds are going to enjoy them. The class also enjoyed creating muddy pies, balancing and chilling in the trees. A much needed hot chocolate went down well at the end of the session.



Sycamore class had a tasty treat that they cooked over the open fire this week. Brioche, marshmallows and apples were on the menu. I think the teachers enjoyed them too.



Core Values

Week Ending 21.01

Acorns Class

Theo B & Leo D for Self Reflection

Oak Class

Teddy for Perseverance & Charlotte for Self Reflection

Palm Class

Kai for Self-Reflection & Lucas for Perseverance

Sycamore Class

Theo for Respect & Tess for Independence

Cherry Class

Ollie & Rosie for Independence

Willow Class

Maisie for Self Reflection & Brooke for Perseverance

Holly Class

Ethan for Perseverance & Tyler C for Independence

Aspen Class

Lucy for Respect & Nicole for Self Reflection

Week Ending 28.01

Acorns Class

Chace & Darcy for Perseverance

Oak Class

Charlotte for Perseverance & Nyla for Self Reflection

Palm Class

Ruby WN for Self Reflection & Elvie Rose for Perseverance

Sycamore Class

Millie C for Self Reflection & Lyra for Independence

Cherry Class

Holly for Perseverance & Rohan for Respect

Willow Class

Mia & Tabitha for Perseverance

Holly Class

Niamh for Perseverance & Malakhai for Respect

Aspen Class

Phoenix for Respect & Archie for Self Reflection

***Congratulations
to all of our winners!***

House Points

W/E 21.01

Bronze

**Arturo of Willow, Maya, Isabella T,
Alice, Sahib, Darcie, Sienna, Niamh
& Bobby of Holly**

Silver

**Emilia of Palm, Archie, Charlie W,
George & Rohan of Cherry**

Gold

**Parsen, Elsie, Isabella, Oliver &
Olivia of Cherry**

W/E 28.01

Bronze

**James Sin & Jiya of Holly,
Amaia for Oak &
Destiny of Willow**

Silver

**Ruby WN, Lucas, Ruby H &
Ava of Palm**



***Times Table
Rock Stars***



W/E 21.01

Winning Class

1st Willow

2nd Aspen

3rd Holly

W/E 21.01

Most Valuable Player

1st Sahib of Aspen

2nd Fraser of Willow

3rd Isher of Willow

W/E 28.01

Winning Class

1st Willow

2nd Sycamore

3rd Aspen

W/E 28.01

Most Valuable Player

1st Isher of Willow

2nd Ronak of Sycamore

3rd Sahib of Aspen

Mathletics

Gold

Mathletics

W/E 21.01

**Charlie C
of Cherry**

***Congratulations
for
your
hard work!***

Let's see what's for lunch..

**Week 2
W/C 31st
January**

Meat Free Monday (MF)

Meat Free Monday is a great way to improve health and well-being by naturally increasing your vitamin and mineral intake. One day a week can make a real difference - www.schoolfoodplan.com

M/F Monday	Main Meals Margarita Pizza with Potato Salad V Sweet Potato & Vegetable Dhal with Rice Ve Jacket Potato with Baked Beans Ve or Cheese V	Vegetables Sweetcorn & Green Beans Ve Dessert Cinnamon & Sultana Bread & Butter Pudding with Custard Ve
	Main Meals Beef Burger in a Bun with Oven Baked Wedges Vegetarian Burger in a Bun with Oven Baked Wedges Ve Pasta with Tomato & Basil Sauce Ve	Vegetables Peas Ve & Coleslaw V Dessert Marble Sponge with Custard V
	Main Meals Roast Chicken Fillets in Tomato Sauce with Roast Potatoes Chick Pea & Cauliflower Bake with Roast Potatoes Ve Wholemeal Pasta with Cheese Sauce V	Vegetables Carrots & Cabbage Ve Dessert Waffles with Berry Compote V
	Main Meals Chicken & Beef Sausage with Mashed Potato & Gravy Vegan Mince & Vegetable Pie topped with Mashed Potato Ve Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Broccoli & Sweetcorn Ve Dessert Carrot Cake V
Tuesday	Main Meals Beef Chilli Con Carne with Rice Vegan Chilli Con Carne with Rice Ve Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Sweetcorn & Carrots Ve Dessert Banana Flapjack Ve
	Main Meals Roast Chicken Fillets with Roast Potatoes & Gravy Sweet Chilli & Vegetable Stirfry Noodles V Jacket Potatoes with Baked Beans Ve or Cheese V	Vegetables Cauliflower & Peas Ve Dessert Orange & Lemon Drizzle Cake Ve
Wednesday	Main Meals Chicken & Beef Sausage with Mashed Potato & Gravy Vegan Mince & Vegetable Pie topped with Mashed Potato Ve Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Broccoli & Sweetcorn Ve Dessert Carrot Cake V
	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Vegetable Fingers with Oven Baked Chips Ve Pasta with Tomato & Basil Sauce Ve	Vegetables Baked Beans & Peas Ve Dessert Pear & Berry Crumble Ve with Custard V
Thursday	Main Meals Sweet Potato Topped Cottage Pie Spinach, Courgette & Feta Filo Tart with Mashed Potato V Pasta with Tomato Sauce Ve	Vegetables Carrots & Cabbage Ve Dessert Cherry Cookie Ve
	Main Meals Battered Fish Fillets with Oven Baked Chips Vegan Bean Burrito with Oven Baked Chips Ve Jacket Potato with Baked Beans Ve or Cheese V	Vegetables Baked Beans & Peas Ve Dessert Chocolate & Courgette Sponge with Chocolate Sauce V
Friday	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Vegetable Fingers with Oven Baked Chips Ve Pasta with Tomato & Basil Sauce Ve	Vegetables Baked Beans & Peas Ve Dessert Pear & Berry Crumble Ve with Custard V
	Freshly Baked Bread: Pumpkin & Carrot V Wholemeal V	

Week 1:

1st Nov, 22nd Nov, 13th Dec, 3rd Jan, 24th Jan, 14th Feb, 7th Mar, 28th Mar

M/F Monday	Main Meals Mac n Cheese with Garlic Bread V Vegetable & Bean Stew Ve with Garlic Bread V Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Broccoli Florets & Carrots Ve Dessert Homemade Fruit Yoghurt V and Fresh Fruit Platter Ve
	Main Meals Chicken Fajita with Rice Vegetable Fajita with Rice Ve Wholemeal Pasta with Cheese Sauce V	Vegetables Green Beans & Sweetcorn Ve Dessert Sticky Toffee Pudding with Toffee Sauce V
Tuesday	Main Meals Lemon & Thyme Roast Chicken Fillets with Roast Potatoes & Gravy Sweet Chilli & Vegetable Stirfry Noodles V Jacket Potatoes with Baked Beans Ve or Cheese V	Vegetables Cauliflower & Peas Ve Dessert Orange & Lemon Drizzle Cake Ve
	Main Meals Sweet Potato Topped Cottage Pie Spinach, Courgette & Feta Filo Tart with Mashed Potato V Pasta with Tomato Sauce Ve	Vegetables Carrots & Cabbage Ve Dessert Cherry Cookie Ve
Wednesday	Main Meals Battered Fish Fillets with Oven Baked Chips Vegan Bean Burrito with Oven Baked Chips Ve Jacket Potato with Baked Beans Ve or Cheese V	Vegetables Baked Beans & Peas Ve Dessert Chocolate & Courgette Sponge with Chocolate Sauce V
	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Vegetable Fingers with Oven Baked Chips Ve Pasta with Tomato & Basil Sauce Ve	Vegetables Baked Beans & Peas Ve Dessert Pear & Berry Crumble Ve with Custard V
Thursday	Main Meals Sweet Potato Topped Cottage Pie Spinach, Courgette & Feta Filo Tart with Mashed Potato V Pasta with Tomato Sauce Ve	Vegetables Carrots & Cabbage Ve Dessert Cherry Cookie Ve
	Main Meals Battered Fish Fillets with Oven Baked Chips Vegan Bean Burrito with Oven Baked Chips Ve Jacket Potato with Baked Beans Ve or Cheese V	Vegetables Baked Beans & Peas Ve Dessert Chocolate & Courgette Sponge with Chocolate Sauce V
Friday	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Vegetable Fingers with Oven Baked Chips Ve Pasta with Tomato & Basil Sauce Ve	Vegetables Baked Beans & Peas Ve Dessert Pear & Berry Crumble Ve with Custard V
	Freshly Baked Bread: Courgette, Oat & Thyme V Wholemeal V	

Week 2:

8th Nov, 29th Nov, 20th Dec, 10th Jan, 31st Jan, 21st Feb, 14th Mar, 4th Apr

M/F Monday	Main Meals Quorn Sausages with Potato Wedges V Squash & Butterbean Curry Ve with Naan Bread V Pasta with Tomato & Basil Sauce Ve	Vegetables Peas & Cauliflower Ve Dessert Homemade Fruit Yoghurt V and Fresh Fruit Platter Ve
	Main Meals Beef Chilli Con Carne with Rice Vegan Chilli Con Carne with Rice Ve Jacket Potato with Tuna Mayonnaise or Cheese V	Vegetables Sweetcorn & Carrots Ve Dessert Banana Flapjack Ve
Tuesday	Main Meals Herby Roast Chicken Fillets with Roast Potatoes & Gravy Vegan Sausage Loaf with Roast Potatoes & Gravy Ve Wholemeal Pasta with Creamy Salmon or Cheese Sauce V	Vegetables Green Cabbage & Roasted Root Vegetables Ve Dessert Maryland Sultana Cookie V
	Main Meals Turkey Vegetable Casserole with Pasta Roasted Ratatouille Pasta Bake V Jacket Potatoes with Baked Beans Ve or Cheese V	Vegetables Green Beans & Carrots Ve Dessert Vanilla Shortbread Ve with Homemade Lemon Curd V
Wednesday	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Spinach & Tomato Pastry Pocket with Oven Baked Chips V Pasta with Cheese Sauce V	Vegetables Baked Beans & Peas Ve Dessert Chocolate & Beetroot Brownie V
	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Spinach & Tomato Pastry Pocket with Oven Baked Chips V Pasta with Cheese Sauce V	Vegetables Baked Beans & Peas Ve Dessert Chocolate & Beetroot Brownie V
Thursday	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Spinach & Tomato Pastry Pocket with Oven Baked Chips V Pasta with Cheese Sauce V	Vegetables Baked Beans & Peas Ve Dessert Chocolate & Beetroot Brownie V
	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Spinach & Tomato Pastry Pocket with Oven Baked Chips V Pasta with Cheese Sauce V	Vegetables Baked Beans & Peas Ve Dessert Chocolate & Beetroot Brownie V
Friday	Main Meals Oven Baked Fish Fingers with Oven Baked Chips Spinach & Tomato Pastry Pocket with Oven Baked Chips V Pasta with Cheese Sauce V	Vegetables Baked Beans & Peas Ve Dessert Chocolate & Beetroot Brownie V
	Freshly Baked Bread: Sunflower, Rosemary & Tomato V Wholemeal V	

Week 3:

15th Nov, 6th Dec, 27th Dec, 17th Jan, 7th Feb, 28th Feb, 21st Mar

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

Available Every Day
Fresh Fruit Platter Ve
Homemade Fruit Yoghurt V

All products are subject to availability.

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM2

November 2021